



CloverLines

University of California • Cooperative Extension • Ventura County 4-H •

New 4-H Office Location!

We've Moved to the Farm

As of September, Hansen Agriculture Research and Extension Center (HAREC) in Santa Paula is the 4-H staff's new home.

HAREC supports a broad array of county-wide events including technical training for growers, and educational activities for youth, family and the community. Working collaboratively with UC Cooperative Extension Ventura County advisors and programs, Hansen REC's mission is to support research and educational activities for the sustainability and benefit of agriculture and natural resources in Ventura County. This makes having the 4-H office on the farm a natural fit.

For more information visit: <http://harec.ucanr.edu/>

The Hansen Agricultural Research and Extension Center is located at: 14292 W. Telegraph Rd., Santa Paula, CA 93060.

- Please enter through the Briggs Road entrance.
- If the gate is closed, press the call button on the gate keypad.
- Directions can be found here:
http://harec.ucanr.edu/About_Us/Directions_Map/.

A portion of our staff responsibilities involve the HAREC Fieldtrip & Classroom Outreach programs held Tuesday-Thursday Mornings. To be sure we are available let us know you intend to visit by calling or emailing:

Valerie Grant, 4-H Representative

805-525-9293 ext. 214, ygrant@ucanr.edu

Annabel Farris, YFC Program Coordinator

805-525-9293 ext. 206, awfarris@ucanr.edu



County Council Meetings will still be held at the Cooperative Extension Office in Ventura. If needed please make arrangements with us to pick up and drop off items at the Ventura Location.

We appreciate your cooperation as we settle into our new office and thank you for your commitment and dedication to Ventura County 4-H.

4-H Office Open House

Thursday, November 5th

5:30 to 6:30 pm

Tour our new 4-H Home, enjoy refreshments and then join the All-Stars for Awards Night held in the Big Barn at HAREC.



The Return of the Fifty Pound Challenge

Trick Or Treat So Others Can Eat

By Grace Morrison, TOTSOCE Teen Leader, Loma Vista 4-H

October is right around the corner bringing with it pumpkins, decorations, costumes, candy and fun! But anyone in Ventura County 4-H knows that October means a lot more than just Halloween. October is TOTSOCE season! For those of you who don't know, TOTSOCE is an acronym for "Trick Or Treat So Others Can Eat", our 4-H led youth community service project that collects non-perishable food donations for the Ventura County food bank FOODShare. Last October we introduced an exciting challenge for each 4-H member to collect 50 pounds of food. With this goal we were able to collect more than 6,300 pounds of food. In an effort to build on last year's success, we are AGAIN inviting each 4-H member to take up the 50 pound challenge! TOTSOCE is not only a great way to contribute to your community and gain community service experience, but this year all 4-H members who reach the goal will be awarded an official certificate from the County acknowledging their contribution. So are you ready to collect your 50 POUNDS?



It's easy to estimate 50 pounds of food. A full grocery bag holds about 10 pounds, so 50 pounds is about five full grocery bags. If each 4-H member collects 50 pounds, we would have over 20,000 pounds for FOODShare. This represents more than 4,000 meals to help feed local families. Through all of its agencies and partners, FOODShare serves nearly 75,000 people in our county each month. October is typically a month during which food banks struggle to meet demand as donations are often low. So if each of us brings in 50 pounds, we would be empowering FOODShare to make a huge difference in the lives of those they help.

This year's collection dates are October 1st - November 13th. Please join us at 5:30 PM on October 1st at FOODShare at the TOTSOCE KICK OFF PARTY for a behind-the-scenes tour of FOODShare and a personal understanding of how our efforts help those in our community.

NOTE: this event is open to ANY young person or youth group, and is not limited to 4-H members. So ask your school, church groups, or sports team to participate too! Last year Anna Bello, a Santa Rosa Valley Club member, collected over 790 pounds through her school, La Reina, in Thousand Oaks. Think of other youth groups you belong to and the potential for this event just grows and grows! We appreciate all youth participation To sign up any group simply email us at totsoce@gmail.com so we can send out starter kits and track all the donations for this great charity event. Spread the word about what we are doing at 4-H this October, and let's get others to participate with us! For more information visit the [4-H County TOTSOCE](#) web pages where you can sign-up and download the starter kit.

