



CloverLines

University of California • Cooperative Extension • Ventura County 4-H •

Super All-Stars!

Congratulations to Our New 2015-2017 Ventura County All-Stars



Caleb Phillips and Audrey Hargleroad, both of Santa Rosa Valley 4-H, have recently been selected to serve to represent our County as All-Stars. All-Star is the highest attainable county 4-H rank. Each year, Ventura County, as well as other California counties, selects deserving 4-H members who have applied to become All-Stars. For more information about the All-Star program, visit [http://ceventura.ucanr.edu/Families - Communities/4-H/Member Opportunities/All Stars/](http://ceventura.ucanr.edu/Families_-_Communities/4-H/Member_Opportunities/All_Stars/)

4-H All-Stars lead a 2015 4-H Sustainable You! Summer Camp at HAREC

By Susana C. Bruzzone-Miller, YFC Program Manager

Summer is here! School is out and Hansen Agricultural Research and Extension Center summer camps are in full swing. 4-H All Stars, Hannah Hassien, Frankie Cherry, and Harrison Hargleroad kicked off 4-H Sustainable You Camp with a 4-H focus. They did an amazing job of mixing facts and fun as well as including a service learning project for 4-H



4-H'er made personal s'more solar oven

community club youth. Campers arrived ready to learn why it is important to conserve resources, what actions to take and choices to make to ensure resource conservation. This camp teaches youth what it means to be sustainable through fun, interactive activities based around the five major areas: land, food, energy, air, and water.

With help of adult leaders, the busy All Stars planned, organized and delivered the Sustainable You! Summer Camp program to 17 campers ages 9-12. This year 4-H Sustainable You! Summer Camp has expanded to two weeks one 4-H week and one camp for everyone.



4-H Community Club members at Sustainable You! Summer Camp. Discovering alternative energy with solar oven s'mores.

CLUB OF THE MONTH

Featured Club: Mira Monte

Meetings: Second Tuesday of Each Month at the Grange Hall in Ojai

Club Leader: Shannon Bowman

Club President: Sarah Poland

By Jessica Poland

Once upon a time, Mira Monte 4-H was a fun, friendly little 4-H chapter whose members raised pigs. And then one of our members decided to raise a lamb. Since then, Mira Monte kids have learned that there's a whole lot more to 4-H than just pigs.

This year Mira Monte kids are raising a veritable farm full of animals. Our Equine crew has been performing admirably at local shows and brought horse trivia to Super Field Day. Our Rabbit team will be bringing their animals to June's club meeting to teach the whole club about rabbits and rabbit showmanship. Our Steer kids have been caring for their animals since about November and are active in local steer shows all year. Our Poultry families have brought a fun assortment of clucks, quacks and gobbles to all their neighborhoods. And that's just the beginning ...



Nick Burgess and Loshel Voigt showing steers at the Silver Thread steer show



Elijah Rodrigues doing rabbit showmanship at Super Field Day

When they're not caring for their animals, Mira Monte kids have been very busy serving their community. They volunteer regularly helping folks at the Ojai Villa Mobile Estates, collected over 800 pounds of food for TOTSOC (Trick or Treat so Others Can Eat), distributed holiday food baskets for Help of Ojai, helped care for the kids enjoying A Fairgrounds Christmas, and volunteered at the Miss Oak View Pageant.

Mira Monte kids have also been decorating cakes, winning medals at the Food Faire, serving as Iron Chef judges for Super Field Day, and creating educational posters on a wide variety of topics. In their spare time our kids also go to school, do homework, sports, and spend time with their friends and family. They are a busy bunch!



Emma Rodrigues decorating a fondant-covered cake

Now don't get me wrong. Mira Monte 4-H still loves pigs, and the whole herd of our pigs is looking forward to seeing all their fans at this year's Fair, along with our steers, horses, lambs, goats, turkeys, ducks, chickens, rabbits, and of course, the Mira Monte 4-H kids. There's just no end to the fun in 4-H!

