## Clover Lines

## Don't Tell Me. Show & Tell Me.

## Or, Everything I Need to Know in Life I Learned in a 4-H Demonstration

Kindergarten certainly holds its share of knowledge nuggets, but don't underestimate the wisdom gained by giving and becoming proficient at presenting a demonstration.



- Share what you love and you'll love it even more.
- You don't have to know the answer, just be committed to finding it.
- Simple is usually best.
- Restating the question buys you time.
- Props are cool.
- Start with an idea, any idea.
- · Practice to get better.
- Enunciation is the hardest word you'll ever have to say.
- Friends make the best partners.
- There is always a begining, a middle and an end.
- Getting peoples attention can be fun.
- 7 minutes really isn't that long.
- Butterflies can fly in formation with enough practice.
- Talking is something I already know how to do.
- Smiling makes everybody feel better.

It's time to start thinking about your demonstration, illustrated talk or speech topic. Here are a few online resources to make the process as easy as it is fun and educational.

#### **Demonstration Ideas**

http://www.extension.umn.edu/county/Waseca/news/Demoldeas.pdf

#### **Tips**

http://www.ohio4h.org/product/files/4H\_909R.pdf

#### Planning Checklist

http://www.aces.edu/pubs/docs/Y/YEX-0051/YEX-0051.pdf

#### **Group Activity for Demonstration Preparation**

http://4h.uwex.edu/pubs/showdoc.cfm?documentid=4751

## Save These Demonstration Dates:

March 13—Preliminary Presentation Day

March 24—County Presentation Day

Are you willing to judge demonstrations? There is no experience necessary. If interested, please contact the 4-H Office.



University of California Cooperative Extension – Ventura County Website: <a href="http://ceventura.ucdavis.edu">http://ceventura.ucdavis.edu</a>
669 County Square Dr., Suite 100, Ventura CA 93003-5401
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# Featured Club Happenings!

#### **Bardsdale 4-H**

President: Katherine Stewart V.P.: Alexus Galassi-Duncan Secretary: Oryon Hamilton Treasurer: Jessica Mayhew

The 60 members of Bardsdale 4-H have been busy participating in project meetings, community service events, and parties. At the 2011 fair we were extremely proud to take home the newly reinstated 4-H Herdsmanship Award for the Large Livestock! Our animal projects include steer, heifer, swine, lamb, pygmy goat, and poultry. Our photography project won lots of awards in the "Kids, Crops, & Cameras" competition in the Youth Building. Entomology entered some awesome bug collections, sewing showed off their colorful book bags, and gardening displayed lots of succulent dishes in Floriculture. Bardsdale 4-H loves the Ventura County Fair!

Our club General Meetings are held the 4<sup>th</sup> Monday of every month at the Veteran's Memorial Building in Fillmore. The holiday seasons are a reason to celebrate so there's always a great Halloween party and Santa even appeared at our Christmas party even though it was on the 26<sup>th</sup> of December. As part of each meeting we try to make a small craft for the lunch bags at the local Senior Center as a community service. In September 2011 we also had our first Relay for Life team. We participate in the May Festival and Christmas Parades in Fillmore and enjoy showing our animals and creative floats to the community.

We look forward to a happy, healthy, helpful, and harmonious 2012!



Bardsdale 4-H Club in costume and having fun!

March Featured Club Happenings! will include an articles from Briggs 4-H & Chief Peak 4-H.

FEBRUARY 2011 CLOVER LINES PG. 2

### Webinar Series for the 4hOnline Record Book

The 4-H Online Record Book (ORB) is a record keeping tool that helps 4-H members compile their annual 4-H Record Books. It also provides an arena for 4-H members to share their experiences with other members in their 4-H Club.

