

# CloverLines

University of California Cooperative Extension  
Ventura County 4-H

March 2017

## Ventura County 2017 Food Faire



By Amanda Drews, Las Posas 4-H Club

Food Fair was a great success! This year Food Fair 2017 was held at the 4-H office in Ventura. There were lots of activities outside of the food judging that made the event fun for everyone. Some of the activities at Food Fair included vegetable judging, stamp making, speakers corner, napkin folding and cupcake decorating. Members of the Consumer Science PDC Youth Board ran each of these stations and helped teach the required skills.

The more traditional food fair events featured kids from all ages who entered their home made food in the categories of Main Course, Side Dish, Dips, Appetizers, Baked and Non-Baked Desserts, Breads and Trail Mix. All of the entries looked delicious and everyone put in a lot of work to make their dishes look incredible. In addition to the food competitions there was a photo contest, tea tray competition, and poster contest.

The youth board worked hard to put the event together and plan booths that would make Food Fair fun for everyone. A special thank you to the members of the youth board, Anna Sorensen, Livia Vertucci, Adeline Vertucci, Niccolo Coccioli, Elisa Coccioli, Samantha Robinson, Adler Striegel, Travis Smith and Amanda Drews, who put in their time so that the event ran smoothly. Lastly, Food Fair wouldn't have been possible without our incredible judges.

By Niccolo Coccioli, Conejo-Simi 4-H Club

I think that the event was very fun and I will definitely go there next year! There was vegetable judging, cupcake decorating, speakers corner and food presentation and more! For the food presentation there was main dish, side dish, non-baked desserts, baked dessert, trail mix, dip/appetizers and bread. Everything that was there was home made and all of the food looked yummy.

By Aurora McLean, Loma Vista 4-H Club

Our Ventura County Food Faire was this past month on January 28th! It was so much fun!! Thanks to Mrs. Edith Sorenson Food Faire had so many activities to participate in. There was the actual food competitions for Main dishes, side dishes, appetizers, non-baked deserts, baked goods, Homemade bread, cake decorating and homemade trail mixes. We had 4 amazing judges who really took time with each 4h'er as we presented the food we worked so hard to make.

Then we had so many other areas of things to do! There were lots of workshop tables. We had card making for people with service animals, homemade stamps made out of potatoes, napkin folding, cupcake decorating, vegetable judging, tea tray competition, speakers corner, and a photo competition!

I loved being a part of this event both as a helper and a participant. My favorite part was being judged on my homemade scones. I loved it because I love competitions and the judges gave me good feedback on what I can do better next year and what I perfected this year. I hope everyone will participate next year. Food faire taught me presentation skills and I got lots of lines to add for my record book.

# Club Happenings!



## Conejo-Simi 4-H Club



The Conejo Simi 4-H Club is now celebrating its second year and going strong. We are growing, and currently have many great projects involving Livestock, Speech and Presentation, Cultural Arts, and Home Economics just to name a few. Art is also a big part of our club, and we have workshops in fine art, ceramics, silk painting, various crafts, and photography. We love to learn about new things, and invite guest speakers to each meeting to lead workshops and broaden our horizons.

Community service is an integral part of our club, and we meet often to read to dogs in the animal shelter. Our Build a Bear Community service project was again very successful with 33 bears collected for the Battered Woman's Shelter as Christmas gifts for children in Safe Houses. We are making cards a few times a year for care packages for the Military Working Dog Team Support Association, and partake in Coastal Cleanup Day and TOTSOC. We even inspired schools in our district to help with the food drive for TOTSOC. Our biggest project is yet to come involves



working with the Department of Fish and Wildlife to create certain kinds of bird boxes for the mountain range between Simi Valley and Thousand Oaks to help decrease mosquitos, and therefore the danger of the Zika and other viruses.



Our club has been very involved in outreach. We were asked to help in the Grand Opening of the Tractor Supply Store where we brought chickens, guinea pigs, dairy goats, and educational Bee Hotels. We visit schools and events, and are looking forward to seeing everyone at the Ventura County Fair.

