

# Clover Lines

## Demonstrating 4-H Leadership

### COUNTY PRESENTATION DAY WRAP-UP

On March 21 & 22, more than 16 4-H members representing 3 clubs participated in County Presentation Day. They gave demonstrations, interpretative readings, speeches, skits, interviewed and made educational displays.

These members received the following awards:

#### Demonstrations

- Piper Snowber of Loma Vista, Primary - Ribbon
- Kitty Wagner of Loma Vista, Junior - Gold
- Allison Sim of Loma Vista, Intermediate - Blue
- Hannah Harvey of Santa Rosa Valley, Int. - Gold
- Ruby Snowber of Loma Vista, Intermediate - Gold
- Kaylee Stine of Conejo Valley, Intermediate - Gold
- Caleb Phillips of Santa Rosa Valley, Senior - Gold
- Morgan Penny of Loma Vista, Senior - Gold
- Spencer Wittrock of Loma Vista, Senior - Gold

#### Educational Display

- Audrey Hargleroad of Santa Rosa Valley, Int. - Gold
- Kai Miyashiro of Loma Vista, Intermediate - Gold

#### Interpretive Reading

- Audrey Hargleroad of Santa Rosa Valley, Intermediate - Blue
- Mandi Penny of Loma Vista, Intermediate - Gold
- Harrison Hargleroad of Santa Rosa Valley, Senior - Blue
- Malia Miyashiro of Loma Vista, Senior - Gold

#### Interview

- Jason Bellmore of Loma Vista, Senior - Gold
- Nicole Bellmore of Loma Vista, Senior - Gold
- Spencer Wittrock of Loma Vista, Senior - Gold

#### Speech

- Harrison Hargleroad of Santa Rosa Valley, Senior - Gold

#### Share-the-Fun

- Audrey Hargleroad, Harrison Hargleroad & Hannah Harvey of Santa Rosa Valley - Gold



Demonstrating Allison Sim's Skills



Caleb Phillips & assistant sum it up

#### **SECTIONAL FIELD DAY**

Members receiving a gold medal are eligible to participate in Sectional Field Day on May 17th at Mt. San Antonio College. A schedule along with additional forms are available at [http://4h.ucanr.edu/Resources/Volunteers/Councils/Sectional/South/South\\_Section\\_Field\\_Day/](http://4h.ucanr.edu/Resources/Volunteers/Councils/Sectional/South/South_Section_Field_Day/)



**A Revolution of Responsibility**

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Agriculture and Natural Resources | 4-H Youth Development Program

University of California Cooperative Extension – Ventura County

Website: <http://ceventura.ucdavis.edu>

669 County Square Dr., Suite 100, Ventura CA 93003-5401

Fax: (805) 645-1474 Phone: (805) 645-1464

# LIVE THE SEARCH 4-H SURF DAY ON JUNE 21ST

Surf, sand, sun and fun. Those will be all the things involved in the 4-H surfing day! Hi, I'm Bailey Morris, the Ventura County All-Star for 2013-2014, as well as the Healthy Living Officer for Santa Rosa Valley 4-H, and I am personally inviting YOU to join me and help me create a unforgettable All-Star Project, Live The Search 4-H Surf Day.

My All-Star project will involve ocean water pollution testing followed by a group surfing lesson for those of you who always wanted to learn how to surf, but never knew anyone to take you. For those of you who already enjoy this energizing sport, bring your surfboard and paddle out. Life guards will be provided. If there is enough interest in surfing, I will be looking

into leading a county-wide surfing project next year for intermediate and senior 4-H members.

If surfing isn't your thing feel free to boogie board, build sand castles or even lounge by the water soaking in the sun beams with your 4-H friends! The cost is only \$10 per family! This lovely event will be taking place on Saturday June 21, 2014, from 12pm to 4pm in Ventura. More details to come.

Hope to see everyone show up!! Please sign up at <http://ucanr.edu/survey/survey.cfm?surveynumber=12707>

By 6/7/14. so I know how many life guards we need. If you have any questions, please email me at [bailey.morris277@yahoo.com](mailto:bailey.morris277@yahoo.com)

## Jumping for Joy—Equine Jumping Clinic

*by Lexi Janisch, Santa Rosa Valley 4H*

On March 16, I participated in the County 4-H Equine Jumping Clinic at Katy Rishoff's barn in Agoura Hills. Nine riders from around the county learned proper position, striding, with focus on rhythm and pace.

Kathy Megla, an experienced hunter/jumper trainer was our instructor for the day. She has trained riders for the Olympic trials. We started with ground poles and worked our way up to jumps. At first the horses were nervous in a new surrounding. But Kathy helped the riders and horses relax. By the end of the day everyone was comfortable and jumping effortlessly. Kathy was a great trainer and helped us every step of the way.

