California Connection

Newsletter of the California 4-H Youth Development Program and the California 4-H Foundation



WINTER 2008

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Winter Issue Editor
Pat English
California State 4-H Office
Available on the web at:
ca4h.org



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California 4-H Creates a New Animal Science Education Advisory Committee

By Joe Camarillo, Statewide Animal Science Resouce Advisor, Emeritus

Historically 4-H animal science projects have been a very large portion of California 4-H enrollment. The ever changing animal industry remains a large portion of California's vital economy and with these changes, California's 4-H animal science program must change to improve and reflect today's "Real World" animal industries. The 4-H animal science programs are continuing to increase in numbers and diversity, therefore a high priority programmatic need must be met. It is the hope that the California 4-H Program can address many issues and meet the educational needs of a sound animal science program through the development of this advisory committee. This committee hopes to meet the critical need to develop sustainable methods for continuing statewide coordination and leadership in 4-H livestock and animal science projects. This includes developing written proficiencies, educational guidelines and developing written processes for 4-H staff working with fairs and exhibitions.

The advisory committee members are currently responsible to Joe Camarillo, Statewide Animal Science Education Advisor, Emeritus and the State 4-H Youth Development Director, Sharon Junge.

The 4-H Animal Science Education Advisory Committee is comprised of a diverse and representative group of 4-H Youth Development Program youth, volunteer leaders, and staff with an interest and expertise in animal science education. The purpose of the committee includes the following:

- Represent the interests of animal activities and programs throughout the state.
- Enhance the effectiveness of the educational deliveries and opportunities for the animal science education program.
- Establish direction for statewide animal science programs and identify opportunities for youth interested in the program.

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4-H'ers Combat Global Climate Change

By Laura Webber, Teen Leader, 4-H Milliion Trees Project, Pacifica 4-H Club

The 4-H Million Trees Project (4HMT) began last spring as a seedling in the minds of Pacifica 4-H'er Laura Webber and her dad after they watched the Al Gore documentary "An Inconvenient Truth." Over the next few months the idea developed, like a fast growing sapling, to become the 4-H Million Trees Project

(www.4hmilliontrees.org.)

The main goal of 4-HMT is to have 4-H youth across the country team together to plant one million trees. Our plan is to build a network of clubs by working through the 4-H organization in each state. We will ask all 50 state directors to forward our e-mail invitation to their county 4-H Program Representatives/ Agents, and ask each of them to forward the invitation to their clubs. We think this is the fastest and best way to build a national network of clubs. We also plan to invite youth involved in the 4-H Afterschool programs.



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- Determine the animal science training and development needs of volunteers and youth and assist in delivering appropriate training opportunities.
- Gather input on program direction, events, educational opportunities, and other matters pertaining to the animal science program.
- Develop and maintain project competencies and proficiencies for animal science projects.
- Locate, review, and make recommendations on animal science educational materials.
- Seek collaborative opportunities with other groups or organizations as appropriate.
- Assist in the development and management of a process for 4-H animal science involvement and participation at California fairs and shows.
- Assist in the development of a handbook outlining policies, procedures, and best practices for 4-H involvement in fairs and expositions.

The 4-H Youth Development Animal Science Education Advisory Committee is comprised of up to 18 individuals: 6 youth members (2/regions), 6 adult volunteers (2/region), 6 staff (Statewide Animal Science Education Advisor, State 4-H Office, Animal Science Specialist and 3 county-based 4-H YDP staff).

If you wish to assist or voice your ideas on how we can improve the California 4-H Animal Science Program please contact:

Joe Camarillo Sharon Junge
UC Extension UC State 4-H Office
328 Madera Avenue One Hopkins Road
Madera, CA 93637 Davis, CA 95616
(559) 675-7879, ext. 203 (530) 756-8518

Committee members are:

Joe Camarillo, Chair, Madera County

Cynthia Barnett, San Bernardino County

Carolee Boele, Fresno County

Barbara Burkhardt, Riverside County

Katrina Castaneda, Solano County

Amelia Clyatt, Siskiyou County

Wade Colburn, San Diego County

Steve Dasher, San Diego County

Delynda Eldridge, Yolo County

Katherine Flynn Wetherall, Dept. of Food and Ag.

Carol George, Imperial County

Will Simmons, Solano County

Martin Smith, U.C. Veterinary Medicine Extension

Diana Stornetta, Sonoma County

Steven Worker, State 4-H Office

Mitch Ylarregui, Madera County

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"The goal of this service-learning project is not only to plant one million trees to combat global warming," said Project Leader Tom Webber, "but to teach 4-H youth that by working together they can make a big impact on their world." There will be numerous benefits to the project. Along with addressing the climate crisis and teaching a valuable life lessons to 4-H youth, the leaders and members of this project will learn to write grant proposals, prepare and give presentations to clubs, schools, foundations, companies, etc., develop a network with 4-H clubs across the nation, coordinate and maintain the website, manage communications and the project database, form partnerships with non-4-H organizations, write or encourage others to write articles about the project, get publicity on television, learn to interview and be interviewed, and learn to be better leaders.

Trees are at the heart of this project. Members of the project figure that if **each** club plants and cares for twelve native trees per year over the next four years, we can reach our goal. One million is a big number, therefore this will be a challenge, but we are dedicated to the project and want to do our part in the climate crisis.

Belmont 4-H was the first club to join the network, and we hope all California clubs will join in to be a model state for the project. Right now other project participants include the Calaveras Hills 4-H in Santa Clara County, Barren County 4-H in Kentucky, and Linn Township 4-H in Wisconsin. Your club is invited to participate.

If anyone is interested to help with, become a member of, offer ideas for, or support 4HMT, please contact us at 4hmillion-trees@gmail.com, or visit the website at www.4hmilliontrees.org.

What Is Your Mind-set?

By Sharon Junge, Acting Director, California 4-H Youth Development Program

I recently had an opportunity to hear, Stanford University researcher, Carol Dweck. I was immediately struck by her work on competence and achievement and its immediate relevance to our 4-H Youth Development Program.

