

# Clover Lines -

University of California • Cooperative Extension • Ventura County 4-H • April 2015

### Food Faire & Fashion Revue 2015

By Zachary Gorman, Chief Peak 4-H

This year's Food Faire and Fashion Revue was held on February 28, 2015 at Sacred Heart Church in Ventura. This was the first year this event was held at this church and it seemed perfect. There was enough room for everything and everyone. There was even a stage for Fashion Revue.

I didn't participate this year but I did help with setup and cleanup. Matt Callahan and I were in charge of the Duct Tape Flower pen craft table. I did this craft two years ago at Food Faire and Fashion Revue and found that it was more popular this year. I really enjoyed teaching everyone how to make one and everyone seemed to really enjoy it. Observing from a far, Food Faire and Fashion Revue was a huge success. There was a great turnout from kids from all different clubs. There was even a Pillowcase Community Service Project going on where kids could go and sew a pillow case which would later be donated. Plus the food was great! So make sure that you attend next year with a delicious dish or stunning outfit or just to come look around. I also want to

give a big shout out to Santa Rosa 4-H members for providing

the judges' hospitality.

See complete list of award winners on page two



Ventura County 4-H CloverLines

Food Faire & Fashion Revue:

### The Other Side of the Table

By Megan Hassian, Chief Peak 4-H

I've participated in this event for four years, medaled two years (2013 & 2014) and was a judge this year. As a judge, it was very different to be on the "other side" of the table. In my opinion, it was a great experience to see what the judges were looking for in the participants. What I liked most was being able to ask the guestions and look for what the participants and I could improve. I was surprised when one of the younger participants recognized me from last year and remembered the \$40.00 consumer outfit I wore. She stated to me that it was the reason she participated in FF/FR this year. Sometimes, I think 4-H teen members don't realize the impact we have on younger members. Overall, it was a successful day and I had a wonderful experience. I also want to thank Chief Peak for participating in coordinating this event, judging, set-up and clean up. They were a huge help!

### **Food Faire Awards**

#### **Poster Awards**

Anna Sorensen, Santa Rosa Valley-Gold Beginning Shawn Rothermel, Chief Peak-Gold Intermediate Nicole Bellmore, Loma Vista-Red Advanced

### **Baked Goods**

Julia Cook, Santa Rosa Valley-Red Beginning Anna Sorensen, Santa Rosa Valley-Gold Beginning Kaitlyn Landi, Del Norte-Blue Intermediate Kai Miyashiro, Los Posas-Gold Intermediate Malia Miyashiro, Los Posas-Gold Advanced

#### **Desserts (other than Baked Goods)**

Ava Faciana, Loma Vista-Participant Primary Trevor Gerhard, Chief Peak-Blue Beginning

### **Fashion Revue Awards**

### **Consumer Science Purchased**

Julia Cook, Santa Rosa Valley-Gold Junior London Fletcher, Loma Vista-Blue Junior Ruby Snowber, Loma Vista-Gold Intermediate Nicole Bellmore, Loma Vista-Gold SeniorAudrey Hargleroad, Santa Rosa Valley-Red Senior Sofia Moreno-Boyd Barrett, Mira Monte- Gold Beginning

### **Cold Appetizers**

Cristian Cortez, Del Norte-Gold Beginning Sofia Moreno-Boyd Barrett, Mira Monte-Blue Beginning Citllali Cortez, Del Norte-Gold Intermediate

### **Hot Appetizers**

Audrey Hargleroad, Santa Rosa Valley-Gold Int. Spencer Wittrock, Loma Vista-Gold Advanced

#### **Cake Decorating**

Anna Linehan. Citrus Valley-Participation Primary Sofia Moreno-Boyd Barrett, Mira Monte- Gold Beg. Sarah Poland, Mira Monte-Gold Advanced

