



University of California • Cooperative Extension • Ventura County 4-H • February 2016

50 Pound Challenge: Trick or Treat So Others Can Eat

TOTSOCE 2015 Brings in More than 7500 Pounds of Food for FOOD Share

By Grace Morrison, TOTSOCE Teen Leader, Loma Vista 4-H

Our 18th year of Trick or Treat So Others Can Eat was a resounding success! From October 1 through November 13th, "TOTSOCE", our county-wide 4-H youth-led food drive that benefits FOOD Share, our county food bank, went into action, and our 4-H youth members and other youth groups collected vast amounts of food for the Ventura county community. Efforts this year strongly exceeded last year, with some remarkable hard work by individual 4-H members and several key 4-H clubs, along with the many other youth groups who participate with 4-H.

All said, the entire effort hauled in just under 7,500 pounds this year! This is not including monetary donations or food donations to other food-banks. This year, the "50 Pound Challenge" was used again through Ventura County 4-H clubs to encourage each member to hit a personal goal of 50 pounds



or more of collected food. To simplify this goal, it's the equivalent of 5 full brown grocery bags of canned or dried goods. It seems with the results below, that many were up for this challenge, making this year a huge success.

Most noteworthy were the efforts of Loma Vista 4-H Club who collected 2,098 pounds! This could not have

been achieved without the incredible help from the Ruby and Piper Snowber who together collected 1,200 pounds. The Snowber sisters brought the TOTSOCE effort to their school, Cape Charter School in Camarillo, and got the whole school involved. This "Beyond the Club" participation is what really increases the results and impact of this community service program, and does a tremendous PR job demonstrating what

4-H Club	50 LB Challenge	LBS
Name	Members 2015	Collected
	Anna Sorensen, Anna Linham, Natalie	
	O'Brien, Regina	
Conejo-	O'Brian, Norah	
Simi	Morrissey	310
	Noah Burr, Ian Burr,	
	Mitchell Burr, Grace	
	Nicol, Allie Reiman,	
	Tryssa Deruyter,	
	Rebecca Paxson,	
	Claire Boone, Brett	
Santa Rosa	Bowman, Bella Loza,	
Valley	Michael Paxson	967
Piru		
Canyon		215
Los Posas		120
Mira	Collette Victorino,	
Monte	Voigt Family	390
	Grace Morrison,	
	Emma Zeko, Piper	
	Snowber, Ruby	
	Snowber, Natalie	
	Hoff, Patrick Pandolfi,	
	Adler Striegel, Jones	
	Lees, Katie Everton,	
	Adeline Vertucci,	
Longo Migt-	Livia Vertucci,	2000
Loma Vista	Jasmine Alfaro	2000
	Total:	4002

4-H membership is all about to our greater community. Great job to Ruby and Piper for all your hard work and for showing your school what 4-H leadership can do! Hopefully your work will inspire more 4-H members to take TOTSOCE beyond the club!

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Many of the Ventura County 4-H clubs were very successful in collecting donations. Santa Rosa Valley 4-H was a great contributor by collecting just under 1,000 pounds. In late October, the Ventura County Star published a great article

highlighting the collection efforts of SRV club, which again brought great focus to the leadership and community service efforts of our 4-H members. We also congratulate Miramonte Club who brought in 390 pounds and Conejo/Simi Valley 4-H club who collected 310 pounds. Los Posas 4-H also was a contributor by bringing in 120 pounds, along with Piru Canyon who collected 215 pounds. Great work by so many members and so many clubs!

The success of this event also depends on strong participation from many groups beyond 4-H. Camarillo AYSO brought in over 2,100 pounds in their fifth year participating in TOTSOCE. Thanks to Chris



Middleton who organizes all the field contributions from all the region's soccer teams and kept this great group of youth athletes motivated during the entire month of October. Other groups who helped this year were Fusion Soccer Club, Missionary School and Newbury Park High School.

Our congratulations to all who participated and we welcome many to join us again next year. This event is the perfect example of how 4-H leadership and citizenship can truly impact the community we live in. Trick Or Treat So Others Can Eat is an event that truly embodies the Head, Heart, and Hands and Health for all.

Teen Involvement Conference

by Diego Martinez, Santa Rosa Valley 4-H

In January nine members from the Santa Rosa Valley 4-H club attended the Teen Involvement Conference (TIC) in Mountain Center, California. The conference helps teens improve their leadership and speaking skills by engaging in different group activities and presenting and attending several sessions on a variety of topics.

