Lover

4-H Office Changes

As many of you know, Tisha Fisher's last day with the 4-H Office was September 24th. In her nearly 7 years at the 4-H Office, she served as the primary 4-H staff contact for most members and volunteers. She has taken a promotion with the County CEO's office and we wish her the best of all things in her new position.

In the meantime, there will be limited staffing at the 4-H Office. Please bear with us during this transition:

- The hours of operation for University of California Cooperative Extension office, which includes the 4-H Office, will be changing to Monday through Thursday 9 am to 5 pm.
- We will be working to field emails and voicemails, usually handled by Tisha, but it may take up to 2 business days to receive a response.
- If you are going to be picking something up at the 4-H Office please call or email 2 days ahead so that your materials can be prepped.
- Additional UCCE staff may be helping to address some of the additional workload during the interim. Please be patient as they are familiar with UCCE, but may not be well versed in 4-H.
- Please access other resources for information, including the VC 4-H website at ceventura.ucanr.edu/Families - Communities/4-H/

When the new staff is hired, they will be a UCCE employee and the scope of the position will be changing to match a Ventura County UCCE reorganization plan already underway.

Thank you in advance for your patience and understanding. It is greatly appreciated.





A Revolution of Responsibility

...for the next 100 years

Website: http://ceventura.ucdavis.edu

University of California Cooperative Extension – Ventura County

Featured Club Happenings!

Santa Rosa Valley 4-H

Co-Presidents-Grace Van Splinter & Elizabeth Paxson; Vice President Caleb Phillips

By Grace Van Splinter
Santa Rosa Valley 4-H has about 100
participating members with extraordinary leadership and supporting families.
Our year was filled with various projects ranging from livestock to rifle safety to Bees. Thanks to our 30 certified volunteer leaders we are able to offer a wide range of projects. Many of our projects concluded at the fair where we were able to see all of our friends.

In addition, our club had many opportunities to give back to our community. Some of the highlights of our community services included, helping coordinate the Ribbon Cutting event for the Santa Rosa County Regional Park, Ride On Open House and Hope's Picnic Benefit. At these events our members brought their animals to show and demonstrate to the public.

We also participated in Operation Gratitude, California Coastal Clean Up and Trick or Treat so Others Can Eat. At the beginning of the year, our board challenged our members to complete at least 15 hours of 4-H planned/sponsored



Above: Santa Rosa Valley 4-H gathered in the stands at 4-H Fair Awards Ceremony. Below: The club board lines up for leadership.

least 15 hours of 4-H planned/sponsored community service and we are proud to say that 41 of our members met that challenge.

Our club holds nine meetings a year which are filled with featured project presentations like steer showmanship and pygmy goat costume parade. Our meetings have guest speakers like a Dog CPR demo and one of our previous club member came in his full Navy uniform to talk about his experiences. And we usually have lively activities like a water balloon toss. This past year 38 of our dedicated members received 100% attendance pin for our monthly club meetings.

We look forward to this upcoming 2014-2015 4-H year, which will create new opportunities for members to serve the community and serve others through learning and teamwork!

Featured Clubs for November are Sespe 4-H & Somis 4-H
Featured Club calendar is at http://ceventura.ucanr.edu/Families_-_Communities/4-H/Newsletter/

OCTOBER 2014 CLOVER LINES PG. 2

EMERALD STAR PROJECT

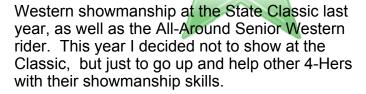
4-H Horse Classic & Clinic

By Elizabeth Paxson, Santa Rosa Valley 4-H & All-Star

For my Emerald star project I gave a showmanship clinic at the California State 4-H Horse Classic in Elk Grove California. The State Classic is where the class winners from their local county fair have a chance to compete against other winners of the same class from all over California.

My favorite event is showmanship, and for my Emerald Star project I gave an interactive clinic Romeo. I won the Senior English and Senior

on how to do equine showmanship with my horse



My clinic was an interactive clinic with horses and exhibitors. We talked about the differences between a regular showmanship pattern and one that would win. We talked about how to improve all the parts of the pattern and how to fix problems at home.