A webinar series is being offered during the month of February to help 4-H staff, volunteers, and youth become familiar with the system. Space is limited to the first 150 people to register for each webinar. This will be facilitated by Scott Mautte and Steven Worker at the California State 4-H Office. Each training will be recorded and posted to the State 4-H website <a href="http://www.ca4h.org/">http://www.ca4h.org/</a> at a later date. The trainings offered will be as follows:

- Introduction and Logging-In on February 9, 7-8pm
- Paper vs. Electric: Navigating the Forms in the Online Record Book: PDR, APR, Story on February 16, 7-8pm
- Youth Functions, Forms, and Privacy Settings on February 23, 7-8pm
- Project & Club Leader Functions and Approving Forms on March 1, 7-8pm

Each of the dates have been added to our website calendar at <a href="http://ceventura.ucdavis.edu/Youth\_Development/4-H/">http://ceventura.ucdavis.edu/Youth\_Development/4-H/</a> NewsMain/ The calendar has a handy reminder feature to send you a reminder email before the event.

To register for the webinars, go to http://www.ca4h.org/Resources/Members/RecordBook/ORB/

<u>Technical Requirements</u>: A computer with broadband Internet connection, Web browser with Adobe Flash. A full list of platforms and browsers supported by Flash is available at http://www.adobe.com/products/flashplayer/tech-specs.html. To test whether Flash will work on your computer, please visit http://na1cps.adobeconnect.com/common/help/en/support/meeting\_test.htm. Computer speakers or headphones to hear the audio.

### **New Adult Leader Certification Orientation Dates**

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader
 exactly what you can do to help. Attend trainings and learn more from the job descriptions below.

Club Leader http://www.ca4h.org/files/4771.doc

Activity or Event Adult Volunteer http://www.ca4h.org/files.4770.doc

Project Leader http://www.ca4h.org/files/4772.doc

Resource/Key Leader http://www.ca4h.org/files/4773.doc

Enrollment Coordinator http://ceventura.ucdavis.edu/files/79835.doc

The dates for the New Adult Volunteer Leader Certification Training have been scheduled for:

Wednesday, April 25, 2012 6 p.m. to 8 p.m.

Thursday, April 26, 2012 10 a.m. to noon

Tuesday, May 15, 2012 6 p.m. to 8 p.m.

Don't miss out -- R.S.V.P. for one of these trainings today!

The training will be held at the 4-H Office. Please use the set of doors that face the condominium complex at 669 County Square Dr. Ste. 100, Ventura, CA 93003-9028. The training will begin promptly at 6 p.m. Participants must attend the entire training in order to complete this portion of the certification process.

- R.S.V.P. required. Please include in an e-mail to <u>venturafourhrsvp@ucdavis.edu</u>:
  - 1. Your First & Last Name.
    - 2. Your phone number.
    - Your mailing address so we can mail you the fingerprinting forms.
       As soon as you receive the forms in the mail; contact a fingerprinting facility & schedule your fingerprinting appointment.
  - 4. The name of the club you are volunteering for.

FEBRUARY 2011 CLOVER LINES PG. 3



### Let's G.O. (Get Outside)

Let's G.O.! Is a youth-inspired, youth-led Children & Nature Network initiative to rally people of all ages to Play, Serve and Celebrate. You are invited to participate and spread the word. Let's G.O.!

When: All of April 2012 The whole month of April as part of C&NN's Children & Nature Awareness month!

**Where:** Nationwide Events will occur in a variety of locations, from coast to coast. They will be held in many different settings -from parks, schools and national wildlife refuges to neighborhoods, cities, states and regions.

**Who:** Everyone The goal of Let's G.O.! Is to bring together intergenerational groups of people to get outside together to be active, have fun and connect with nature. Families, teachers, students, mentors, grandparents and grand friends—and especially children and youth—are invited and encouraged to participate!

