

# Clover Lines

## TOTSOCE Collects 6000 lbs.+ for FoodSHARE

By Grace Morrison, TOTSOCE Teen Leader, Loma Vista 4-H

This year marks the 17th year of Trick Or Treat So Others Can Eat (TOTSOCE), our county wide 4-H youth-led food drive that benefits FoodSHARE, our county food bank. Efforts this year far exceeded last, with some remarkable hard work by individual 4-H members and several key 4-H clubs, along with other youth groups who participate with 4-H.

All said, the entire effort hauled in over 6,300 pounds this year! The "50 Pound Challenge" was introduced to encourage each member to hit a personal goal of 50 pounds or more of collected food. To simplify this goal, it's the equivalent of 5 full brown grocery bags of canned or dried goods. It seems with the results below, that many were up for this challenge, making this year a huge success.

Most noteworthy were the efforts of Santa Rosa Valley Club, who collected 2,085 pounds! SRV member Anna Bello brought in the most of any 4-H member, with over 790 pounds collected through her school, La Reina in Thousand Oaks. Great job Anna getting your school involved, and great job Santa Rosa Valley, you all did an amazing job!

We also want to congratulate Colette Victorino from Mira Monte Club, who single handedly collected 211 pounds of food, helping her club total soar to over 800 pounds. Also, our own Loma Vista club collected over 1,200 total pounds thanks to more than 15 members who surpassed the 50 lb challenge. Participation this year was strong with many 4-H clubs joining in, including Somis, Sespe, Chief's Peak, Conejo Valley and Las Posas clubs.

Continued on page 2



### TOTSOCE Spotlight....

By Anna Bello, Santa Rosa Valley 4-H

Over the last few years, I raised a pig for the Ventura County Fair. I learned a lot and had a great time doing it. Each year the buyers of my pig donated the meat to the FoodSHARE. It is about 300 lbs. of meat that goes towards feeding the 75,000 families they feed a month. This year the fair board changed the dates of the fair. I will already be in school by then. I am still very disappointed that I am not going to be able to participate. But, I wanted a way to still donate food to FoodSHARE. I remembered at Halloween our club collects canned goods for "Trick or Treat So Others Can Eat". So I decided to go to my school's administration to see if I could get approval to have a collection bin at school. It was approved! So with the help of the staff and students at my school we were able to collect 790 lbs of food! I am so happy I was still able to contribute to FoodSHARE in a big way. And even though I cannot be there to show a market animal I hope to visit all of my friends at the fair next year.



**A Revolution of Responsibility**

...for the next 100 years

University of California

Agriculture and Natural Resources | 4-H Youth Development Program

University of California Cooperative Extension – Ventura County

Website: <http://ceventura.ucdavis.edu>

669 County Square Dr., Suite 100, Ventura CA 93003-5401

Fax: (805) 645-1474 Phone: (805) 645-1464

# Sewing Crafts Starts with a Challenge

By Nicole Bellmore, Loma Vista 4-H

The sewing crafts project spent their first project meeting of the year sewing pillowcases for the 4-H State Million Pillowcase Challenge. The Million Pillowcase Challenge is a cause 4-H is joining in that donates pillows to various children homes across the nation. The sewing project completed a total of eight pillowcases that will be donated. It was especially nice that each project member completed a pillowcase. We are looking forward to making our crafts for the Holiday Potluck, next, and then on to our own projects.

**For more information about State Fashion Revue and the Pillowcase Challenge see page 3, or Pillowcase Making Open House scheduled Jan. 2 visit the online 4-H Calendar.**



## TOTSOCE Wrap Up

*Continued from pg. 1*

The success of this event also depends on strong participation from in many groups beyond 4-H. In particular, Camarillo AYSO brought in over 1,000 pounds as they have for over the last four years. Thanks to Whitney Hurd who organizes all the field contributions from all the region's soccer teams. Other groups who helped this year were Fusion Soccer Club, Missionary School and Newbury Park High School.

Our congratulations to all who participated and we welcome many to join us again next year. This event is the perfect example of how 4-H leadership and citizenship can truly impact the community we live in. Trick Or Treat So Other's Can Eat is an event that truly embodies the head, heart, and hands for all.

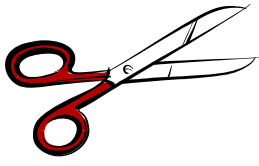
## Spark Score Surveys are open!