The areas I concentrated on were the 4 positions you should be in as the judge moves around the horse, the set up, the pivot, the back-up, the walk and the trot. Everyone got to run through several patterns. I gave each handler things to work on to improve their showmanship skills. My video explains and gives example of the differences between a wining pattern and one that needs improvement. You can get a DVD from me by email: ecpaxson@roadrunner.com



ROCKETS TO THE RESCUE Science Night will be October 15th

Join us for this free event at the 4-H Office beginning at 6:30 p.m. Register at http://ucanr.edu/survey/survey.cfm?surveynumber=13777

Youth will conduct the Rockets to the Rescue experiment as part of 4-H National Youth Science Day (NYSD), the world's largest youth-led science experiment. The activity combines two 4-H issue areas—science and food security—and incorporates aerospace engineering concepts to help youth design a rocket out of everyday materials. including recyclable two-liter bottles (please bring some, the curvy Coca-Cola type work best), cotton balls, pipe cleaners, rubber bands and a protractor.

Members will design and build an aerodynamic craft designed to deliver a payload of food to natural disaster victims and will respond to a fictional scenario: A natural disaster has left people without food on a remote, isolated Pacific island, and the youth have been asked to build a rocket that can be launched from the mainland, travel over the ocean and deliver high-energy food to the population.

4-H NYSD is an interactive learning experience that gets youth excited about science, technology, engineering and mathematics (STEM), and spotlights the many ways millions of youth are engaging in 4-H Science programs year-round.

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4-H Surf Day Recap

by Bailey Morris, Ventura County All-Star

On Saturday June 21, 2014, I hosted my All-star project. It was a 4-H Surf Day at Mondo's Beach north of Ventura. The turn out came out to be 9 kids, from 5 clubs which was perfect.

We had a licensed county lifequard there swimming with the kids, and also giving some surfing tips. For a lot of the kids this was a chance to practice and for a couple it was their first time trying to surf. After we surfed for three hours we did a science project with the ocean. We tested the wind, the weather, the water salinity, clarity using a sucky disk and the Ph.

I think that everyone who came to surf day had a good time, aside from surfing we got and to my All-Star advisor, Monica Stanley for her help in planning the event and loaning surf boards.



and also Mr. & Mrs. Linehan from Conejo Valley 4-H for loaning additional surf boards.

For those of you who missed 4-H Surf Day and meet new people. I would especially like to thank want to surf, please email the 4-H office because if enough people want to surf, we can make a countywide surfing project this year.

> WHEREPIL BE THERE

New Adult Volunteer Leader Certification Oct. 6th

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at http://www.ca4-H.org/Administration/Policies/Chapter6/.

Club Leader Position Description http://www.ca4-H.org/files/4771.doc

Activity or Event Adult Volunteer Position Description http://www.ca4-H.org/files/4770.doc

Project Adult Volunteer http://www.ca4-H.org/files/4772.doc

Resource/Key Adult Volunteer http://www.ca4-H.org/files/4772.doc

One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at http:// ceventura.ucdavis.edu/files/79835.doc or in PDF format at http://ceventura.ucdavis.edu/files/79837.pdf

Please use the link next to the Training date below to RSVP. Provided minimum reservations are met, Live Scan will be available for 1 hour prior to the training.

Monday, October 6, 6:30 to 8:00 p.m.

http://ucanr.edu/survev/survev.cfm?survevnumber=13608

Livescan is not available to do fingerprinting at this training.

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin PROMPT-

LY. Due to the large amount of material, participants **MUST** be on time & MUST attend the entire training or they will not have completed this important part of the certification process.

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SAVE THE DATE

Food Faire & Fashion Revue

February 28, 2015 1-5 p.m.

Sacred Heart Church, Ventura

Look for additional event information in the November/December CloverLines, including categories and events. State Fashion Revue information is

available for review at http://4h.ucanr.edu/4-H Events/SFD/SFR/

Online event registration will be due December 10th.

Food Faire: http://ucanr.edu/survey/survey.cfm

surveynumber=13775

Fashion Revue: http://ucanr.edu/survey/

survey.cfm?surveynumber=1377

Clover Safe Notes

Clover Safe Notes Spotlight for October: MICROWAVE SAFETY (Note #38). As the weather turns cooler, it's nice to warm up a healthy drink or snack. Remembering safety is always important. This one page sheet walks through the safety in using this essential kitchen appliance. It's great for Foods projects or just general knowledge.

Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.org/4-H_Resources/ Clover Safe Notes by Number/

The website has safety training and safety coordinator resources on this



page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.



National Cyber Security Awareness Month: October 2014

4-H National Headquarters is a member of the Department of Homeland Security "Stop. Think. Connect" cybersafety campaign. National Cyber Security Awareness Month is designed to engage and educate public and private sector partners through events and initiatives with the goal of raising awareness about cybersecurity and increasing the resiliency of the nation in the event of a cyber incident.

When sharing cybersafety tips with members, here are key concepts to focus on:

- It is essential that members understand and commit to **not sharing** personal information with anyone they meet online. This includes their real name, address, phone number, financial information, school name, passwords, or other private information.
- Reinforce that children should talk openly with their parents or guardian about what they see
 online and should always tell them if anyone asks for personal information or makes
 them feel uncomfortable.
- Members must commit to follow the family and school rules set up to keep everyone safe while online.

See more at: http://www.staysafeonline.org/



COUNCIL CORNER

Highlights from the Ventura County 4-H Council

The next meeting will be Wednesday, October 22, 2014 at 7 p.m. at the 4-H Office in Ventura.

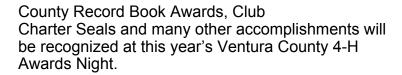
If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at venturaco4-Hcouncil@gmail.com. Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us!

The Council's page on the VC 4-H website is http://ceventura.ucdavis.edu/Youth Development/4-H/Ventura County 4-H Council/

SAVE THE DATE

Awards Night

November 6, 2014



Additionally, there will be an ice cream social for a small fee. It will be Thursday, November 6 at 6:30 p.m. at the Wright Event Center at, 57 Day Road in Ventura.

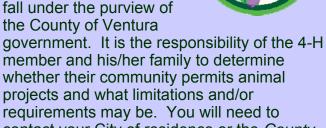
Please RSVP at http://ucanr.edu/survey/survey.cfm? surveynumber=13822 by 11/1 so we can secure enough dessert.

Animal Projects: Laws for Keeping Animals at Home

Each City has its own zoning regulations and policies governing animals.

Unincorporated areas fall under the purview of the County of Ventura

member and his/her family to determine whether their community permits animal projects and what limitations and/or requirements may be. You will need to contact your City of residence or the County of Ventura Resource Management Agency if you live in an unincorporated area.



TRICK OR TREAT SO OTHERS CAN EAT

Kick Off Event October 2nd

FOODShare is inviting all 4-H members to a KICK OFF party at FOODshare on Thursday, October 2nd, from 5-6:30 PM.



Please join us for this wonderful tour of FOODshare, and learn what they do and how our donations go to help those in our community. We will even have a chance to sort apples! If you can join us, please RSVP as soon as possible at totsoce@gmail.com

For more information about Trick Or Treat So Others Can Eat, visit http://ceventura.ucanr.edu/ Families - Communities/4-H/Trick or Treat So Others Can Eat TOTSOCE/

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Sustainable YOU! Train-the-Trainer Saturday, Nov. 1 9-3 in Santa Paula

http://ucanr.edu/survey/survey.cfm?surveynumber=13788

This is a leader training for Sustainable You!, An interactive curriculum for youth. Developed by Utah State University Extension Sustainability and designed as a 4-H summer camp program for kids. Incorporates major themes: Air, Energy, Water, Food, and Land



PBS: SciGirls

http://scigirlsconnect.org/

The PBS program SciGirls is inviting groups to be partners and to receive training workshops to engage girls in STEM. Several years ago under a NIFA grant funding to SciGirls, several LGU 4-H programs participated in SciGirls training. Although the programs are targeted to increase the number of girls engaged in STEM, boys can get involved, too.

Earth Science Week, October 12-18, 2014

http://www.earthsciweek.org/

"Earth's Connected Systems"

Take part in Earth Science Week 2014 that will promote awareness of the dynamic interactions of the planet's natural and human systems.

4-H Library

KITS... MORE THAN CURRICULM

The 4-H Library lends out lots of great curriculum on everything from consumer education to photography to dairy goats. But did you know we also have kits?

