

# Clover Lines

## Volunteers are the of 4-H

### National Volunteer Week is April 15 – 21, 2012

National Volunteer Week was established in 1974 to inspire, recognize, and encourage people to seek out imaginative ways to engage in their communities. This year already, over 9,000 adults throughout California have contributed numerous hours to the 4-H Youth Development Program; helping young people thrive and strengthen their communities. In addition, over 6,200 youth have volunteered as officers, junior/teen leaders, and camp counselors to mentor and provide leadership to other youth enrolled in 4-H.

The State 4-H Office would like to thank each and every one of you for what you do for 4-H.

- Thank you for being a **Club Leader!** We appreciate you stepping up to this significant leadership role and for providing structure and a place for young people to belong.
- Thank you for being a **Project Leader** and for imparting upon youth the knowledge and skills that only you have.
- Thank you for being a **Council Officer** and helping to plan, promote, and carry out 4-H youth development work.
- Thank you for being a **Camp Director** and for organizing valuable outdoor educational opportunities for 4-H youth.
- Thank you for serving as a **Committee Member, Event/Activity Volunteer, Resource/Key Volunteer, or in another volunteer role** as you help to strengthen the program and provide opportunities for youth to grow, thrive, and reach their full potential.

THANK YOU TO ALL OF YOU FOR YOUR TIME,  
TREASURES, AND TALENT!

### Calling All-Star Applicants...

If you are 14+ and have achieved your Gold or Emerald Star rank, consider applying for All-Star, Ventura County's highest star rank.

For more information and application, visit [http://ceventura.ucdavis.edu/Youth\\_Development/4-H/MemberOpps/All\\_Stars/](http://ceventura.ucdavis.edu/Youth_Development/4-H/MemberOpps/All_Stars/)  
Applications are due May 1st.

Chat with Savanna Stanley & Dayle Morris about their experiences as All-Stars at [allstarventura@gmail.com](mailto:allstarventura@gmail.com)



# Featured Club Happenings!

## Citrus Valley 4-H

Meets 3rd Monday, 6:00 p.m. at Oak View Resource Center  
By Savannah Stanley, President and Ventura County All-Star

Citrus Valley 4-H is off to a great year. We have already made Valentines for those in the military, held a white elephant fund-raiser, played "getting to know you" games with hula hoops and ping pong balls, had over 20 baby piglets born and are currently selling See's candy. Want to buy some?

We recently held a mixed-club cake decorating project which included Zachary Gorman, Rebekah Gorman and Cassie Larson from Chief Peaks, Chloe Johnson, Savannah Johnson, Audrey Johnson and Bailey Morris from Las Posas and 7 members from our club. We made some beautiful and delicious cakes. We will also be ready to enter Food Faire with our products.

We want to welcome our 4 new leaders: Shannon McClune Kuhn, Brenda Miles, Keri Roberts and Moriya Fuchs. We want to welcome our new members: Ryan Dietz, Tyler Evans, Remington Martin, Karley Miles, Mikayla Miles, Kaleb Todd, Honzek Mikhalek, Caleb Watson, Amber Watkins, Ashley Watkins, and Darryl Williamson. We also want to welcome our new Vice President: Dayle Morris.

Citrus Valley 4-H is once again an energetic and busy club. We have the funniest kids and the most supportive group of parents and leaders. Yeah I know, we are the best.



## Conejo Valley 4-H

By: Kyla Vinson, President

Meets 2nd Monday, 7:00 p.m. at the Cameron Center

The Conejo Valley 4-H club is located in Thousand Oaks. Our club officers are: President, Kyla Vinson; VP Programs, Kayla Hoeflinger; VP Ways and Means, Emma Trockey; Secretary, Meghan Woodard; Treasurer, Kyla Vinson; SOA Parliamentarian, Victoria Stanton; Sergeant of Arms, Anna Belle Sanders, Aubrie Sanders, Katherine Toole & Glenn Yann; Historian, Katherine Toole; Ag Reporter, Giselle Lewis; Snack Coordinator, Raquel Stanton; and Newsletter Editor, Anna Belle Sanders. Our leaders are Susan Trockey and Heather Toole.

This year our theme is: Fine Art. We have worked with water colors, made tie-dye shirts and this month we will decorate blown out eggs.

The Conejo Valley 4-H club participates in many community service projects including: Trick or Treat So Others Can Eat, Project Linus, we recycle books and eyeglasses, pet shelter supply drives, People-to-people lunches and Stockings 4 Troops.