Dr. Dweck points out that our society worships talent, be it in business, sports, education, science or the arts. Many hold the belief that possessing superior intelligence or ability and confidence in that ability is a recipe for success. However, her 30 years of research suggests something quite different. She has found that "an overemphasis on intellect or talent leaves people vulnerable to failure, fearful of challenges, and unwilling to remedy their short-comings."

According to Dweck, there are two "mind-sets" for intelligence (and other aspects of our lives). One is more static; viewing intelligence as a fixed trait or entity that dwells within us. This she refers to as "fixed mind-set". The other views intelligence as being more malleable or a process that can grow through learning; this mastery orientation she refers to as "growth mind-set."

Dweck contends that for children and youth with a fixed mind-set striving to learn is far less important than being (or looking) smart. This belief can be so strongly held that they see challenges, mistakes, or the need to exert effort as threats to their ego rather than as opportunities to improve. This then leads to a loss in motivation and confidence when the work is no longer easy for them. This is especially true for children who excelled over their classmates in the lower grades and received constant praise for their smarts rather than their effort.

Children with a growth mind-set, according to Dweck, want to learn and challenges are energizing rather than intimidating. In fact, when faced with a failure or set back, children with a growth mind-set seldom place blame and often don't even

view it as a failure, just a problem to be dealt with.

Children and youth with a fixed mind-set generally seek to look smart and therefore have a tendency to avoid challenges, get defensive or give up, see effort as fruitless, ignore negative feedback, and feel threatened by the success of others.

While children and youth with a growth mind-set are more likely to have a desire to learn and therefore have a tendency to embrace challenges, persist in the face of setbacks, see effort as a path to mastery, learn from criticism, and find lessons and inspiration in the success of others.

So what can we do with this information? According to Dweck, parents, teachers, and others (us in 4-H) can foster a growth mind-set in young people. She offers suggestions:

- Tell and publicize stories of achievements that result from hard work,
- Praise effort and persistence rather than intelligence
- Give constructive feedback that tells how to fix something (not labels or excuses),
- Set goals for and with youth (and remember innate talent isn't a goal),
- Establish high but realistic standards and provide supports needed to be successful,
- Teach that the mind is a learning machine and we grow our competence and,
- Check your own mind-set, do you think foremost about your own reputation or record, or do you ask for full commitment and full effort.

As youth developers (parents, volunteers, educators) - as mentors and educators, let us look for ways to embrace the growth mind-set and give young people the environment and the tools they need to reach their fullest potential!



₩4-H☆SET California 4-H Science, Engineering, and Technology Initiative

By Lynn Schmitt-McQuitty, State Coordinator, SET Initiative

In 2007, the National 4-H Council launched a new Science, Engineering, and Technology (SET) Initiative that is intended to reach one million new youth across the country in SET-related programs by the year 2013.

California has responded to this initiative by establishing a SET steering committee made up of 4-H youth, volunteers, staff, and administrators, as well as experts in the fields of science and education from beyond Cooperative Extension to formulate the California 4-H SET plan.

The plan for California will be focused on providing resources, training, and support for SET in the following three areas:

- Program Development and Marketing
- Curriculum Development
- Professional Development

The SET initiative will include opportunities to develop and

implement programs using multiple delivery modes, utilize the experiential learning model, and create a system for University educators, community partners, and agencies to establish dynamic partnerships. Through these collaborations, local Cooperative Extension programs will be able to provide California youth with cutting-edge science, engineering, and technology resources and programs.

California SET Initiative co-chairs Richard Mahacek – Merced County 4-H YDA / CD, Lynn Schmitt-McQuitty - 4-H YDA Santa Cruz and Monterey Counties, and Martin Smith – Extension Specialist at UC Davis plan to begin providing professional development opportunities around SET for staff and volunteers in Fall of 2008. For more information and to keep abreast of California and National 4-H SET Initiative developments, visit the SET website at: http://www.ca4h.org/projresource/SET/index.asp.

Camp Conference Creates a Staff that's "Ready to Deliver"

By Marianne Bird, 4-H YD Advisor, Sacramento County & Chair, 4-H Camping Task Force

Building on well-received conferences in 2006, the California 4-H Camping Task Force offers *Ready To Deliver*, a statewide camping conference for volunteers, youth and professionals, April 18-20, at the Jack L. Boyd Outdoor School at Fish Camp.

This year's conference will feature a special track on developing and empowering teen staff, a need many 4-H camp programs express. Connie Coutellier, who served ten years as Director of Training for the American Camp Association, will help camp administrators—both adult and youth—cre-



ate powerful training experiences that assure staff members are prepared and energized for their role. Participating counties will receive the newly developed 4-H Camp Staff Training Manual to implement back home.

If staff development isn't on the top of your agenda, other workshops at the conference certainly will be. Topics include new ideas in programming, managing

camper behavior, building camper involvement in programming, and managing risks. Camps also have the opportunity to design (or improve) their own attractive, useful camp web

page. Archery and food safety certifications are offered as well.

The 4-H Camping Task Force clearly sees what it hopes participants take home from the weekend: materials and resources that are easily implemented; skills sets to foster program planning and delivery; a broader perspective of 4-H

camping statewide; opportunities to network and share ideas; and an enthusiasm for camp programs. Oh, and let's not forget fun.

Evaluations from the last two conferences suggest the Task Force team can accomplish these goals. "There was so much

information presented to make me better at what I do and to help our camp along" stated a volunteer camp administrator. "This was excellent!"





youth, adult volunteers, and 4-H staff to the conference so that a variety of perspectives return to energize local programs. Indeed, the best training teams embrace 4-H's youth-adult partnership philosophy and also demonstrate staff-volunteer collaboration.

The conference is open to anyone interested in improving day, resident or specialty camp programs. Registration is \$120 and includes lodging, six meals, and all conference materials. Brochure and registration forms are found at http://groups.ucanr.org/%5F4Hbaseca/.



The California 4-H Camping Task Force is a team of volunteers, young people, 4-H staff, and youth service professionals who work to help provide healthy, safe, high quality, well-run, educational and fun camping experiences for campers and staff through the California 4-H Youth Development Program.

