

Clover Lines

Learning Through Judging

Equine Judging Day

By Victoria Bell, Mira Monte 4-H

On February 16th the Equine Program Development Committee (EPDC) hosted Equine Judging Day at the Ventura County Fairgrounds. The event taught newcomers along with experienced members how they were going to be judged when the 4-H horse fair came around. We had the choice to sit in the stands and judge riders, or to ride and be judged. Given that opportunity, I took the offer to ride almost immediately. The event was a great learning experience both for me and my horse.



The judge explained to the members in the stand what to look for in each of the riding categories. Everyone had judging sheets and paper to take notes. So everyone was a judge for the day. Then we compared our scores against the judges.

The first event to be judged was Showmanship. I have not been very successful with Showman-

ship, so this gave me good pointers. I enjoyed how the kids were able to say who they placed and why. It gave you a different perspective on what the judge saw and what the kids saw.

The second event was English Equitation, I was one of the four girls that participated in this event. I had no feelings of competition while showing against these girls—for this was a learning experience. The judge along with the people in the stand were very nice while sharing what they thought about how we did. The day continued with Western Pleasure and Patterns classes. I was pleased that the day was very consistent and went smoothly. We all learned that judging can be subjective and it is very difficult to be a judge.

Leader Policy Reminders

At Least 2 Adults:

No one-on-one activities with youth. Leaders should have another adult at every project meeting/4-H event.

Do Not Sign Contracts/Agreements:

All agreements (room reservations, facilities, etc) must be approved by the UC Regents, as they will be the entity responsible if something goes wrong. We do not want any leaders or parents taking on this liability by signing any agreements.

For more information about facilities use visit http://ceventura.ucanr.edu/Families_-_Communities/4-H/Cal_Event/
For all other 4-H policies visit <http://4h.ucanr.edu/Administration/Policies/>



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Website: <http://ceventura.ucdavis.edu>

669 County Square Dr., Suite 100, Ventura CA 93003-5401

Fax: (805) 645-1474 Phone: (805) 645-1464

Featured Club Happenings!

Conejo Valley 4-H Club *Meets 2nd Monday of the month, 7:00 p.m. at Cameron Center*
By Kayla Hoeflinger, President

The Conejo Valley 4-H club is involved in many community service activities. Trick or Treat So Others Can Eat started this Halloween with a bang! The members collected canned goods for the needy. For the holidays we like to stuff stockings with goodies for the troops. Our club loves Project Linus because it is a great way to get everyone together to make blankets for the hospitals. During Valentine's Day, we make Valentines Cards and take them to nursing homes. People-to-People Lunches are a great way for Conejo Valley 4-H to make lunches and give to the homeless.

Every month, our club has a fun event to attend. Included in those events are, Monster Mash Party, Holidays Bash, Ratatouille Build a Paris Town, ice skating (pictured lower right), and at the end of the year we have a bowling party. With each of these events the members learn how to be a chairperson and also a committee member. The members participate every month in project judging activities including, Cake Decorating, Dog Rally-O, Poultry, Marine Biology, Scrap Booking, Arts & Crafts.

At our next general meeting, the leaders will put together a Demo in a Bag. This is so much fun because all the members get a chance to do a Demonstration in front of the club. It can get pretty funny because we have to improvise on the information needed for the demo.

This year the club put together a display window at the Thousand Oaks Library (pictured right). It was a great afternoon and all the members pitched in ideas to make a very creative display. This display attracted many new members and was a great success.

As you can see, Conejo Valley 4-H is extremely busy and is always learning how to give back to their community while having fun!



TIC: TEENS LEARNING THROUGH INVOLVEMENT

By Harrison Hargleroad, Santa Rosa Valley 4-H

After a long drive on a Friday night, Caleb Phillips and I finally arrived at Pathfinder Ranch in Mountain Center, CA. We were the representatives from Ventura County 4-H at the annual Teen Involvement Conference (TIC), a 4-H youth leadership conference that helps 4-Hers to develop leadership skills that can be applied in all aspects of life. While at TIC, as they call it, we went to seminars ranging from fun activities to motivational speakers. In one of the sessions on photography I learned how to change settings on the camera to take a better picture. And in another session I learned that I am not good at yoga. We all had fun at the dance on Saturday night.



Joe Fingerhut, a professional magician, DJ and unicycle rider, as well as motivational speaker, connected with all of the audience, both youth and adult, as he spoke about taking the opportunities presented to you and doing as much as you can in your life. Another speaker was a 16 yr old 4-H'er who talked about overcoming challenges. He had a speech impediment and had overcome it with hard work. He also talked about doing what makes you happy. The weekend ended with saying goodbye to new friends from around southern California. We plan to go again next year and attend other 4-H youth conferences as well.