Over 100,000 people in 44 states came together to Play, Serve and Celebrate outside in 2011. Let's G.O.! celebrate. Event registration and toolkit is available, along with ideas to help you get started. http://childrenandnature.ning.com/group/letsgo

### FASHION REVUE & FOOD FAIRE

Saturday, March 31, 2012 1:30pm - 5:00pm Ventura County Fairgrounds - McBride Hall

#### **Fashion Revue**

Categories:

Traditional
Purchased
Wearable Art - Embellished
\$19.99 Challenge
Tote Bag Challenge
Needle Art
Jewelry





#### Food Faire

Categories:
Food Showmanship
Cake Decoration Showmanship
Educational Display

All entries are due March 15th. For more information, download the packets on our county 4-H website calendar at <a href="http://ceventura.ucdavis.edu/">http://ceventura.ucdavis.edu/</a>
Youth Development/4-H/?calitem=153743&g=25349

## **Clover Safe Notes**

Clover Safe Notes Spotlight for February: SAFETY TIPS FOR COMPUTER SOCIAL NETWORKING

(Note #83). 47% of online adults use social networking sites, while 73% of teens and young adults are a member of at least one social network. Using these tools safely and knowledgably is outlined is this easy to read and share Clover Safe Note.

Clover Safe Notes can be reviewed and printed from the UCANR website at <a href="http://safety.ucanr.org/4-H">http://safety.ucanr.org/4-H</a> Resources/<a href="Clover Safe Notes by Number/">Clover Safe Notes by Number/</a>

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.

## **COUNCIL CORNER**

Highlights from the Ventura County 4-H Council

Here are some highlights from the January meeting:



- General 4-H Calendar is going to be posted using Google Calendar.
- Judges for Presentation Days are needed.
- Youth Expo Committee: This committee is working to increase 4-H presence in the Youth Building at the Fair. The committee announced that there are several new categories being added, including cool desserts such as cheesecake and cream pies. PepsiCo has donated a cooler for 4-H to use for these entries. Additionally, table settings will no longer be individual, but a club entry with 4 place settings. Additional details will be sent to club/project leaders in coming months.
- Large Livestock PDC is kicking off their meeting schedule on Feb. 1st at Marie Callenders in Camarillo at 7 p.m.
- Small Animal Science reported on additional contests and entry opportunities being announced for the Small Livestock Department at the Fair. Additionally, the Small Animal Field Day has been scheduled for May 12th at Seaside Park (Fairgrounds). The event will provide showmanship, knowledge and presentation opportunities for all of the small animal species. Additionally, there will be an Iron Chef Competition and Cupcake War. Information will be emailed with entries due April 23.
- Rose Hayden-Smith announced the new Director position to be hired that will oversee Hansen Trust & Agricultural Center as well as the Cooperative Extension. This position is expected to be hired by Summer.
- All-Stars reported that the grand opening for the Roma-Jean Educational 4-H Wetlands Nature Path at Ormond
  Pointe in Oxnard will be April 21st. The All-Stars are putting together an e-survey to see if buses will increase attendance at the event. Additionally, the All-Stars attended the Teen Involvement Conference at which Dayle Morris was elected as Vice President of the So. Section Teen Council and Savanna Stanley as Reporter of So. Section Teen Council.
- Golden Clover—Jenean Bass, President, concluded the meeting by presenting the All-Stars with their Golden Clover medals for Collaboration & Outreach while creating the Roma-Jean Educational 4-H Wetlands Nature Path at Ormond Pointe.

Committees are currently working on Primary Pygmy Goat Project Policy, Fair Entries and Program Development Committees. If you would like to work on a committee or add an agenda item for discussion by the Ventura County 4-H Council, please contact Jenean Bass, Council President by email at venturaco4hcouncil@gmail.com. Agenda items should be received at least 2 weeks prior to the meeting for inclusion.

The next Ventura County 4-H Council meeting will be **Wednesday**, **March 28**<sup>th</sup> **at 7p.m.** at the 4-H Office. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope that you will join us!



The **Revolution of Responsibility** Centennial Campaign celebrates the power of California 4-H youth taking action through an ambitious statewide program that is funding 1,000 service learning projects at \$1,000 each through the end of 2013.

