



CloverLines



University of California • Cooperative Extension • Ventura County 4-H • November/December 2015

4-H Dining Out Fundraiser!

Pizza Night! Family Fundraiser

Benefitting
Ventura County 4-H

Where: Toppers Pizza Place
2408 Erringer Rd.
Simi Valley
385•4444 or 495•4444



When: Tuesday, December 15, 2015
3:00 p.m. to 9:00 p.m.

What: Toppers Pizza will donate back 20% of pre-tax sales generated by our group!

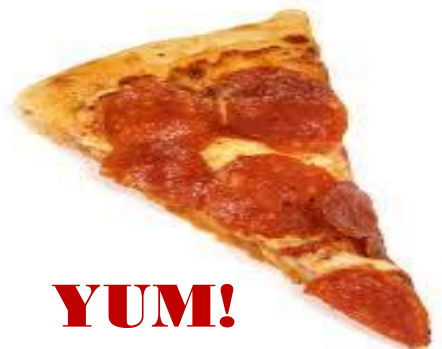
How to Help: Just follow these steps to help raise funds!

- 1) Bring the whole family to Toppers during the above period for a great pizza!
- 2) Show this flyer to the cashier when you place your order (or tell operator for phone orders).
- 3) No coupons or other discounts will be honored in conjunction with this fundraiser.
- 4) No flyers may be handed out in or around the restaurant during the event.



Proud to be part of the community!

- Delivery orders are included in the fundraiser, as long as the delivery location is inside our delivery area.
- Show flyer at left when you place the order.
- Flyers may not be handed out around the restaurant during the event
- Offer applies to Simi Valley Toppers Only
- 2408 Erringer Road
Simi Valley, CA 93065



YUM!

4-H State Advisory Committee



By Audrey Hargleroad, Santa Rosa Valley 4-H

The California State 4-H has Advisory Committees that you can apply to join. I am on the Citizenship-Service Learning Advisory Committee. We had our first meeting on November 1 in Davis. I drove up on Saturday and met up one of my 4-H friends that just started her freshman year at UC Davis. She is majoring in Plant Sciences and gave me a tour of the campus and her dorm. On Sunday I went to my committee meeting. We met the leader of our committee who works for the State 4-H and the other committee members. One of them was a youth member from Imperial County that I will see again at the Teen Involvement Conference. The meeting was at the 4-H State Office which was fun to see. Everyone had good ideas and we have a lot of work to do in the next six months. We will be working in teams to complete our work. We will be creating Curriculum and Project Sheets. I am looking forward to our next meeting in February.

The latest Record Book Manual and Record Book Forms are HERE!

Many old forms are accessible through search engines and on the county while we are updating. The 2015-2016 manual and forms must be used for County and State Competitions.

The Record Book Manual and Record Book Forms have been split into two separate documents.

Click the links below to download the most current manual and forms. Current Manual (PDF): [2015-2016 Record Book Manual](#)

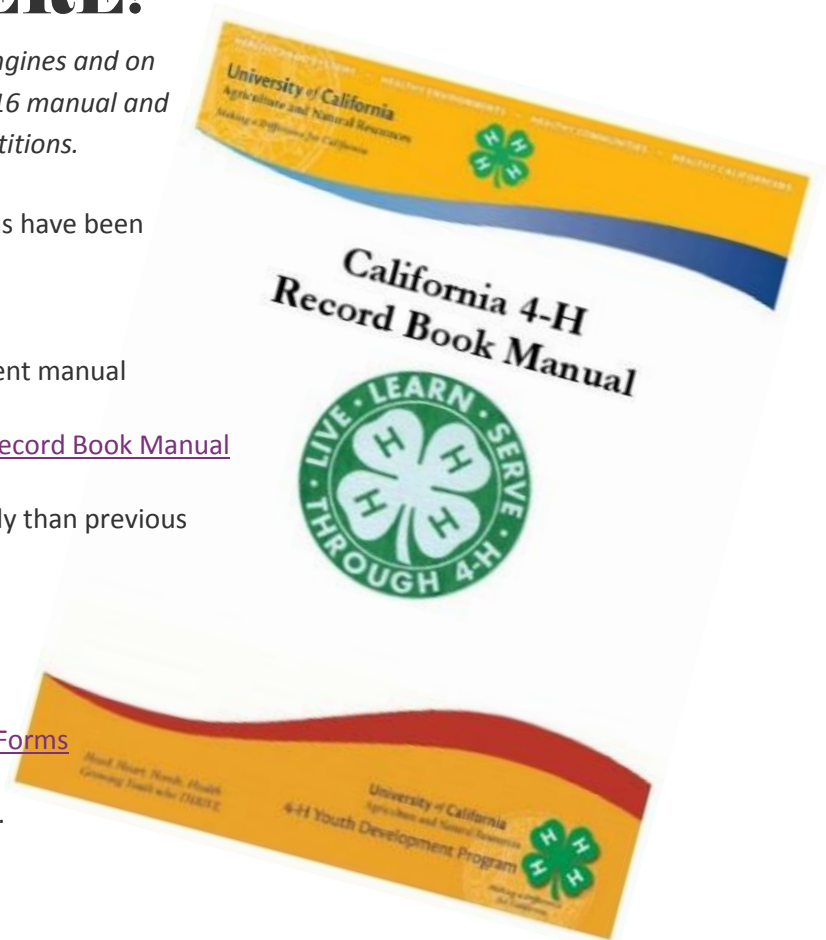
This manual was designed to be more kid-friendly than previous versions. For more in-depth information,