*April's Featured Club Happenings! will include an article from Del Norte 4-H.
Featured Club calendar is at http://ceventura.ucdavis.edu/Youth_Development/4-H/Newsletter/*

Teen Represents CA at National Health Summit

By Glenda Marshall, Loma Vista

I spent the second weekend of January discussing broccoli and texting. Random, you say? Not quite. Topics like proper nutrition, physical exercise, dangerous driving, and bullying were the heart of conversation at the National Youth Summit on Healthy Living, where I was a youth representative. The summit took place at the National 4-H Center in Chevy Chase, Maryland, and over the three days, I attended workshops that covered topics from meal portion sizes to emotional health.

The goal of the summit was to inform 4-H representatives from across the country about ways they can promote healthy living in their communities. By the end of the conference, all the representatives came up with an action plan for their state. To help get ideas, each conference attendee took part in four workshops that focused on a specific health related issue such as distracted driving or exercise. I attended sessions on nutrition, body image, bullying, and leadership techniques. In addition to these sessions, each delegate also attended "lightening round" workshops where professionals from businesses and non-profit organizations explained how they were attempting to make a difference and discussed ways that we could get involved. This also allowed delegates to explore careers in the health field. I hope to pursue a health-related occupation, and this experience was invaluable.



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New Adult Volunteer Leader Certifications for Spring

Volunteering is not scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at <http://www.ca4-H.org/Administration/Policies/Chapter6/>.

Club Leader Position Description <http://www.ca4-H.org/files/4771.doc>

Activity or Event Adult Volunteer Position Description <http://www.ca4-H.org/files/4770.doc>

Project Adult Volunteer <http://www.ca4-H.org/files/4772.doc>

Resource/Key Adult Volunteer <http://www.ca4-H.org/files/4772.doc>



One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at <http://ceventura.ucdavis.edu/files/79835.doc> or in PDF format at <http://ceventura.ucdavis.edu/files/79837.pdf>

Please use the link next to the Training date below to RSVP.

Wednesday, April 23, 2014 5:30 – 7pm*

<http://ceventura.ucanr.edu/Families - Communities/4-H/?calitem=232647&q=25349>

Monday, May 12, 2014 6 - 7:30 pm*

<http://ceventura.ucanr.edu/Families - Communities/4-H/?calitem=232648&q=25349>

**Live Scan Fingerprinting has been arranged for both trainings but we need to have a minimum of 12 people committing to having their Live Scan Fingerprinting done on-site.*

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin PROMPTLY. Due to the large amount of material, participants **MUST** be on time & **MUST** attend the entire training or they will not have completed this important part of the certification process.

Healthy Living

The Great American No Bull Challenge

4-H'ers are once again encouraged to promote the importance of being an upstander and creating a positive school culture to end cyber and all other forms of bullying on a global basis by entering the Great American No Bull Challenge. Take the Challenge and Just Say - No Bull!

The Great American NO BULL Challenge is a student-led National video contest and Teen Video Awards show dedicated to bullying prevention and promoting empathy, respect, and inclusive communities using the power of music and the magic of filmmaking. This year, the competition includes full length videos of 2 - 5 minutes as well as PSA's of 30 - 60 seconds.

Who's Eligible: U.S. students in middle or high school aged 13-18.

Video Upload Begins: NOW!

Video Upload Deadline: April 30, 2014

Public Voting Period: May 5 – May 16, 2014

Nominees Announced: June 6, 2014

August 8 - 9, 2014 - NO BULL Conference and Teen Video Awards



Download a one page flier and information using this link: <http://nobullchallenge.org/wp-content/uploads/2013/05/2014-NO-BULL-One-Sheet.pdf>

Also visit the campaign homepage and view the winning videos from last year at: <http://nobullchallenge.org/winning-films-2013>

Marshall at Health Summit

Continued from page 3

Finally, the group would gather as a whole each night to practice leadership exercises or listen to guest speakers.

Although I spent the majority of my time learning about health, I also learned some American history on our night tour of the Washington DC monuments and even learned to line dance at the Healthy Living Summit dance. On the last day of the conference, the two other girls from California, Audrey and Angela, and myself presented our action plan for the state. We intend to reach out to other 4-H members by giving a nutrition and fitness presentation at the California State Leadership Conference in August. We outlined a majority of our speech and presentation at the conference and feel that we have a lot of valuable information to present to other leaders in the state. I hope that some 4-H members from Ventura County will be able to attend SLC and see what I have to say! I would be happy to share what I learned at the summit with healthy living officers from other clubs, and I invite them to email me at lomavista4h@gmail.com. The conference was amazing and I would recommend that anyone interested in healthy living apply to attend next year's summit. It was a truly unique weekend, and I have never felt so inspired to make a difference in my community.