4-H Camping Task Force offers

Ready To Deliver,
a statewide camping conference for volunteers, youth, and professionals

April 18-20, 2008
at the Jack L. Boyd Outdoor School at Fish Camp, California
Registrations due by April 4, 2008.

From The California 4-H Foundation

The Arnold Family 4-H Fund

By Chris Fahey, Acting Executive Director & Rachel Taylor, 4-H YD Program Representative, UCCE-Orange County

Creating an endowment is one of the many ways a person or organization can provide financial support to help the California 4-H Youth Development Program carry out its mission of engaging youth to reach their fullest potential while advancing the field of youth development. An endowment creates a legacy that can honor a person, family, or organization in perpetuity and provide 4-H with a consistent source of funding year after year.

In the fall of 2007, the California 4-H Foundation worked with Larry Arnold and his family members to set up an endowment, as a memorial to their parents, to provide funding for the benefit of youth enrolled in Orange County 4-H and the California 4-H Foundation. Mr. Arnold is a former 4-H member who has provided many years of fundraising leadership at the local level through Orange County 4-H and at the state level through the California 4-H Foundation.

When putting the endowment together, the Foundation worked closely with the Arnold family; the Ag and Natural Resources, Development Services; the county director; 4-H staff; and the Volunteer Council to make sure the endowment supported programs that were a fit for both the Arnold family and in support of the 4-H program.

(As part of this article, we asked Rachel Taylor, Orange County 4-H Program Representative, to give you a staff's perspective about the endowment.)

With the funds from this endowment we will be able to provide scholarships for county, regional, state, and national events, such as State Leadership Conference or Washington Focus, to youth who might otherwise not be able to attend.

The funds will also act as a mini-grant for Orange County youth. If a club, group, or individual has a project or event they have dreamed up they will now be able to put their plan onto paper, apply for funding, and turn their dreams into reality. The time that would normally be spent on fundraising

is now used for implementation thanks to the money available from the Arnold Family Endowment.

One of the largest benefits of the endowment is the flexibility and oversight of the use of funding. The Arnold family has arranged for the county to use our own discretion in allocating the money. For example, if Johnny desperately wants to raise swine and participate in the project, but the family cannot manage the costs, he can apply for assistance. This allows Orange County 4-H to take each request on a case-by-case basis and use the money to truly benefit the children.

What is most exciting about an arrangement like the Arnold Family 4-H Fund is that it ensures there will be secure financing available for years to come. With the specifications made in the planning phases, the Arnold family has made certain the money will be put to good use serving 4-H youth.

The Arnold family has been a strong and longtime supporter of Orange County 4-H. Larry Arnold is the chairperson for the Support Committee which is responsible for soliciting funding from 4-H alumni, private, and corporate donors in the county and across the country. For the 2007-2008 program year, the committee has surpassed previous years' efforts by bringing in over \$13,000. Mr. Arnold also is a strong advocate for 4-H and specifically Orange County 4-H. Just this year, he invited county staff, volunteers, and youth members to meet the CA State Foundation board members at his office. This was a great opportunity to hear what is happening at the state level and also to share the successes in our the county. We are grateful to have supporters like the Arnold Family in Orange County and our state.

If you know of an individual, family or organization that is interested in learning more about supporting the 4-H Youth Development Program, please contact Chris Fahey at 530-757-8740 or cfahey@ucdavis.edu.

The Luella Zamzow Memorial Award

By Joyce Reed, 4-H Leader, Stanislaus County and Member of the Citizenship Service-Learning Advisory Council

Luella Zamzow was a 4-H staff member with the California 4-H Youth Development Program for nearly 30 years. In addition to her work at the county level, she was a founding member of the Citizenship Advisory Council (now Citizenship Service-Learning Advisory Council) in the early 1970's and created the *California Focus* program.

In January 2006, Luella died in a car accident. Recently, the Citizenship Service-Learning Advisory Council established an award in memory of Luella. The award will commemorate Luella Zamzow's commitment to citizenship within the

California 4-H Youth Development Program and will go to a youth, adult volunteer leader, or staff member who has gone "above and beyond" in their dedication to citizenship work. The awardees name will be added each year to a special plaque which will be displayed in the California State 4-H Office. In addition, each recipient would receive a small plaque.

If you are interested in donating to the Luella Zamzow Memorial Fund, please contact Chris Fahey at the California 4-H Foundation (<u>cfahey@ucdavis.edu</u>)

From Chris Fahey at The California 4-H Foundation

Are you looking for ways to help 4-H and your community? Then, the **California 4-H Foundation's Philanthropic Trainings** are for you. Perhaps you've seen a need in the community. It may be that the middle school needs more books for the library, or local low-income children need warm clothes for the upcoming winter. Whatever the need is, you'll have to secure resources to help. In fact, the more good you want to do for your community, the more funding you will need.

This training will help teens and adults work together to first learn and then teach others how to raise funds and become stewards of their organizations. By the end of the training, you will be able to help determine what your local needs are, learn how to design and implement fundraising ideas to meet those needs, and decide how to best use the funds raised.

Dates & Locations:

- February 23, UC Davis (Register by February 15)
- February 24, Shasta County (*Register by February* 15)
- March 2, Orange County (Register by February 22)
- March 15, Fresno County (*Register by March 7*)
- March 16, Santa Barbara County (*Register by March 7*)
- April 12, Mendocino County (Register by April 4)

For registration materials and more information about the trainings, visit the Foundation's website. (http://www.ca4h.org/foundation/index.asp)

Request for Resources (RFR) - Now in its fourth year, the Request for Resources (RFR) system was created as a ve-

hicle to allow county 4-H staff to submit requests to the State 4-H Office for training, curriculum or funding for projects. RFR requests for funding of projects are reviewed each year in October by the 4-H Program Advisory Committee. Once reviewed, the top ranked proposals are taken on by the Foundation as a fundraising priority.