see the [Record Book Manual for Adult Partners](#)

Current Forms (Word): [2015-2016 Record Book Forms](#)

County Presentation Day Saturday, April 2, 2016.

The location is to be announced.



New Adult Volunteer Leader Certification

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions on the State 4-H website at <http://www.ca4H.org/Administration/Policies/Chapter6/>.

Volunteer positions range from Community Club Leader, Project Leader, other Key Leader, General 4-H Volunteer and/or Enrollment Specialist. Each club's needs are different. Ask your club leader or 4-H staff exactly what you can do to help.

Please use the link next to the Training date below to RSVP.

Date: Monday, December 7 10:00-11:30 am

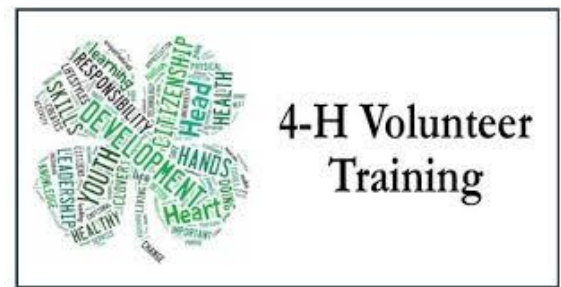
Link: <http://ucanr.edu/survey/survey.cfm?surveynumber=16741>

Date: Monday, January 11 6:30 pm*

<https://ucanr.edu/survey/survey.cfm?surveynumber=16772>

Date: Tuesday, January 26 6:30 pm*

<http://ucanr.edu/survey/survey.cfm?surveynumber=16774>



*With at least a 10 volunteer commitment, Live Scan on-site will be available at 6 pm for \$20 and the show of your valid picture ID. Otherwise you may have your Live Scan done at the location of your choice.

The trainings will be held at the 4-H Office at 669 County Square Dr., Ventura, CA 93003-9028. The trainings will begin promptly. Due to the large amount of material, please be on time. You must attend the entire training to receive your training certificate.

Ventura County All-Stars to Host Color Me Green Run

By Caleb Phillips, Ventura County All-Star, Santa Rosa Valley 4-H

Greetings from the Ventura County All-stars!

For our All-Star project we are planning a Ventura County 4-H *Color Me Green Run*

scheduled for Saturday, March 5, 2016 at Santa Rosa County Park. We are hoping to make this a fun event with have games, contests and prizes. We are also looking for volunteers to help us with the event. Volunteer participation will count towards leadership. With your help we are hoping to make this a successful event. If you would like to join the *Color Me Green* committee please email our All-Star advisor Jackie Larson at jwlarson3@gmail.com.



Super Field Day 2016 will be held Saturday, April 23 at Hansen Agricultural Research and Extension Center in Santa Paula

Here is what Ventura County 4-Her have to say about Super Field Day!

Swine Bowl

By Alison Reiman, Santa Rosa Valley 4-H

Swine bowl is a knowledge competition that takes place only once a year at Super Field Day. It's open to any swine project member in Ventura County. Teams of four compete by answering questions ranging from breeds and diseases to proper husbandry practices and showing techniques.