HOW TO REGISTER YOUR CLUB or GROUP: Each 4-H club in Ventura County is encouraged to participate in TOTSOCE and is asked to assign a junior or teen leader to run the project (this can be your community service officer, or another team member). Teen leaders should email us at totsoce@gmail.com and include the club name, teen leader name, phone number and email address, the number of participating members, and a goal for the pounds of food the club intends to collect. A 2015 Starter Kit including door hangers, flyers, thank you notes, and instructions will be emailed to you with registration.

ONLINE DONATIONS: There are many ways to collect the food donations. The typical door-to-door collection works great, as well as putting food bins at club meetings at your school, church or workplace through October. Remember, any youth group can register and participate. FOODSHARE also accepts online donations for TOTSOCE (during the Oct 1st through -Nov 13th only). Please share this link for [TOTSOCE Online Donations](#) and help us get the word out. It's an easy way to get your friends, family and other youth groups involved!

Collection dates: October 1st - November 13th.

TOTSOCE Kick Off Party- October 1st, 5:30 pm at FOODShare

3rd Annual Farm Day

Come Share 4-H at Farm Day!

On September 26, over 30 farms throughout the County will be opening their gates to the public to share what they do as part of Ventura County Farm Day. The UC Hansen Agriculture Research and Extension Center (HAREC) will be open as well and hosting a farm mercantile to attract even more people.

You can be a part of this special event by bringing a project to share and demonstrate*, a community service project to share or other just volunteer to assist on the day of the event. Shifts will be 10-11:30, 11:30 - 1 and 1-3. We have multiple venues, inside and out.

Email Gwyn Vanoni at gwvanoni@ucanr.edu to determine the best project, time slot, etc. for you to showcase all that 4-H is and can be. Act quickly, we expect that this opportunity will fill up fast.



Dream Big State Leadership Conference

By Audrey Hargleroad, Santa Rosa Valley 4-H

The 2015 State Leadership Conference was held at UC Irvine July 23 - 26. The conference theme was Dream Big. The first night we all went to Disneyland. We didn't go on many rides but I made a lot of new friends that night. We all ate huge turkey legs and sat down to watch everyone. It was fun being with all the kids from the conference. The next day there were different activities from which to choose. I did the kayak trip on the bay and a leadership session at Disneyland. At night was the Opening Ceremony and Ice Cream Party. Saturday I went to all the sessions with my new friends. We did yoga and meditation. At night there was a beach party and dance on the bay. There were four food trucks - one burger, one corn dog, one taco and an Icee truck. I had the burger and it was great! We danced on the sand, ate and had fun.

The last day we had a motivational speaker, Davey Muise from the band, Vanna. He had many challenges during his life and he has overcome them all. His message was to dig yourself out. He said "Find your shovel." He told us not to Dream Big, but to Do Big. At the closing ceremonies different members received awards. Some won the Diamond Clover Award, the highest honor in 4H. They also announced that next year's conference will be at California State University, Humboldt July 28-31, 2016. I hope to go with some of my friends from Ventura County!

**CELEBRATE
NATIONAL 4-H WEEK
OCTOBER 4-10, 2015**

Celebrate National 4-H Week with the 4-H Grows campaign launch. 4-H grows confident, capable, and caring kids with the life skills to thrive in today's world and succeed in their boldest dreams for tomorrow.

Contact the 4-H office for digital materials.



Share the Grows Story |



Coming Soon! Dates to be determined

4-H Science Night

Announcing the 2015

National Science Experiment:

Motion Commotion



This exciting activity will combine a speeding car collision and a distracted driving demonstration in a simulated activity that investigates the physical and human factors of motion. Motion Commotion will enable youth to explore the physics of motion and distracted driving. Dates TBD.