Clover Safe Notes

Clover Safe Notes Spotlight for March: GARDENING SAFETY: HAND TOOLS (Note #31).

Making your Spring garden safer might involve the most unlikely of tools—patience and stretching. Before getting started this Spring, review this page of safety tips.



Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/



The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.

California 4-H Uniform Contest

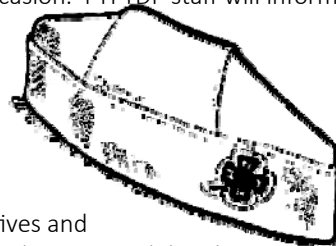
If you've always complained about the uniform, now is your chance to have a voice in changing it!

In response to 4-H members' and volunteers' input and desire to explore options for a new uniform, the State 4-H Incentives and Recognition Advisory Committee is facilitating the process to adopt a new uniform. It is important to all that the new uniform maintains 4-H tradition but is an updated, comfortable, and easy uniform for today's youth. The new uniform should make 4-Hers recognizable. The new uniform must continue to allow 4-Hers to exhibit their recognition pins and emblems. The uniform must meet the needs of certain projects. For instance, certain animal projects require boots, long pants, and/or long sleeves. Uniforms should also be affordable for all members.

The policy on 4-H attire will remain the same and states that, "There is no uniform requirement in the 4-H YDP and a uniform cannot be required for participation in any 4-H YDP sponsored activity, event, meeting or occasion. 4-H YDP staff will inform other sponsoring organizations that the 4-H YDP does not require uniforms."

4-H Uniform Contest Rules

1. Currently enrolled 4-H members may enter the contest.
2. Proposals are due by **April 18, 2014, 9 pm**.
3. Multiple entries from one member are allowed.
4. Submissions will be evaluated by an ad hoc sub committee appointed by the State 4-H Incentives and Recognition Advisory (I & R) Committee. This committee will be comprised of three youth members, one adult volunteer and one staff member. The ad hoc group will make recommendations to the I & R Committee who will then prepare multiple uniform options for voting by all registered members and adults.
5. You do not need to be present at State Field Day for your uniform idea to be selected.
6. The evaluation committee and the I & R Committee reserve the right to take features of one uniform submission and combine it with features from another submission.



Members will be recognized for their selected and winning contributions in the Updates Newsletter, on the State 4-H Website and through our social media networking platforms.

How to Enter

Submit your proposal electronically by **9 pm, April 18, 2014**. A proposal must include a written description of the proposed uniform and may also include sketches and/or photos of the proposed uniform that can be uploaded onto the contest survey site. Submit your proposal here: <http://ucanr.edu/survey/survey.cfm?surveynumber=12195>

Submissions will be evaluated using the following criteria:

Affordability and Availability. Uniforms have to be affordable to all members. The uniform pieces must be generally available.

Serviceability and Comfortableness. Uniforms need to be comfortable and functional for all 4-H activities, from showing livestock to giving presentations.

Adaptability. Uniforms should be adaptable for weather and project needs. For instance, there could be long and short sleeve options. There could be different options for younger members (e.g., green hat) and older members (e.g., no hat, but need something else that displays pins and emblems).

Professional Appearance. Uniforms should be easily recognizable and easy to keep clean.

Ability to Exhibit Recognition/Awards. Uniforms should allow for the display of pins, emblems, etc.

Traditionalism. Uniforms should incorporate the 4-H colors and the 4-H emblem. The 4-H colors are white, to symbolize purity, and green, to represent growth. The 4-H emblem is the green clover with four white Hs.

Voting Process:

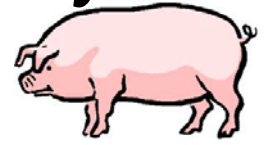
- Voting will begin at State Field Day, May 31, 2014 and will end on June 15, 2014 at 9 pm.
- Photos/sketches of the uniforms will be displayed at State Field Day and posted on the State 4-H Website on May 31, 2014.
- Voting will be by survey in the 4-H Online Record Book (ORB). This will ensure that there is only one vote by registered youth member or adult volunteer.
- At State Field Day, you can vote by going to the computer lab to log into your ORB page. It will be important for you to know your log-in and password to ORB. If you do not know this information, please follow the instructions on the ORB Login Help reference: <http://4h.ucanr.edu/files/121045.pdf>. If you still need assistance, contact your county UCCE office for support.
- If you will not be attending State Field Day, you can still vote by log-in to your ORB page from any computer, until June 15 9 pm.
- If you also take your ORB surveys in the computer lab, you will receive a \$10 gift card for completing your surveys that day. (All other ORB survey incentives still apply).



