

Established in 1974, **National Volunteer Week** has grown exponentially in scope each year, drawing the support and endorsement of all subsequent U.S. presidents, governors, mayors and other respected elected officials.

National Volunteer Week, April 18-24, 2010, is about inspiring, recognizing and encouraging people to seek out imaginative ways to engage in their communities. It's about demonstrating to the nation that by working together, we have the fortitude to meet our challenges and accomplish our goals. **National Volunteer Week** is about taking action and encouraging individuals and their respective communities to be at the center of social change—discovering and actively demonstrating their collective power to foster positive transformation.

National Volunteer Week embodies the energy and power volunteers evoke on a daily basis as they lead by example—not only encouraging the people they help, but motivating others to serve as well.

Here at Ventura County 4-H, we feel that our 4-H volunteers are special!

- ~ They give their time to share their knowledge and talents with our 4-H members.
- ~ They give support and encouragement.
- ~ They teach our members life skills as well as project skills.
- ~ They help build confidence and self-esteem in our members.
- ~ They help make the 4-H Program all that it is!

Thank you, 4-H volunteers! We are so appreciative of all you do!





Featured Club Happenings!

Citrus Valley 4-H

by Savanna Stanley

Citrus Valley 4-H meets the 3rd Monday of each month at the Oak View Resource Center in Oak View.

Club Leader: Monica Stanley and Tobi Van Dolah

President: Savanna Stanley, age 14

Vice President: Ben De Los Reyes, age 14

Our club has started off with a rough beginning because we lost a very important member of our group. Laura Heath passed away in December. She has helped our club in many ways and we miss her dearly. She was the past club leader and a project leader, a JFB advisor, a foster mother, mother to Blake, Kyler and Carly, and wife to Warren.

A fundraiser will be held April 18th from 12-4 at the Thomas Aquinas Catholic Church in Ojai to help the family. There will be a BBQ dinner prepared by Italo De Los Reyes with the meat donated by Kent Short. The local feed stores (Ventura Hay and American Hay) are generously donating items as well. Tickets are being published and sold. We hope many 4-H members and families will come out to support this great event.





Conejo Valley 4-H

by Katie Trockey

Conejo Valley 4-H meets every 2nd Monday of the month at the Cameron Center, Thousand Oaks at 7 pm.

Club Leaders: Mrs. Jenean Bass and Mrs. Susan Trockey

Secretary: Meghan Woodard

Vice President: Emma Trockey

Treasurer: Kathy Bass

Conejo Valley 4-H currently has 20 members enrolled in the program. With the coming of the Ventura County Fair, many projects are working hard on activities including our most popular projects: Rabbits, Poultry, Cake Decorating, Foods and Nutrition, Dog Therapy, Cavies, and Urban Birding.

Our 4-H'ers have participated in a number of community service opportunities. In October, we contributed to the TOTSOCE program, donating twenty bags to Food Share. We also partook in Project Linus, where our club made ten No-Sew Fleece Blankets that were given to children affected by disasters.

With demonstration speeches upcoming, our recent February meeting not only included the making of many holiday and get well soon cards sent to the



Senior Concerns day care center, but also the members were able to do a Demo-in-a-Bag. Two or three members would take a bag enclosed with supplies to do an impromptu mini demonstration with a project the members do not participate in. For the new members who have never done a demonstration speech, the older members helped them to complete their first speech in front of the club.

The next Featured Club Happenings! will include articles from Del Norte 4-H and Las Posas 4-H.

EAR TAGGING DATES!!

Mark your calendars! The Ear Tagging Dates and times are in for the 2010 Ventura County Fair Market Animals, DON'T MISS OUT!

Ear tagging dates and times for the 2010 Ventura County Fair Market Animals are:

Market Steers:

April 10, 2010 8:00 a.m. - 10:00 a.m.

Replacement Heifers:

May 8, 2010 8:00 a.m. - 10:00 a.m.

Market Goats, Lambs and Swine:

June 5, 2010 8:00 a.m. - 11:00 a.m.

Market Meat Pens (rabbits, poultry, turkeys):

June 5, 2010 9:00 a.m. - 11:00 a.m.



SCHOLARSHIP OPPORTUNITIES!



The Ventura County Chapter of the California Association of Pest Control Advisors (CAPCA) has TWO separate local Scholarship Opportunites; one scholarship opportunity is a **4-Year University Scholarhip** and the other one is a **Community College Scholarship**.