**Surveys opened Sept 15<sup>th</sup> and close January 31<sup>st</sup>, 2015!** Ever wonder why we ask you to take surveys once or twice a year? Here's why: You are constantly growing and changing, and you may not answer questions the same from one point in time to the next! By doing the surveys once or twice a year, we can see how youth in 4-H are developing and changing. These surveys are our way to find out about you and how the California 4-H Youth Development Program is doing overall! Thank you to everyone who has completed their surveys so far. A list of previous survey winners can be found here: [http://4-H.ucanr.edu/Research/Evaluation\\_Updates/](http://4-H.ucanr.edu/Research/Evaluation_Updates/)



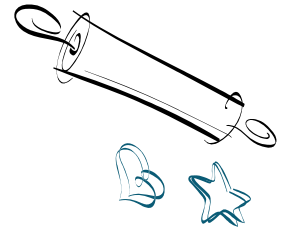
*Featured Club for February is Briggs 4-H & Chief Peak 4-H*

*Featured Club calendar is at [http://ceventura.ucanr.edu/Families\\_-\\_Communities/4-H/Newsletter/](http://ceventura.ucanr.edu/Families_-_Communities/4-H/Newsletter/)*



# Food Faire & Fashion Revue

February 28, 2015 1-5 p.m.  
Sacred Heart Church, Ventura



Online event registrations are due February 2nd (revised deadline).

Food Faire: <http://ucanr.edu/survey/survey.cfm?surveynumber=13775>

- 4-H Foods Showmanship: foods related project members
- Cake-Decorating Showmanship: Cake Decorating project members:
- Educational Poster: For members in any Foods, Consumer Education, Clothing, Arts and Crafts, Cake Decorating or other related home arts projects:
- Food Project Photography: For members in any Foods, Consumer Education, Clothing, Arts and Crafts, Cake Decorating or other related home arts projects:

Fashion Revue: <http://ucanr.edu/survey/survey.cfm?surveynumber=13776>

- Traditional (Sew or Woven from scratch) \*
- Consumer Science Purchased; \$40.00 limit, Semi/Formal Attire: clothing or consumer ed project members.
- Upcycled \*
- Jacket Challenge \*
- Costume Challenge \*
- Wearable Arts: clothing, clothing, etc. project members. *Not eligible for State Fashion Revue.*

*\*for members enrolled in clothing & textile projects.*



Complete registration packets were emailed to project leaders the first week in November.

## State Fashion Revue 2015 NEWS

California State Fashion Revue is **May 30, 2015**. For more information about this year's categories, visit our web site at [http://4-H.ucanr.edu/4-H\\_Events/SFD/SFR/](http://4-H.ucanr.edu/4-H_Events/SFD/SFR/). The SFR community service projects are pillowcases (sewn), which will be donated to children's hospitals and homeless shelters, and hats (knitted, crocheted, or sewn) which will be made for cancer patients. Instructions for the pillowcases and hats can be found on our website. They can be made throughout the year and brought to SFR to be donated or you can donate them in your county. If you can't make the trip to SFR, you can mail them to the committee. This year we will be offering some new workshops and activities at SFR which are open to anyone attending [State Field Day](#).



## Clover Safe Notes

**Clover Safe Notes Spotlight for January: THUNDER STORM SAFETY (Note #35).** Because I'm counting on a wet winter, it seems like a good time for a refresher on what to do in a thunder storm. This is really important to review with outdoor activity projects, but also good information for everyone.

Clover Safe Notes can be reviewed and printed from the UCANR website at [http://safety.ucanr.org/4-H\\_Resources/Clover\\_Safe\\_Notes\\_by\\_Number/](http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/)

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful



when incorporated into appropriate projects or shared with the club during monthly meetings.

# Healthy Living

**Healthy Living Webcast Series Update** National 4-H Council is proud to announce a series of webinars to promote 4-H Healthy Living Professional and Volunteer Development. These will be held on the third Tuesday of each month with two times: 1 PM and 6:30 PM EST and will feature a current 4-H Healthy Living topic with a guest presenter for the first hour and then ½ hour of a healthy recipe, healthy activity and new resources including grant opportunities. The emcee for each webcast will be a teen from the National 4-H Healthy Living Management Team. Registration details: <http://4-H.ucanr.edu/files/201538.pdf>

**Social and Emotional Learning (SEL) Toolkit** A new web-based toolkit to promote social and emotional learning in out-of-school settings has been developed by the *Risk and Thriving in Adolescence Program Work Team*, a collaboration of Cornell University, Cornell Cooperative Extension, New York State 4-H Youth Development, and external stakeholders.