Path to the Stars

Do you see all those stars on 4-H hats and wonder how they were earned? Do you hear about Emerald Stars, All-Stars, State Ambassadors, Leadership Conferences and scholarships and wonder how to apply? Come to the Path to the Stars clinic and learn all the answers.

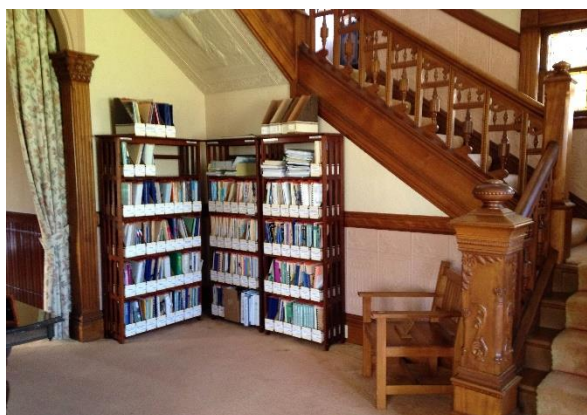
Dates TBD.



4-H Library

Our books have a new home, too!

Come visit the new 4-H Library at UC Hansen Agricultural Research and Extension Center in Santa Paula for all your curriculum and project planning needs! You'll find material on sewing and sowing and much, much more. Resources are available for check-out. Call at 805-525-9293 ext. 214 to schedule a time to browse the shelves.



Clover Safe Notes



Spotlight for September:

Skateboard Safety (Note #23)

As school is getting back in session, getting to and from class, project meetings, etc., may involve a bike, walking or a skateboard. If you or other members you know use a skateboard to get around, you will want to review this one-page tip sheet.

Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings

Healthy Living

4-H Healthy Living Event/Club Assessment

Clubs are encouraged to use the Healthy Living Event Assessment for 4-H events and activities to ensure they are the healthiest they can be. The checklist is available at: <http://4h.ucanr.edu/files/213332.pdf>



4-H Canada!

By Audrey Hargleroad, Santa Rosa Valley 4-H



Trying out In-N-Out



Our future's so bright we gotta wear shades.

I had fun hosting two 4-H members from Canada - Lucienne and Wyatt. They won their week-long trip to California through their Provincial 4-H Dairy Competition. A Province is a State and a Diary is a Record Book. They submitted their Diaries, had interviews and won the trip. They attended the State Leadership Conference with me and then we brought them home. They were really nice.

On the first afternoon we took them right to the beach. We all swam until it was dark then we took them to In-N-Out Burger. Wyatt had heard about it and had to try it. The next day we hung out at our house and worked in the barn. Then they went to our lamb meetings. Lucienne says the highlight was when she caught a lamb that got loose. At night we went swimming and watched a long movie.

The next day we went to Carpenteria Beach all day. A few of our 4-H friends met us there too. At the end of the day we walked around the town shopping where Lucienne and I bought matching sunglasses. We went to a Mexican restaurant for dinner. They had fajitas for the first time, but Wyatt would not try the guacamole. We stopped for ice cream at Foster's Freeze on the way home.

The next day they helped a lot in the barn. Wyatt raises steers and Lucienne is in the horse project. So they helped with washing, grooming and walking our animals. They gave me a few tips too. In the afternoon lots of 4-H friends came over for swimming and dinner. We had a bonfire and played cards.

On the last day we all said goodbye. I had a lot of fun showing two Canadian 4-H'ers how our family lives and how we do 4-H. I would love to host again or maybe go somewhere myself.

Beginning Lace Making hosted by Conejo-Simi Club

Beginning Lacemaking will be held at the Scandinavian Center and museum at California Lutheran University in Thousand Oaks, on October 6, 2015, at 5:30 pm – 8 pm. Fee is \$5 per child, includes materials. Must be 10 years or older and space is limited. Register with Edith Sorensen: kesorensen@yahoo.com.



