

Clover Lines

4-H Office Changes

As many of you know, Tisha Fisher's last day with the 4-H Office was September 24th. In her nearly 7 years at the 4-H Office, she served as the primary 4-H staff contact for most members and volunteers. She has taken a promotion with the County CEO's office and we wish her the best of all things in her new position.

In the meantime, there will be limited staffing at the 4-H Office. Please bear with us during this transition:

- The hours of operation for University of California Cooperative Extension office, which includes the 4-H Office, will be changing to Monday through Thursday 9 am to 5 pm.
- We will be working to field emails and voicemails, usually handled by Tisha, but it may take up to 2 business days to receive a response.
- If you are going to be picking something up at the 4-H Office please call or email 2 days ahead so that your materials can be prepped.
- Additional UCCE staff may be helping to address some of the additional workload during the interim. Please be patient as they are familiar with UCCE, but may not be well versed in 4-H.
- Please access other resources for information, including the VC 4-H website at ceventura.ucanr.edu/Families_-_Communities/4-H/

When the new staff is hired, they will be a UCCE employee and the scope of the position will be changing to match a Ventura County UCCE re-organization plan already underway.

Thank you in advance for your patience and understanding. It is greatly appreciated.

Members, leaders & parents:



Tisha's Farewell

Wednesday, Oct. 22, 2014
6 pm (just before County Council)
at the 4-H Office

Light refreshments will be served.
No RSVP needed.



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...for the next 100 years

University of California

Agriculture and Natural Resources | 4-H Youth Development Program

University of California Cooperative Extension – Ventura County

Website: <http://ceventura.ucdavis.edu>

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Featured Club Happenings!

Santa Rosa Valley 4-H

Co-Presidents-Grace Van Splinter & Elizabeth Paxson; Vice President Caleb Phillips

By Grace Van Splinter

Santa Rosa Valley 4-H has about 100 participating members with extraordinary leadership and supporting families. Our year was filled with various projects ranging from livestock to rifle safety to Bees. Thanks to our 30 certified volunteer leaders we are able to offer a wide range of projects. Many of our projects concluded at the fair where we were able to see all of our friends.

In addition, our club had many opportunities to give back to our community. Some of the highlights of our community services included, helping coordinate the Ribbon Cutting event for the Santa Rosa County Regional Park, Ride On Open House and Hope's Picnic Benefit. At these events our members brought their animals to show and demonstrate to the public.

We also participated in Operation Gratitude, California Coastal Clean Up and Trick or Treat so Others Can Eat. At the beginning of the year, our board challenged our members to complete at least 15 hours of 4-H planned/sponsored community service and we are proud to say that 41 of our members met that challenge.

Our club holds nine meetings a year which are filled with featured project presentations like steer showmanship and pygmy goat costume parade. Our meetings have guest speakers like a Dog CPR demo and one of our previous club member came in his full Navy uniform to talk about his experiences. And we usually have lively activities like a water balloon toss. This past year 38 of our dedicated members received 100% attendance pin for our monthly club meetings.

We look forward to this upcoming 2014-2015 4-H year, which will create new opportunities for members to serve the community and serve others through learning and teamwork!



Above: Santa Rosa Valley 4-H gathered in the stands at 4-H Fair Awards Ceremony. Below: The club board lines up for leadership.

Featured Clubs for November are Sespe 4-H & Somis 4-H
Featured Club calendar is at http://ceventura.ucanr.edu/Families_-_Communities/4-H/Newsletter/

EMERALD STAR PROJECT

4-H Horse Classic & Clinic

By Elizabeth Paxson, Santa Rosa Valley 4-H & All-Star

For my Emerald star project I gave a showmanship clinic at the California State 4-H Horse Classic in Elk Grove California. The State Classic is where the class winners from their local county fair have a chance to compete against other winners of the same class from all over California.

My favorite event is showmanship, and for my Emerald Star project I gave an interactive clinic on how to do equine showmanship with my horse Romeo. I won the Senior English and Senior

Western showmanship at the State Classic last year, as well as the All-Around Senior Western rider. This year I decided not to show at the Classic, but just to go up and help other 4-Hers with their showmanship skills.

My clinic was an interactive clinic with horses and exhibitors. We talked about the differences between a regular showmanship pattern and one that would win. We talked about how to improve all the parts of the pattern and how to fix problems at home.