### **Upcycled**

Ava Faciana, Santa Rosa Valley Participant-Primary Delaney Fletcher, Loma Vista Participant-Primary Madeline Roberts, Santa Rosa Valley-Gold Intermediate Jessica Nichol, Santa Rosa Valley-Gold Senior

#### **Wearable Arts**

Anna Sorensen, Santa Rosa Valley-Gold Junior

## Emerald Star Project: Nigerian Dwarf Dairy Goats

By Caleb Phillips, Santa Rosa Valley 4-H

For my Emerald Star Project I made an informational brochure about Nigerian Dwarf Dairy Goats. Santa Rosa currently is the only club in Ventura County with this project and I would like to see it spread to other clubs. My goal was to learn more about Nigerians so that I could tell other clubs in the county about this project, as well as become more educated about these goats. Hopefully, as other clubs learn more about Nigerians, they will start this project in their club. Since I have learned and gained many life skills from this project, I would love to see others have the same opportunities.



The brochure I created is a great resource that can be used to create awareness about Nigerians. Unfortunately, many people, even in the 4-H community, think that Nigerians and Pygmy goats are the same. Although they are similar in size, Pygmy are strictly pets and are a project usually meant for primary members; whereas Nigerians make great backyard pets, but also are dairy goats. This means that they produce milk, and one can use the milk to make yogurt, soap, cheese and even ice cream. It is also one of the sweetest tasting milks because it has the highest concentration of buttermilk. My hope is that the brochure I created sparks an interest in other clubs so that they can enjoy this project and these amazing little goats as much as I do.

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### **Honey Bee Essay Contest Winner 2015**

Congratulations to Spencer Wittrock of Loma Vista 4-H for winning the 2015 Honey Bees Essay Contest for California sponsored by the Foundation for the Preservation of Honey Bees, Inc. The topic this year was "Planting for Bees from Backyards and Up." 4-Hers were asked to survey their communities and write a 750-1000 word essay

discussing ways that habitats can be modified to become "bee friendly." Spencer's essay has been submitted to the national level to be reviewed with other winning state entries by the Foundation's essay committee. The national winner will be announced May 1st and will receive a cash prize totaling \$750. The winning entry will then be published in an issue of the American Beekeeping Federation Newsletter.

In Spencer's essay he offers many solution for incorporating bee-friendly plants into everyday habitats, even in urban communities. "I propose a new plan for individual efforts, a plan that could work for anyone in any part of the country. If one lives in a small apartment in the urban city, the solution to helping bees could be as simple as creating a small planter box on your terrace and plant two square feet of a bee-friendly flower, leaving a small dish of water next to it for the bees to drink from.

Spencer also suggested using already existing organizations to help replenish wildflower populations. "In my city Ventura, California, there is a foundation called the Ventura Hillside Conservancy which is volunteer run. They work to clean up a local riverbed. It would be very possible for the Hillside Conservancy to incorporated planting wild bee friendly flowers into their agenda.

### **State Advisory Committee Recruiting**

Open Recruitment Statewide 4-H Advisory Committees 2015-16 Recruitment is open for the 2015-16 Statewide 4-H Advisory Committees. These Advisory committees offer insight, review and input for the operation and management of the statewide 4-H Youth Development Program and are comprised of 4-H youth member, volunteers and staff. Apply today!

The deadline to apply is 11:59 a.m. on May 31, 2015. http://4h.ucanr.edu/Get\_Involved/Advisory\_Committees/

# SAVE THE DATE State 4-H Field Day

**When:** May 30, 2015 **Time:** 8 a.m. – 6 p.m.

**Where:** Wellman Hall, UC Davis Campus <a href="http://4h.ucanr.edu/4-H\_Events/SFD/">http://4h.ucanr.edu/4-H\_Events/SFD/</a>

Presentation Day: http://4h.ucanr.edu/4-H\_Events/SFD/PD/Fashion Revue: http://4h.ucanr.edu/4-H\_Events/SFR/