Some of the projects we currently have in the club are: International Foods, Leadership, Pet Therapy, Sewing, Marine Biology, and Poultry.

Our members participate in Small Animal Science Field Day and County Presentation Day.



*May Featured Club Happenings! will include an articles from Del Norte 4-H & Las Posas 4-H.*

# GRAND OPENING

## Roma Jean Educational Wetland Path at Ormond Pointe

Ventura County 4-H All-Stars, Savanna Stanley and Dayle Morris in collaboration with Nancy Pedersen, Director of Ormond Pointe, invite all 4-H members and their families to the grand opening of this Wetland Path on Saturday, April 21st 10 a.m. to 1 p.m. Please join us for a ceremonial ribbon cutting with Oxnard Mayor Tom Holden on the Path at 10 a.m. sharp. Private tours led by the All-Stars will begin shortly thereafter. Please RSVP to the All-Stars at [allstarventura@gmail.com](mailto:allstarventura@gmail.com) by April 15th.

In order to reach this location, drive south on Ventura Rd. in Oxnard from 101, turn left on Hueneme Rd. then make a right on Perkins Rd. The site is located on the right (opposite the International Paper plant).

### All-Star Project Workday

We would like to invite all 4-H families out to a workday on **Sunday, Apr. 15th 1-4 p.m.** at the Roma-Jean 4-H Educational Wetland Path at Ormond Pointe.

View the YouTube video at [http://www.youtube.com/watch?feature=player\\_detailpage&v=4a-AkDPF\\_rQ](http://www.youtube.com/watch?feature=player_detailpage&v=4a-AkDPF_rQ)

It is a beautiful location with many native plants and birds. Bring your binoculars, sunscreen and water. We hope to see you there.

## New Adult Leader Certification Orientation Dates

- Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings and learn more from the job descriptions below.

Club Leader <http://www.ca4h.org/files/4771.doc>

Activity or Event Adult Volunteer <http://www.ca4h.org/files.4770.doc>

Project Leader <http://www.ca4h.org/files/4772.doc>

Resource/Key Leader <http://www.ca4h.org/files/4773.doc>

Enrollment Coordinator <http://ceventura.ucdavis.edu/files/79835.doc>



The dates for the New Adult Volunteer Leader Certification Training have been scheduled for:

**Wednesday, April 25, 2012 6 p.m. to 8 p.m.**

**Thursday, April 26, 2012 10 a.m. to noon**

**Tuesday, May 15, 2012 6 p.m. to 8 p.m.**

- Don't miss out -- R.S.V.P. for one of these trainings today!

The training will be held at the 4-H Office. Please use the set of doors that face the condominium complex at 669 County Square Dr. Ste. 100, Ventura, CA 93003-9028. The training will begin promptly at 6 p.m. Participants must attend the entire training in order to complete this portion of the certification process.

- R.S.V.P. required. Please include in an e-mail to [venturafourhrsfp@ucdavis.edu](mailto:venturafourhrsfp@ucdavis.edu):

1. Your First & Last Name.
2. Your phone number.
3. Your mailing address so we can mail you the fingerprinting forms.

*As soon as you receive the forms in the mail; contact a fingerprinting facility & schedule your fingerprinting appointment.*

4. The name of the club you are volunteering for.

# Healthy Living

## Apps for Healthy Kids

<http://appsforhealthykids.com/>



The **Apps for Healthy Kids** competition is a part of First Lady Michelle Obama's *Let's Move!* campaign to end childhood obesity within a generation.

**Apps for Healthy Kids** challenged software developers, game designers, students, and other innovators to develop fun and engaging software tools and games that drive children, especially "tweens" (ages 9-12) – directly or through their parents – to eat better and be more physically active.

Childhood obesity or excess weight threatens the healthy future of one third of American children. We spend approximately \$150 billion every year to treat obesity-related conditions, and that number is growing. Obesity rates tripled in the past 30 years, a trend that means, for the first time in our history, American children may face a shorter expected lifespan than their parents.

The result is nearly 100 apps focusing on Menu Planning, Nutrition Facts, Physical Activity, Calorie Content and other healthy topics. These games can be sorted by awards won, or popularity. Either way, now there are apps worth downloading.