The areas I concentrated on were the 4 positions you should be in as the judge moves around the horse, the set up, the pivot, the back-up, the walk and the trot. Everyone got to run through several patterns. I gave each handler things to work on to improve their showmanship skills. My video explains and gives example of the differences between a winning pattern and one that needs improvement. You can get a DVD from me by email: ecpaxson@roadrunner.com



ROCKETS TO THE RESCUE

Science Night will be October 15th

Join us for this free event at the 4-H Office beginning at 6:30 p.m. Register at <http://ucanr.edu/survey/survey.cfm?surveynumber=13777>

Youth will conduct the *Rockets to the Rescue* experiment as part of 4-H National Youth Science Day (NYSD), the world's largest youth-led science experiment. The activity combines two 4-H issue areas—science and food security—and incorporates aerospace engineering concepts to help youth design a rocket out of everyday materials, including recyclable two-liter bottles (please bring some, the curvy Coca-Cola type work best), cotton balls, pipe cleaners, rubber bands and a protractor.

Members will design and build an aerodynamic craft designed to deliver a payload of food to natural disaster victims and will respond to a fictional scenario: A natural disaster has left people without food on a remote, isolated Pacific island, and the youth have been asked to build a rocket that can be launched from the mainland, travel over the ocean and deliver high-energy food to the population.

4-H NYSD is an interactive learning experience that gets youth excited about science, technology, engineering and mathematics (STEM), and spotlights the many ways millions of youth are engaging in 4-H Science programs year-round.



4-H Surf Day Recap

by Bailey Morris, Ventura County All-Star

On Saturday June 21, 2014, I hosted my All-star project. It was a 4-H Surf Day at Mondo's Beach north of Ventura. The turn out came out to be 9 kids, from 5 clubs which was perfect.

We had a licensed county lifeguard there swimming with the kids, and also giving some surfing tips. For a lot of the kids this was a chance to practice and for a couple it was their first time trying to surf. After we surfed for three hours we did a science project with the ocean. We tested the wind, the weather, the water salinity, clarity using a sucky disk and the Ph.

I think that everyone who came to surf day had a good time, aside from surfing we got and to meet new people. I would especially like to thank my All-Star advisor, Monica Stanley for her help in planning the event and loaning surf boards,



and also Mr. & Mrs. Linehan from Conejo Valley 4-H for loaning additional surf boards.

For those of you who missed 4-H Surf Day and want to surf, please email the 4-H office because if enough people want to surf, we can make a countywide surfing project this year.

New Adult Volunteer Leader Certification Oct. 6th

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at <http://www.ca4-H.org/Administration/Policies/Chapter6/>.

Club Leader Position Description <http://www.ca4-H.org/files/4771.doc>

Activity or Event Adult Volunteer Position Description <http://www.ca4-H.org/files/4770.doc>

Project Adult Volunteer <http://www.ca4-H.org/files/4772.doc>

Resource/Key Adult Volunteer <http://www.ca4-H.org/files/4772.doc>

One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at <http://ceventura.ucdavis.edu/files/79835.doc> or in PDF format at <http://ceventura.ucdavis.edu/files/79837.pdf>

Please use the link next to the Training date below to RSVP. Provided minimum reservations are met, Live Scan will be available for 1 hour prior to the training.

Monday, October 6, 6:30 to 8:00 p.m.

<http://ucanr.edu/survey/survey.cfm?surveynumber=13608>

Livescan is not available to do fingerprinting at this training.

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin PROMPTLY. Due to the large amount of material, participants **MUST** be on time & **MUST** attend the entire training or they will not have completed this important part of the certification process.



SAVE THE DATE

Food Faire & Fashion Revue

February 28, 2015 1-5 p.m.

Sacred Heart Church, Ventura

Look for additional event information in the November/December CloverLines, including categories and events. State Fashion Revue information is available for review at http://4h.ucanr.edu/4-H_Events/SFD/SFR/

Online event registration will be due December 10th.