CAPCA is a professional organization of licensed agriculture and horticulture pest control advisors. The **4-Year University Scholarship** is intended for the benefit of upper division students pursuing a career in the agriculture and/or horticulture fields. Ventura CAPCA will give a \$1000.00 scholarship to a Ventura County resident enrolled in a 4-year California College or university offering studies in Agriculture or Horticulture. The **Community College Scholarship** is intended for the benefit of lower division students pursuing a career in agriculture and/or horticulture field. Ventura CAPCA will give a \$500.00 scholarship to a Ventura County resident enrolled in a Ventura or Santa Barbara County Community College offering studies in the field of agriculture or horticulture.

The deadline for applications for both scholarship opportunities is June 4th, 2010.

For more information on eligibility, judging criteria, application procedures & for the application, visit http://calendar.ucanr.org/calmain.cfm?calowner=2372&group=&keyword=&ranger=365&calcat=1&s pecific=&waste=yes or to check out the state scholarships being offered, visit CAPCA's website at www.capca.com.

4-H Small Animal Science Super Field 2010

By Elaine Fowell, Amanda Marshall, and Sarah Nagel

On March 6, 2010, Ventura County 4-Hers hosted Small Animal Science Field Day at the Ventura County Fairgrounds. 4-H'ers from all over Southern California came to participate in knowledge events, enter poster competitions, practice showmanship, and just have fun! There were attendees from 13 different clubs, totaling 59 entries from 5 different counties. Rabbits, cavies, dogs, and poultry took center stage as 4-H'ers proved their skills in small animal science. It was definitely a day to remember! The Gold Medal awards are as follows:

CAVY KNOWLEDGE EVENT: Junior: Bethaney Valenzuela, Mupu 4-H

Intermediate: Melissa Marshall, Loma Vista 4-H Senior: Amanda Marshall, Loma Vista 4-H

<u>CAVY LIVE BREED ID</u>: *Junior 1st Place*: Hayden Hargleroad, Santa Rosa Valley 4-H

Intermediate 1st Place: Glenda Marshall, Loma Vista 4-H
Senior 1st Place: Caitlin Voorhees, Cinco Campanas
4-H

CAVY POSTER: Junior: Hayden Hargleroad, Santa Rosa Valley 4-H

Intermediate: Spencer Wittrock, Loma Vista 4-H Senior: Amanda Marshall, Loma Vista 4-H

<u>DOG KNOWLEDGE EVENT</u>: **Junior**: Emma Medina, Loma Vista 4-H

Intermediate: Sarah Nagel, Loma Vista 4-H

Senior: Kyla Vinson, Conejo Valley 4-H

<u>DOG POSTER</u>: Intermediate: Amanda Penicks, Norco Mustang 4-H

Senior: Kyla Vinson, Conejo Valley 4-H

JUDGING EVENT: Junior: Victoria Stanton, Conejo Valley 4-H

Intermediate: Glenda Marshall, Loma Vista 4-H

Senior: Amanda Marshall, Loma Vista 4-H

POULTRY KNOWLEDGE EVENT: Junior: Landon Lujan, Santa Rosa Valley 4-H

Intermediate: Amanda Penicks, Norco Mustangs 4-H Senior: Caitlin Voorhees, Cinco Campanas 4-H

POULTRY LIVE BREED ID: Junior 1st Place: Landon Lujan, Santa Rosa Valley 4-H

Intermediate 1st Place: Grace Van Splinter, Santa Rosa Valley 4-H

Senior 1st Place: Caitlin Voorhees, Cinco Campanas 4-H

POULTRY POSTER: Junior: Audrey Hargleroad, Santa Rosa Valley 4-H

Intermediate: Bronson Smith, Somis 4-H

RABBIT KNOWLEDGE EVENT: Junior: Morgan Penny, Loma Vista 4-H

Intermediate: Amanda Penicks, Norco Mustangs 4-H Senior: Caitlin Voorhees, Cinco Campanas 4-H

RABBIT LIVE BREED ID: Junior 1st Place: Ben Voorhees, Cinco Campanas 4-H

Intermediate 1st Place: Mikaylee Collins, Tierra Rejada 4-H Senior 1st Place: Caitlin Voorhees, Cinco Campanas 4-H

