Ironstone Concours Service Dog
2016 4-H Golden Clover Award

By Rebecca Paxson, Santa Rosa Valley 4-H

I am very excited to have been awarded the 2016 4-H Golden Clover Award in the category of Ironstone Concours Service Dog.

I am a puppy raiser for Guide Dog of America (GDA). My 4-H dog leader, Jan Slotar, got me involved with this program by taking the project to a GDA graduation over five years ago.

I was so energized by what I saw!

The program is completely free of charge for the blind, although GDA spends about $45,000 per dog to train them and turn out one guide dog team. After receiving a puppy, it is a 15-month commitment. My job as a puppy raiser is exposure and obedience. Basically I take the puppy everywhere with me and am working with him at all times. It is really a lot of work. At times I even when I want to leave him home because it is more convenient, I never do. GDA teaches puppy raisers how to work with the dogs in obedience – with love, consistency and perseverance.

After my time with my puppy, he goes into formal training where he is taught to be a working guide. At the time of his graduation, I can meet his new owner. Nellex, a black lab puppy, was our first guide dog and was turned in for formal training in October of 2014. Nellex is now a working guide dog. It is very fulfilling to think that I have a part in changing people’s lives for the better by making it easier for them to get around. The words the blind recipients use about getting their fully trained guide dogs are: “You changed my life,” “You gave me my life back,” “Thank you can never begin to repay what you have done for me.” They just goes on and on about how great this program is. My second puppy, Scout, was turned in this past August and is doing well in formal training. I am waiting for a new puppy so I can start all over again.

My experience is just another example of how influential our 4-H leaders are in our lives! Jan retiring last year after more than 10 years of 4-H service and she will be missed!

I am very grateful for the honor of this award.

This is Scout. He went into formal training in August.
Trick-or-Treat So Others Can Eat—Visiting Food Share

By Trevor Gerhard, Chief Peak 4-H

On October 4, I went on the Food Share tour to learn how Ventura County collects food for people in need. They serve 75,000 people every month. The food comes from businesses and food drives. Food Share does 500 food drives a year, most of them are between October and December 31st. They sort all the food in boxes donated from Mission Avocado. The stores donate all the food that has gone over the sell-by date but is still good according to FDA standards. They also donate damaged boxes of diapers that they can't sell to the public.

They have a walk-in refrigerator and freezer that can fit a forklift. The freezer contained meat from the animals raised for Fair. The refrigerator had broccoli and other vegetables and smelled bad, really bad. After that we went to the scale that they used to weigh food. The whole group of kids stood on it and we weighed about 1,084 pounds.

We learned about the different grades of produce. Grade A is what the store sells, Grade B is not as perfect but still edible. Grade C usually goes for animal feed. Then we sorted pears. The grade B ones we put in boxes for people in need and the grade C ones we put in the animal feed box.

They had pictures that showed what people in different countries eat and what a week of food costs in those countries. The one that cost the least was in Africa, they spent $24 a week for a large family. The one that costs the most was in Germany, they spent over $600 a week for a family of four. In Japan they spent over $500 a week for a family of four. The average American family spends about $350 a week for a family of four. Our club goal is to raise 70 pounds of food or 7 brown bags. One bag equals approximately 10 pounds.

Southern Area Small Animal Field Day

By Anna Sorensen, Conejo Simi 4-H Club

The Southern Area Small Animal Field Day as held in September at Mt. San Antonio College in Walnut, and was lots of fun. It was an educational event, and included lectures and workshops about poultry, biosecurity, dog obedience, goats, rabbits, cavy, reptiles, and fish. The event had a poster and photo contest, raffles, and a silent auction. Every kid won a prize, and we all went home happy and full of knowledge. Samantha Robinson from Ventura County won Best of Show and 1st place in the poster contest for her cat poster, and Anna Sorensen from Ventura County won Best of Show and 1st place in the photo contest for her photo of three goat kids. All in all, it was a great event, and everyone is encouraged to come next year in September.

Featured Club for December is Bardsdale. Articles are due 11.30.16

Featured Club calendar is at http://ceventura.ucanr.edu/Families_Communities/4-H/Newsletter/
Science, Engineering, and Technology in Ventura County

4-H Science Night: Drones

By Trevor Gerhard, Chief Peak 4-H

On Wednesday, October 5th, I went to science night at the University of California Cooperative Extension office in Ventura. We learned about drones. We also built a drone and tried to find a missing dog on a farm by using the drone. We learned about pivot, roll, and yaw. Pivot is turning, roll is turning on its axis, and yaw is up and down. Then we made planes of a Styrofoam, attached a camera to it, and finally we followed the coordinates on the paper to try to find the dog.

Coming Up ...

Food Fair — January 28, 2017

Come check it out and participate in educational and competitive events like photography & poster contest, knowledge bowl, cake decorating, baking, cooking, crafts, table setting, and community service. Open to those who are both in a food related projects and those who are not. Keep your eyes open for more information about this event.