Food Faire: <http://ucanr.edu/survey/survey.cfm?surveynumber=13775>

Fashion Revue: <http://ucanr.edu/survey/survey.cfm?surveynumber=13776>



Clover Safe Notes

Clover Safe Notes Spotlight for October: MICROWAVE SAFETY (Note #38). As the weather turns cooler, it's nice to warm up a healthy drink or snack. Remembering safety is always important. This one page sheet walks through the safety in using this essential kitchen appliance. It's great for Foods projects or just general knowledge.

Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.



Healthy Living

National Cyber Security Awareness Month: October 2014

4-H National Headquarters is a member of the Department of Homeland Security "Stop. Think. Connect" cybersafety campaign. National Cyber Security Awareness Month is designed to engage and educate public and private sector partners through events and initiatives with the goal of raising awareness about cybersecurity and increasing the resiliency of the nation in the event of a cyber incident.

When sharing cybersafety tips with members, here are key concepts to focus on:

- It is essential that members understand and commit to **not sharing** personal information with anyone they meet online. This includes their real name, address, phone number, financial information, school name, passwords, or other private information.
- Reinforce that children should **talk openly** with their parents or guardian about what they see online and should always tell them if anyone asks for personal information or makes them feel uncomfortable.
- Members must commit to follow the family and school **rules** set up to keep everyone safe while online.

See more at: <http://www.staysafeonline.org/>



COUNCIL CORNER

Highlights from the Ventura County 4-H Council



The next meeting will be **Wednesday, October 22, 2014 at 7 p.m.** at the 4-H Office in Ventura.

If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at venturaco4-Hcouncil@gmail.com. Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us!

The Council's page on the VC 4-H website is http://ceventura.ucdavis.edu/Youth_Development/4-H/Ventura_County_4-H_Council/

SAVE THE DATE

Awards Night

November 6, 2014



County Record Book Awards, Club Charter Seals and many other accomplishments will be recognized at this year's Ventura County 4-H Awards Night.

Additionally, there will be an ice cream social for a small fee. It will be Thursday, November 6 at 6:30 p.m. at the Wright Event Center at, 57 Day Road in Ventura.

Please RSVP at <http://ucanr.edu/survey/survey.cfm?surveynumber=13822> by 11/1 so we can secure enough dessert.

TRICK OR TREAT SO OTHERS CAN EAT

Kick Off Event October 2nd



FOODShare is inviting all 4-H members to a KICK OFF party at FOODshare on Thursday, October 2nd, from 5-6:30 PM.

Please join us for this wonderful tour of FOODshare, and learn what they do and how our donations go to help those in our community. We will even have a chance to sort apples! If you can join us, please RSVP as soon as possible at totsoce@gmail.com

For more information about Trick Or Treat So Others Can Eat, visit [http://ceventura.ucanr.edu/Families - Communities/4-H/Trick or Treat So Others Can Eat TOTSOCE/](http://ceventura.ucanr.edu/Families_-_Communities/4-H/Trick_or_Treat_So_Others_Can_Eat_TOTSOCE/)

Animal Projects: Laws for Keeping Animals at Home

Each City has its own zoning regulations and policies governing animals.

Unincorporated areas fall under the purview of the County of Ventura government. It is the responsibility of the 4-H member and his/her family to determine whether their community permits animal projects and what limitations and/or requirements may be. You will need to contact your City of residence or the *County of Ventura Resource Management Agency* if you live in an unincorporated area.





Sustainable YOU! Train-the-Trainer

Saturday, Nov. 1 9-3 in Santa Paula

<http://ucanr.edu/survey/survey.cfm?surveynumber=13788>

This is a leader training for Sustainable You!, An interactive curriculum for youth. Developed by Utah State University Extension Sustainability and designed as a 4-H summer camp program for kids. Incorporates major themes: Air, Energy, Water, Food, and Land



PBS: SciGirls

<http://scigirlsconnect.org/>

The PBS program SciGirls is inviting groups to be partners and to receive training workshops to engage girls in STEM. Several years ago under a NIFA grant funding to SciGirls, several LGU 4-H programs participated in SciGirls training. Although the programs are targeted to increase the number of girls engaged in STEM, boys can get involved, too.

Earth Science Week, October 12-18, 2014

<http://www.earthsciweek.org/>

“Earth’s Connected Systems”

Take part in Earth Science Week 2014 that will promote awareness of the dynamic interactions of the planet’s natural and human systems.