Photography Contest: http://4h.ucanr.edu/4-

H Events/SFD/Photo/

MyPlate Challenge: <a href="http://4h.ucanr.edu/4-H">http://4h.ucanr.edu/4-H</a> Events/SFD/4-H</a> MyPlate Challenge/
State 4-H Film Festival: <a href="http://4h.ucanr.edu/4-H">http://4h.ucanr.edu/4-H</a> Events/SFD/State 4-H Film Festival/

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## Animal Science Bio-Security Symposium

When: May 27-29, 2015

Where: UC Davis Veterinary Medicine

Campus

Cost: \$75/per attendee

The registration fee includes: conference materials, all meals, one curriculum/supply kit per county, and facility tours. Travel and lodging are not covered at this time.

Registration: Email <u>uccev4h@ucanr.edu</u> to register by April 17<sup>th</sup>. Conference attendance may be limited to four per County. We will register on a first emailed, first registered basis.

For more information <a href="http://4h.ucanr.edu/4-">http://4h.ucanr.edu/4-</a>
H Events/Symposium/

# 4-H State Leadership Conference July 23-26, 2015 University of California, Irvine Ages 13-19

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff.



The conference is planned by a team of high school 4-H members, key leaders and adult advisors. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

### NEW OPPORTUNITY: Apply to be a Program Assistant at SLC 2015

If you have been to SLC and are now between the ages of 19-24 you still want meaningful ways to be involved in the program, you REALLY like being with 4-H members, you enjoy staying up late for group discussions and sharing your positive experiences with the delegates – this is the opportunity for you!

**REGISTRATION INFORMATION:** <a href="http://4h.ucanr.edu/4-H\_Events/SLC/">http://4h.ucanr.edu/4-H\_Events/SLC/</a>

# April Means Earth Day! Quality Time with Mother Earth Clover Safe Notes (#31) Gardening Hand-Tool Safety

Remember: Wear personal protective equipment (PPE) appropriate for the gardening task and weather conditions, including items such as a hat with brim, long-sleeved shirt, long pants, gloves, sunglasses, closed-toed shoes, and sunscreen.

For more information about garden hand-tool safety and to see additional Clover Safe Notes, visit <a href="http://safety.ucanr.edu/4-">http://safety.ucanr.edu/4-</a>

<u>H Resources/Clover Safe Notes by Project Area/.</u> Clover Safe Notes are a great addition to project and club meetings.



# MARK YOUR CALENDAR Record Book Dates

There will be a new Record Book Judging form this year for County Record Book Judging. The form has been approved by the State Incentives and Recognition Committee and is posted on the State I & R website at <a href="http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/">http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/</a>

- Record Book Workshop will be May 11 at 6:30 p.m. at the 4-H Office for members, parents and leaders. Please register to attend this meeting by May 7th at <a href="http://ucanr.edu/survey/survey.cfm?surveynumber=14997">http://ucanr.edu/survey/survey.cfm?surveynumber=14997</a>
- Record Books will be due for County Judging on August 20, 2015.
- Record Book judging will be September 11<sup>th</sup>.

### **VENTURA COUNTY 4-H PRESENTS:**

# Super Field Day

# Saturday, April 25, 2015 ■ 9 am to 2 pm

Hansen Ag. Research Ext. Center—287 S. Briggs Road, Santa Paula \$15 to participate in one or more events / youth spectators only \$5 / Adults Free

### **SHOWMANSHIP COMPETITIONS—(4-H UNIFORM)**

**Cavy**–bring your cavy to compete in showmanship; test your knowledge on cavies and animal ID. Learn to play Cavy-opoly.

**Poultry**—bring your poultry to compete in showmanship, test your knowledge on poultry and ID. Also have fun with your chicken in our obstacle course.

Pygmy goats-bring your goats to compete in showmanship and test your knowledge.

**Rabbits**—bring your rabbit to practice and compete in showmanship, test your knowledge, compete with your trained rabbit on the hopping course. Stay for the hopping workshop.