## LARGE LIVESTOCK FAIR DATES TO SAVE

**Large Livestock Quality Assurance** (Steers, Replacement Heifers, Swine, Lambs and Goats)

April 14<sup>th</sup> 10:00 a.m. - 11:30 a.m. in Barn 100

May 12<sup>th</sup> 10:00 a.m. - 11:30 a.m. in Barn 100

June 2<sup>nd</sup> 2:00 p.m. - 3:30 p.m. in Barn 100

July 10<sup>th</sup> 6:30 p.m. – 8:00 p.m. in Barn 100



These Quality Assurance classes for Large Livestock (Steers, Heifers, Swine, Lambs and Goats) exhibitors are good for 5 years from the date that you took it. If you have questions about if you have to take the class, please contact your club leader or the 4-H office to get a copy of the records. The instructor is State Fair qualified if you plan to exhibit at the California State Fair.

### Tagging Dates:

Steer: April 7<sup>th</sup>, 8:00 a.m. – 10:00 a.m.

Replacement Heifer: May 5<sup>th</sup>, 8:00 a.m. – 10:00 a.m.

Goat, Lamb and Swine: June 2<sup>nd</sup>, 8:00 a.m. – 11:00 a.m.

Tagging will be between the Home Arts Building and Fishes and Friends in the grassy area where the bungee jump is during the fair. Signs will direct traffic: Please watch the signs as the location of June 2nd tagging might be moved to elsewhere on the fairgrounds.

## Clover Safe Notes

**Clover Safe Notes Spotlight for April: FIELD TRIP SAFETY (Note #29).**

Whether it's a club trip to the theatre or a project meeting at a museum, field trips can be rewarding, educational and fun. This Clover Safe Note helps provide a list of things to plan for, ensuring that everyone has a wonderful time.

Clover Safe Notes can be reviewed and printed from the UCANR website at [http://safety.ucanr.org/4-H\\_Resources/Clover\\_Safe\\_Notes\\_by\\_Number/](http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/)

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.



# COUNCIL CORNER

Highlights from the Ventura County 4-H Council



The Ventura County 4-H Council met on March 28th:

- Several event and standing committee reports were given.
- The Club Leader Roundtable was reported to be successful and will continue with approximately 2 additional Roundtables planned during the year.
- The formation of a new Skills Development PDC was announced. This new PDC will be charged with star ranks and presentation opportunities. Anyone interested in working with this PDC should contact the Council Board at the address listed below.
- A new fundraising policy was adopted:  
4-H fund raisers must be done for the good of the total group (not an individual or small group of individuals). Fund raising cannot be the main focus of group activities nor may it exclude any individual from participating in 4-H activities. Groups are expected to support the financial needs of the total group, and when possible, to assist with participation costs in county, state, national, and international programs. All funds for goods and services are to be paid to the club/council, not to an individual. An educational component must be a part of all fund raising activities.
- A call for Record Book Supplement Forms to be sent to Gwyn Vanoni for collection and posting on the County 4-H website was issued. This will aid members looking to go the extra distance in Record Book competition.
- A new "Water" project was announced for the 2012-13 that will be available to all members. Trainings and additional information yet to come.

If you would like to work on a committee or add an agenda item for discussion by the Ventura County 4-H Council, please contact Jenean Bass, Council President by email at [venturaco4hcouncil@gmail.com](mailto:venturaco4hcouncil@gmail.com). Agenda items should be received at least 2 weeks prior to the meeting for inclusion.

The next Ventura County 4-H Council meeting will be **Wednesday, May 23, 2012 at 7p.m.** at the 4-H Office. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope that you will join us!

## Super Field Day May 12th

- **Looking for Silent Auction Donations**

Stop. Look around. Is there a silent auction item donor nearby? Feed stores, youth supporters, your favorite restaurant, etc. can all support this event by donating an item for silent auction. Contact Barbara Finch at [thefinchgirls@yahoo.com](mailto:thefinchgirls@yahoo.com) for specifics. You can drop off donations at the 4-H Office prior to the event.

- **Teen Volunteers are Needed**

Teens will be utilized as judges, set-up, take-down and more. To volunteer, contact Terri Hargleroad at [thargleroad@aol.com](mailto:thargleroad@aol.com)

- **Remember Your Poster BASICS**

**B**e Specific. Highlight a specific topic or process.

**A**rtfully Balanced. Balance art with words.

**S**ee it. You need to be able to read the poster from at least 4 feet. Make sure your type is big enough and easy to read.

**I**nteresting... Use attention-getting graphics and title to catch peoples interest right away.

**C**lean it up! Erase pencil marks. Remove extra glue. And, neaten up your poster to get top marks.

Please no folding displays for the poster contest. Standard-sized poster boards preferred.

