



CloverLines

University of California Cooperative Extension
Ventura County 4-H June 2017

Large Livestock Super Field Day was Super!

On May 20, 2017, more than 60 participants from throughout the County joined in the fun at the Large Livestock Super Field Day. Activities like Swine Bowl, Goat Shearing and Hoof Trimming, Lamb

Shearing, a Poster Competition and Table Setting competition. There was even a Uniform Exchange where members could bring their outgrown uniforms still in good condition to exchange with other members.



Briggs, Chief Peak, Conejo-Simi, Las Posas, Loma Vista, Mupu, Santa Rosa Valley and Sespe 4-H Clubs all



sent members to the Rancho Santa Rosa Club House for the event.

Thank you to all the volunteers and participants who made this a great day!



Swine Bowl Champions



1st place: (back) Coach, Emilee Inez and Carole Butler. (Front) Capt. Peggy Thompson, Evan Peck and Kenna Jenkins



2nd place: Chris Mijares, Joaquin Ramirez, Luis Robles, Captain Roberto Lopez



3rd place: Emily Brockus, Victoria Hernandez, Capt. Jorge Lopez, (Front) Andy Mijares

Club Happenings!

Loma Vista 4-H

By Sean Quinn, Club Historian

Loma Vista 4-H Club, based in Ventura, has about 70 members who are involved in more than 20 different projects. The club meets the second Tuesday of every month, from September to May, at 7 p.m. at Poinsettia Elementary School.

Loma Vista 4-H makes community service a priority for club members. Each month there is a featured community service event, ranging from beach cleanups to creating a "Birthday in a Bag" for children in need. Club members also volunteer at the Dudley House during the holidays and do the Salvation Army's Bell Ringer.

Two important community service projects include "Backpacks for Kids." This was started by seventh-grader Adler Striegel in 2015. The club collects backpacks, school supplies, and shoes for children in need in Nicaragua and then ships it to them in October so the box arrives in December. This year, Adler went to Nicaragua to help hand out the backpacks.

Another important community service project is a food drive "Trick Or Treat So Others Can Eat" (TOTSOC), which other clubs in the county participate in, too. The food collected goes to FOOD Share in Ventura County. This year, Loma Vista collected 692 pounds of food.

Loma Vista 4-H has many popular projects, including Archery, Dog Obedience, Sewing, Cooking, Rabbits, Cavies, Roots and Shoots, Preserved Foods, Bird Watching and more. Recently, the Roots and Shoots project members helped make signs to protect the endangered bird the Snowy Plover, which lives on our local beaches.

The club holds many fun events during the year, including a Halloween party and carnival. Some fun meetings include Zumba dancing and Iron Chef cookoff. The club also has a holiday potluck and auction where project members make items to be sold to help raise money for the club events. This year Loma Vista is having a pool party in May for its end of year celebration.

Loma Vista members participate in many 4-H activities during the year. Eleven members took part in Ventura County Presentation Day and many earned golds and advanced to Southern Field Day at Mt. SAC and on to State Field Day at UC Davis. Members also took part in Food Fair and Fashion Review, Small Animal Field Day, Summerfest and the Ventura County Fair. Members also won awards for their record books.



Pictured Above: Loma Vista 4-H Club Leadership.

Below: Clean-up Day

Loma Vista has a strong leadership board that allows kids 12 and older to participate in how the club gets run. Leslie Bellmore was our great club leader this year -- she is "graduating" from the club and Julie Salomonson will be taking over as the community leader in the fall. The club's presidents are Emma Medina and Ruby Snowber. This year, three members are graduating: Emma Medina, Nicole Bellmore and Malia Miyashiro.

Check out the [year in review scrapbook](#) or visit [Loma Vista 4-H's website](#) for more information about the club.

Featured Clubs for July/August are Mira Monte & Mupu. Articles due 6.5.17

No Featured Clubs in September Issue.

Featured Club calendar is at http://ceventura.ucanr.edu/Families_-_Communities/4-H/Newsletter/

Healthy Living Fair in Nov.

The 4-H Southern California Healthy Living Fair is coming to [Ventura County on Saturday, November 11](#). Yes, it's a few months away, but that time will go quickly!