Fashion Revue — February 11, 2017

Interested in learning, having lots of fun activities, and putting your skills to the test? Join us for the 2017 Fashion Revue - you do not have to be enrolled in a Fiber Arts Project to participate in the majority of the event’s activities.

UC Davis, College of Agriculture and Environmental Sciences Field Day – March 3-4, 2017

This event takes place at UC Davis – This field day is open to both FFA and 4-H members. Please note that the Livestock Judging, Poultry Judging and Dairy Judging contests are considered State qualifiers to attend the National events. http://www.caes.ucdavis.edu/connect/events/field-day

Southern Area Field Day and Fashion Revue — April 1, 2017

Event to be held at Mt. San Antonio College. Registration materials for Southern Area Field Day will most likely be due Sunday, April 26, 2017.

State Field Day — May 27, 2017

This event takes place at UC Davis – check it out and make plans to come http://4h.ucanr.edu/4-H_Events/SFD/
Leadership Opportunities

VENTURA COUNTY:

4-H Youth, want to build your leadership skills? Join the Consumer Science PDC and get involved with organizing Food Fair and Fashion Revue. For further information and interest, contact Edith Sorensen kesorensen@yahoo.com

Southern Area:

What is 4-H Southern Area?

4-h has four main regions in California, and our county is part of the Southern Area. The Southern Area include Ventura, Los Angeles, San Diego, San Bernardino, Imperial, Orange, and Riverside County. The Southern Area Committee puts on events like Southern Area Field Day, Healthy Living Summit, Small Animal Field Day, Leadership conferences, and Teen Leadership Conferences. Southern Area Field Day is a qualifier in Speech and Presentation and Cultural Arts for the State Field Day at UC Davis on May 27, 2017. Fashion Revue, Primary workshops, Plant Science contest, Entomology contest, and Judging contests are also held at the Southern Area Field Day, and are always lot of fun. I hope you will join us this year on April 1, 2017, at Mt. San Antonio College in Walnut, for a fun filled day of education and competitions.

Scholarship and Awards Opportunities

Diamond Clover Award: The California Diamond Clover is the highest achievement for which a 4-H member is recognized. All youth members who achieve the requirements are eligible to receive this award. Awardees receive the California Diamond Clover Pin or necklace charm, a certificate and a recognition letter from the Associate Director of 4-H Program and Policy. Applications are accepted year-round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly.

2017 National 4-H Beekeeping Essay Contest: How can Managed Pollinator Protection Plan (MP3) more effectively protect honey bees from pesticide exposure?

Eligibility: Contest is open to active 4-H Club members only. 4-H’ers who have previously placed first, second, or third at the National level are NOT eligible, but other state winners are eligible to re-enter. Students must write on the designated subject only. There will be NO exceptions.

AWARDS

First Prize: $750.00
Second Prize: $500.00
Third Prize: $250.00

Please submit an electronic copy to Elina L. Nino at elnino@ucdavis.edu or contact her at 530.500.APIS.
Registration is now being accepted for the experience of a lifetime!

Leadership Washington Focus (LWF) is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just one mile from the Washington, D.C. border.

Leadership Washington Focus: $1999.00
July 16, 2017-July 20, 2017
This 5-day trip is packed with educational adventure as participants tour our nation’s Capital and learn life-changing leadership skills in a conference setting. Trip includes attendance at National 4-H’s Leadership Washington Focus Conference which includes touring many of the major sites in the National Mall. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.

To get more information and updates as it becomes available, please visit the CWF webpage at http://4h.ucanr.edu/4-H_Events/LWF/

Registration:
Youth* can register for this conference using the link below between now and December 15, 2016 or until all spots are filled. A $750 deposit is required at the time of registration.

*Chaperones who are selected for this trip will be given a registration link when they receive their acceptance letter.

Register for LWF Here: http://ucanr.edu/survey/survey.cfm?surveynumber=19103

Chaperones Wanted:
Are you a 4-H volunteer who has a love for helping teenagers grow in their civic engagement? We will be accepting applications for LWF chaperones through December 2, 2016. Check out how you can apply to be a chaperone on one of these trips by visiting the chaperone selection process at http://4h.ucanr.edu/4-H_Events/Chaperone_Information/

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf )

Inquiries regarding ANR’s nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.
Citizenship Washington Focus (CWF) is an educational conference for youth ages 15 to 19. Delegates must be at least 15 years of age by time of travel to participate. Hosted at the National 4-H Center near Washington, D.C, it gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders.

Conference Only Package: $2949.00
June 24, 2017-July 1, 2017
This 8-day trip is packed with educational adventure as participants tour our nation’s Capital and learn how our national government works. Trip includes a pre-conference day of site seeing plus attendance at National 4-H’s Citizenship Washington Focus Conference which includes touring many of the major sites in the National Mall. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.

Extended Conference Package: $3999.00
June 24, 2017-July 5, 2017
This 12-day trip includes the above conference only package plus 4 extra days of educational tours of Gettysburg, PA, Philadelphia, PA and Baltimore, MD culminating with the 4th of July fireworks celebration at Baltimore Harbor. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.