### TEAM COMPETITIONS -(TEAMS OF 4)

**Iron Chef: BBQ Style**—it's our lunchtime show —for members in foods/cooking projects. Teams will create a meal in less than one hour. Dishes will be judged and awarded. Teams will be contacted with details. Space is limited, first registered, first served.

**Swine**—teams will participate in Ventura County 4-H's 3rd Annual Swine Bowl! Teams will be contacted with additional information and questions.

### THERE'S MORE

**Beef** –don't have a cow, just come down to test your knowledge on beef.

Bees -learn and test your knowledge about our favorite pollinators.

**Cupcake Wars**—who can come up with the most creative cupcake on the spot? Come decorate a cupcake and see who wins! Cupcakes and supplies provided.

Dairy goats—make a poster and test your knowledge.

Dog-bring your dog and crate. Show your favorite dog trick. Earn your CGC.

**Horse** –cantor over, test your equine knowledge and learn to rope.

Lambs-leave your lambs at home, come participate in fun activities &test your knowledge.

Plant Science—Stroll through the garden and identify plants.

**Posters**—compete with your educational poster for any of the above projects.

**Speaker's Corner**–Make a presentation for your Record Book or proficiency requirement. No competition; no time slots; come over when you are ready.

**Table settings**—How fast can you set a good table? Can you name all the items in a perfect place setting?

#### **EXTRAS**

Lunch—Bring a blanket & enjoy a picnic lunch on the grass. Prepaid Subway lunch available \$6.

Passport—Take your "passport" to each section for a stamp. Collect them all—get a prize.

**Silent Auction**—Come and bid on wonderful items to raise money for the Small Animal belt buckles at the Ventura County Fair.

Uniform Exchange—bring outgrown 4-H uniforms to pass along to others—Find some for yourself, too! Free!

Registration at http://ucanr.edu/survey/survey.cfm?surveynumber=14448

See registration form for all the details. Please register by April 13, 2015.

# 4-H Summer Day Camp

Monday, June 15 & Tuesday, June 16 9:00 a.m. - 3:00 p.m.

Hansen Ag Research Extension Center 287 Briggs Road Santa Paula, CA



To register, please visit



For more information, please contact the 4-H Office at

805-645-1464 or

uccev4h@ucanr.edu



# New Adult Volunteer Leader Certifications this Spring

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions on the State 4-H website at

http://www.ca4H.org/administration/policies/chapter6/. Volunteer positions range from Community Club Leader, Project Leader, other Key Leader, General 4-H Volunteer and/or Enrollment Specialist (http://ceventura.ucdavis.edu/files/79837.pdf). Each club's needs are different. Ask your club leader or 4-H staff exactly what you can do to help.

Please use the link next to the Training date below to RSVP. Provided minimum reservations are met, Live Scan will be available for 30 minutes prior to the training.

Wednesday, April 15, 10 to 11:30 a.m.

http://ucanr.edu/survey/survey.cfm?surveynumber=14983

Monday, May 4, 7 to 8:30 p.m.

http://ucanr.edu/survey/survey.cfm?surveynumber=15164

Tuesday, May 12, 6 to 7:30 p.m.

http://ucanr.edu/survey/survey.cfm?surveynumber=15165

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin promptly. Due to the large amount of material, please be on time. You must attend the entire training to receive your training certificate.

## Calling All-Star Applicants...

If you are 14+ and have achieved your Gold or Emerald Star rank, consider applying for All-Star, Ventura County's highest star rank. (Unsure of your star rank? Check with your Club Leader.)

All-Stars act as visible 4-H members - role models for their fellow 4-H members, their county, and their community. The All-Star rank recognizes members' leadership abilities, but it is also a working honor. Besides their regular projects and activities, All Stars assist with county events, develop a plan of action, and perform service projects.