We would like to encourage every club with a swine project to put together a swine bowl team or two! Most of the studying and preparing for the competition is done before we get our pigs so it's a great way to have some extra fun with other project members. Study guides are provided so everyone can participate, even if you are new to the project. What better way to get involved and learn about pigs? It's always fun to see the kids we competed against last year as well as new faces. Getting to know members in other clubs makes the fair even more fun. The knowledge learned from Swine Bowl helps raise better animals as well as improving competition in the show ring.

We hope to see you at the Swine Bowl!



Swine Bowl 2015

Rabbit Hopping Super Fun

By Claire Hadley, Loma Vista 4-H



Last year I took my rabbit Leo to Super Field Day. I signed Leo up for rabbit hopping and I signed myself up for the rabbit Knowledge Bowl. I worked hard with Leo but he didn't seem very interested in hopping. On Super Field Day he ran very hard and he won first prize in the rabbit hopping Junior Division! Next I did the Knowledge Bowl. I had studied a lot for it but I didn't know how I'd do. I came in first place! I



had a great time and recommend you go! My family also loved being there.



SAVE THE DATE

Super Field Day

When: Saturday, April 23, 2016 from 9 am to 2 pm

Where: Hansen Agricultural Research and Extension Center

14292 W Telegraph Road, Santa Paula 93060

Cost: \$15 to participate in one or more event. \$5 for youth spectators. Adults Free

Make plans to participate in Ventura County's largest Countywide Educational Event! Winter Break is a great time to work on your educational posters!

Youth and Adult Volunteers are still needed to lead activities! Contact: Terri Hargleroad: thargleroad@aol.com.



Become a State Ambassador!

Applications are now open at Apply to Become a State Ambassador - UC 4-H Youth Development Program
Deadline February 16, 2016

The State Leadership Conference is scheduled for July 28-31, 2016, at Humboldt State University. Registration opens early in February 2016. Join the State Leadership Conference Team. Go to Become a Program Assistant at http://4h.ucanr.edu/4-H_Events/SLC/.

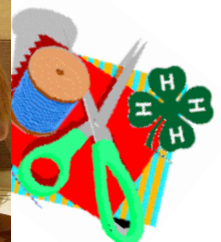
New Healthy Living Officer Training!

The Healthy Living Officer serves as the 4-H club's ambassador for health. By choosing to elect a Healthy Living officer your club is taking an active role in promoting healthy lifestyles. The Healthy Living Officer will be the leadership for all health activities such as providing ideas on how to incorporate physical activities and healthy eating into each club meeting, writing Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health "H" of 4-H is at the forefront of all our meetings. Consider electing a Healthy Living Officer for your club! The Healthy Living Officer Training can be found at:

http://4h.ucanr.edu/Projects/HealthyLiving/Become_a_Healthy_Living_Officer/.

Looking Ahead

Our next **Food Faire and Fashion Revue** is scheduled for Saturday, February 27 at Sacred Heart Church, 10800 Henderson Road Ventura, 93004. (Note the date has changed from February 6.) The 2016 theme is Western Bonanza.



2015 Science Night - Physics Are *Phun*

By Mitchell Burr, Santa Rosa Valley 4-H

Ever wonder if your response time varies when you are distracted versus not distracted? Well, wonder no more. The answer is yes! At the Ventura County 4H Science Night that was held on Tuesday, October 13, 4-H members from around the county took the challenge to see if texting while working would vary completion times. It sure did! We also learned about Newton's Laws of Motion and enjoyed testing what happens when a moving object hits another moving object. One of our results was that texting while driving is a very bad idea, which is why there are laws against it. At the end of the night, each group was given the opportunity to present their results to everyone. A huge thank you to Monica Stanley & Diana Enos for leading and coordinating this event!

Who knew physics could be so much *phun*?!



Awards Night

Congratulations to all and a huge thank you to the Ventura County All-Stars for hosting a great Awards Night!



4-H Collaboration with Schools



By Anna Sorensen, Conejo-Simi 4-H

The Conejo-Simi 4-H club participated in the grand opening and ribbon cutting ceremony of the Edible Lab at Sycamore Canyon Elementary school. We brought goats, rabbits, guinea pigs, Bee Hotels, and various things that 4-H kids in our club have made for fair. We demonstrated bunny hopping with my rabbit Hubble, and educated the community about the usefulness of bunny poo as fertilizer in gardens. All the children were able to pet and interact with our animals. We had a great time there educating the public about 4-H, and I personally liked the rabbit hopping demonstration because many children thought it was awesome.