4-H Library

KITS... MORE THAN CURRICULM

The 4-H Library lends out lots of great curriculum on everything from consumer education to photography to dairy goats. But did you know we also have kits?

Kits are good for providing an activity for a group with minimal preparation. Most kits can serve a project or a club.

Luminary Kit—All you need is tin cans. What a great way to upcycle! Plus it’s perfect for Fall.

Maps & Apps—Plan your perfect community. This kit includes workbooks for to extend the activity into a 6-hour project or a condensed project that can be done in an hour or so.

4-H Office

The 4-H Office is open (except for designated Holidays) Monday through Thursday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 ■ Fax (805) 645-1474

Vacant

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information

Gwyn Vanoni (805) 645-1482

4-H Program Representative - Military 4-H Liaison, Council & Leader Support
Email: gwanoni@ucanr.edu

Rose Hayden-Smith (805) 645-1466

Strategic Initiative Leader, Sustainable Food Systems; 4-H Youth, Family and Community Development Advisor; Food and Society Policy Fellow
E-mail: rmhaydensmith@ucanr.edu

CLOVER LINES ARTICLE SUBMISSIONS:

It is best to e-mail articles about your Group’s activities and events to the 4-H Office. Please e-mail your articles to CloverLines@ucdavis.edu

DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH’S ISSUE.

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October 2014

It's that time of year...

As the 2014-15 4-H year gets underway, there are a few resources to review to ensure a wonderful year for all members, leaders, parents and other volunteers.

- **Code of Conducts**
 - Adult Volunteer <http://www.ca4h.org/files/16404.pdf>
 - Youth <http://www.ca4h.org/files/4715.pdf>
 - Parent/Guardian <http://4h.ucanr.edu/files/187920.pdf>
- **Liability Insurance Q&A**
<http://ucanr.org/sites/risk/files/23991.pdf>
- **Animal Project Commitment**
<http://ceventura.ucanr.edu/files/173596.pdf>
- **Project Leaders Digest**
<http://www.ca4h.org/files/4462.pdf>
- **Jr/Teen Leaders**
<http://4h.ucanr.edu/Programs/Clubs/JuniorTeenLeaders/>
- **VC 4-H Calendar**—Use iCalendar or email reminders to keep track of events
http://ceventura.ucanr.edu/Families_-_Communities/4-H/NewsMain/



4-H Calendar

VC 4-H Calendar Online

http://ceventura.ucdavis.edu/Youth_Development/4-H/

Make reservations or use the iCalendar reminder option with all the information on the online 4-H Calendar

- 10/1 Quick Record Book Online Course Completion Deadline for State Record Book Competition
- 10/2 Trick Or Treat So Others Can Eat Kick-Off Event @ FOODShare in Oxnard
- 10/6 New Leader Training Certification @ 4-H Office 6:30 pm
- 10/8 Large Livestock PDC meeting @ 4-H Office 7 pm
- 10/5-11 National 4-H Week
- 10/15 Science Night-Rockets @ 4-H Office 6:30 pm
- 10/22 Tisha Fisher Farewell @ 4-H Office 6 pm
- 10/22 4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9th grade+)
- 11/1 Sustainable YOU! Train-the-Trainer Workshop 9-3 in Santa Paula
- 11/1 Awards Night Registration Due
- 11/3 Sespe & Somis 4-H *Featured Happenings* Articles Due
- 11/6 Awards Night @ Wright Center Ventura 6:30 pm

- 11/11 4-H Office Closed for Holiday
- 11/14-16 State Leaders Forum in Sacramento
- 11/27-28 4-H Office Closed for Holiday
- 12/10 Food Faire/Fashion Revue Entry Deadline
- 12/20-1/4 4-H Office Closed for Holidays & Remodel
- 12/31 Project Enrollment Deadlines
- 1/16-18 Teen Involvement Conference @ Pathfinder Ranch
- 1/28 4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9th grade+)
- 2/28 Food Faire/Fashion Revue @ Sacred Heart Ventura 1-5



Celebrate Ventura County 4-H

National 4-H Week

October 5-11, 2014

Express your 4-H pride with this year's theme, "#iam4H."

From October 5 - 11 post a picture of yourself with your #iam4H sign, which can be downloaded at the link below. Share your 4-H pride photo on Facebook, Twitter or Instagram, along with the #iam4H and #4HWeek hashtags.