Since starting, the Foundation has raised over \$37,800 in support of 19 counties delivering their RFR projects. To apply or look at past applications, please visit the 4-H Information System (https://fourh.ucdavis.edu/wrp/login.asp). You will need your county password assigned to your office to log in.

Funding Opportunities - The Foundation and State 4-H Office staff put together some promotional materials to help further spread the word about funding opportunities available to 4-H staff, youth and volunteers. View or download the funding opportunities at (http://www.ca4h.org/4hresource/marketing/ca4-hfundingopportunities.pdf).

Structural Changes - On July 1, 2007, the California 4-H Foundation's administrative structure was changed from reporting to the State 4-H Office to reporting to the Ag and Natural Resources Development Services. The move occurred to help gain some efficiencies and to connect the Foundation staff with others who are performing similar fundraising activities within ANR. The Foundation's office and staff will remain on the UC Davis campus at the State 4-H Office and will continue to raise funds in support of 4-H.

Thank you for everything you do to make the University of California 4-H Youth Development Program possible.

Changes in Recent IRS Reporting Requirements Have Immediate Impact on the 4-H Youth Development Program

By Mignonne Pollard, Ed.D., Asst. Director, California 4-H YD Program

The Internal Revenue Service changed the reporting requirements for all nonprofit organizations effective January 2008. The biggest impact on our organization is an annual reporting requirement for entities that make less than \$25,000. In order to maintain our nonprofit status, every 4-H club, county council, or other 4-H organization applied for an Employment Identification Number (EIN) number that is linked to a bank account.

Additionally, each club and organization was "re-chartered." Each club was verified by the State 4-H Office. The State 4-H Office registered California's 4-H clubs with National 4-H Headquarters to allow each one to use the General Exemption Number (GEN). This verification and registration process maintains the tax-exempt status for our clubs and affiliated organizations. County offices and 4-H volunteers worked hard to make the November 30, 2007 deadline. Currently, California has over 950 clubs and councils that

are registered and permitted use the 4-H name and emblem for fundraising purposes to further the educational mission of the organization.

Additionally, staff signatures are no longer required on accounts. However, all account statements must be sent to a University of California Cooperative Extension address. Staff members are to conduct monthly reviews, and distribute statements to 4-H clubs. If clubs utilize the on-line 4-H Financial System monthly, both annual reviews and tax reporting requirements can be done with ease.

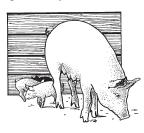
The new policy was announced to 4-H staff in January so that full implementation of the policy will be in effect by July 1, 2008. These new policies are outlined in Section 704.2, Bank Accounts, of the 4-H Policy Handbook. You can learn more by contacting your 4-H county office staff or by checking the website after July 1, 2008.

Online Survey for 4-H Youth Targets Improved Bio-Security Measures for 4-H Animal Science Projects

By Martin Smith, Associate Cooperative Extension Specialist, Vet Med Extension

4-H Animal Science projects are potential bio-security risks. Approximately 30,000 youth participate in 4-H Animal Science projects annually in California, with the majority focusing on the rearing, husbandry, and, in many cases, showing and marketing of market animals. In most cases, 4-H members house their animals at home or communal facilities, meet collectively as a club once or more monthly, and convene in larger groups on exhibition days and at county or state fairs. Because backyard flocks and herds serve as potential vectors of disease, these public venues represent a significant bio-security risk.

As a consequence of the risks with 4-H project animals, as well as a national emphasis on bio-security, the State 4-H Office and several county programs have been working closely with Veterinary Medicine Extension on the U.C. Davis campus over the past few years on innovative initiatives to address this critical



issue. Our goal through these efforts is to strengthen our Animal Science Program through the adoption and implementation of timely and relevant materials and strategies.

One aspect of bio-security that is extremely important is predicting the spread of disease through computer modeling. To do this accurately,

researchers must develop a program that can calculate where, when, and how a disease might spread using data on typical

patterns of animal movement. Although such models exist

for industry, there is much to learn about the potential of disease spread in the event of an unforeseen outbreak among animals from backyard flocks or herds.



California 4-H has a robust Animal Science Program that

we want to protect from disease. To help accomplish this, we have worked with Veterinary Medicine Extension to design a survey for youth who raise market animals that that can help provide researchers with the type of data necessary to help develop a new disease spread model. This survey is completely voluntary, but we are asking 4-H youth in California who raise market animals to go to http://ca4h.org and click on the link near the top of the home page, read the information provided, and consider completing the survey to help with this important research. The results from this survey will strengthen 4-H Animal Science in California through enhanced bio-security measures that will help ensure the health and safety of 4-H youth and their project animals for years to come.

If you have questions about the survey, please contact Martin Smith, Associate CE Specialist in Veterinary Medicine Extension, at mhsmith@ucdavis.edu.

The State 4-H Equine Education Advisory Committee

By Jeanne George, 4-H Youth Development Advisor, Glenn and Tehama Counties

The State 4-H Equine Education Advisory Committee was officially formed May 2006 and represents the interests of equine activities and programs throughout the state. It is comprised of youth, volunteers, and staff. One of the purposes of the committee is to organize and implement several annual events i.e. State 4-H Field Day (November); Educational Contests (April) and Championship Horse Show (June). These events have evolved in the last 18 months to encourage more participation, be more inclusive, respond to recommendations and concerns, and reflect the interests of 4-H members. In addition, the committee provides support to the California delegation to attend National 4-H Horse Classic in Denver (January). To increase general equine awareness and educational opportunities, a state web site devoted to equine education including resources, event information and calendar has been developed. Counties are encouraged to post their equine education events and horse shows. The web site address is http://ca4h.org/projresource/horse/classic.asp. The committee's next goal is to survey counties to determine curriculum needs and identify successful horsemastership programs to share statewide.