*For more details on Super Field Day, see the entry form on pg. 6 of the Clover Lines.*



# Ventura County 4-H Super Field Day

Saturday, May 12, 2012 ■ 9 to 2 ■ Ventura Co. Fairgrounds



Projects included: Rabbits, Cavies, Dogs, Poultry, Dairy Goats, Pygmy Goats, Lambs, Photography, Cake Decorating, Cooking/Foods

This is your opportunity to learn, practice, lead, show, compete and win medals/ribbons in several projects.

- Bring your rabbit, cavy, poultry or dog and everything you need for the day for showmanship and events. Test your knowledge on breeds & projects. Rabbit hopping demo & training.
- Pygmy goats, dairy goats and lambs will have demonstration animals. No need to bring your animal. There will be showmanship, milking demonstrations, sheep shearing and project knowledge tests.
- Photography projects: bring your entries (5x7 mounted to 8x10), make a poster, and make a presentation.
- Iron Chef Competition is a 4-member team for a 1-hour creative cooking competition. All ingredients will be supplied. Teams need to bring utensils and their imaginations.
- Cupcake Wars: cupcake decorating open to all members. Supplies will be provided.
- Wear your 4-H uniform for showmanship. Wear club shirts to show your club spirit.
- Make an educational poster. Put your name, age and club on the back. Flat poster boards only.
- Speaker's Corner: use this opportunity to make a presentation for your Record Book or proficiency.
- Uniform exchange: bring your outgrown 4-H uniforms to pass along to others.
- Snack bar, coloring, crafts, silent auction, pre-paid lunch or bring your own sack lunch.



If you have questions, please ask your project leader. They can help you prepare to participate in this event.



## VC 4-H Super Field Day 2012 Entry Form:

Deadline to enter: April 23, 2012

Name: \_\_\_\_\_ Child's age (on Jan 1, 2012): \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 4-H Club: \_\_\_\_\_ Is this your first year showing in 4-H? \_\_\_\_\_

**CIRCLE** all the events you will participate in at Super Field Day

You must be enrolled in the projects you participate in. \*Medal/ribbon events

Rabbit:	Showmanship*	Knowledge test*	Rabbit hopping competition	Poster*
Cavy:	Showmanship*	Knowledge test*	Live animal ID test*	Poster*
Poultry:	Showmanship*	Knowledge test*	Animal ID test*	Poster*
Dog:		Knowledge test*	Rally-O	Poster*
Pygmy Goat:		Knowledge test*		Poster*
Dairy Goat:		Knowledge test*		Poster*
Lamb:		Knowledge test*		Poster*
Photography:	Entry* (5x7 mounted no larger to 8x10, name, age, club on back)			Poster*
Speaker's Corner:	Yes	No		
Cupcake War competition:	Yes	No		
Cooking – Iron Chef* competition (teams of 4): Team members: _____				
Pre-paid lunch: 2 slices of pizza, salad, drink, cookie - \$5 x _____ = \$_____ + entry fees \$10 each = \$_____				

**One entry form for each child, one check per family, deadline April 23rd.**

Entry fee: \$10 each child. Pre-paid lunch: \$5 each lunch

**Make check payable to: UC 4-H Ventura County. Note on memo line: Super Field Day**

**Must include Medical forms and Code of Conduct with registration, see link below.**

[http://ceventura.ucdavis.edu/Youth\\_Development/4-H/NewsMain/?calitem=153061&g=25346](http://ceventura.ucdavis.edu/Youth_Development/4-H/NewsMain/?calitem=153061&g=25346)

**Mail to: Heidi Marshall, 5942 Bridgeview Drive, Ventura, CA 93003**

*Teens interested in assisting with the event, should contact Terri Hargleroad at thargleroad@aol.com*





**National Robotics Week is April 7-15, 2012.**



The purpose of National Robotics Week is to educate the public about how robotics technology impacts society, both now and in the future and inspire students of all ages to pursue careers in robotics and other Science, Technology, Engineering, and Math-related fields. Learn more at <http://www.nationalroboticsweek.org/>.

**Email Update**

A recent upgrade of the UCCE email system caused a hiccup in the delivery of emails to the Clover Lines and the Reservations ([venturafourhrs@ucdavis.edu](mailto:venturafourhrs@ucdavis.edu)) addresses. The issue has been addressed and corrected.

If you sent an email to either address in March and did not receive a confirmation, we request that you please resend the email. Thank you for your understanding and patience.