JOIN The Revolution of Responsibility! \$1,000 is available to 4-H

Clubs and Groups Due April 15, 2012 http://ucanr.org/join/

To JOIN the revolution, 4-H members, with the help of an adult 4-H mentor, should follow these steps to plan a project.

- 1. Identify an issue or problem in your community.
- 2. Find community organizations to collaborate with.
- 3. Plan the project: form goals, outline tasks, list needed resources, and prepare a budget
- 4. Prepare ways to document and record your project to share with others.
- 5. JOIN the revolution at http://ucanr.org/join/

View the All-Stars Revolution of Responsibility video on the National 4-H Website:

http://www.4-h.org/stories-of-responsibility/Submitted-Stories/We-fixed-the-wetlands-and-started-a-revolution-/

FEBRUARY 2011 CLOVER LINES PG. 5

## **TIC 2012**

By Savanna Stanley, Dayle Morris & Bailey Morris

This year Dayle Morris, Savanna Stanley and Bailey Morris attended the South Section Teen Involvement Conference in January at Pathfinder Ranch in Mountain Center, California. Friday was the beginning of the fun! We arrived around 5 o'clock and hung out with the friends we had met at past conferences and meetings from other counties. Later that night, we played great icebreakers & met more new people from other counties. Saturday began with a great motivational speaker, Yo Pal Hal, who talked about living positively and his philosophy "Can't Chance It". The rest of the day led to workshops. Dayle and Savanna presented two workshops on the National 4-H Project, The Revolution of Responsibility, and at night there was a DJ and games.

At a Team Building Workshop, Bailey Morris learned about the importance of working as a team to achieve more together. Dayle Morris took away many strong points from this conference. She learned that working hard and putting your best foot forward can result in great success. Savanna Stanley learned how projecting self confidence can positively impact others. During TIC, we also worked on two community service projects. We created care packages for the United States troops, and decorated get-well and thank you cards for the soldiers. Thank you to those clubs who donated toiletries for this project. In a second project, we began making a Quilt of Valor to be given to an injured soldier. This project will be continued at South Section Field Day.





Top: Putting the finishing touches on Troops cards. Bottom: Showing off the County pride!

At the end of this great weekend, there were elections for the South
Section Teen Council board. Dayle was nominated for Vice President and won a very close election! Savanna was also elected for Reporter. Dayle and Savanna will now be part of the South Section Teen Council team in charge of planning next year's TIC and the upcoming South Section Field Day BBQ. This conference was a great experience for all three of us. We hope some more of you will join us next year. Save the date:

TEEN INVOLVEMENT CONFERENCE \*\*\*\*\*FLASHBACK TO LEADERSHIP\*\*\*\*\* January 18-20 2013!!!!!

## Emerald Star Project Applications Now Being Accepted

In November, the County 4-H Council approved the recently revised Emerald Star Guidelines and Application. In addition to some general updates, the process was given an e-friendly upgrade with an interactive PDF application and streamlined electronic/face-to-face process. See the new Emerald Star application package at http://ceventura.ucdavis.edu/Youth Development/4-H/MemberOpps/Emerald Star Project/

Looking for project ideas?

- Hold project shows or field days.
- Hold judging contests.
- Make or improve a video, slide show, or information pamphlet for countywide use.
- Be a junior or teen leader for county-wide project.
- Create a training event.
- Create an event/community outreach involving multiple organizations.
- Add a new competition/show to an existing event.

The possibilities are limitless! Be creative!! Be original!!!





The **2012 National STEM Video Game Challenge** is open to students and game designers in four levels: middle school, high school, college and graduate students, and educators. Entrants have until March 12, 2012 to submit their ideas and games. http://stemchallenge.org/Default.aspx

International Technology and Engineering Educator's Association (ITEEA) Annual Conference will be held March 15-17, 2012 in Long Beach, CA. The theme for this year's conference is Changing the Conversation: Improving K16 Technology and Engineering. California 4-H will be represented at the conference! For more information, please visit http://www.iteea.org/Conference/conferenceguide.htm