**Featured Club for April is Del Norte Club. Article is due 3.6.17**

**Featured Club for May is Las Posas Club. Articles are due 4.3.17**

**Featured Club calendar is at [http://ceventura.ucanr.edu/Families - Communities/4-H/Newsletter/](http://ceventura.ucanr.edu/Families_-_Communities/4-H/Newsletter/)**

## Calling All-Star Applicants...

If you are 14+ and have achieved your Gold or Emerald Star rank, consider applying for All-Star, Ventura County's highest star rank. (Unsure of your star rank? Check with your Club Leader.) All-Stars act as visible 4-H members - role models for their fellow 4-H members, their county, and their community. The All-Star rank recognizes members' leadership abilities, but it is also a working honor. Besides their regular projects and activities, All Stars assist with county events, develop a plan of action, and perform service projects. For more information and application, visit [http://ceventura.ucdavis.eduYouthDevelopment/4-H/MemberOpps/All Stars/](http://ceventura.ucdavis.eduYouthDevelopment/4-H/MemberOpps/AllStars/) Applications are due May 1st!







## Trick Or Treat So Others Can Eat (TOTSOCe)

### Collects About 4,000 Pounds of Food for FOOD

By Sean Quinn, Loma Vista 4-H

Ventura County 4-H clubs and community members collected nearly 4,000 pounds of food for the TOTSOCe (Trick or Treat So Others Can Eat) program during the fall of 2016. Food was collected during October and November of 2016. The amount of food donated totaled 3,911 pounds worth \$6,648.70. Every five pounds provides a local family of four with a meal. That's enough for 782 meals or enough to feed about 40 families for an entire week. The food drive is a county-wide community service event organized by Ventura County 4-H youth members every fall for the last 19 years to benefit FOOD Share.

The 4-H clubs that participated in 2016 TOTSOCe included:

- Conejo & Simi 4-H Club: 470 pounds
- Las Posas 4-H Club: 415 pounds
- Loma Vista 4-H Club: 692 pounds
- Santa Rosa Valley 4-H Club: 589 pounds
- Sespe 4-H Club: 500 pounds

Hillside Middle School also collected 330 pounds of food. Participation is open to all youth in the county. This is a great way for kids to contribute to a community service program.

All the donations from TOTSOCe help individuals and families in need in Ventura County through [FOOD Share](#), which is the non-profit organization that helps feed those in need in our community. FOOD Share serves nearly 75,000 people in Ventura County each month, through all of its agencies and partners.

For the kickoff of the event in the fall, about 15 kids from 4-H clubs around Ventura County got to tour FOOD Share with Karen Jensen, the Food Sourcing Director. On the tour 4-H members saw how the food is stored, including feeling how cold it is in a really huge refrigerator and freezer. They also learned how much people eat and spend on food in other countries around the world. The kids also got to help sort pears at the end of the event.



For almost 20 years, Ventura County youth have collected thousands of pounds of food donations through this fun seasonal campaign. Any youth or youth group in the county can participate in TOTSOCe. Look for information on how your club or organization can get involved in the fall of 2017 or email [totsoc@gmail.com](mailto:totsoc@gmail.com).

## Stuff A Bear ~ Show You Care

By Noah Burr, Santa Rosa Valley 4-H

On Sunday, February 5, 2017, ten members of Santa Rosa Valley 4-H spent a couple hours at Build A Bear Workshop in The Oaks Mall collecting donations and building bears for the Ventura County Battered Women's Shelter. We are hoping to spread some LOVE by delivering the bears on Valentine's Day. Through generous donations we were able to make twenty-four bears altogether. This was a great opportunity to make a difference for our community. Together we represent the power of youth!



# #GrowTrueLeaders

4-H established the roots for growing leaders decades ago and continues to inspire and develop youth to be leaders in their clubs, communities, country, and world. In 4-H, we strive to develop confidence and strength among our members, we teach the importance of humility and living up to your word, and promote curiosity with the ability to find answers. Let's celebrate the Ventura County 4-H youth and what they have accomplished. Adult volunteers and youth please submit articles telling us what true leaders have grown in our community.