For more information and application, visit <a href="http://ceventura.ucdavis.edu/Youth\_Development/4-">http://ceventura.ucdavis.edu/Youth\_Development/4-</a>
<a href="http://ceventura.ucdavis.edu/Youth\_Development/4-">H/MemberOpps/All\_Stars/</a> Applications are due May 1st.

### 4-H Office Information

Office hours Monday-Friday, 8 a.m.-5 p.m. except UC holidays. 669 County Square Drive, Suite 100 Ventura CA 93003

General Email: uccev4h@ucanr.edu
Office Fax: 805-645-1474

#### **Gwyn Vanoni**

4-H Community Education Specialist 805-645-1482 gwvanoni@ucdavis.edu

#### **Annabel Faris**

Program Coordinator 805-645-1464 awfaris@ucanr.edu

#### Susana Bruzzone-Miller

YFC Program Manager 805-525-9293 ext. 214 sbmiller@ucanr.edu

### **Christopher Smith**

Director, UC Cooperative Extension - Ventura County & Hansen Agricultural Research and Extension Center 805-662-6943 cmsmith@ucanr.edu

#### ARTICLE SUBMISSION

E-mail articles to <u>CloverLines@ucdavis.edu</u>. Include your name, council name, the name of your activity, and if you are submitting images, please identify those pictured. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee's discretion.

# Submission Deadline is the first Monday of the month for consideration in the following issue.

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# Council Corner

Highlights from the Ventura County 4-H Council

On Wednesday, March 25 the County Council met. Following the officer reports, Teens who attended Teen Involvement Conference presented a brief review of their participation. All-Stars provided updates on their activities. Event reports included wrap-ups Fashion Revue, Food Faire, Presentation Days. Upcoming event reports included Super Field Day (4/25) and So Section Field Day. Additionally, the Council approved procedural revisions for Emerald Star Projects and the new County Record Book judging guidelines. Gwyn Vanoni provided introductions to the 4-H Office Staff and other office updates.

If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at venturaco4-Hcouncil@gmail.com. Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us!

The Council's page on the VC 4-H website is <a href="http://ceventura.ucdavis.edu/Youth\_Development/4-H/Ventura\_County\_4-H\_Council/">http://ceventura.ucdavis.edu/Youth\_Development/4-H/Ventura\_County\_4-H\_Council/</a>

# 4-H Calendar

### VC 4-H Calendar Online

http://ceventura.ucdavis.edu/Youth Development/4-H/

Make reservations or use the iCalendar reminder option with all the information on the online 4-H Calendar

	4/1	Record Book Lea	ders Info Mta. @	@ 4-H Office 6:30 pm
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- 4/1 Large Livestock PDC meeting @ 4-H Office 7pm
- 4/11 Steer Tagging Day @ Fair 8-11 am
- 4/16 Super Field Day Registration Deadline
- 4/15 New Leader Training Certification @ 4-H Office 10 am
- 4/25 Super Field Day @ Hansen Ag Center in Santa Paula
- 5/11 4-H Record Keeping Workshop @ 4-H Office 6:30 pm
- 5/27 Path to the Stars Workshop @ 4-H Office 5:30 pm
- 5/27 **4-H Council Meeting** @ 4-H Office 7 pm for Leaders and Youth (9<sup>th</sup> grade+)
- 6/15-16 Summer Day Camp @ Hansen Ag Center
- **4-H Council Meeting** @ 4-H Office 7 pm for Leaders and Youth (9<sup>th</sup> grade+)
- 8/20 Record Books Due for County Judging

### Super Field Day

### SILENT AUCTION HELP NEEDED

This silent auction is designed to raise funds for belt buckles for small animal science projects at Ventura County Fair.

Help us collect great items for this event from the merchants you use. Great donations include feed, livestock accessories, games, unused gifts, gift certificates from restaurants and other places you'd like to go. Donated items can be dropped at the 4-H Office.

Don't forget to register for Super Field Day and help recruit donations.

See the Super Field Day flyer on page 5.

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