This year the SRV 4-H teens organized and presented sessions on *How to* Respect and Retire the American Flag,



The Importance of Helmets and How to Wear them Properly, and How to Make Paracord Bracelets. These and the other sessions prepared by other 4-H groups were entirely organized and presented by teens for other teens from various



counties across Southern California. Besides attending the sessions, the teens engaged in other fun activities like Dye Wars (an exciting version of capture the flag involving throwing bags of colored corn starch at each other!), fun ice-breaker games at the beginning of camp, and an evening of music, dancing, foosball, ping-pong and arcade games. The food and snacks were delicious, too!

Many teens had attended the previous years and enjoyed catching up with each other again, and there were several new faces joining the fun. We hope to see even more teens at the TIC Conference next year.

Featured Club

Chief Peak 4-H



by Zachary Gorman, Chief Peak 4-H Vice President

Chief Peak 4-H is located in Upper Ojai and meets on the second Tuesday of each month at Summit Elementary School at 7:00 pm.

Our club helps out the community often. This year we volunteered at the Lavender Festival in Ojai assisting with parking, we made blankets and donated them to the animal shelter, we collected a ton of food for Trick or Treat so Other Can Eat and we made care bags for the homeless.



Every December our club has its annual cookie baking and decorating party. The decorated cookies are donated to the homeless shelter and we get to take a plate home as well.

In February our club makes dinner to bring to the homeless shelter. There we meet people and help serve the dinner we prepared. We made pulled pork sandwiches and coleslaw last year. It was such a big hit, we're doing the same thing again this year.

During our general meetings we do important stuff, but we also have lots of fun. We play lots of games like tic tac toe. This game involved M&Ms, a straw and a tic tac toe board and no using hands. Our presentation game involves getting up in front of the club after selecting a mystery bag and coming up with an on-the-spot presentation pertaining to the bag's items. We also play a hot seat game which involves club members interviewing each other. During Halloween we have a Halloween Gross out. Buckets are filled and covered with gross feeling things. We stick our hands in and try to guess what we're feeling. And this year our club had a Sky High Night where we all met up and got to jump around and act silly.

Our club is very busy and since we are small we can do lots of fun things that teach us about our projects, our surroundings and each other.

Upcoming Featured Clubs

March	Citrus Valley and Conejo Valley	First Monday in February
April	Del Norte	First Monday in March

The Write Stuff

CloverLine Style Sheet

When submitting articles for publication to CloverLine, please adhere to the following styles:

- The organization name contains a hyphen: 4-H instead of 4H or 4
- Use only Calibri 11 point font
- Insert only one space after a period
- Single space your writing
- Don't indent paragraphs. Separate them with a single return.
- Proofread your writing carefully
- When submitting images, indicate who is in the photos.



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State Record Book Contest Results for Ventura County

Medalists: Malia Miyashiro, Audrey Hargleroad Merits: Nicole Bellmore

Congrats!!





Come out and run with your 4-H friends and go home Green! The Color Me Green Run takes place on Saturday, March 5, 2016 at Santa Rosa County Park. You can walk, run or skip along the beautiful Santa Rosa Valley trail system. This is not a timed event – it's just a fun way to get everyone moving. There will be prizes for the best cartwheel, craziest hair, craziest socks, best hat and tutu and most push-ups.

We are also looking for volunteers to help make this event the best. It will count towards leadership. If you would like to join the Color Me Green committee please contact our All-Star advisor Jackie Larson at jwlarson3@gmail.com.

To register, use the following link to enroll: http://ucanr.edu/survey/survey.cfm?surveynumber=17158.

A Very Special Thanks to All of Our 4-H Donor Friends!

Gold Level

Ranch Largo, LLC Pyramid Flowers



Silver Level

MJ Industries
Friends Ranch
Vectra Medical INC
James Lloyd Butler Family LLC
Ralph Harrison
R, W Fulkerson
G Nichols

Bronze Level

Gina M. Mulhern
Dan Long
Deborah Meyer Morris and
Jeffrey Morris

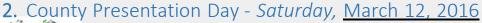
Linday and Robert Donovan
Tulare County Stockyard, Inc.
Titus Painting
Finch
Oro Del Norte, LLC
White Seed Company
Gary and Vicki Nichols
Freska Produce

Please thank these community members for their support!