Note:

There are no Featured Clubs in September. Have a great summer! Featured Club calendar is at http://ceventura.ucdavis.edu/Youth_Development/4-H/Newsletter/

Presentation Projects

By Anna Sorensen, Santa Rosa Valley 4-H Club



Anna won 2 gold medals at State, one for her Educational Display on Solitary Bees and the other for the Judging Contest.

In May, many children from Ventura County attended South Sectional Presentation and Field Day. Many of us competed in public speaking, interpretive reading, judging contest, skits and plays, and fashion revue. The event was very educational and super fun. I personally liked being part of it, and you learn so many new things.

Some of the children that won Gold at South Sectional decided to attend California State Field Day at UC Davis. The UC Davis campus is awesome, and the event had many interesting things, like welding metal flowers, logo contest, entomology and plant science contests, arts and craft, sewing projects, and many great self-created costume and article of clothing to look at.

I would highly recommend if you ever have the chance to attend California State 4-H Field Day at UC Davis, to do so. This event was a burst of wonderful fun and so many new experiences, and you can meet loads of interesting people. It was certainly worthwhile a car trip, and I would recommend that every 4-H'er be part of it at least once. So, keep creating, keep speaking, and keep practicing.



Anna's logo featuring a quail was chosen for the 2016 4-H State Field Day Logo

Welcome Valerie Grant - New YFC Community Educator Specialist



Valerie Grant is a new Community Education Specialist of UCCE Ventura County. She will organize and manage the 4-H Community Club and Military Programs in the UCCE office. She will also provide leadership and guidance to the 4-H Council and assist with YFC program development at the UC Hansen Agricultural Research and Extension Center (HAREC).

Valerie was a member of the Kneeland 4-H club, her favorite projects were gardening and 4-H Presentation Day. She was also a participant in Presentation Day, and raised and showed swine, sheep, and beef at the county fair. Valerie grew up on her family's cattle and timber ranch in Humboldt County and was also an active member of the FFA.

Valerie earned a Bachelor of Science degree in Forestry from California Polytechnic State University-San Luis Obispo. In May 2015, Valerie graduated from West Virginia University in Morgantown with a Master of Science degree in Forestry. She studied the conservation interests of farmland and woodland owners in rural Appalachia, and coordinated a private forest landowner outreach education program that helped connect new landowners with agriculture and forestry professionals. While in West Virginia, Valerie was also an Extension Camping Instructor. West Virginia hosted the world's first 4-H camp in 1915, making 2015 their 100 year celebration of 4-H camping.

Valerie is excited to begin her career in Ventura County. You can contact Valerie at vgrant@ucanr.edu or 805-645-1461.



Valerie at 4-H Presentation Day (10 years old)

Super Field Day Dog Project

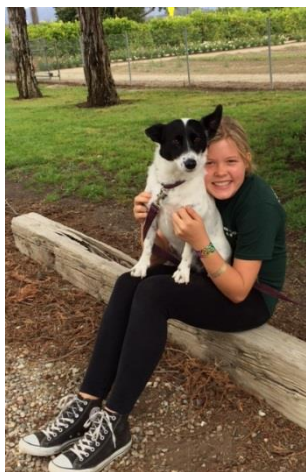
By Tryssa de Ruyter,
Santa Rosa Valley 4-H Club



At Super Field Day the members of the dog project had a great time taking the dog knowledge quiz, sharing their dog posters to be judged, and competing with their dogs in Rally-Obedience. For the dog knowledge quiz we identified over

40+ purebred dog breeds including the popular Labrador Retriever and Chihuahua along with rarer breeds like the Ibizan Hound and Komondor. The dog posters looked amazing with topics ranging from what collar your dog should have to dog sports.

The members that brought their dogs competed in Rally-Obedience, a numbered course of obedience commands that must be performed in order, and the trick contest for fun. I brought my Dalmatian, Torch who competed with me in Rally-Obedience. The judge allowed everyone to do the course twice, which I was thankful for because my dog would not sit during the first round. It was a lot of fun, and I encourage more people to bring their dog next year. Congratulations to all the winners for dog knowledge, posters, and Rally-Obedience!