Thank you Katy and Kathy!



## Calling All-Star Applicants...

If you are 14+ and have achieved your Gold or Emerald Star rank, consider applying for All-Star, Ventura County's highest star rank. (Unsure of your star rank? Check with your Club Leader.)

All-Stars act as visible 4-H members - role models for their fellow 4-H members, their county, and their community. The All-Star rank recognizes members' leadership abilities, but it is also a working honor. Besides their regular projects and activities, All Stars assist with county events, develop a plan of action, and perform service projects.

For more information and application, visit [http://ceventura.ucdavis.edu/Youth\\_Development/4-H/MemberOpps/All\\_Stars/](http://ceventura.ucdavis.edu/Youth_Development/4-H/MemberOpps/All_Stars/) Applications are due May 1st.

*May's Featured Club Happenings! will include an article from Las Posas 4-H.  
Featured Club calendar is at [http://ceventura.ucdavis.edu/Youth\\_Development/4-H/Newsletter/](http://ceventura.ucdavis.edu/Youth_Development/4-H/Newsletter/)*

# COUNCIL CORNER

Highlights from the Ventura County 4-H Council



The last meeting of the Council was on March 26th. The Council reviewed miscellaneous correspondence. Event reports were heard from the All-Stars, Super Field Day and Fashion Revue. Committee reports included Equine PDC, Family Consumer Sciences PDC and Large Livestock PDCs. Gwyn Vanoni provided the 4-H Office report that included an up-tick in Emerald Star and Revolution of Responsibility applicants and seeking volunteers for the Cooperative Extension Centennial event on May 8th. Jenean Bass talked about Council board positions and the upcoming elections. A special presentation of Fashion Revue entry show and awards was presented immediately following the meeting.

The next meeting will be **Wednesday, May 28, 2014 at 7 p.m.** at the 4-H Office in Ventura. If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at [venturaco4-Hcouncil@gmail.com](mailto:venturaco4-Hcouncil@gmail.com). Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us!

The Council's page on the VC 4-H website is [http://ceventura.ucdavis.edu/Youth\\_Development/4-H/Ventura\\_County\\_4-H\\_Council/](http://ceventura.ucdavis.edu/Youth_Development/4-H/Ventura_County_4-H_Council/)

## New Adult Volunteer Leader Certifications for Spring

Volunteering is not scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at <http://www.ca4-H.org/Administration/Policies/Chapter6/>.

Club Leader Position Description <http://www.ca4-H.org/files/4771.doc>

Activity or Event Adult Volunteer Position Description <http://www.ca4-H.org/files/4770.doc>

Project Adult Volunteer <http://www.ca4-H.org/files/4772.doc>

Resource/Key Adult Volunteer <http://www.ca4-H.org/files/4772.doc>



One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at <http://ceventura.ucdavis.edu/files/79835.doc> or in PDF format at <http://ceventura.ucdavis.edu/files/79837.pdf>

Please use the link next to the Training date below to RSVP.

**Wednesday, April 23, 2014 5:30 – 7pm\***

[http://ceventura.ucanr.edu/Families\\_-\\_Communities/4-H/?calitem=232647&q=25349](http://ceventura.ucanr.edu/Families_-_Communities/4-H/?calitem=232647&q=25349)

**Monday, May 12, 2014 6 - 7:30 pm\***

[http://ceventura.ucanr.edu/Families\\_-\\_Communities/4-H/?calitem=232648&q=25349](http://ceventura.ucanr.edu/Families_-_Communities/4-H/?calitem=232648&q=25349)

*\*Live Scan Fingerprinting has been arranged for both trainings but we need to have a minimum of 12 people committing to having their Live Scan Fingerprinting done on-site.*

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin PROMPTLY. Due to the large amount of material, participants **MUST** be on time & **MUST** attend the entire training or they will not have completed this important part of the certification process.



# Healthy Living

## #4hwaterwed

Start the New Year with a pledge to drink more water! Each Wednesday take a picture of yourself drinking water and post it to Facebook, Twitter and Instagram.



I PLEDGE MY HEALTH  
*to better living.*  
#4Hwaterwed

Be sure to #4hwaterwed to show your commitment to healthy living. For more information on the importance of hydration and ideas for your club visit:  
<http://4h.ucanr.edu/Projects/HealthyLiving/WaterForBetterLiving/>

## ORB Winners

We'd like to congratulate the following Ventura County 4-H members who completed the Online Record Book Surveys before Jan. 31st and won a gift card:

Zachary Gorman  
Shawn Rothermel  
Rebekah Gorman



### Want a chance to win?

All youth who completed the required Spark Score Questions in ORB before January 31, 2014 and who complete all the required Spark Score Questions that are available between May 1, 2014 and August 31, 2014 will receive a \$50 gift card in the fall of 2014. So make sure to log on and complete your surveys!