Ventura County 4-H Presentation Days

MARK YOUR CALENDARS

Preliminary Presentation Day - Wednesday, March 2, 2016
 at the Ventura County 4-H Office, 669 County Square Dr., Ventura
 (individual times assigned between 2:30 pm and 6:30 pm)



at the Ventura County 4-H Office, 669 County Square Dr., Ventura

(9:00 am to 2:30 pm)

Giving a 4-H Presentation is a great learning experience for 4-H members. We encourage all 4-H members to participate this year!

- Participate in one or more categories, such as Demonstrations, Interpretive Readings, and Speeches
- Attend Preliminary (Practice) Presentation Day to help you prepare for County Presentation Day
- Compete to win medals and ribbons
- Take part in a Share-The-Fun Skit
- Learn interview skills
- Compete in Cultural Arts by playing your musical instrument or dancing
- Get the communication credits you need to earn your 4-H stars!
- County Presentation Day counts as an event in your Record Book
- Opportunities to be a Room Host
- Come and observe at County Presentation Day to learn all about presentations!

Register Online at: http://ucanr.edu/survey/survey.cfm?surveynumber=17256 for one or both Presentation Days.

Registration deadline is February 17, 2016

For information about all presentation categories, see the 4-H Presentation Manual at: http://4h.ucanr.edu/files/22608.pdf

For information about mock interviews and job descriptions, see manual at http://www.ca4h.org/files/51307.pdf

For mock interview job list for 2016, go to http://4h.ucanr.edu/4-H_Events/SFD/Interview_Contest_/

If you're unfamiliar with 4-H Presentations or have any questions, please contact Heidi Marshall (marshfam6@gmail.com) to get more detailed information so you can participate in these fun events!

#VenturaKindness

In honor of the city's 150th birthday on April 2, 2016, Ventura Mayor Cheryl Heitmann is asking residents to give the city a gift by spreading kindness. Post pictures, words and videos of your acts of kindness, big or small, or any that you observe at #Ventura Kindness on our various social media platforms. The goal is a wonderful gift of one million posts.





Find Yourself in Agriculture!



Agriculture Career Fair Thursday, March 3, 2016, 4-6 pm

Meet over 40 movers and shakers in Ventura County agriculture, including Limoneira, Agromin, Cal Poly Pomona and more.



Develop valuable skills in: Resume Writing, Interviewing, and Professional Networking. Explore careers and internships in:

- Agroscience
- Packaging
- Horticulture
- Transportation
- Farming and Ranching
- Food Science
- Agribusiness
- Pest Management
- Natural Resources
- and more!

Agriculture Museum, Santa Paula FREE!

For more information please call or email Kay Clark: kclark@venturamuseum.org 805-525-3100

Museum of Ventura County Agriculture Museum

926 Railroad Ave.Santa Paula, CA 93060











Ventura County 4-H Presents 2016 Super Field Day Saturday, April 23 • 9:00 to 2:00

Hansen Ag Research Ext. Center • 287 Briggs Road, Santa Paula

\$15 to participate in one or more events / youth spectators only \$5 / Adults Free

Showmanship Competitions (in 4-H Uniform) – Must be enrolled in the animal project.

Bring your animal, compete in showmanship, and test your knowledge on your species and breeds.

- Cavy Join the fun learning to play Guineaopoly.
- Poultry Have fun with your chicken on the obstacle course.
- Pygmy Goats We love to see these cute little goats!
- Rabbits The rabbit hopping course is great fun!

<u>Team Competitions (Teams of 4) – Participants must be enrolled in related 4-H project.</u>

Swine Bowl – Take part in the 4th Annual Ventura County Swine Bowl.

And There's More! (Participants must be enrolled in related 4-H project.)

- Archery Bull's-eye! Just how well do you know archery?
- Beef Don't have a cow, just moooove on down to test your knowledge on beef.
- Dairy Goats Test your knowledge and check out the dairy goat prep clinic.
- **Dogs** Bring your dog and its crate to compete in dog obedience
- Horse Canter over, test your equine knowledge and learn to rope.
- Riflery Aim high and take this knowledge test.

Try something new - Open to all 4-H members:

- Livestock Judging You be the judge! Judge large livestock conformation from photos.
- Plant Science Stroll through the Farm's garden, and check your plant expertise.
- Vegetable Judging If you can tell a radish from a rutabaga you can win this one!