You are invited to... 4-H Awards Night

Thursday, November 5

**6:30 pm at Hansen Agricultural Research and Extension Center
in the Big Barn**

County Record Book Awards, Club Charter Seals and many other accomplishments will be recognized at this year's Ventura County 4-H Awards Night

Style Update

4-H Manuals and Uniforms Get a New Look

2015-16 Record Book Manuals

The new edition of the 2015–16 Record Book Manuals are now available online and include several changes. Be sure to use current forms, which can be found at:

http://4h.ucanr.edu/Resources/Members/RecordBook/About_4-H_Record_Books/

The new manuals now are in two formats. One is shorter and easier to read for members. The other is longer and more detailed for adults who may want more background information to use for leading Record Book projects. The forms have been separated out of the manuals for ease of use — they don't have to be extracted from the manual anymore. The forms and the manual are intended to work together, so please be sure to download both a manual and the forms.

4-H Introduces NEW Uniform Guidelines

Based on an extensive process that included a 4-H member design contest and voting input from 4-H members and adults, the California 4-H Youth Development Program has adopted new 4-H uniform guidelines. Implementation of these guidelines will begin July 1, 2015 and is expected to take several years for full adoption. See the California 4-H Uniform Guidelines for complete garment details and the transition plan to the new uniform guidelines. See the [4-H uniform](#) page on the state website for more information and see the [California 4-H Uniform Guidelines](#) for complete garment details and the transition plan to the new uniform guidelines.

A Tip of the Hat

4-H Hat Guidelines

4-H Uniform Hats

The 4-H hat is a source of pride for the California 4-H Youth Development Program as we are the only state to have such a 4-H club hat. Many members use the hat to display their achievement pins and to wear during fairs. A 4-H hat is NOT required for membership in the California 4-H Youth Development Program or for participation in any 4-H activity, event, or occasion.

Guidelines Effective July 1, 2015:

Official green 4-H hat are branded with the University of California, Agriculture and Natural Resources (UC ANR) and the 4-H clover logo mark. These can be purchased through Leslie Carman 4-H Supplies as of **August 31, 2015**.

Youth who are currently senior level members may continue to use their white hat for the remainder of their 4-H career. New senior members as of **July 1, 2015** will be able to purchase a white hat until **December 31, 2015** and may continue to use their white hat for the remainder of their 4-H career. Senior members convert to the green hat if they choose. It is expected that by **July 1, 2020**, all members will be wearing the UC ANR 4-H branded green hats.



Fair Recap

4-H Shines at Ventura County Fair

It was a wonderful 2015 Ventura County Fair! Thank you to all the wonderful volunteers, hard-working members, fair staff, buyers, families, friends and fair patrons that made it great! It's not too early to start planning for next year.

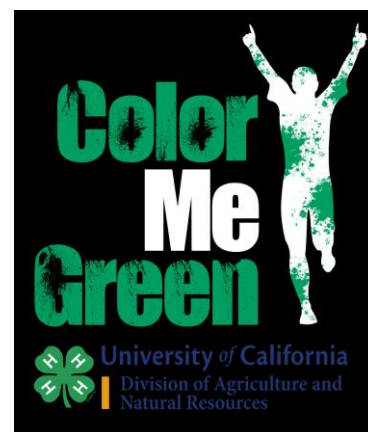


Left: Alexzander Santa Rosa with Briggs 4-H
Above: Participants at the poultry costume contest. 'Lookin' good!

Interested in Hosting a Color me Green 5K this March?

The *Color Me Green 5K Run* will provide your county and club with a state-wide service learning opportunity specific to the improvement of health. With the support of adult leaders, youth will organize and execute a 5K run in their community.