**4-H Library**

**Check Out What's at the 4-H Office**

4-H Leaders are welcome to visit the 4-H Curriculum/Resource Library and browse our many titles available for check-out. You may borrow curriculum, videos, and other educational material for two week time periods. Longer check-out times are available if no additional requests for those materials have been received. Please call ahead to ensure that staff will be available when you come in.

All the titles found in our library are categorized:

- Animals
- Family & Consumer Science
- Science, Engineering & Technology

View the catalog at [http://ceventura.ucdavis.edu/Youth\\_Development/4-H/Leader/4-H\\_Library/](http://ceventura.ucdavis.edu/Youth_Development/4-H/Leader/4-H_Library/)



**4-H Office**

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 ■ Fax (805) 645-1474

**Tisha Fisher** (805) 645-1464  
4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Clover Lines* Editor  
E-mail: [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu)

**Gwyn Vanoni** (805) 645-1482  
4-H Program Representative - Military 4-H Liaison  
Email: [gwanoni@ucdavis.edu](mailto:gwanoni@ucdavis.edu)

**Rose Hayden-Smith** (805) 645-1466  
Strategic Initiative Leader, Sustainable Food Systems; 4-H Youth, Family and Community Development Advisor; Food and Society Policy Fellow  
E-mail: [rmhaydensmith@ucdavis.edu](mailto:rmhaydensmith@ucdavis.edu)

**CLOVER LINES ARTICLE SUBMISSIONS:**

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to [CloverLines@ucdavis.edu](mailto:CloverLines@ucdavis.edu)

**DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.**

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal Laws. Inquiries regarding the University's Nondiscrimination Policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin St., 6th Floor, Oakland, CA 94607, (510) 987-0096.

## RETURN SERVICES REQUESTED

Official Business  
Penalty for Private Use \$300

# April

# 4-H Calendar

[http://ceventura.ucdavis.edu/Youth\\_Development/4-H/NewsMain/](http://ceventura.ucdavis.edu/Youth_Development/4-H/NewsMain/)

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists:, [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu),  
4-HOnline [\[mailto:no-reply@4-HOnline.com\]](mailto:no-reply@4-HOnline.com), [gwanoni@ucdavis.edu](mailto:gwanoni@ucdavis.edu) and [rmhaydensmith@ucdavis.edu](mailto:rmhaydensmith@ucdavis.edu)

4/4	Large Livestock PDC 6:30pm	5/15	Equine PDC Meeting @ Camarillo Marie Callenders 6:45pm
4/7	Tagging Day: Steer @ V.C. Fairgrounds	5/19	Sectional Field Day @ Mt. San Antonio College
4/13-14	So. Section Leaders Retreat	5/23	All-Star Interviews
4/14	So. Section Council Meeting	5/23	<b>4-H Council Meeting</b> @ 4-H Office 7 pm for Leaders and Youth (9 <sup>th</sup> grade+)
4/14	Livestock Quality Assurance @ V. C. Fairgrounds 10am	6/2	Tagging Day: Goat, Lamb, Swine @ V.C. Fairgrounds
4/15	All-Star Project Workday at Ormond Pointe 1-4pm	6/2	Livestock Quality Assurance @ V. C. Fairgrounds 2 pm
4/17	Equine PDC Meeting @ Camarillo Marie Callenders 6:45pm	6/6	Large Livestock PDC 6:30 pm
4/21	Roma Jean Educational Wetland Path Grand Opening 10am	6/9	So. Section Council Meeting @ Mt. San Antonio College
4/23	Super Field Day Entries Due	7/10	Livestock Quality Assurance @ V. C. Fairgrounds 6:30 pm
4/25	New Volunteer Leader Orientation @ 4-H Office 6:00pm	7/11	Large Livestock PDC 6:30 pm
4/26	New Volunteer Leader Orientation @ 4-H Office 10am	7/20-22	Horse Fair
5/1	All-Star Applications Due	8/1-12	Ventura County Fair
5/2	Large Livestock PDC 6:30pm	8/23	Record Books Due to County
5/5	Tagging Day: Replacement Heifer @ V.C. Fairgrounds	9/8	So. Section Council Meeting @ Mt. San Antonio College
5/12	4-H Super Field Day @ V.C. Fairgrounds 9-2	9/15	County Record Book Judging
5/12	Livestock Quality Assurance @ V. C. Fairgrounds 10am	11/9-11	State Leaders Forum
5/15	New Volunteer Leader Orientation @ 4-H Office 6:00 pm		