4-H'ers are  
**2X**  
more likely to report healthier living.

\*The Positive Development of Youth: Comprehensive Findings from the 4-H Study of Positive Youth Development, 2013. <http://www.4-h.org/9/about/youth-development-research/positive-youth-development-study/>



 University of California  
Agriculture and Natural Resources  
4-H Youth Development Program

**ENTRY DEADLINE:  
January 4, 2015**

## 4-H SMALL ANIMAL SCIENCE SHOWMANSHIP & FIELD DAY

Saturday, January 10, 2015

9:00 a.m. – 2:00 p.m.  
Earl Warren Showground  
Santa Barbara, CA

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/ansrstaff/files/176836.doc>). Inquiries regarding ANRS nondiscrimination policies may be directed to Linda Marie Mantoni, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.

### 4-H Small Animal Science Showmanship & Field Day

Saturday, January 10,  
2015 9:00am-2:00pm  
Earl Warren Showground  
Santa Barbara, CA

**Entry Deadline: Jan. 4**  
See entry fee and details:  
[http://4-H.ucanr.edu/4-H\\_Events/  
Small\\_Animal\\_Field\\_Day/](http://4-H.ucanr.edu/4-H_Events/Small_Animal_Field_Day/)

Don't miss out on this  
fun and educational  
event!

VENTURA COUNTY 4-H PRESENTS

# Super Field Day

Saturday, April 25, 2015 ■ 9 am to 2 pm

In Ventura County

*Rabbits, Cavies, Dogs, Poultry, Dairy Goats, Pygmy Goats, Lambs,  
Horse, Swine, Beef, Cake Decorating, Cooking/Foods*

*This is your opportunity to learn, practice, lead, show, compete and win medals and ribbons in several projects.*

**Rabbits** – bring your rabbit to practice and compete in showmanship, test your knowledge, compete with your trained rabbit on the hopping course. Stay for the hopping workshop.

**Cavy** – bring your cavy to practice and compete in showmanship; test your knowledge on cavies and animal ID.

**Dairy goats** – make a poster and test your knowledge.

**Poultry** – bring your poultry to practice and compete in showmanship, test your knowledge on poultry and ID. Also have fun with your chicken in our new obstacle course.

**Dog** – bring your dog and crate. Show your favorite dog trick. Earn your CGC.

**Pygmy goats** – bring your goats to practice showmanship, test pygmy goat knowledge and watch hoof care demo.

**Lambs** – leave your lambs at home, just come to participate in fun activities and test your knowledge.

**Swine** – please put together teams of 4 and sign up to participate in Ventura County 4-H's 3rd Annual Swine Bowl! Teams will be contacted with additional information.

**Beef** – don't have a cow, just come down to test your knowledge on beef.

**Cupcake Wars** – who can come up with the most creative cupcake on the spot? Come decorate a cupcake and see who wins! Cupcakes and supplies provided.

**Horse** – cantor over, test your equine knowledge and learn to rope.

**Iron Chef** – please participate in our lunchtime show – the Iron Chef competition for members in foods/cooking projects. Teams of 4 will create a gluten-free meal in less than one hour. Dishes will be judged and awards given – don't miss it! Teams will be contacted with more details. Space is limited, first registered, first served.

**Speaker's Corner** – this is your opportunity to make a presentation for your Record Book or proficiency requirement. No time slots; come over when you are ready.

**Uniform Exchange** – bring outgrown 4-H uniforms to pass along to others. Maybe you will find some for yourself, too! Free!

**Silent Auction** – Come and bid on wonderful items to raise money for the Small Animal belt buckles at the Ventura County Fair. *Please collect items for the Silent Auction from merchants/vendors you use.*

**Club Spirit** – Wear club shirts and show your club spirit. Wear uniform for showmanship competitions.

**Posters** – make an educational poster for any of the above projects to compete for a medal.

**Table settings** – get creative — plan and bring your tablesetting to SFD!

**Record Books** – this counts as a Multi-county event.

**Prepaid Lunch**—Subway sandwiches (\$6 each) served at 12 noon.

**Passport** – Take your “passport” to each section for a stamp. Collect them all—get a prize.

Registration is now available at <http://ucanr.edu/survey/survey.cfm?surveynumber=14448>

See registration form for all the details. Please register by April 13, 2015.