For more information, contact the 4-H Office and visit [http://4h.ucanr.edu/Projects/HealthyLiving/Color Me Green 5K Run/](http://4h.ucanr.edu/Projects/HealthyLiving/Color%20Me%20Green%205K%20Run/)



Council Corner

The Council met August 26th at 7p.m. Board reports included an update from treasurer Heidi Marshall regarding the budget. Grace Morrison reported about the upcoming Trick or Treat So Others Can Eat (TOTSOC). The All-Stars and State Leadership Conference delegates gave a report about this year's conference and the experience of hosting a 4-H exchange from Canada. Jill Lujan & Monika James, Small Animal Sciences PDC chairs, reported that the next meeting will be on Sept. 17 at 7 p.m. at Marie Callendars in Camarillo. Gwyn Vanoni from the 4-H office explained that 4-H will be represented at Ventura County Farm Day through feature pavilions at the Hansen Agricultural Research and Extension Center. Contact Gwyn to sign up for a time (gwwanoni@ucanr.edu).

Jenean Bass walked through the Fair review. Members and leaders provided input. The revised and completed Fair review is available on the Council webpage for reference (link below). Valerie Grant from the 4-H Office announced that the 4-H Office is moving to Hansen Agricultural Research and Extension Center in Santa Paula. 4-H Council meetings will continue to be held at the Cooperative Extension Office in Ventura. **The next meeting will be Wednesday, October 28, 2015 at 7 p.m. at the UCCE Office in Ventura.**

If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at venturaco4-Hcouncil@gmail.com. Agenda items should be received at least two weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us! The Council's page on the VC 4-H website is [http://ceventura.ucdavis.edu/Youth_Development/4-H/Ventura County 4-H Council/](http://ceventura.ucdavis.edu/Youth_Development/4-H/Ventura_County_4-H_Council/).

It's That Time of Year ...

Club Youth Board Planning-If your club's youth board hasn't already begun planning the calendar of activities for the year, now is the time.

Event Chairs - facility arrangements need to be set several months before the event. Get your facility applications completed and turned in to Annabel Faris at the 4-H Office so that they can go through the approval channels in a timely manner. Complete the application with ALL event details but **do not** sign anything. The organization name is **Regents of the University of California/UCCE – Ventura County 4-H**. The events page has full requirements <http://ceventura.ucanr.edu/Families - Communities/4-H/Cal Eve>.

Calendar

- 9/7 Office Closed for Labor Day (Ventura UCCE & HAREC)
- 9/12 Record Book Judging at UCCE Ventura Office 9-3pm
- 9/11 TIC Presenters Proposal Due Online
- 9/12 Southern Section Meeting UCCE Stanislaus
- 9/17 Small Animal PDC at Marie Calendars in Camarillo 7pm
- 9/21 Record Book Special Award Interviews at UCCE Ventura Office
- 9/25 EPDC Meeting 6 pm at Marie Calendars in Camarillo
- 9/26 Ventura County Farm Day- 10-3pm at HAREC
- 10/1 TOTSOCE Kick Off Party, 5:30 pm at FOODShare
- 10/1 TOTSOCE Collection Begins
- 10/4-10 National 4-H Week
- 10/6 Beginning Lace Making 5:30 pm – 8 pm CLU, Thousand Oaks
- 10/7 Large Animal PDC Meeting at 7 pm at UCCE Ventura Office
- 10/28 4-H Council Meeting UCCE Ventura, 7 pm. Leaders & Youth (9th Grade+)
- 11/5 4-H Office Open House 5:30-6:30 pm at HAREC
- 11/5 4-H Awards Night at HAREC Big Barn -6:30 pm
- 11/6 State Leadership Forum
- 11/11 Office Closed for Veterans Day (Ventura UCCE & HAREC)
- 11/13 TOTSOCE Collection Ends
- 11/27-28 Office Closed for Thanksgiving (Ventura UCCE & HAREC)
- 12/23-1/4- 4-H Office Closed for Holidays
- 12/31 Project Enrollment Deadlines

4-H Office Information

Office hours Monday-Friday,
8 a.m.-5 p.m. except UC holidays.
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ARTICLE SUBMISSION

E-mail articles to vgrant@ucanr.edu.

Include your name, council name, the name of your activity, and if you are submitting images, please identify those pictured. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee's discretion.

Submission Deadline is the first Monday of the month for consideration in the following issue.

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