[http://4h.ucanr.edu/Resources/Members/RecordBook/4-H\\_ORB/](http://4h.ucanr.edu/Resources/Members/RecordBook/4-H_ORB/)

## Fashion Revue Results

On March 26, Fashion Revue judging took place concurrently with the County Council Meeting after it had been cancelled earlier in the year due to low participation. The fashion show and awards ceremony were presented immediately following the Council Business meeting.

Participating members were:

- Piper Snowber, Primary Upcycled—Ribbon
- Ruby Snowber, Junior Upcycled—Gold
- Megan Hassien, \$40 Challenge—Gold
- Amanda Drews, Senior Traditional—Gold

Members who competed received a gold medal are eligible to participate in the Sectional and State Fashion Revue events.



Fashion Revue participants will also be showing off their wears at Super Field Day on May 3rd in the Speakers Corner.

## Clover Safe Notes

### Clover Safe Notes Spotlight for April: IMPORTANCE OF WASHING HANDS (Note #92).

Unfortunately, the flu season is not over here in California according to the Center for Disease Control. That makes washing your hands frequently and well critically important.



Clover Safe Notes can be reviewed and printed from the UCANR website at [http://safety.ucanr.org/4-H\\_Resources/Clover\\_Safe\\_Notes\\_by\\_Number/](http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/)

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.



# UCCE Ventura County & Hansen REC

## *A Celebration of Science & Service*

*Join us at a special event to celebrate Cooperative Extension's 100 year Anniversary.*

**Be a scientist for a day—enjoy fun hands-on activities at the Hansen REC.**

**Date:** Thursday, May 8, 2014

**Time:** 9 a.m. to 5 p.m.

**Location:** UC Hansen Agricultural Research &  
Extension Center  
14292 W. Telegraph Rd.  
Santa Paula, CA 93060  
(corner of Briggs Rd. & Telegraph Rd.)

**Registration:** [http://ceventura.ucanr.edu/ANR\\_Centennial/](http://ceventura.ucanr.edu/ANR_Centennial/)  
or call 805-645-1464

**Cost:** **Event and parking are free**  
(parking accessed from Briggs Road)

**Food is not available for purchase. Participants may bring a snack from home to enjoy on picnic tables.**



### **A Day of Science and Fun:**

Age appropriate hands-on youth activities will spark interests in water, food, and pollinators at the farm and at home.

**Preschool Open House** 9–11 a.m.

**School-age Youth Open House** 11 a.m.- 2 p.m.

**Community Welcome** 2 -5 p.m.

Tour the gardens and see the UC Hansen Agricultural Research and Extension Center

**Citizen Science** all day

Youth and adults are encouraged to participate in a state-wide scientific research opportunity.

**Seeking 4-H volunteers (adults & youth) to help make this day amazing. Please visit <http://ucanr.edu/survey/survey.cfm?surveynumber=12474>**



University of California  
Division of Agriculture and  
Natural Resources



Research and Extension Center System



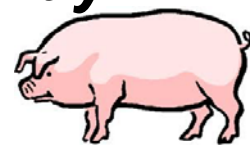




# Ventura County 4-H Super Field Day

## Saturday, May 3, 2014

### 9 am to 2 pm



## Ventura County Fairgrounds



*Rabbits, Cavies, Dogs, Poultry, Dairy Goats, Pygmy Goats, Lambs, Swine, Beef, Photography, Cake Decorating, Cooking*

*This is your opportunity to learn, practice, lead, show, compete and win medals and ribbons in several projects.*

**Rabbits** – bring your rabbit to practice and compete in showmanship, test your knowledge, compete with your trained rabbit on the hopping course. Stay for the hopping workshop.

**Cavy** – bring your cavy to practice and compete in showmanship; test your knowledge on cavies and animal ID.

**Dairy goats** – make a poster and test your knowledge.

**Poultry** – bring your poultry to practice and compete in showmanship, test your knowledge on poultry and ID. Also have fun with your chicken in our new obstacle course.

**Dog** – bring your dog and crate. Show your favorite dog trick. Earn your CGC. NEW this year!

**Pygmy goats** – bring your goats to practice showmanship, test pygmy goat knowledge and watch hoof care demo.

**Lambs** – leave your lambs at home, just come to participate in fun activities and test your knowledge.

**Swine** – please put together teams of 4 and sign up to participate in Ventura County 4-H's 2nd Annual Swine Bowl! Teams will be contacted with additional information.