Amelia Vauqht, Loma Vista 4-H



Club Officers: Train to Be the Best

Club Officer Training is the best way to start the year for the club. All officers are welcome, but it is mandatory for all new officers and every treasurer. Personal leadership development and goal setting will be covered in the training.

Please R.S.V.P. for each individual planning to attend, so that we will have enough materials and food. Dinner is provided for officers, and club leaders/officer advisors. Additional dinners can be purchased for \$4 each.

Please note that the agenda is different on each night. These trainings will take place at the 4-H Office at 669 County Square Drive in Ventura. Please use the front doors, facing the condominiums.

Wednesday, August 25, 2015 from 5:30 pm to 8:00 pm

Dinner: 5:30 pm to 5:45 pm

Club Officer Training: 5:45 pm to 7:15 pm

Treasurer Training: 7:15 pm to 8:00 pm

OR

Monday, August 31, 2015 from 5:30 pm to 8:00 pm

Treasurer Training: 5:30 pm to 6:15 pm

Dinner: 6:15 pm to 6:30 pm

Club Officer Training: 6:30 pm to 8:00 pm

Menu each night will include pasta, green salad and water



New Adult Volunteer Leader Certifications

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions on the State 4-H website at <http://www.ca4H.org/Administration/Policies/Chapter6/>.

Volunteer positions range from Community Club Leader, Project Leader, other Key Leader, General 4-H Volunteer and/or Enrollment Specialist (<http://ceventura.ucdavis.edu/files/79837.pdf>). Each club's needs are different. Ask your club leader or 4-H staff exactly what you can do to help.

Please use the link next to the Training date below to RSVP. Provided minimum reservations are met, Live Scan will be available for 30 minutes prior to the training.

Monday, July 13th, 6:00 pm to 7:30 pm

Wednesday, August 19th, 6:30 pm to 8:00 pm

<http://ucanr.edu/survey/survey.cfm?surveynumber=15750>

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin promptly. Due to the large amount of material, please be on time. You must attend the entire training to receive your training certificate.

Council Corner

On Wednesday, June 24 the County Council met. Following the officer reports, the new All-Stars were introduced and the returning All-Stars provided updates on their activities, including the recent summer day camp. Event reports included wrap-ups from So Section Field Day and State Field Day. Gwyn Vanoni introduced Valerie Grant as the new Community Education Specialist working with the 4-H program and gave other office updates. The Council budget was reviewed and adopted with a great deal of discussion focusing on the limited funds, need for timely payment of enrollment fees and the increased fundraising efforts planned for this coming year. The next Council meeting will be August 26 at 7 pm at the 4-H Office.

If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at venturaco4-Hcouncil@gmail.com. Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us! The Council's page on the VC 4-H website is http://ceventura.ucdavis.edu/Youth_Development/4-H/Ventura_County_4-H_Council/

Enrollment

Please help your Club Leaders and Club Enrollment Specialists with the **enrollment process** by getting your completed 4-H Application/Enrollment packet back to them right away; follow all the instructions they provide to you. Then be sure to have internet access the first week of July wherever you travel so that you can watch for the important systems go e-mail and complete your online enrollment well before the deadline set by your Club Leader and Enrollment Specialist. *A mighty Thank You in advance for all of your assistance for a smooth enrollment for the 2015-16 Program Year.*

Fair Reminder



Enter Online- June 1- July 20, 2015 at www.venturacountyfair.org

Entering online speeds up the entry process. When you arrive with your items on July 24-26, 2015 proceed directly to the online check-in table. You can STILL enter if you miss the online entry deadline. Just bring your items on July 24, 25 or 26, between 10 am to 5 pm.

Leaders - Sign-up for a time to bring entries for their group on Friday, July 24 or Saturday, July 25.

Using the online entry system that is available from June 1–July 20 is strongly encouraged as a time saver and must be used if scheduling an appointment for entering. Call (805) 648-3376 x 182 for an available time. Limited appointments are available.