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RABBIT POSTER: Junior: Rebekah Gorman, Chief Peak 4-H

Intermediate: Janeen Moore, El Camino 4-H Senior: Kyla Vinson, Conejo Valley 4-H

RALLY OBEDIENCE EVENT: Junior: Emma Medina, Loma Vista 4-H

Intermediate: Sarah Nagel, Loma Vista 4-H Senior: Kyla Vinson, Loma Vista 4-H

Rally Obedience is a fun new dog sport that requires the handler and dog to go to different stations performing obedience movements. Rally Obedience, or Rally-O for short, has three different levels; Novice, Advanced, and Excellent. Novice, which is done with the dog on a leash, has 10 to 15 exercises for the dog and handler to do. Advanced and Excellent, which are done with the dog off leash, has 15 to 20 exercises, including two jumps. When people decide to teach their dogs Rally-O, they're either looking to do something competitive that their dogs can win titles for, or just something that would be a fun hobby.

This year on March 6th, at the Small Animal Science Field Day Rally Obedience Competition, there were five participants, all of them from Loma Vista 4-H. This is only the second year that the Small Animal Science Field Day has had a Rally Obedience competition, even though there have been separate dog only field days for at least five years. We had a novice competition at the SAS Field Day with our dogs performing on leash. In the Junior class, Emma Medina and Hunter took first place. In the Intermediate class, Sarah Nagel and Sandy got first, and Sierra Garlinger and Boo-Boo got second. In the Senior, Kyla Vinson and Brownie got first, and Karen Payne and Snipe got second.

Kimberly Coverly Recognized for Volunteer Service

Kimberly Coverly, 15, of Loma Vista 4-H has been honored for her exemplary volunteer service with a President's Volunteer Service Award.

The award, which recognizes Americans of all ages who have volunteered significant amounts of their time to serve their communities and their country, was presented by The Prudential Spirit of Community Awards program on behalf of President Obama. Kimberly participated in the Spirit of Community program this year as a representative of Ventura County 4-H in Ventura, where she is a member.

Kimberly earned her award from the work she has done through Trick Or Treat So Others Can Eat (TOTSOCE); a program of collecting food rather than candy at Halloween, the food is then donated to Food Share to help feed the 38,000 monthly clients of Food Share in Ventura County. Kimberly has become very involved in the TOTSOCE program. Kimberly began her participation in TOTSOCE when she was 2 years old going Trick-or-Treating with her mom and a little red wagon. Now at 15, Kimberly coordinates & registers participants as well as maintains an Excel spreadsheet to track the food collected.

"Kimberly's President's Volunteer Service Award is well deserved! Her work on "Trick Or Treat So Others Can Eat", as well as on other leadership and community service activities within her 4-H club and the community help so many. We are truly proud of her!" said Susan Gloeckler, 4-H Program Supervisor, Ventura County and CA Coordinator – Junior Master Gardener Program.

Sponsored by Prudential Financial in partnership with the National Association of Secondary School Principals (NASSP), The Prudential Spirit of Community Awards program recognizes young people across America for outstanding community service activities. More than 275,000 young people across America have been considered for these awards since the program began in 1995.

"The recipients of these awards vividly demonstrate that young people across America are making remarkable contributions to the health and vitality of their communities," said John R. Strangfeld, chairman and CEO of Prudential Financial. "They truly deserve all of the praise and encouragement we can give them."

"The young people recognized by the Spirit of Community Awards demonstrate an enormous capacity for giving and reaching out to those in need," said Gerald N. Tirozzi, executive director of the National Association of Secondary School Principals. "NASSP is proud to honor them as they are wonderful examples of the high caliber of young people in our nation's schools today."

Program applications were distributed last September through all public and private middle level and high schools, Girl Scout councils, county 4-H organizations, American Red Cross chapters, YMCAs, and affiliates of HandsOn Network. After Local Honorees were named, state-level judges selected State Honorees, Distinguished Finalists and Certificate of Excellence recipients. Volunteer activities were judged on criteria such as personal initiative, creativity, effort, impact, and personal growth.

NASSP, based in Reston, VA., is the preeminent organization of and national voice for middle level and high school principals, assistant principals and aspiring school leaders from across the United States and more than 45 countries around the world. Prudential Financial, based in Newark, N.J., provides more than 50 million individual and institutional customers worldwide with life insurance, annuities, retirement-related services, mutual funds, investment management, and real estate services.