**Beef** – don't have a cow, just come down to test your knowledge on beef.

**Cupcake Wars** – who can come up with the most creative cupcake on the spot? Come decorate a cupcake and see who wins! Cupcakes and supplies provided.

**Horse** – cantor over and test your equine knowledge.

**Iron Chef** – please participate in our lunchtime show – the Iron Chef competition for members in foods/cooking projects. Teams of 4 will create a gluten-free meal in less than one hour. Dishes will be judged and awards given – don't miss it! Teams will be contacted with more details.

**Speaker's Corner** – this is your opportunity to make a presentation for your Record Book or proficiency requirement. No time slots; come over when you are ready.

**Uniform Exchange** – bring outgrown 4-H uniforms to pass along to others. Maybe you will find some for yourself, too!

**Silent Auction** – Come and bid on wonderful items to raise money for the Small Animal belt buckles at the fair.

*Please collect items for the Silent Auction from merchants/vendors you use.*

**Club Spirit** – please wear club t-shirts and show your club spirit. Must wear uniform for showmanship competitions.

**Posters** – make an educational poster for any of the above projects to compete for a medal.

**Photography** – here's your chance to enter your 5x7 to 8x10 mounted creations.

**Record Books** – this counts as a County event.

**Prepaid Lunch**—Subway sandwiches (\$6 each) served at 12 noon.

**Passport** – Take your "passport" to each section for a stamp.



Registration is now available at <https://ucanr.edu/survey/survey.cfm?surveynumber=10375>  
See registration form for all the details. Please register by April 21, 2014.



## 4-H Engineering and Technology Showcase May 31, 2014, 9:00am - 4:00pm, UC Davis

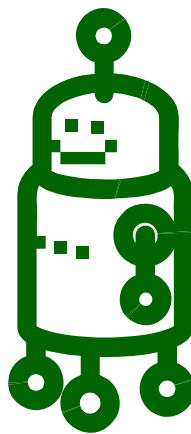
*Financially supported by Lockheed Martin*

Learn more and register at <http://ucanr.edu/fieldday>

Share knowledge, interact with youth and adults, and engage people in new activities! The showcase will feature robotics, woodworking, rocketry, gis/gps, engines, computers, automotive, farm machinery, and more. Youth exhibiting are eligible for a "4-H engineering" pin. Sign-up to exhibit!

### Interested in something special?

Do you want to lead a robotics project next year? Tell us the type of training you want: Lego Mindstorm, Junk Drawer Robotics, or other? Is your 4-H Junk Drawer Robotics project willing to participate in a 4-H research project looking at what youth learn in robotics projects? The State 4-H Robotics Staff/Committee are looking to see how they might fit your needs better, specifically for Fall workshops and opportunities. If you have input, please email Gwyn Vanoni at [gwvanoni@ucanr.edu](mailto:gwvanoni@ucanr.edu) by May 1 to be compiled and forwarded to this committee.



## 4-H Library

### Health Rocks!

*Health Rocks!*<sup>®</sup> is curricula for a healthy living program targeted at young people ages 8 to 14. Teen and adult facilitators share hands-on activities that educate youth on the consequences of tobacco, alcohol and drug use.



Analysis from 2011 shows that the *Health Rocks!* program was highly successful in educating youth.

- ⇒ 96% of youth participants gained increased knowledge of the risks and consequences associated with tobacco usage
- ⇒ 93% of youth participants gained increased knowledge about other risky behaviors
- ⇒ 95% of youth participants learned social personal, social and/or resistance skills
- ⇒ 96% of youth participants said that they personally disapprove of tobacco products

**Health Rocks! Carnival**— A new interactive learning game called [\*Health Rocks! Carnival\*](#) is now available for free download through iTunes or as a desktop version on 4-H.org to enhance youth learning in the *Health Rocks!* curricula.

## 4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 ■ Fax (805) 645-1474

**Tisha Fisher** (805) 645-1464

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Clover Lines* Editor

E-mail: [tifisher@ucanr.edu](mailto:tifisher@ucanr.edu)

**Gwyn Vanoni** (805) 645-1482

4-H Program Representative - Military 4-H Liaison, Council & Leader Support

Email: [gwvanoni@ucanr.edu](mailto:gwvanoni@ucanr.edu)

**Rose Hayden-Smith** (805) 645-1466

Strategic Initiative Leader, Sustainable Food Systems; 4-H Youth, Family and Community Development Advisor; Food and Society Policy Fellow

E-mail: [rmhaydensmith@ucanr.edu](mailto:rmhaydensmith@ucanr.edu)

### CLOVER LINES ARTICLE SUBMISSIONS:

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to [CloverLines@ucdavis.edu](mailto:CloverLines@ucdavis.edu)

### DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.

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# April 2014

It's that time of year...