Jeanne George, County 4-H Youth Development Advisor serves as the Statewide Equine Education Advisor. She gives

credit to the committee for developing a working adult-teen partnership, being forward thinking and not afraid to think outside of the box, and addressing controversial issues for the good of the whole. Special thanks to these individuals as past and current members of the equine education advisory committee: Hillary Van Duyn, Liz Kludas & Asheline Beeson (Fresno County); Rebekah Warren, Lynn Warren, and Deanna Lestina (Riverside County); Regina Matthews & Jessica Haynes (San Diego County); Alyssa Schmidt (Siskiyou County); Julie Fregoso & Diana Culver (Yuba County); Sue Funkey (Calaveras County); Andria Fike & Kaitlen Lawton (Kings County); Kelly Work (San Luis Obispo County);

Paula Martin (Sacramento County); Cheryl Eggleston (San Bernardino County); Tim Moss & Velinda Vasut (Alameda County); Ria Suarez (Lassen County); and Molly Hansen (Merced County). Kay & Christy

Strothman (Orange County) and Steven Worker (State 4-H Office) are much appreciated for their skills in maintaining the web site.

California 4-H Service-Learning Request for Proposals (RFP)

Hopefully by now you are all aware that the California 4-H Youth Development Program provides resources through the 4-H Service-Learning Request for Proposals (RFP) program for county service-learning projects. The funds were secured by the California 4-H Foundation through a generous donation from the Thomas and Dorothy Leavey Foundation. "Service-learning is an active learning strategy that helps fully engage participants in a service project and acquire new skills while they effect community change. The goals for a service-learning project include:

- setting objectives for skills to be learned and an issue to be considered, including planning projects so they contribute to learning at the same time work gets done.
- performing the service.
- analyzing the experience, reflecting on the work, and drawing lessons through discussion with others." (Developed by the Corporation on National and Community Service)

Each project awarded funds this year submitted a proposal that met the following criteria:

- The plan contains the components of Service-Learning community service and education.
- The plan addresses significant environmental, economic and/or social issues affecting California's youth, families, and communities.
- The plan enables youth to develop citizenship, leadership, or life skills.
- The group collaborates with other community-based organizations.

This year five proposals were funded.

On the Wild Side - Sacramento County

Teens and adults team up to plan and execute two weekend environmental education programs for 4th-6th grade students to expand their outdoor learning and wilderness experiences. Drawing from Project Wild, Project Aquatic Wild, and Project Learning Tree, the teens introduce childdren, who have little access to the natural world, to the environment.

Million Trees Project - San Mateo County

The San Mateo County 4-H Youth Development Program is launching a long term program through the work of Pacific 4-H Club. They will work with 4-H clubs from across the nation to plant trees to combat global warming. Their long range goal over the next 4 years is to engage 4-H clubs all over the United States to plants 1,000,000 new trees. (See 4-H'ers Combat Global Climate Change, page 1) ■

Silk Scarves for Cancer Survivors - San Mateo County

Members of the Belmont Clothing Project (ages 9 - 17) will custom dye beautiful silk scareves for members of the Breast Cancer Support Group at Mills Peninsula Hospital while they learn more about cancer and prevention. ■

Sisson Meadows Public Access - Siskiyou County

The Strawberry Valley 4-H Woodworking group will collaborate with the Siskiyou Land Trust to design and build two benches to be installed on the Sisson Meadow Wetlands, boardwalk.

Senior Prom - Siskiyou County

The Sisikiyou 4-H members will provide a "Senior Prom" for all Siskiyou County Senior residents. They will work with

the senior assited living centers, the Yreka Senior Citizen Program, the Parks and Recreation Department and local schools and the 4-H Youth Development Program.





Golden Clover Winners for 2007

The Golden Clover Award recognizes outstanding achievement of 4-H members, volunteers, and groups within the 4-H Youth Development Program.

Member Awards

Kaitlin Conklin, Siskiyou County, *Inovative Ideas*Kaitlin created a hands-on forensic science "Who Done It?" course for the Siskiyou County 4-H Camp. This activity was a real-life "Clue" game in which 4-H members investigated and analyzed a mystery in which they were all "suspects." Kaitlin is a nine year member and served as a 2006-2007 4-H State Ambassador.

Danielle Escover, San Benito County, Collaboration and Outreach

Over 1,000 San Benito County children were provided a DNA sampling and fingerprinting kit as part of Danielle's youth safety project. Danielle collaborated with the City of Gilroy police department to provide these kits to organizations outside of 4-H including day care facilities, elementary schools, and other countywide youth programs.

Emily Hamilton, Tuolumne County, *Citizenship*In her 4-H involvement, Emily has participated in and coordinated multiple service activities. She has researched needs in her community and motivated her fellow 4-H Club members to help address them. Her nominators agree, "Emily understands community and her service to ours."

Amy Sowers, Placer County, Mentoring

Amy has been involved in numerous projects, however, it is her mentorship with other 4-H members that stands out. Amy is able to work with other youth in many different settings, being encouraging and supportive. As one of her youth nominators states, "She is selfless ... she has been one of my biggest supporters."

Seth Washman, Placer County, *Robert Brownlee Science* The 4-H Engineering Project is Seth's favorite activity. Seth started the project learning about gear ratios and has now become the Teen Leader. He teaches project members about engineering concepts through experimentation. Recently, Seth started a robotics project, learning the science behind the components.

Halley Fobes, Sacramento County, Member Leadership Halley's leadership service is exceptional – 4-H State Ambassador, 4-H Foundation Board Member, All Star, Club President, and many others. It is Halley's personality and interaction with others that truly mark her as a leader. She is a positive role model, friendly and supportive to all 4-H members, and encourages participation.

Marria Davis, Placer County, 4-H Member of Excel-

Through her hard work and determination, she has excelled in the 4-H program – becoming the Club President and Teen Leader. Marria is an excellent example of what youth can accomplish through the 4-H program!

Volunteer Awards

Candy Jewett, Contra Costa County, Collaboration and Outreach

As the Community 4-H Club Leader for the Tassajara 4-H Club, Candy has increased the membership from 13 members in 1998 to 120 members in 2006 with over 75 adult volunteers and 35 projects! Candy has publicized 4-H at many community events and organizations. Not only has she recruited many youth and adults into 4-H, she retains those members by ensuring meetings are fun!