Extras

- **Posters** Compete with your educational poster for any of the above projects. Please laminate your poster and add grommets on all four corners for display.
- **Speakers Corner** This is your opportunity to make a presentation for your Record Book or proficiency. No competition; no time slots; come on over whenever you're ready.
- Medals and Ribbons will be awarded to junior, intermediate, and senior winners. All primary entrants will receive ribbons.
- Passport Take your passport to each station for a stamp. Collect them all to win a prize!
- Food Drinks and snacks are available for sale. Bring your blanket and your own picnic lunch, or pre-purchase a Subway lunch for \$6. Proceeds to benefit the Equine PDC.
- **Demonstrations** Demonstrations of goat milking, animal care, and more throughout the day.
- Silent Auction Come and bid on wonderful items of all kinds to help the Small Animal Sciences PDC raise funds for Fair belt buckles.
- Uniform Exchange Bring your outgrown 4-H uniforms to pass along to others, and find something new for yourself – for free!

Details for your events will be sent to you when we receive your registration.

Register online by April 15 at https://ucanr.edu/survey/survey.cfm?surveynumber=16744

Presentation Day Workshops

Educational Goals

- ✓ To help 4-H members develop good communication skills
- To help members develop creativity, self-confidence, and leadership
- ✓ To provide an opportunity for members to share what they have learned.

All workshops take place at the Ventura County 4-H Office, 669 County Square Dr., Ventura



- 1. Presentation Day Workshop #2 Thursday, February 11 at 6:30 pm
 Please come even if you were unable to attend Presentation Day Workshop #1
- 2. Presentation Day Workshop #3 Thursday, February 25 at 6:30 pm

<u>For Presentation Day Workshops register online at:</u> http://ucanr.edu/survey/survey.cfm?surveynumber=17086
If you have previously registered for an earlier presentation day workshop you need not re-register.

PDC Updates

- Large Livestock: The next Meeting is March 2 at 7 pm at the UCCE Ventura County Office. Following meetings will be held on May 4 and July 6.
- Small Animal Science: The next meeting is March 2 at 7 pm at the UCCE Ventura County Office.
- Equine: The next meeting is to be announced.
- Home Arts PDC: Plan to attend the Food Faire & Fashion Revue Western Bonanza on February 27, 2016.

February

It's that time of year ...

• Update Club Information on 4-H Online

There will be a national advertising campaign in spring to promote 4-H membership.

By March 1: Please update your club information in 4-H Online, including address, meeting times, and club contact information. The information from 4-H Online is shared on the 4H.UCANR.edu website located on the County 4-H Offices webpage. Users can enter their zip code or county to find the nearest 4-H clubs. The system will show a county map, UCCE county 4-H office contact information, and a list of clubs with contacts and meeting times.

- Leaders should have collected all of their members' signed Animal Commitment Letters for animal projects. The Animal Commitment Letter approved by the Council is available at http:// ceventura.ucanr.edu/files/173596.pdf These letters ensure that members are aware of the commitments involved in taking on an animal project as well as the expectations of the leader and this particular project.
- Think about reviewing the club officer positions at the next meeting. Nominations are only a month or two away and it helps to get everyone thinking about the position that best suits him or her.
- Club leaders: Order year pins by Feb. 25, 2016.
- Review club inventory. Is there property on the inventory that is damaged, lost or otherwise unusable? Now is the best time to make the appropriate changes.

4-H Treasurer's Tip

To help clubs gain practice, experience and best prepare for end-of-year annual financial reporting, one optional activity is to conduct a mid-year peer review of the club's finances. This provides an opportunity for any issues that exist regarding the club finances to be addressed and resolved, and learn ways to improve for the remainder of the program year. Staff and volunteers can find these resources in the 4-H Treasurer's Manual and the individual forms needed are: Form 5.2 Mid-Year Club Peer Review Report and Form 5.3 Mid-Year Club Peer Review Committee Checklist, also found on the Youth Officers page, http://4h.ucanr.edu/Programs/Clubs/Officers/.

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The Ventura County Fair

It's just around the corner!

FAIR DATES: Verify with Fair Website: http://www.venturacountyfair.org/fair/entryguides/

Large Livestock Quality Assurance/Ethics Training: Training dates coming soon

2016 Small Livestock Exhibitor Informational Meetings:

All small livestock exhibitors are asked to attend an informational meeting for the 2016 Ventura County Fair.

Meeting dates:

February 13 Santa Rosa Valley Club House at 11:00 am

March 12 Barn 100 at 11:00 am
April 16 Barn 100 at 11:00 am
May 7 Barn 100 at 11:00 am

Attendance at one of the above meetings is *mandatory* for market meat pen exhibitors.

Note: All market animal exhibitors are required to attend a quality assurance/ethics training to be eligible to participate in the 2016 Ventura County Fair.