ENTRY PICK-UP DAY- Monday, August 17 between noon and 7 pm.

Articles not claimed on Monday, August 17 become the property of the Ventura County Fair and will be discarded.

For More information, rules and entry guides visit: <http://www.venturacountyfair.org/fair/entryguides/>

View or download the youth guides online at: <http://www.venturacountyfair.org/wp-content/uploads/2014/04/2015-4-H-Grange.pdf> Department entry guide – Division 165

and <http://www.venturacountyfair.org/wp-content/uploads/2014/04/2015-Youth-Expo-rev-6-17-15.pdf>

Clover Notes

SAFE ANIMAL CONTACT AT PETTING ZOOS AND FAIRS (Note #16)



For many 4-H members the big summertime event is fair.

Members may be showing and selling their animals, visiting and supporting friends at fair, or even introducing people to animals they are unfamiliar with. Petting zoos and fairs are places where animal-person contact is high and therefore risk exists for infectious disease transmission and physical injuries. This Clover Safe sheet describes safe animal contact practices for 4-H participants while at petting zoos or fairs. These are good suggestions for conducting safe animal interactions at fair this summer or during other animal handling activities. Use the Safe Animal Contact at Petting Zoos and Fairs one page sheet to remind fair visitors and 4-H members to have safe fair season.

HEAT ILLNESS AWARENESS (Note #19)

It is important to be aware of heat illness, especially during project meetings, events, and other outings on hot summer and fall days. This safety note describes several simple steps people can take to control and/or reduce exposure to conditions that may cause heat illness. This safety note describes heat illness symptoms, treatments and a range of heat illness disorders from heat rash to heat stroke. General preventive steps include drinking plenty of water, wearing a hat and breathable clothing, and taking breaks under shade or inside a ventilated building or vehicle.

Clover Safe Notes can be reviewed and printed from the UCANR website at:

http://safety.ucanr.edu/4-H_Resources/Clover_Safe_Notes_by_Number/

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.

Ready, SET!

Have a SET Research Project? 4-H members can submit their research to the Journal of Emerging Investigators

Link: <http://www.emerginginvestigators.org/> The Journal of Emerging Investigators (JEI) is a journal that publishes original research in the biological and physical sciences. Under the guidance of a teacher or advisor, students have the opportunity to submit and gain feedback on their original research.

It's that Time of Year ...

- **Plan and schedule your Fair entries.** Work together to carpool or bring a friend's entries. Look for last year's **educational poster** to enter into the Youth Building at the Fair this year. Project leaders: check in with your project members to ensure the work done in the project will be showcased at the VC Fair.
- **Transition** the jobs between outgoing officers and the incoming officers in your club. This summer might also be a good time for doing some club planning. Make plans and set goals with the assistance of the Program Planning Guide <http://www.ca4h.org/files/76544.doc>
- Mark your calendar for **club officer trainings**... see page 4.
- Think about **National 4-H Week**, October 4-10. This is a great time to do some recruitment, talk to the community about the amazing things you've learned and skills you've gained in 4-H.
- **Recruit new leaders!!** Talk to parents and other potential volunteers about becoming a 4-H leader. They can get their feet wet with the lighter schedule during the summer, experience their first Fair as part of the group and then get certified at the New Leader Training in July or August.
- Start on your **Year-End Reporting**. Getting this done early in the summer saves you from the last minute headache that it can become at the end of summer.

Fair Comments

*Suggestions, Kudos,
Complaints, Ideas?*

We need the positive and areas to improve for a complete report.

In order to ensure our fair comments are prepared and submitted to the Fair we must receive these comments by **5pm on August 20th**. A summary will be available for comment at the County Council Meeting on August 26th.

Submit to Valerie Grant at vgrant@ucanr.edu.