Ron Hamilton, Tuolumne County, Special Events

Ron is a 4-Her at heart. Through his experience as a 4-H member and longtime 4-H volunteer, Ron planned a special activity at the Tuolumne County achievement night that had a profound impact on youth and families. He brought home the power heroes have to motivate and inspire through a remembrance of the September 11 incident.

Pete Totoonchie, Nevada County, Mentoring

Pete has been involved with the Nevada County 4-H Shooting Sports Program for over 12 years. Not only is Pete an excellent teacher, he takes the time to mentor each 4-H member, encouraging them to excel. Those nominating him agree that "Mr. Totoonchie takes time to make sure every kid feels special."

Mary Gamboa, Orange County, *Robert Brownlee Science* Mary has taken her 4-H Club's swine project to the next level – raising the knowledge of swine diseases and treatment options of her 4-H members. Mary is a dedicated 4-H volunteer leader and goes above and beyond the call of duty in her 4-H projects

Kert Solus, Siskiyou County, Jack & Robert Clay Outdoor Adventure

Kert has revitalized the Outdoor Adventure Program in his 4-H Club by offering a variety of activities including snow sledding, cave exploring, hiking, fishing, wildlife sightseeing, snorkeling and camping. All of this was accomplished in Kert's first year as a 4-H volunteer leader!

Jennifer Washman, Placer County, *Emerging Leader* After completing her term as a 2005-2006 4-H State Ambassador, Jennifer immediately jumped into the role of a 4-H Volunteer Leader, assisting the County All Stars, and serving as the Placer County 4-H Council President. Jennifer is excelling as an emerging 4-H leader.

Linda Greco, Santa Barbara County, Keith Barnes 4-H Volunteer of Excellence

Linda is a dedicated 4-H volunteer, serving in a variety of roles, creating new events, and earning the respect of her colleagues. She has served as the County Council President, All Star Advisor, chaired many events, and supported both 4-H members and volunteers. "Linda is respected by all and is the backbone of our county 4-H program."

Linda Litz, San Mateo County, Keith Barnes 4-H Volunteer Lifetime Achievement

4-H has benefited from Linda's involvement for over 35 years.

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California Joins National Research Study on Positive Youth Development!

By Robyn Caruso, California CYFAR Coordinator

California has recently joined 26 other states in the 4-H Study of Positive Youth Development, a national research study on youth development. The study, which is sponsored by National 4-H Council in Washington, D.C., is the first-ever longitudinal study to measure the characteristics of positive youth development (PYD). Findings from previous waves of the study led by Richard M. Lerner, Ph.D., professor at Tufts University, confirm that young people in 4-H Youth Development programs do better than their non-4-H peers. Youth involved in 4-H experience high levels of PYD; are more likely to contribute to themselves, their families and their communities; and are good citizens. PYD is a strength-based perspective of adolescence that emphasizes the potential for youth to successfully grow into mature adults.

Currently, the national study is in its sixth year (or wave) and so far involves more than 4,000 youth and 2,000 parents from 26 states. For this current wave, the focus will be on teens who are between the ages of 13 and 17. In California we hope to have as many counties as possible participate (so far 15 have already signed on), with representation from all three ANR regions. The sample of 4-H members will focus on teen 4-H club members since the club component utilizes the most program resources; this is also the program component that focuses exclusively on youth development outcomes. To have a comparative sample, we will also be collecting data from youth who are not part of 4-H. Our sampling goal for each county site will be 40 4-H youth, and 40 non 4-H youth. Participating Youth Development Advisors will administer a survey to teens in their county this spring. The teens will be contacted again in 2009 and 2010 to complete another survey. Results from this study will help California identify the impacts of the 4-H Youth

Golden Clover - Continue from page 9

She has taught sewing to eager kids for decades and has inspired two generations of 4-Hers! Linda is a wonderful role model, exhibits a positive attitude and encourages others. "Linda seems happiest when she is working with a child."

Group Awards

San Bernardino County 4-H Memory Book Committee. Collaboration and Outreach

Janet Champlin, Amanda Chiatovich, Octavia Conver, Tory Grainger, Danielle Johnson, Kayla Pauwels, Sarah Roethlisberger, Briana Sallows, Dylan Shelton, Ashley Trammell, Andrew Veloria, Gayle Champlin, Halli Aller In order to document the impact the 4-H Youth Development Program has on young people, the 4-H Memory Book Committee was formed. The memory book was created to show youth in action emphasizing citizenship and leadership. The book was present to elementary schools and other youth organizations in order to recruit new members and change the stereotypes of 4-H. Best of all, 4-H members learned journalism skills while researching and developing the book!

Santa Barbara County 4-H Camp Wahoo!, Special Events Rayne Vasquez, Janae Steels, Taylor Ebbert, Camille Greco, Development Program and demonstrate impact to stakeholders and potential funders.

"The 4-H Study of Positive Youth Development confirms what we always have believed to be true — 4-H in the community contributes to a stronger community," said Donald Floyd, Jr., president and CEO, National 4-H Council. "New information about positive youth development provided by this study will ensure that 4-H continues to support young people's growth into successful, contributing members of their communities."

So far, study findings have shown:

- All youth can succeed, regardless of circumstances.
 Involvement in youth development programs like 4-H increases their potential of doing well.
- Involvement in youth development programs reduces the likelihood that young people will engage in risk behaviors, such as underage drinking, smoking, bullying, etc.
- 4-H develops youth who are leaders, contribute to their communities and are civically engaged.
- Youth in 4-H programs develop confidence and leadership skills where they learn what they like, are able to make choices, be leaders and have their voices heard.
- Youth in 4-H programs are far more likely to be civically engaged than other youth. Civically engaged youth are more inclined to volunteer; participate in school and community activities; speak against inequality and for social justice; stand up to bullies; and trust adults, friends and the community.

For more information about the research study, visit http://www.fourhcouncil.edu/newsroom.aspx or contact Robyn Caruso at racaruso@ucdavis.edu.