Ventura County 4-H Super Field Day

Saturday, May 3, 2014

9 am to 2 pm



Ventura County Fairgrounds



Rabbits, Cavies, Dogs, Poultry, Dairy Goats, Pygmy Goats, Lambs, Swine, Beef, Photography, Cake Decorating, Cooking

This is your opportunity to learn, practice, lead, show, compete and win medals and ribbons in several projects.

Rabbits – bring your rabbit to practice and compete in showmanship, test your knowledge, compete with your trained rabbit on the hopping course. Stay for the hopping workshop.

Cavy – bring your cavy to practice and compete in showmanship; test your knowledge on cavies and animal ID.

Dairy goats – make a poster and test your knowledge.

Poultry – bring your poultry to practice and compete in showmanship, test your knowledge on poultry and ID. Also have fun with your chicken in our new obstacle course.

Dog –bring your dog and crate. Show your favorite dog trick. Earn your CGC.

Pygmy goats – bring your goats to practice showmanship, test pygmy goat knowledge and watch hoof care demo.

Lambs – leave your lambs at home, just come to participate in fun activities and test your knowledge.

Swine – please put together teams of 4 and sign up to participate in Ventura County 4-H's 2nd Annual Swine Bowl! Teams will be contacted with additional information.

Beef – don't have a cow, just come down to test your knowledge on beef.

Cupcake Wars – who can come up with the most creative cupcake on the spot? Come decorate a cupcake and see who wins! Cupcakes and supplies provided.

Horse –cantor over and test your equine knowledge.

Iron Chef – please participate in our lunchtime show – the Iron Chef competition for members in foods/ cooking projects. Teams of 4 will create a meal in less than one hour. Dishes will be judged and awards given – don't miss it! Teams will be contacted with more details.

Speaker's Corner – this is your opportunity to make a presentation for your Record Book or proficiency requirement. No time slots; come over when you are ready.

Uniform Exchange – bring outgrown 4-H uniforms to pass along to others. Maybe you will find some for yourself, too!

Silent Auction – Come and bid on wonderful items to raise money for the Small Animal belt buckles at the fair. *Please collect items for the Silent Auction from merchants/vendors you use.*

Club Spirit – please wear club t-shirts and show your club spirit. Must wear uniform for showmanship competitions.

Posters – make an educational poster for any of the above projects to compete for a medal.

Photography – here's your chance to enter your 5x7 to 8x10 mounted creations.

Record Books – this counts as a County event.

Prepaid Lunch—Subway sandwiches (\$6 each) served at 12 noon.

Passport – Take your "passport" to each section for a stamp.



**Registration is now available at <https://ucanr.edu/survey/survey.cfm?surveynumber=10375>
See registration form for all the details. Please register by April 21, 2014.**

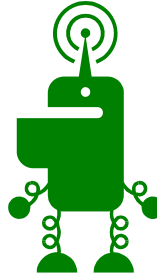


Tools of the Trade II—Getting SET Ready for Life

March 19, 2014 9:00 a.m. – 1:00 p.m. at Ventura County 4-H Office
 Register at <http://ucanr.edu/tot2vc>

Science is everywhere! Kids are curious and love to learn about the world around them. Afterschool staff and 4-H leaders can play an important role in facilitating youth’s learning about science!

2014 4-H Junk Drawer Robotics Workshop
April 5, 2014, 9:30am - 4:30pm, SCU Robotics Systems Lab, NASA AMES, Mountain View, CA
 Register at <http://ucanr.edu/survey/survey.cfm?surveynumber=12051>



Junk Drawer Robotics engages middle school youth in engineering design through the use of common household items. The curriculum was developed to focus on scientific and engineering practices; frame activities in the experiential learning cycle; and promote small group collaborative learning. These workshops will help prepare 4-H project leaders and teen leaders to implement the curriculum. There is no cost to attend and lunch will be provided. Projects must purchase the curriculum, available at the 4-hmall.org.