2012 Google Science Fair is a science fair that is more open, inclusive, and global than ever before. The Google Science Fair aims to be the largest global science competition ever and will



be open to all students age 13–18 around the world. You must identify the 'question' you are working to answer by April 1, 2012 to participate.

http://www.google.com/events/sciencefair/

### 4-H Library



TechXite: Discover Engineering provides activities across a wide range of technologies in order to offer opportunities for middle school students to explore aspects of engineering that are most exciting to

them. Instructor and youth handouts are available online with introductions to BioMed, Wireless Technologies, Solar Energy, and Transportation. The activities primarily use inexpensive, easily-acquired materials and lots of hands-on learning.

This curriculum is available online, and it's FREE! http://techxcite.pratt.duke.edu/curriculum/

#### 4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 Fax (805) 645-1474

Tisha Fisher (805) 645-1464

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, Clover Lines Editor

E-mail: tifisher@ucdavis.edu

**Gwyn Vanoni** (805) 645-1482 4-H Program Representative - Military 4-H Liaison

Email: gwvanoni@ucdavis.edu

Rose Hayden-Smith (805) 645-1466 Strategic Initiative Leader, Sustainable Food Systems; 4-H Youth, Family and Community Development Advisor; Food and Society Policy Fellow

E-mail: rmhaydensmith@ucdavis.edu

## CLOVER LINES ARTICLE SUBMISSIONS:

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to CloverLines@ucdavis.edu

## DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.

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#### RETURN SERVICES REQUESTED

Official Business Penalty for Private Use \$300

# February

## 4-H Calendar

http://ceventura.ucdavis.edu/Youth\_Development/4-H/NewsMain/

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists:, <u>tifisher@ucdavis.edu</u>, 4-HOnline [mailto:no-reply@4-HOnline.com], <u>gwvanoni@ucdavis.edu</u> and <u>rmhaydensmith@ucdavis.edu</u>

2/1	Large Livestock PDC @ Camarillo Marie Callenders 6:30pm	3/28	<b>4-H Council Meeting</b> @ 4-H Office 7 pm for Leaders and
	Club Leader Roundtable @ 4-H Office 7pm		Youth (9th grade+)
2/6	Briggs & Chief Peak 4-H Featured Club Happenings! articles due to 4-H Office.	3/31	Fashion Revue/Food Faire @ Seaside Park
		4/13-14	So. Section Leaders Retreat
2/9	ORB Webinar: Intro & Logging in 7pm	4/14	So. Section Council Meeting @ Mt. San Antonio College
2/16	ORB Webinar: Forms 7pm	4/23	Small Animal Field Day Entries Due
2/21	Equine PDC Meeting @ Camarillo Marie Callenders 6:45pm	4/25	New Volunteer Leader Orientation @ 4-H Office 6:00 pm
2/23	ORB Webinar: Youth Functions 7pm	4/26	New Volunteer Leader Orientation @ 4-H Office 10 am
3/1	ORB Webinar: Leader Functions 7pm	5/12	Small Animal Field Day @ Fairgrounds 9-2
3/3	Ag & Environmental Science State Field Day	5/15	New Volunteer Leader Orientation @ 4-H Office 6:00 pm
3/5	Citrus Valley & Conejo Valley 4-H Featured Club Happenings!	5/19	Sectional Field Day @ Mt. Mt. San Antonio College
	articles due to 4-H Office.	6/9	So. Section Council Meeting @ Mt. San Antonio College
3/7	Large Livestock PDC @ Camarillo Marie Callenders 6:30pm	7/20-22	Horse Fair
3/13	Preliminary Presentation Day @ 4-H Office	8/1-12	Ventura County Fair
3/15	Food Faire/Fashion Revue Entries Due	8/23	Record Books due to County
3/20	Equine PDC Meeting @ Camarillo Marie Callenders 6:45pm	9/8	So. Section Council Meeting @ Mt. San Antonio College
3/24	4-H Presentation Day @ Oak View Park 9-2	9/15	County Record Book Judging