Get ready for Fair! More than just livestock, the Fair offers tons of opportunities for 4-Hers to show off their hard work. Visit the Fair website for the Entry Guide, entry dates (many in July) and other contests. Online entries will begin in June. <http://www.venturacountyfair.org/fair/entryguides/>

Healthy Living

4-H Healthy Living Event/Club Assessment

Do you enjoy a challenge? Do you enjoy cooking? **Food Network's Chopped Casting for Youth Chefs!** Chopped, Food Network's exciting culinary reality series is currently casting for the most talented kid chefs around the country who have what it takes to compete in culinary competitions. They are in search of young culinary masterminds between the ages of 9 and 17 who can take the heat in the kitchen and the competition! This could be your chance to represent 4-H and showcase your cooking talent. Consider using local Ventura County grown fruits and vegetables!

For more information and how to apply, please visit www.js casting.com. If you have any questions or require information, please email choppedkidsandteens@notional.com.



Calendar

7/1 Large Livestock PDC at 7 pm
7/13 4-H Volunteer Training 6 pm at 4-H Office
7/17-19 VCF Horse Fair
7/22 Record Book Judges Orientation, 9 am at 4-H Office
7/23-26 State Leadership Conference at UC Irvine
7/27 Record Book Judges Orientation, 6:30 pm at Vacca Home
7/31 Deadline for youth re-enrollment for fair
8/5-16 Ventura County Fair
8/19 Volunteer Training 6:30 pm at 4-H Office
8/20 Record Books Due at 4-H Office for County Judging
8/20 Fair Comments Due to vgrant@ucanr.edu
8/25 4-H Officer Training 5:30 pm at 4-H Office
8/26 4-H Council Meeting at 4-H Office 7 pm for leaders & 9th grade +
8/31 4-H Officer Training 5:30 pm at 4-H Office
9/1 Year-End Reporting Due
9/11 Record Book judging, 9 am – 3 pm
9/21 Record Book Special Award Interviews 3:30 pm – 5:30 p.m.
9/26 Ventura County Farm Day
4-H Office Closures
7/3- 4-H Office closed in observance of Independence Day
9/7-4-H Office closed in observance of Labor Day

Reconnect with 4-H on **Facebook**. There will be many pictures of fair and other upcoming events, that won't all fit in CloverLines. Log on to check them out. Forward interesting pictures and stories to either Valerie Grant at the 4-H Office vgrant@ucanr.edu or Jenean Bass, Council President at venturaco4-Hcouncil@gmail.com

Are you an aspiring actor or filmmaker?

Enter the 2015 National 4-H FilmFest

<http://4h.missouri.edu/go/events/filmfest/>

FilmFest 4-H is a national film festival. This festival is for creative people, visual artists, filmmakers or those who are just interested in meeting other creative people!

Submit a film:

<http://4h.missouri.edu/go/events/filmfest/2015/filmsubmissionform15.pdf>

See top films of 2014:

<http://4h.missouri.edu/go/events/filmfest/results2014.htm>

4-H Office Information

Office hours Monday-Thursday,
8 am 5 pm except UC holidays
Friday 8 am – Noon or by Appointment
669 County Square Drive, Suite 100
Ventura CA 93003

General Email: uccev4h@ucanr.edu

Office Fax: 805-645-1474

Valerie Grant

4-H Community Education Specialist
805-645-1461
vgrant@ucdavis.edu

Annabel Faris

Program Coordinator
805-645-1464
awfaris@ucanr.edu

Susana Bruzzone-Miller

YFC Program Manager
805-525-9293 ext. 214
sbmiller@ucanr.edu

Christopher Smith

Director, UC Cooperative Extension - Ventura County
& Hansen Agricultural Research and Extension Center
805-662-6943
cmsmith@ucanr.edu

ARTICLE SUBMISSION

E-mail articles to vgrant@ucanr.edu.

Include your name, council name, the name of your activity, and if you are submitting images, please identify those pictured. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee's discretion.

Submission Deadline is the first Monday of the month for consideration in the following issue.

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities. University policy is intended to be consistent with the provisions of applicable State and Federal Laws. Inquiries regarding the University's Nondiscrimination Policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin St., 6th Floor, Oakland, CA 94607, (510) 987-0096.