4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 ■ Fax (805) 645-1474

Tisha Fisher (805) 645-1464
 4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Clover Lines* Editor
 E-mail: tifisher@ucanr.edu

Gwyn Vanoni (805) 645-1482
 4-H Program Representative - Military 4-H Liaison, Council & Leader Support
 Email: gwanoni@ucanr.edu

Rose Hayden-Smith (805) 645-1466
 Strategic Initiative Leader, Sustainable Food Systems; 4-H Youth, Family and Community Development Advisor; Food and Society Policy Fellow
 E-mail: rmhaydensmith@ucanr.edu

CLOVER LINES ARTICLE SUBMISSIONS:

It is best to e-mail articles about your Group’s activities and events to the 4-H Office. Please e-mail your articles to CloverLines@ucdavis.edu

DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH’S ISSUE.

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4-H Library

Explore 4-H Citizenship



The 4-H Citizenship project offers the opportunity to help 4-H'ers relate all of their 4-H projects and other experiences to the world around them. They will learn to "care" for and "share" with others through the skills and talents they've developed.

The 4-H Citizenship manuals will serve as a guide to their experiences in Citizenship. But to be truly meaningful to the real life needs and interests of your group, your contribution is essential. Each person, neighborhood and community has individual needs that your group can determine only with your guidance. Your challenge is to make Citizenship a real life experience for your group. There are really no predetermined boundaries for what the Citizenship project could entail.

This 8-part curriculum is available in the 4-H Library at the County 4-H Office. Please call ahead to see if it is available for checkout at 805-645-1464. Or download it at http://edis.ifas.ufl.edu/topic_4h_citizenship

March 2014

It's that time of year...

- Register for **Presentation Days**. Being able to speak publicly and put together a demonstration/presentation is one of the first things most 4-H alums list as top skills learned in 4-H.
- If you are 14+ and have achieved your Gold or Emerald Star rank, consider applying for **All-Star**, Ventura County's highest star rank. For more information and application, visit http://ceventura.ucdavis.edu/Youth_Development/4-H/MemberOpps/All_Stars/ Applications are due **May 1st**.
- Start looking for **Silent Auction Items** for the Small Livestock Fair Buckle Fundraiser at Super Field Day. Look for things in your home you might donate and talk to your local merchants (feed stores, restaurants, etc.) to see if they might provide a donation.
- Consider joining the **Super Field Day Committee**. This amazing event needs volunteers to help put it together, this year and next. Contact Terri Hargleroad at thargleroad@aol.com for volunteer openings/needs.
- **Teens** are needed to assist with project areas at Super Field Day. Count it in your Record Book and help younger members learn from your experience.
- Project Leaders: Look at the tangible items produced in your project. Are these going to be entries at the **Ventura County Fair**? Talk to members about showcasing their project learning at the Fair by entering in as many categories as eligible.



4-H Calendar

http://ceventura.ucdavis.edu/Youth_Development/4-H/NewsMain/

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: tifisher@ucanr.edu, 4-HOnline [\[mailto:no-reply@4-HOnline.com\]](mailto:mailto:no-reply@4-HOnline.com), gwvanoni@ucanr.edu and rmhaydensmith@ucanr.edu

3/3	Del Norte 4-H <i>Club Happenings</i> Article Due
3/5	Large Livestock PDC Meeting @ 4-H Office 7pm
3/10	Preliminary Presentation Day @ 4-H Office 2pm
3/14	Equine PDC Meeting @ Marie Callendars Camarillo 6pm
3/16	Equine Jumping Clinic in Agoura
3/17-19	Sustainability Camp Train the Trainer @ Hansen Ag
3/19	Tools of the Trade SET Training @ 4-H Office
3/21-22	County Presentation Day @ 4-H Office
3/21-23	California 4-H Camping Conference
3/26	4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9 th grade+)
4/21	Super Field Day Registration Deadline
4/23	New Leader Training Certification @ 4-H Office 5:30pm
5/1	All-Star Applications Due to 4-H Office
5/3	Super Field Day @ VC Fairgrounds
5/8	UCCE-VC: A Day of Service & Science @ Hansen Ag
5/12	New Leader Training Certification @ 4-H Office 6pm
5/26	4-H Office Closed for Holiday
5/28	4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9 th grade+)
5/31	State Field Day @ UC Davis

SAVE THE DATE

UCCE – Ventura County:
A Celebration of Science & Service
Thursday, May 8th
At Hansen Ag Learning Center
in Santa Paula



A hands-on day of science activities and citizen science observation opportunities.

4-H Teens Wanted—To assist in 2 hour shifts 2-6:30 p.m. Contact gwvanoni@ucanr.edu to volunteer.