## Backpacks For Kids Delivering Donations

By Adler Striegel, Loma Vista 4-H Club

In December, I was lucky to travel to Quilali, Nicaragua to distribute the donations I had collected from 3 4-H clubs in Ventura county. This is the second year of "Backpack For Kids", the community service project I created while serving as the Community Service Officer of the Loma Vista 4-H club. "Backpacks for Kids" focuses on bringing backpacks filled with school supplies and shoes to impoverished kids in Nicaragua.

I first conceived of this project when I met Elizabeth Cornejo with my Mom while visiting her shop, Just Lovely Alterations, in Ventura. Every year Elizabeth shares with her friends and customers the stories of her hometown. She works hard to save money and donations that she then gives to the neediest people. I was inspired by her selfless generosity and thought with the help of 4-H'ers in Ventura County, I could work to expand the giving and help school kids who lacked shoes, backpacks and basic school supplies. The first year of the project (2015), with the help of Loma Vista members, I collected 35 backpacks. I then shipped them to Nicaragua and Elizabeth and her family with the help of local teachers delivered the donations to the neediest students. When Elizabeth returned we created a slideshow and gave a presentation, it was so amazing and inspirational to see the donations used.

In 2016, I was determined to expand the program. I spoke at local and statewide 4-H functions and was fortunate to receive donations from 3 clubs, Loma Vista, Agoura Hills, and Las Posas, for a total of 60 supply filled backpacks. In December, I traveled with Elizabeth to distribute the donations and stayed with her parents and family in Quilali for a week. It was an amazing opportunity to use my Spanish skills and we spent several days distributing food baskets Elizabeth had purchased along with the donated backpacks. We drove high up in the mountains to deliver to people in hard to reach locations. One afternoon we were able to work with a community leader who brought together many people, who were in the most need, to a central location. Everyone was so happy and appreciative it solidified my feeling that I could really make a real difference in people's lives.

While in Quilali I took a tour of the local high school. The classrooms were small, dirty and the chalkboards were covered in graffiti. This made me think I should expand my goal next year to include bringing people with me so we work to repaint their school and maybe even raise money for Chromebooks. Just like in the United States, education is a key to success.

"Backpacks For Kids" has helped many kids and continues to be an amazing experience for me. I look forward to growing the program with 4-H this year and for years to come. Please contact me at [adlerstriegel@gmail.com](mailto:adlerstriegel@gmail.com) if you would like to join me or contribute.



# County Events



## Presentation Day — March 11, 2017

We hope everyone is having a great time preparing for their Demonstrations, Illustrated Talks, Science or Engineering Presentations, Educational Talk Displays, Informative Prepared Speeches, Persuasive Prepared Speeches, Interpretive Readings, Share the Fun Skits, and Cultural Arts.

Have a great time on March 11th!

## SMALL ANIMAL FIELD DAY

**SATURDAY APRIL 22<sup>ND</sup>**  
**FROM 9AM-2PM**

**REGISTRATION DEADLINE MARCH 31, 2017 AT**  
<http://ucanr.edu/survey/survey.cfm?surveynumber=20227>

ENTRY FEE PER CHILD: \$8 (CHECKS PAYABLE TO UC 4H VC)

**H.A.R.E.C – 14292 WEST TELEGRAPH ROAD,  
SANTA PAULA, CA 93060**

This is going to be a great event for 4-H'ers to learn and practice for the Ventura County Fair!

- ❖ Showmanship Workshops for rabbits, cavies, poultry and pygmy goat! – Wear your 4-H uniform
- ❖ Rabbit Hopping – Rabbits need to be on a leash
- ❖ Poultry Obstacle Course
- ❖ Knowledge Tests
- ❖ Educational Poster Judging - \*eligible for ribbons\*
- ❖ Ask Me Booth
- ❖ Speakers Corner
- ❖ Community Service Table - making cards for the elderly
- ❖ Craft Table
- ❖ Passport Activity – Go around to other projects and learn something new! If you complete your passport you get a recognition gift!