Want to learn more about the Prudential Spirit of Community Awards program? Visit their website at http://spirit.prudential.com

State Leadership Conference

State Leadership Conference is coming, and coming fast! This year's theme is...

OPERATION 4-H! Are you ready to listen like a cadet to the inspirational public speakers? Are you outgoing like a Lieutenant and want to socialize with new people? Or are you prepared like a General and ready for anything? If you like to have fun, meet new members, and are prepared for a challenge, then this is the place for you! To learn more about this amazing boot camp... I mean conference... visit the website at http://www.ca4h.org/.

SLC 2010: Operation 4-H, July 29th - August 1st, at UC Davis. Can you complete the task ahead?

4-H GOLDEN CLOVER AWARDS

The **4-H Golden Clover Awards** recognize outstanding achievements of 4-H members, volunteers, 4-H program staff, and other 4-H YDP groups. Applicants may apply or be nominated in any applicable category. Recipients are awarded \$500 to be used at their discretion, a medallion, lapel pin, and recognition on the State 4-H website. Recipients will also be recognized at the 4-H State Leadership Conference and State 4-H Leaders

Forum. **Applications are due postmarked by May 31, 2010**. For forms and information, please visit http://ca4h.org/4hresource/ir/goldenclover/.



The Red, White and Blue

What do those 4-H ribbons mean to you?

Does it just mean they are colors – red, white, and blue?

Received for a talk or exhibit – how they are selected, I don't have a clue.

I just know it came to me from the judge, right out of the blue.

Does that ribbon mean something? Well, let me tell you!

The purple or gold means outstanding work you see, while the blue ribbon means well done, with a few flaws that can be improved by me.

The red ribbon means all minimum standards have been met, but with improvement it would be better yet.

The white ribbon means the minimum standards have not been met, but with lots of improvement, we could do better yet.

So you can see, the color of ribbons mean something for you and me.

We encounter standards at all ages and stages of life. Most have been developed by experts.

What is a standard? It is the description of the qualities of a product, skill, or expected level of personal behavior.

In the 4-H educational program, standards are used in two ways. First standards are established to provide a base for young people to use as they plan and work toward their goals. Secondly, professional staff, volunteers, and young people work together to establish standards.

The Danish system of ribbon group ratings is used as a way to recognize the achievement of standards of excellence in 4-H. In the Danish system, exhibits or presentations are individually evaluated against a set of criteria and are assigned a rating of purple, blue, red, or white.

The purple or gold means the exhibit was outstanding on all standards.

The blue means it exceeds the minimum standard, but may have minor flaws that could be improved.

The red means it meets all the minimum standards but may have visible signs of needed improvements.

The white means the exhibit failed to meet minimum standards.

Regardless of the color of ribbon we received, we need to think about how using standards helped us learn. Having our projects judged against standards will help us live with standards in today's world and in the future.

This excerpt was taken from the Kansas State University "Celebrating with 4-H Ceremonies" Handbook found at http://www.ksre.ksu.edu/library/4h y2/4H824.pdf



April is the Month of the Military Child

April is the Month of the Military Child, a time to recognize the sacrifices made by military families and their children.

Military children look the same to teachers, friends and the community after a parent deploys, but their lives have changed dramatically. With over 1.5 million military children in the United States, and the greatest number living in California, providing services to families in their local communities is crucial.

Speak Out for Military Kids 2010

By Amanda Marshall

On February 27th, two Loma Vista 4-H members, Amanda Marshall and Kimberly Coverly, along with 4-H'ers from the Los Angeles Air Force Base attended the Speak Out for Military Kids 2010 workshop in San Diego. The group spent nearly six hours absorbed in bonding activities, talking about the downsides as well as the advantages of having a parent in the military, and making posters. One main focus for the day was making a large poster to raise awareness about April being "the Month of the Military Child." Thanks to



volunteers from Operation
Military Kids, a group of 4-H ambassadors, and the 4-H members from Los Angeles and Ventura
Counties, the 2010 workshop was a huge success!