Exhibitors who attended quality assurance training in 2013/2014/2015/2016 taught by the State Training Instructor have met the quality assurance/ethics training requirements for 2016. To verify that you have met the requirements for the 2016 Ventura County Fair use the 2016 Quality Assurance Master Log link below:

2016 Quality Assurance Master Log 12-14-15

2016 Ear Tagging Dates for Junior Livestock Market Animals

Market Steers: April 9, 2016 8 am-11 am

Market Goats, Lambs & Swine: June 4, 2016 8 am-11 am

• Market Meat Pens: June 4, 2016 9 am-11 am

2016 Youth Horse Show – Independents, Grange & 4-H

July 15, 16 & 17, 2016

Council Corner

The Ventura County 4-H Council met on January 27th at UCCE Ventura County Office. A new treasuer report format was presented, the budget is now listed on the meeting agenda. TOTSOCE-Trick or Treat So Others Can Eat 50lb Challenge Results and the Friends of 4-H thanking donors for our Letter Campaign and the county wide restaurant fundraiser night

Committee Reports included Family Consumer Science PDC, Small Animal Sciences PDC. Event reports included Food Faire & Fashion Revue, Presentation Days and Super Field Day. Event reports included 4-H All-Stars, Teen Involvement Conference (TIC) and the South Section 4-H Meeting. A candy apple fundraiser was discussed. The next meeting is Wednesday, March 23rd at 7 pm at the 4-H Office in Ventura. If you would like to join a committee, serve as a council board member or add an agenda item, please contact Jenean Bass, Council President, by email at jeneanbass@roadrunner.com. Agenda items should be received at least 2 weeks prior to the meeting for inclusion. All leaders, parents and members are welcome to attend. Leaders and members 14+ vote on business at the meeting. We hope you will join us! The Council's page on the VC 4-H website is

http://ceventura.ucdavis.edu/Youth_Development/4-H/ Ventura_County_4-H_Council/

Next Council Meeting: Wednesday, March 23 @ 7 at Cooperative Extension Office in Ventura

Calendar

VC 4-H Calendar Online http://ceventura.ucdavis.edu/Youth_Development/4-H/

2/11 Presentation Day Workshop @ UCCE Ventura Office
2/25 Presentation Day Workshop, 6:30 @ UCCE Ventura Office
2/27 Food Faire and Fashion Revue at Sacred Heart Church
3/2 Preliminary Presentation Day 2:30-6:30 @ UCCE Ventura Office
3/2 Small Livestock Science PDC Meeting 6pm @ UCCE Ventura Office

3/2 Large Livestock PDC Meeting 7pm @ UCCE Ventura Office **3/5** 4-H All-Stars host Color Me Green Run @ Santa Rosa Valley Park

3/12 County Presentation Day @UCCE Ventura County

3/19 Small Animal Field Day, Santa Ynez

3/23 4-H Council Meeting @ UCCE Ventura Office 7 pm for Leaders and Youth (9th grade+)

4/23 Super Field Day at HAREC

5/4 Large Livestock PDC meeting @ UCCE Ventura County 7pm **5/21** South Sectional Presentation Day and Fashion Revue, Mt. San Antonio College

5/23-25 State Animal Science Symposium **5/28** State Field Day at UC Davis

UCCE – University of California Cooperative Extension, Ventura County – 669 County Square Drive, Suite 100, Ventura CA 93003-9028

HAREC – UC Hansen Agricultural Research and Extension Center – 14292 W Telegraph Road, Santa Paula, CA 93060



Calling Ventura County Artists in grades 5-12. The 7th annual Ventura County Fair Poster Contest is underway and we want you to join the fun. Click here to download 2016 Poster Contest Rules and Entry Form

Clover Safe Notes

Clover Safe Notes Spotlight for February: GENERAL KNIFE SAFETY (Note #20). In honor of Food Faire just around the corner, it's a good time to review knife safety. Keep your fingers and hands uncut and review this one page before your next foods or other project meetings. Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.org/4-H_Resources/ Clover_Safe_Notes_by_Number/ The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club.

4-H Office Information

Office Hours by Appointment Only Closed on UC Holidays 14292 W Telegraph Road Santa Paula CA 93060

General Email: uccev4h@ucanr.edu

Office Fax: 805-525-5475

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ARTICLE SUBMISSION

E-mail articles to vgrant@ucanr.edu.

Include your name, council name, the name of your activity, and if you are submitting images, please identify those pictured. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee's discretion.

Submission Deadline is the first Monday of the month for consideration in the following issue.

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