Kits are good for providing an activity for a group with minimal preparation. Most kits can serve a project or a club.

Luminary Kit—All you need is tin cans. What a great way to upcycle! Plus it's perfect for Fall.

Maps & Apps—Plan your perfect community. This kit includes workbooks for to extend the activity into a 6-hour project or a condensed project that can be done in an hour or so.

4-H Office

The 4-H Office is open (except for designated Holidays) Monday through Thursday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 Fax (805) 645-1474

Vacant

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information

Gwyn Vanoni (805) 645-1482 4-H Program Representative - Military 4-H Liaison, Council & Leader Support Email: gwvanoni@ucanr.edu

Rose Hayden-Smith (805) 645-1466 Strategic Initiative Leader, Sustainable Food Systems; 4-H Youth, Family and Community Development Advisor; Food and Society Policy Fellow

E-mail: rmhaydensmith@ucanr.edu

CLOVER LINES ARTICLE SUBMISSIONS:

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to CloverLines@ucdavis.edu

DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal Laws. Inquiries regarding the University's Nondiscrimination Policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin St., 6th Floor, Oakland, CA 94607, (510) 987-0096.

October 2014 It's that time of year...

As the 2014-15 4-H year gets underway, there are a few resources to review to ensure a wonderful year for all members, leaders, parents and other volunteers.

- Code of Conducts
 - Adult Volunteer http://www.ca4h.org/files/16404.pdf
 - Youth http://www.ca4h.org/files/4715.pdf
 - Parent/Guardian http://4h.ucanr.edu/files/187920.pdf
- Liability Insurance Q&A

http://ucanr.org/sites/risk/files/23991.pdf

Animal Project Commitment

http://ceventura.ucanr.edu/files/173596.pdf

Project Leaders Digest

http://www.ca4h.org/files/4462.pdf

Jr/Teen Leaders

http://4h.ucanr.edu/Programs/Clubs/JuniorTeenLeaders/

 VC 4-H Calendar—Use iCalendar or email reminders to keep track of events http://ceventura.ucanr.edu/Families - Communities/4-H/NewsMain/



VC 4-H Calendar Online

http://ceventura.ucdavis.edu/Youth Development/4-H/

Make reservations or use the iCalendar reminder option with all the information on the online 4-H Calendar

10/1	Quick Record Book Online Course Completion Deadline
	for State Record Book Competition

- 10/2 Trick Or Treat So Others Can Eat Kick-Off Event @ FOODShare in Oxnard
- 10/6 New Leader Training Certification @ 4-H Office 6:30 pm
- 10/8 Large Livestock PDC meeting @ 4-H Office 7 pm
- 10/5-11 National 4-H Week
- 10/15 Science Night-Rockets @ 4-H Office 6:30 pm
- 10/22 Tisha Fisher Farewell @ 4-H Office 6 pm
- 10/22 **4-H Council Meeting** @ 4-H Office 7 pm for Leaders and Youth (9th grade+)
- 11/1 Sustainable YOU! Train-the-Trainer Workshop 9-3 in Santa Paula
- 11/1 Awards Night Registration Due
- 11/3 Sespe & Somis 4-H Featured Happenings Articles Due
- 11/6 Awards Night @ Wright Center Ventura 6:30 pm

11/11 4-H Office Closed for Holiday

11/14-16 State Leaders Forum in Sacramento

11/27-28 4-H Office Closed for Holiday

12/10 Food Faire/Fashion Revue Entry Deadline

12/20-1/4 4-H Office Closed for Holidays & Remodel

12/31 Project Enrollment Deadlines

1/16-18 Teen Involvement Conference @ Pathfinder Ranch

1/28 **4-H Council Meeting** @ 4-H Office 7 pm for Leaders and Youth (9th grade+)

2/28 Food Faire/Fashion Revue @ Sacred Heart Ventura 1-5



Express your 4-H pride with this year's theme, "#iam4H."

From October 5 - 11 post a picture of yourself with your #iam4H sign, which can be downloaded at the link below. Share your 4-H pride photo on Facebook, Twitter or Instagram, along with the #iam4H and #4HWeek hashtags.