4-H Library

"The Microwave Magic Series contains exciting youth activities that focus on using the microwave to prepare everything from simple snacks to complete meals." In Level A, "youth engage in activities to understand how the microwave works, learn to use the microwave safely and prepare foods such as scrambled eggs, apples, popcorn treats, fudge and desserts." In Level B, "youth participate in activities on understanding watts and prepare foods such as potatoes, vegetables, pudding bar cookies, beans, upside down cake and brownies." In Level C, "through activities, youth practice more advanced microwave techniques such as shielding, defrosting and browning." In Level D, "youth learn techniques such as adapting recipes for the microwave, blanching fruits and vegetables and stacking whole meals." The series includes a Microwave Helper's Guide, it "includes group activities and answers to the questions posed in the youth guides." If your club or project is interested in checking out this series from our 4-H Library, please contact Tisha Fisher at tiffisher@ucdavis.edu to arrange pick-up of the series.

4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8a.m. to 5p.m. Please call the 4-H Office at (805) 645-1464 for more information. Our fax number is (805) 645-1474.

Staff Hours & Program Responsibilities

Susan Gloeckler (805) 662-6943 Monday through Wednesday, 10a.m. to 5p.m. 4-H Program Supervisor – Community Club Program, Policy and Procedure, New Unit Organization, Club Leader Advice, Training (Youth/Volunteer).

E-mail: sygloeckler@ucdavis.edu

Tisha Fisher (805) 645-1464 Monday – Thursday 4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, Clover Lines Editor.

E-mail: tifisher@ucdavis.edu

Rose Hayden-Smith (805) 645-1466 County Director, 4-H Youth Development Advisor E-mail: rmhaydensmith@ucdavis.edu

It is best e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to tifisher@ucdavis.edu

DEADLINE FOR SUBMISSIONS IS

THE <u>1st MONDAY OF EACH</u>
<u>MONTH</u> FOR THE FOLLOWING
MONTH'S ISSUE.

Pose Hayden-Smith

Rose Hayden-Smith 4-H Youth Development Advisor

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UC Cooperative Extension U.S. Department of Agriculture University of California 800 S. Victoria Ave., L#4941 Ventura, CA 93009

RETURN SERVICES REQUESTED

Official Business Penalty for Private Use \$300



4-HI Calendar

http://calendar.ucanr.org/ (change "Location" to Ventura County & "Category" to 4-H/Youth Programs, Click "Go!")

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: sygloeckler@ucdavis.edu, tifisher@ucdavis.edu, 4hOnline mailsto:no-reply@4hOnline.com], and sagriffin@ucdavis.edu

4/5 4/7 4/9 4/17 4/18 4/24 4/24-2 4/28-5 4/30 4/30	Del Norte 4-H & Las Posas 4-H Featured Club Happenings! articles due to the 4-H Office Food Faire and Fashion Revue Entries DUE The Ventura County 4-H Office will be CLOSED Food Faire 10-12:30 & Fashion Revue 12:30-3 @ Simi Country Estates Recreation Room in Simi Valley Ventura County 4-H Mini Rodeo 9-2 @ the Ventura County Fairgrounds Morgan Arena Saturday @ the Farm; UC Hansen Agricultural Center. REGISTER @ 805-525-9293 ext. 214 or sbmiller@ucdavis.edu 5 2010 State 4-H Horse Events @ Reedley College /2 Santa Barbara Fair & Expo @ the Earl Warren Showgrounds Statewide 4-H Scholarship DUE California Women for Agriculture Scholarship application packets DUE (MUST be postmarked no later than this date) Lorga Vieta 4-H & Mira Monto 4-H Footbard Club	5/29 5/29 5/31 6/4 6/4 6/7 6/13	Claifornia 4-H Film Festival Videos must be postmarked BY 4-H State Fashion Revue registration due Ventura County 4-H Gymkhana Clinic 8-2 @ the Ventura County Fairgrounds Morgan Arena Saturday @ the Farm; UC Hansen Agricultural Center. REGISTER @ 805-525-9293 ext. 214 or sbmiller@ ucdavis.edu 3 Archery Certification Training in Bakersfield 4-H State Fashion Revue @ UC Davis 2010 State 4-H Field Day @ UC Davis 4-H Golden Clover Awards Applications DUE http://ca4h.org/4hresource/ir/goldenclover/ . CAPCA 4-Year University Scholarship Applications DUE CAPCA Community College Scholarship Applications DUE Mupu 4-H & Piru 4-H Featured Club Happenings! articles due to the 4-H Office Ventura County 4-H Equine Field Day 8-2 @ the Ventura County Fairgrounds Morgan Arena
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