- In most clubs, it's time for **officer nominations** in either April or May. See the most recent post on the Club Leadership Blog for tips on nominations. [http://ceventura.ucanr.edu/Families\\_-\\_Communities/4-H/Member\\_Opportunities/Youth\\_Lead/](http://ceventura.ucanr.edu/Families_-_Communities/4-H/Member_Opportunities/Youth_Lead/)
- To review your records to ensure that completing your Record Book will be a piece of cake. To make it even easier, come to the **Record Book Workshop** on April 30th, 6-8 pm at the 4-H Office. Registration is available at <http://ucanr.edu/survey/survey.cfm?surveynumber=12653>
- Help spread the word about UCCE's **Centennial Event: Day of Service & Science** on May 8th. The day when everyone can be a scientist. See page 5 or visit [http://ceventura.ucanr.edu/ANR\\_Centennial/](http://ceventura.ucanr.edu/ANR_Centennial/)
- Reconnect with 4-H on **Facebook**. Forward interesting pictures and stories to either Gwyn Vanoni at the 4-H Office [gwvanoni@ucanr.edu](mailto:gwvanoni@ucanr.edu) or Jenean Bass, Council President at [venturaco4-Hcouncil@gmail.com](mailto:venturaco4-Hcouncil@gmail.com)
- Plan your **Spring calendar**. There are a lot of events and activities coming up in the next few months. Be sure to mark your calendars and register early. Visit the 4-H online calendar and use the iCalendar tools for easy reminders. [http://ceventura.ucanr.edu/Families\\_-\\_Communities/4-H/?calendar=yes&g=25349](http://ceventura.ucanr.edu/Families_-_Communities/4-H/?calendar=yes&g=25349)



## 4-H Calendar

[http://ceventura.ucdavis.edu/Youth\\_Development/4-H/NewsMain/](http://ceventura.ucdavis.edu/Youth_Development/4-H/NewsMain/)

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: [tifisher@ucanr.edu](mailto:tifisher@ucanr.edu), 4-HOnline [\[mailto:no-reply@4-HOnline.com\]](mailto:[mailto:no-reply@4-HOnline.com]), [gwvanoni@ucanr.edu](mailto:gwvanoni@ucanr.edu) and [rmhaydensmith@ucanr.edu](mailto:rmhaydensmith@ucanr.edu)

4/5	Fair Tagging Day—Steer	5/31	State Field Day @ UC Davis
4/7	Las Posas <i>Club Happenings</i> Article Due	5/31	Fair Tagging Day—Goat, Lamb & Swine DNA Pick-up
4/13	Equine Drill Team Clinic @ VC Fairgrounds	6/7	Quality Assurance Meeting @ VC Fairgrounds 9am
4/13	Equine PDC Meeting following Clinic @ VC Fairgrounds	6/8	Equine Field Day @ VC Fairgrounds 8-1
4/21	Super Field Day Registration Deadline	6/21	All-Star Surf Day
4/22	UCCE Presentation to County Board of Supervisors	6/25	4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9 <sup>th</sup> grade+)
4/23	New Leader Training Certification @ 4-H Office 5:30pm		
4/30	Record Book Workshop @ 4-H Office 6-8pm		
4/30	Large Livestock PDC Meeting @ 4-H Office 7pm		
5/1	All-Star Applications Due to 4-H Office		
5/3	Fair Tagging Day—Replacement Heifer		
5/3	Quality Assurance Meeting @ VC Fairgrounds 11am		
5/3	Super Field Day @ VC Fairgrounds		
5/8	UCCE-VC: A Day of Service & Science @ Hansen Ag		
5/12	New Leader Training Certification @ 4-H Office 6pm		
5/17	Quality Assurance Meeting @ VC Fairgrounds 10am		
5/17	Sectional Field Day @ Mt. SAC in Walnut		
5/18	Equine Gymkhana Clinic @ VC Fairgrounds 8-1		
5/26	4-H Office Closed for Holiday		
5/28	4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9 <sup>th</sup> grade+)		

### SAVE THE DATE

**UCCE – Ventura County:**  
**A Celebration of Science & Service**  
**Thursday, May 8th**  
**At Hansen Ag Research Ext Center**  
**in Santa Paula**



**4-H Volunteers Wanted—**  
<http://ucanr.edu/survey/survey.cfm?surveynumber=12474>