**KONA ICE WILL BE  
THERE**

**SILENT AUCTION**

**UNIFORM  
EXCHANGE – BRING  
YOUR OUTGROWN 4-H  
UNIFORMS TO PASS  
ALONG TO OTHERS**

**THERE WILL BE  
A SNACK BAR BUT  
PLEASE PACK A  
LUNCH**

**THERE IS A NICE  
GRASS AREA TO  
HAVE A PICNIC  
BRING A BLANKET  
OR CHAIRS**



# State Events

## UC Davis, College of Agriculture and Environmental Sciences Field Day –

**March 3-4, 2017**

**Registration Closed**

This event takes place at UC Davis – This field day is open to both FFA and 4-H members. Please note that the Livestock Judging, Poultry Judging and Dairy Judging contests are State Qualifiers to attend the National events. For more information, please go to <http://www.caes.ucdavis.edu/connect/events/field-day>

## Equine Field Day — March 11, 2017

**Registration deadline March 11, 2017**

Register at <http://ucanr.edu/survey/survey.cfm?surveynumber=16766>. Please contact Alyssa Sankey at [ajsankey@ucanr.edu](mailto:ajsankey@ucanr.edu) at the State Office with any questions.

## Southern Area Field Day and Fashion Revue — April 1, 2017

Event to be held at Mt. San Antonio College. Registration materials for Southern Area Field Day will most likely be due Sunday, April 26, 2017. Check with 4-H Office for registration.

## State Field Day — May 27, 2017

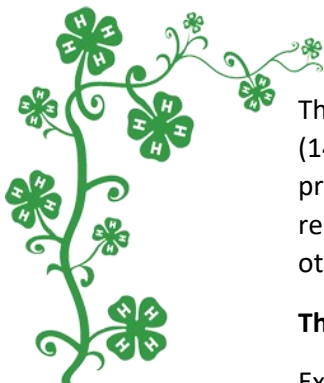
Event to be held at UC Davis. Registration materials for Southern Area Field Day will most likely be due Sunday, April 26, 2017.

## State Leadership Conference — July 20-23, 2017

**Registration deadline May 23, 2017**

The annual 4-H State Leadership Conference brings together youth, ages 13-19, from across California for leadership training, networking, and a memorable learning experience. You will learn:

- **Advanced leadership training.**
- **Network and share ideas** with other 4-H'ers from across the state.
- **Experiential education** on leadership development, civic engagement, college admissions and other 4-H project areas.
- **Experience a slice of college life:** live in the residence halls, eat in the dining commons, and participate in educational sessions, many of which are taught by University of California faculty and staff.



## Council Corner

The Ventura County 4-H Council is comprised of adult volunteers, and senior 4-H members (14 years old and up) 9th - 12th grade. The Executive Committee is made up of officers; president, vice president, etc. The job of the Executive Committee is to consider and recommend to the County Council, you, 4-H Youth Development Program policies as well as other guidelines governing the county and local 4-H programs.

**The next meeting will be held March 29, 2017 at 7:00pm at the UCCE Office.**

Executive Committee Elections will be held at the County Council Meeting in June 2017.

# Volunteers



## **New Adult Volunteer Training**

Volunteering is not scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. For additional information, we invite you to review volunteer job descriptions at <http://4h.ucanr.edu/Resources/Policies/Chapter6/> section VI. For whatever volunteer position you are looking to fill, start with a New Volunteer Training. Once your training is complete, you'll be asked to complete a LiveScan background check and complete the enrollment process through your club.

Use the link next to the Training date to RSVP: **Monday, March 13, 2017 at 5:30-7:00 pm at UCCE**  
<http://ucanr.edu/survey/survey.cfm?surveynumber=19885>

## **Southern Area 4-H Leaders' Retreat — April 7-9, 2017**

Is an opportunity for 4-H volunteers to expand their skills through educational workshops, guest speakers, networking, and more! The retreat will be held at The Lodge at Big Bear Lake in the San Bernardino Mountains. Schedule of events will be available soon! **Please contact the 4-H Office with Registration and Lodging questions.**

## **It's that time of year!**

### **PLAN NOW FOR YOUR CLUB'S ENROLLMENTS FOR THE 2017-18 YEAR!**

- There are new procedures for the new 4-H year.
- We are moving towards PAPERLESS!
- And there are new requirements for new and returning adult leader volunteers.