Justin Lyons, Tyler Maretti, Brad Waples, Aaron Ruiz, Maddie Berg, Olivia Rotunno, Hayley Noriega, Taylor Wysong, Hillary Krumholz, Claire Vasquez, Ashley Perez, Patti Vasquez 4-H Camp Wahoo! is a weeklong summer camp offered to 4-H members in Santa Barbara County. Days of planning by adult and youth go into delivering an educational yet fun experience

and youth go into delivering an educational yet fun experience for fifty 4-H members. The camp is a collaboration of people that allow 4-H members to make new friends and lasting memories. As one camper put it, "this is probably the best place I can come to let loose and forget about all my worries."

Citizenship Service-Learning Advisory Council, *Citizenship* Laura Bullard, Jaime Burroughs, Geri Clark, Carol Crossett, Pat English, Brenda McCuthcheon, Joyce Reed, Sandy Sathrum, Sherrie Taylor, Rozie Trammell, Steve Trammell

The Council is an excellent example of what a collaboration of 4-H staff, volunteers and youth can accomplish. The Council accepts leadership in empowering youth and adults to become enlightened and engaged citizens. Not only has the Council lead "Citizenship in Every Project" trainings throughout the state, they have compiled a resource CD they plan to release in the Fall.

The National Scene

California Team Places 2nd Overall at National 4-H Horse Classic

More than 800 youth from thirty states along with Alberta, Canada participated in the 88th Annual Western National Roundup Conference January 9-13 2008 in Denver, CO. 4-H and FFA members between the ages of 14 and 19 qualify for the conference either by winning their home state's contest or by being chosen as a state delegate. The National 4-H Horse Classic – Western Division is comprised of five separate contests: Public Speaking, Horse Demonstration, Horse Bowl, Hippology & Horse Judging. All horse contests provide contestants an opportunity to demonstrate their knowledge of equine-related subject matter in a competitive setting.

Congratulations to the California team for placing 2nd overall. The High Overall State Award is given to the state with the overall high score based on placings. The teams are awarded points for first through tenth team placings in bowl, judging, demonstrations, and on individual placings for public speaking and individual demonstrations.

Public Speaking is an individual event that invites each state to enter a qualifying individual. Topics must relate to the horse industry. Speeches are 7-10 minutes in length and should not include any visual aids or handouts. Chelsea Beeson, Fresno County, placed 5th place.

Individuals or teams of two may enter the Horse Demonstration contest. Presentations must relate to the horse industry, be of demonstration or illustrated talk format and be 10-15 minutes in length. Kaitlin Lawton, Kings County, earned 2nd place honors with her individual demonstration. The team demonstration by Allison Burg and Nicki Davidson, Orange County, placed 5th.

The Horse Bowl contest is open to qualifying teams of four or five members. The contest is similar to jeopardy with two teams challenging each other at one time. A double elimination bracket is used to determine the matches. There are designated types of questions, including one-on-one, toss up, and bonus. Each team will have a buzzer to sound when they have a final

answer. The California Team of Paige Ryan, San Bernardino County, Rebekah Warren and Allison Anthony, both of Riverside County, and Raquel Varela of San Diego County, placed 5th.

The Hippology contest tests contestants on their overall knowledge of the equine species. There are four phases, including: examination phase with a written test and questions off projected slides, judging phase with live animals, station phase where contestants identify a variety of topics, and the team problem phase where each team gets to work together then present their answer to a judge. Each team consists of a maximum of four members. Results of the Hippology individual judging are Annie Flocken, Orange County, 6th place, and Emily Berry, Tulare County, 7th place. With other team members Marissa Silva, Alameda County, and Masha Lefebvre, Riverside County, they placed 8th in the team exam phrase, 6th place Team Judging, and 10th place Overall Team.

Teams of four contestants are given live animals to judge in various disciplines in the Horse Judging Contest before defending their placings with oral sets of reasons. The contest is made up of three to six halter or conformation classes and three to six performance classes. The California Team did very well in the Individual Reasons with Emily Cehrs, Fresno County, 8th place, and Rachel McPhail, Santa Barbara County, 10th place. As a team with Sarah Wilson and Jake Haeckl, both of San Bernardino County, the team placed 7th in Halter judging, 7th place in performance, 3rd place in team reasons and 6th place overall

Congratulations to the California team for a job well done! Special thanks to the volunteer coaches Micheline Golden, LaDawna Lawton, Marc Wilson, Lynn Warren, and Carmen Rodriguez. Alexis Burg, Orange County 4-Her, attended as a delegate. Parents and friends attending with the delegation were Tisa Aley, Julia Lefebvre, Dawn Anthony, Steve Lawton, Cindy Davidson, Sarah Bennett, and Vicki McPhail.

The California State 4-H Horse Classic – Educational Contests will be held April 5 & 6, 2008 at California State University, Fresno. All divisions will be offered with the winning senior individuals being selected to represent California at the 2009 National 4-H Horse Classic. For more information, visit the state 4-H equine web site at: http://ca4h.org/projresource/horse/

California Dominates National 4-H Poultry Competition

Yolo County's California Avian Bowl Team became national champions by capturing first place in Avian Bowl contest at the National 4-H Egg and Poultry Conference held in Louisville, Kentucky on November 15, 2007. Abigail Berke, Rachel Hazeltine, and Chelsea Pugh coached by Jan Johansen continued the tradition of dominance in the event. Last year the Yolo Avian Bowl team won first place. This year the team won by being undefeated in the double elimination tournament. In a contest with sixteen state teams competing they handily defeated, in order, Missouri, Illinois, Wisconsin,

New York, and Wisconsin. The Avian Bowl Contest was officiated by Dr. Francine Bradley, Department of Animal Sciences, University of California, Davis and Dr. Mickey Hall, Poultry Science Department, Clemson University, Clemson, South Carolina, and tests contestant's knowledge of avian science.