By Regina O'Brien, Conejo-Simi 4-H

I took my crocheted bag that I won first place for at fair, as well as another bag I was working on, an apron and pants I sewed. My sister, Natalie, brought her guinea pigs, Caramel and Stormy. We educated the kids on different breeds of guinea pigs and rabbits. Anna also brought goats and educated kids on the different breeds and if they were dairy or pygmy. We had multiple booths on bees, plant cells, and edible plants.

By Natalie O'Brien, Conejo-Simi 4-H

All the kids got to see a rabbit hopping demonstration and pet a guinea pig, both raised in 4-H. It was very fun getting to teach kids and parents about 4-H and the animals. We had a table set up with crocheted work and bee information. Our head of 4-H, Valerie Grant, also set up a table with plant cell information. Many of the kids loved the rabbit hopping and getting to pet and hold guinea pigs. We had a great experience at the school and so did the kids getting to learn.

4-H Library

Getting ready for Food Faire and Fashion Revue? Explore the fantastic collection of foods, health, clothing/sewing, consumer education and crafts curriculums available in the 4-H Office curriculum lending library. Call/email ahead to ensure that someone will be available to assist you or to ensure that a specific title is available for you to borrow. Check here for a detailed list of curriculum: http://ceventura.ucanr.edu/Families_-_Communities/4-H/Leader/4-H_Library/Family_-_Consumer_Science/



We also have a box of donated fabric (mostly small pieces) available for 4-H project use.



Council Corner



This meeting covered special updates from the University of California County Director Christopher Smith regarding keeping our programs focus on education. This includes suggested resources for bullying <https://www.nttac.org/index.cfm?event=trainingCenter.traininginfo&eventID=9>.

The next County Council Meeting will be held at 7 pm on Wednesday, January 27 at 7pm at the Cooperative Extension office in Ventura, 669 County Square Drive, Suite 100, Ventura, 93003.

It's That Time of Year ...

- Getting projects underway-Now is the time to get projects off on the right foot.
- Project Sheets - 4-H project sheets are designed to help 4-H volunteers determine meaningful content and lead youth in hands-on activities. 4-H youth and their families may use these sheets to decide which project they might be interested in. http://4-H.ucanr.edu/Projects/Project_Sheets/
- New Adult Volunteer Leader—There is still time to become a volunteer leader this year. See page 3.
- Animal Projects - now is the time to have initial meetings where expectations, responsibilities and true costs are reviewed. Project leaders should also review their plan for the project year to ensure that it includes sportsmanship, husbandry and ethics. Animal Project Commitment Letter <http://ceventura.ucanr.edu/files/173596.pdf>
- Jr/Teen Leaders - get started by meeting with the project leader to determine your responsibilities and goals for the project year. Use the report to help work through these steps. <http://4-H.ucanr.edu/Programs/Clubs/JuniorTeenLeaders/>



Calendar

12/1 Club Transfer Forms must be complete
12/7 New Volunteer Leader Training 10 am at UCCE Vta.
12/15 VC 4-H Dining Out Fundraiser at Simi Valley Toppers
12/21-1/4 4-H Office Closed for Holidays
12/31 Project Enrollment Deadline
1/6 Large Livestock PDC -7pm at UCCE Ventura
1/11 New Volunteer Leader Training 6:30 pm at UCCE VTA
1/20 Presentation Day workshop (youth, parents, leaders)
6:30 pm at UCCE Ventura
1/26 New Volunteer Leader Training 6:30 pm at UCCE VTA
1/27 County Council Meeting-7pm at UCCE Ventura
2/4 Record Book workshop (youth, parents, leaders) 6 pm at UCCE Ventura
2/27 Food Faire and Fashion Revue at Sacred Heart Church
3/2 Preliminary Presentation Day
3/5 Color Me Green Run
3/19 County Presentation Day
4/23 Super Field Day at HAREC
HAREC - UC Hansen Agricultural Research & Extension Center in Santa Paula
UCCE Ventura - UC Cooperative Extension Ventura County, 669 County Square Drive. Ventura 93003

4-H Office Information

Office Hours by Appointment Only
Closed on UC Holidays
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ARTICLE SUBMISSION

E-mail articles to vgrant@ucanr.edu.

Include your name, council name, the name of your activity, and if you are submitting images, please identify those pictured. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee's discretion.

Submission Deadline is the first Monday of the month for consideration in the following issue.

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