**Club Leaders and/or Enrollment Leaders must choose from one of the two MANDATORY meetings. Each Club must send: Enrollment Leader AND Primary Club Leader, Co-Leader, or Assistant Club Leader**

#### **At this meeting you will be informed:**

- Changes in Paperwork
- Changes in online enrollment procedures
- Changes in Club approval process
- Changes regarding Club Invoicing
- Changes in new and returning adult volunteer requirements
- Deadlines for re-enrollments, new enrollments, club-transfers, cross-clubbing, aging-out, club projects, and payment of fees
- Deadlines to submit club budget, fundraising plans, project leader lists.

#### **Sign Up For One Now:**

**Monday, May 22, 5:30 – 7:00 p.m. UC Cooperative Extension Office (669 County Square Drive, Suite 100, Ventura, 93033)** <http://ucanr.edu/survey/survey.cfm?surveynumber=20224>

**Monday, June 5, 5:30 – 7:00 p.m. UC Cooperative Extension Office (669 County Square Drive, Suite 100, Ventura, 93033)** <http://ucanr.edu/survey/survey.cfm?surveynumber=20225>



- 3/11 Presentation Day at UCCE
- 3/11 **Equine Field Day Regular Registration Deadline**
- 3/25-30 National 4-H Conference
- 3/29 County Council Meeting at UCCE at 7:00 pm
- 3/31 **Small Animal Field Day Registration Deadline**
- 4/1 Southern Area Field Day & Fashion Revue
- 4/3 **California Focus Registration Deadline**
- 4/7-9 Southern Area Leaders' Retreat
- 4/22 Ventura County Small Animal Field Day—HAREC
- 4/30 Open Invitation: CA 4-H State Management Board Meeting
- 5/14 Final Entry for State Fashion Revue
- 5/20 Large Livestock Field Day
- 5/22 Enrollment Training
- 5/23 **State Leadership Conference Registration Deadline**
- 5/27 State Field Day and Fashion Revue
- 5/31 **State Advisory Committee Application Deadline**
- 6/5 Enrollment Training
- 6/10 Open Invitation: CA 4-H State Management Board Meeting
- 6/16-20 California Focus
- 6/24-7/1 Citizenship Washington Focus (CWF)
- 6/24-7/5 Extended Citizenship Washington Focus (CWF)
- 7/16-20 Leadership Washington Focus (LWF)
- 7/14-30 State Fair
- 7/20-23 2017 State Leadership Conference (SLC)
- 7/25 4-H Cooking Competition

**UCCE** – University of California Cooperative Extension, Ventura County – 669 County Square Drive, Suite 100, Ventura CA 93003

**HAREC** –UC Hansen Agricultural Research & Ext. Center –(Parking on Briggs Rd.) 14292 W Telegraph Road, Santa Paula, CA 93060



**Don't Forget to Check Out the California State 4-H Newsletter!**

**For more information on these and other upcoming events, please visit**

**<http://ceventura.ucanr.edu/Families - Communities/4-H/NewsMain/>**

## **4-H Office Information**

Office Hours by Appointment Only  
Closed on UC Holidays  
at Hansen Ag Research & Extension Center  
14292 W Telegraph Road  
Santa Paula CA 93060

**General Email:** [uccev4h@ucanr.edu](mailto:uccev4h@ucanr.edu)

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## **ARTICLE SUBMISSION**

Email articles to [gwvanoni@ucanr.edu](mailto:gwvanoni@ucanr.edu). Include your name, club name, the name of your activity, and if you are submitting images, please identify those pictured. Remember to hyphenate 4-H and use copyrights where appropriate. All submitted articles and images become the property of 4-H to be used in print and/or online at the editorial committee's discretion.

**Submission Deadline is the first Monday of the month for consideration in the following issue.**

## **For Your Information**

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.