# COUNCIL CORNER

Highlights from the Ventura County 4-H Council



The next Ventura County 4-H Council meeting will be January 28, 2015.

If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at [venturaco4-Hcouncil@gmail.com](mailto:venturaco4-Hcouncil@gmail.com). Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us!

The Council's page on the VC 4-H website is [http://ceventura.ucdavis.edu/Youth\\_Development/4-H/Ventura\\_County\\_4-H\\_Council/](http://ceventura.ucdavis.edu/Youth_Development/4-H/Ventura_County_4-H_Council/)

## Operation Gratitude Was Gratifying!

By Noah Burr, Santa Rosa Valley 4-H

On Saturday, November 8, 2014 several members of Santa Rosa Valley 4-H headed South to the Van Nuys Armory to participate in Operation Gratitude. Operation Gratitude is a non-profit, volunteer-based organization that sends 100,000 care packages to individually named U.S. Service Members every year. Since 2003 the Van Nuys Armory has shipped more than 1,000,000 packages to American Military members and their families.



The assembly line started at 1pm. Santa Rosa Valley 4-H members filled and packaged boxes. Many spent a good portion of the time making paracord bracelets to be included in the care packages. We learned that paracord can come in handy for many troops out in the fields. One eight inch bracelet can hold up to five hundred pounds, and the threads inside the cord can be used for stitching a wound in a pinch.

It was a very gratifying day to know we were all making a difference in the lives of many of the men and women in our Military.

The Van Nuys Armory is always looking for volunteers to continue this effort. Please consider volunteering at the Van Nuys Armory.

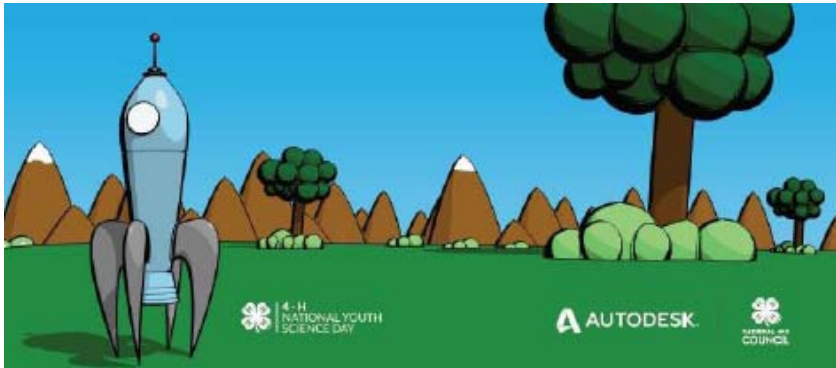




**Take your rockets to the next level – post 4-H National Youth Science Day 2014**

[www.autodesk.com/4h](http://www.autodesk.com/4h)

You've designed and launched your rocket. Now take it to the next level using cool Autodesk technology. Your mission: Tell us about your experience using Autodesk technology. Check out the fun activities brought to you by #Autodesk and then enter for a chance to win an iPad Air or 3D printer.



**Updated 4-H SET Website**

<http://ucanr.edu/set/>

The 4-H SET website has been updated!

Download resources or read about the 4-H SET Initiative:

<http://4h.ucanr.edu/Programs/Projects/SET/Initiative/>

Check out the site to see what 4-H SET has to offer you!

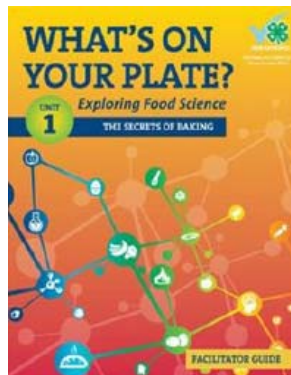
**4-H Library**

**FOOD SCIENCE**

**New National 4-H Food Science Curriculum**

<http://www.4-hmall.org/Product/food-science/whats-on-your-plate-set-of-8/01419S.aspx>

*What's on Your Plate?* Exploring Food Science is a comprehensive curriculum set with hands-on experiments. This set includes four Youth Journals and four Facilitator Guides complete with step-by-step instructions, pictures and explanations. Short online tutorial videos provide science explanations and demonstrations for doing the activities. Grades 5-12.