To get more information and updates as it becomes available, please visit the CWF webpage at http://4h.ucanr.edu/4-H_Events/WF/

Registration:
Youth* can register for this conference using the link below between now and December 15, 2016 or until all spots are filled. A $1200 deposit is required at the time of registration.

*Chaperones who are selected for this trip will be given a registration link when they receive their acceptance letter.

Register for CWF Here: http://ucanr.edu/survey/survey.cfm?surveynumber=19103

Chaperones Wanted:
Are you a 4-H volunteer who has a love for helping teenagers grow in their civic engagement? We will be accepting applications for LWF chaperones through December 2, 2016. Check out how you can apply to be a chaperone on one of these trips by visiting the chaperone selection process at http://4h.ucanr.edu/4-H_Events/Chaperone_Information/
New Adult Volunteer Leader Training

Volunteering is not scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. For additional information, we invite you to review volunteer job descriptions at http://4h.ucanr.edu/Resources/Policies/Chapter6/ section VI. For whatever volunteer position you are looking to fill, start with a New Volunteer Training. Once your training is complete, you’ll be asked to compete a LiveScan background check and complete the enrollment process through your club.

Use the link next to the Training date below to RSVP.

Tuesday, January 17, 2017 at 5:30-7:00 pm at UCCE
http://ucanr.edu/survey/survey.cfm?surveynumber=19385
Wednesday, January 25, 2017 at 5:30-7:00 pm at UCCE
http://ucanr.edu/survey/survey.cfm?surveynumber=19386

UC Hansen Agricultural Research and Extension Center (HAREC) at 14292 W. Telegraph Road in Santa Paula, CA 93060. Please park in the lot on Briggs Road and walk to the small barn. Remember no dogs at HAREC.

Council Corner

The council would like to thank Loma Vista 4 H club for helping the fall kick off be a success. Next year we hope to have a wider club participation in helping with this event. Watch for further information for this great volunteer opportunity for your club.

We now have a form for members to fill out for travel stipends. Please email Kate Beckmann at kbeckmann@ucanr.edu to request a form.

2017-2018 COUNCIL BOARD MEMBERS

Jenean Bass, President
Heather Wray, Vice President
Heidi Marshall, Treasurer
Sue Poland Recording, Secretary
Leslie Bellmore, Corresponding Officer
Kitty Beckmann, Member at large

Congratulations and thank you for volunteering your time and talent.
Next County Council Meeting is January 25, 2017.

Healthy Living

Health is one of the four pledges of 4-H. Please join us to learn how to live a healthier life. There will be sessions on exercise as well as ideas for better snacks. Bring your refillable water bottle and enjoy some tasty, free snacks.

- WHAT: Ventura County 4-H Healthy Living Day
- WHEN: Saturday, December 3, 2016
- TIME: 10 am to 1 pm
- WHERE: Santa Rosa Clubhouse, 11701 East Las Posas Road, Santa Rosa Valley, Ca 93012

Healthy you!
4-H Calendar

12/1 Transfer and Cross-Club Deadline
12/3 Ventura County Healthy Living Day
12/15 Citizenship Washington Focus Registration deadline
12/15 Leadership Washington Focus Registration deadline
12/31 Project Enrollment Deadline
1/3 4-H Teen Involvement Conference Registration Due
1/9 2017/2018 State 4-H Ambassador Applications Due
1/11 Consumer Science PDC Meeting at UCCE at 5:00 pm
1/11 Small Animal Science PDC Meeting at UCCE at 5:00 pm
1/17 New Adult Volunteer Training at UCCE at 5:30 pm
1/19 Equine PDC Meeting at UCCE at 6:30 pm
1/25 New Adult Volunteer Training at UCCE at 5:30 pm
1/25 County Council Meeting at UCCE at 7:00 pm
1/28 Ventura County Food Faire at Wood Ranch Elementary
1/20-22 Teen Involvement Conference
2/11 Ventura County Fashion Revue at Wood Ranch Elementary

UCCE – University of California Cooperative Extension, Ventura County – 669 County Square Drive, Suite 100, Ventura CA 93003
HAREC – UC Hansen Agricultural Research & Ext. Center – (Parking on Briggs Rd.) 14292 W Telegraph Road, Santa Paula, CA 93060

For more information on these and other upcoming events, please visit http://ceventura.ucanr.edu/Families_-_Communities/4-H/NewsMain/

It’s that time of year ...

- Don’t forget on November 29, 2016 to #givingtuesday, for a global day of giving back.
- Club Leaders: Keep your eyes open for member dues invoices.

4-H Office Information
Office Hours by Appointment Only
Closed on UC Holidays
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ARTICLE SUBMISSION
Email articles to kbeckmann@ucanr.edu.
Include your name, council name, the name of your activity, and if you are submitting images, please identify those pictured. Remember to hyphenate 4-H and use copyrights where appropriate. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee’s discretion.

Submission Deadline is the first Monday of the month for consideration in the following issue.

For Your Information
It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf). Inquiries regarding ANR’s nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.