Avian Bowl wasn't the only event in which California excelled. For the first time since the contest start-

ed in 1929, California won first place overall in individual

Poultry Judging and fourth place overall in team Poultry Judging. Sarah Hazeltine, who was part of the winning Avian Bowl team last year, captured the honor of winning the Individual Poultry Judging contest. She was part of a team coached by Jan Johansen. The other team members were Rachel Hazeltine and Chelsea Pugh from Yolo County and Will Simmons from Solono County. Rachel and Chelsea performed double duty by mastering both Avian Bowl and Poultry Judging. The Poultry Judging Contests consists of 15 separate judging events categorized into three types of judging: production hens, ready-

to-cook poultry, and eggs. Teams from nineteen states competed.

Other contests at the National 4-H Poultry and Egg Conference included Egg Preparation Demonstration, Chicken Barbeque and Turkey Barbeque. California didn't participate in the barbeque events, but Gabriel DeMartini from Sonoma County coached by Dr. Francine Bradley demonstrated how to make a frittata in the Egg Preparation Demonstration. Gabe continued last year's success by also placing third.

Not only did he show how to make the egg dish; he talked about eggs and their importance to health.



By Jeanne George, State 4-H Equine Education Advisor

Kuris Ibarra-Dosio, San Diego County 4-Her, was named the "Top Junior Long Course Ride and Tie Member" at the World Ride and Tie Championship on June 16 in Humboldt Redwoods State Park, California. Ride and Tie has been a great partnership for Kurtis because of his love for horses and running. Kurtis started his journey in January 2006 with another first-timer as his partner and a borrowed horse. What Kurtis did that was exceptional was to race and complete the most miles of any junior in the nation during the 2006 race calendar. Kurtis and his partners raced a total of 93 miles in five races; however, only 70 miles were "Long Course" and counted toward his award. He had four different partners with five horses.

Kurtis is both a gold and emerald star member of Jamul Chapar-



ros 4-H Club in San Diego County. He has always been involved in a Horses & Ponies 4-H project and competed in various shows at the local and state levels. He is also a two-time Varsity Cross Country and Varsity Track runner and graduated from Eastlake

High in Chula Vista, California. Kurtis has just turned 18 and hopes to join the Navy.

Although the sport of Ride & Tie has been in existence since

1971, it is a relatively unknown sport that combines trail running, endurance riding, and most of all, strategy. The object is to get all three team members (two humans and one horse) across a 20-100 mile cross-country course by alternating riding and running. Sounds simple enough. One team member starts out running, the other starts on the horse and rides down the trail as far as they think their partner can run (or walk) and still keep up a decent pace. At that strategic point the rider stops, dismounts, ties the horse to a tree or fence post, and continues down the trail on foot. The team member who started on foot gets to the horse, unties it, mounts, and rides to catch their partner up ahead. When they get to their running team member they can either stop and exchange, or ride further up the trail and tie the horse and then continue running. When, where, and how a team exchanges is up to them and this is where the strategy lies. Every trail runner has their strengths and weaknesses, and the same is true for horses. Factor all the strengths and weaknesses of two runners and one horse, along with weather conditions and the topography of the course, and you can understand why Ride & Tie is as much mental as physical. This is why such a growing number of runners and riders are joining the sport of Ride & Tie. It's fun!

Anyone of any age and athletic talent can enter any of the Ride & Tie events nationwide. For more information about this sport and schedule of events, go to www.rideandtie.org. or contact me at jlgeorge@ucdavis.edu

California Operation: Military Kids 2007

By Sylena Wise, Program Representative, CA 4H Military Partnership

The mission of California's Operation: Military Kids program is to provide community partnership opportunities to military children and their families who are geographically dispersed throughout the state.

California is home to many military children. A considerable number of families in California are being affected by the deployment of their loved ones serving overseas. Military



youth of service members in California can build support networks with youth like themselves; engage in physical activities, and learn life skills through activi-

ties offered by community partnerships that are a part of the Operation: Military Kids Program. Providing services to families in their local communities is crucial. Mobilization and deployment are at a record high level and regardless of whether military youth are from active or reserve families, the California Operation: Military Kids provides opportunities and resources to these families.

California's OMK team is made up of community leaders, military family program coordinators and University of California Youth Service personnel. This team's tasks are to educate the public about military family needs, implement youth programming and recruit youth and adult volunteers. The team encourages youth and family participation in Mobile Technology Lab trainings, the Speak Out for Military Kids project, Ready Set Go trainings, the Hero Pack project, and various Youth Service Organization programs. These OMK projects have reached thousands of military children and their families. OMK community partner members have reached military families dispersed as far as Siskiyou County to San Diego County.

Community partnerships with Boys and Girls Club of America, 4-H, Army Reserve Teen Panel and the Girl Scouts enabled CA OMK to hold our first statewide training session during the Summer of 2007. Thirteen youth representing these organizations went through a selection process that required having letters of support and completing various projects prior to the training. They came together in Southern California to participate in a three-day training. These youth participated in various "getting to know you" exercises, and got to share their experiences of being a military teen vs. a non-military teen. Through technical demonstrations using our mobile technology lab topics of how to speak to the media, putting video messages together, and presenting information to the public were completed by the SOMK youth. Various public service announcements were developed, produced, and edited by the SOMK team. These announcements and other information about the program are available on the web at: www.operationmilitarykids.org.

OMK will soon be offering funding opportunities to 4-H and community partners who would like to help support military youth in your community. Look for this opportunity in upcoming 4-H updates.

The 4-H Youth Development Program is among many youth

service organizations that support OMK in California. 4-H supported military children at local camps, county fairs, meetings and Family Hero Pack distribution events. Letters of support with program items and resources were provided to military families.



For more information about California

Operation: Military Kids, contact: Chanda Gonzales, CA OMK Project Director / CA 4-H Military Liaison at (951) 827-5241 or chanda.gonzales@ucr.edu.

Calendar

M T W Th F S Su

Check the California 4-H web site calendar for additional important dates at: http://www.ca4h.org/4hinfo/calendar/index.asp

Sectional Presentation Day Dates		April 12	South Central-Madera Co.
March 8	South Section-Santa Barbara & SLO		South Central - Fresno Co.
March 29	North Central Section-Davis		South Central - San Benito Co.
	North Section-Yuba Co.	April 26	North - Modoc Co.
	North Section (Northwest)	May 17	South - Los Angeles Co.

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