**4-H Office**

The 4-H Office is open (except for designated Holidays) Monday through Thursday, 8 a.m. to 5 p.m.

Phone (805) 645-1464 ■ Fax (805) 645-1474

**NEWS** 4-H program email: [UCCEV4H@ucanr.edu](mailto:UCCEV4H@ucanr.edu)

**Vacant**

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information

**Gwyn Vanoni** (805) 645-1482

4-H Program Representative - Military 4-H Liaison, Council & Leader Support  
Email: [gwanoni@ucanr.edu](mailto:gwanoni@ucanr.edu)

**Office Volunteers Welcome**

If you are interested in assisting the 4-H Office with preparations for events, light office work and the occasional “check-out” project, please contact Gwyn Vanoni above.

**CLOVER LINES ARTICLE SUBMISSIONS:**

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to [CloverLines@ucdavis.edu](mailto:CloverLines@ucdavis.edu)

**DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.**

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# January 2015

It's that time of year...



## Half-way There

January marks the halfway point for the 4-H year. Now is a good time to do a progress check on your goals and the goals of your club.

- **Mid-Year Peer Financial Review**—This is a completely optional mid-year opportunity to spot any oversights or issues before they become overwhelming. Form 5.2 from the Treasurer's Manual can help guide you through the process. <http://4-H.ucanr.edu/files/23112.pdf>
- Check on your **club's goals**. Review the Planning Guide that your club prepared at the beginning of the year. Are you on track for achieving the goals that you have set? Are there additional action steps that need to happen to get to your end-goal? Remember that the planning guide was updated in 2013. <http://4-H.ucanr.edu/files/167444.pdf>
- **Club Officers**: Revisit your personal goals set during the Club Officer Training. Which "C" are you working on? <http://4-H.ucanr.edu/files/167443.pdf> Make sure your plans are set to meet the requirements of your office. If you are unclear what the responsibilities of your position, meet with your club leader to clarify.
- **Plan ahead** to get the most out of 4-H by attending upcoming county events and exhibiting at the County Fair. Read CloverLines and check the online calendar regularly so that you can plan to attend and participate in these events.

# 4-H Calendar

## VC 4-H Calendar Online

[http://ceventura.ucdavis.edu/Youth\\_Development/4-H/](http://ceventura.ucdavis.edu/Youth_Development/4-H/)  
**Make reservations or use the iCalendar reminder option with all the information on the online 4-H Calendar**

- 1/2 Pillowcase Making Open House 12-4 pm Ventura
- 1/10 So. Section Council Mtg @ Mt. SAC in Walnut
- 1/16-18 Teen Involvement Conference @ Pathfinder Ranch
- 1/28 4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9<sup>th</sup> grade+)
- 1/31 State 4-H Equine Field Day near Fresno
- 2/2 Food Faire/Fashion Revue Entry Deadline
- 2/26 Presentation Day Entry Deadline
- 2/28 Food Faire/Fashion Revue @ Sacred Heart Ventura 1-5
- 3/1 Bee Keeping Essay Due
- 3/9 Preliminary Presentation Day
- 3/21 County Presentation Day
- 3/25 4-H Council Meeting @ 4-H Office 7 pm for Leaders and Youth (9<sup>th</sup> grade+)
- 4/1 Large Livestock PDC meeting @ 4-H Office 7pm

## SLC Leadership Enacted—

Spencer Wittrock, Morgan Penny, Nicole Bellmore and Malia Miyashiro of Loma Vista 4-H attended State Leadership Conference in August. They've prepared a youtube video of "noodle" team building activity for everyone to enjoy. Please note the method of introducing the activity, breaking down the learning and collecting valuable feedback on how successful the activity was or could be made better.  
[https://www.youtube.com/watch?feature=player\\_detailpage&v=sx8xkt-EsY0](https://www.youtube.com/watch?feature=player_detailpage&v=sx8xkt-EsY0)



## Congratulations to...

- Bailey Morris—Medalist
- Elizabeth Paxson—Winner
- Harrison Hargleroad—Winner
- Nicole Bellmore—Medalist
- Spencer Wittrock—Medalist



Awards earned in the State Record Book Competition.