4-H Healthy Living encompasses everything from healthy eating habits, physical fitness, and handling our emotions, to developing and maintaining positive relationships. With speakers, activities, good food and lots of fun, this Healthy Living Fair will share lots of great ways for 4-Hers to enjoy a healthy lifestyle in all those areas and more.

Would you like to be a part of making this fun event happen? If so, please email Jessica Poland, jepoland9@gmail.com right away. We're collecting lots of great ideas, and will plan a big organizational meeting in early July.

It's going to be fun!

EMERALD STAR PROJECT:

Do You Know Your Bees?

By: Anna Sorensen, Conejo-Simi 4-H

I did my Emerald Star Project educating the public on Solitary, and Bumble Bees. Bees are very dear to my heart, and I have been leading educational workshops in this county for a few years. We are losing our bees in great numbers, and it is very important that everyone is aware of their plight and gets educated on what we can do to help the bees. I first became interested in our native bees about 5 years ago when my mother showed me an article in the Economist about the great loss of our solitary, indigenous bees. The article mentioned that the statistics of crop loss did not add up with the loss of Honey Bee. It became apparent, eventually, that the gap of agricultural crop loss was due to the loss of our native bees. For the first time the world started taking inventory on the loss of our indigenous bees. I was hooked, and from then on, I have made it my mission to bring awareness to all bees. At



the International Bee Summit in Basel, Switzerland, it was said that creating habitats for bees in cities as well as countryside is key. I took that to

Calling All Creative Thinkers!

The County Council is looking for someone to enter a booth representing 4-H in the agriculture building at fair. We have budgeted monies to help in putting such a booth together. The booth must represent Ventura County 4-H.

This can be done as a project for a club or even an Emerald Star for a teen member. Putting in a booth requires advanced planning. If you are interested and would like more information, contact Jenean Bass at jeneanbass@roadrunner.com

Pictured here, a feature booth from a previous year.



heart, and have been advocating for bees ever since.

In my Emerald Star Project I visited 4-H clubs in Los Angeles and Ventura County, led workshops at Fairs, Ventura County Farm Days, the Scandinavia Center at California Lutheran University, and the Grand Opening of Tractor Supply Store in Moorpark, California. When I visited the 4-H clubs I provided a hands-on project for every child. It was a kit to make a floating bee island everyone did while I held my educational talks, and each child could take it home and put it in water for the bees in their back yard. Bees need water to drink, decrystallize honey, liquify nectar, and make mud to close off their brood cells. Many bees drown because they fall into the water and have no way to get out. The floating bee island will allow them to land on the water safely. I have had a wonderful time visiting all these different clubs and my friends, and I also made new friends! People are very interested in our native bees, and many had no idea that there are other bees besides Honey Bee. As a matter of fact, there are 20,000 species of bees in the world. Amazing - right! I will continue to advocate for bees, and you will see me at county events and at our Fair.

"Thank you" to my mentor and all involved in making this project an awesome experience for me. I also created two flyers, one on Solitary bees, and one on Bumble Bees that will be available at the 4-H office.

Spark Surveys are Open

Did you know...

- Out of our 4-H Club youth aged 9-19:*
- 87%** are interested in science
 - 80%** report having a “spark” or passion
 - 91%** appreciate the cultural diversity of their peers
 - 88%** have a positive attitude towards physical activity
 - 81%** make positive choices

Without the **Sparks Surveys**, we wouldn't know this!
What are the “Sparks Surveys”?

Sparks Surveys help us learn about youth experiences in 4-H. We want to share how 4-Hers are doing and also learn where we can make 4-H even better.



*Surveys are **private** and **confidential**.*

Help us learn about the impact 4-H has had on you!

Online surveys are in ORB 2 times a year: Oct-Jan and May-Aug. *Your 4hOnline login email is the same to login to ORB. Surveys you need to take will all be listed – it's easy!*

Council Corner

The Ventura County 4-H Council is comprised of all adult volunteers, and senior 4-H members (14 years old and up) 9th - 12th grade.

The next meeting will be held June 22, 2017 at 7:00pm at the UCCE Office. Executive Committee Elections will be held at this County Council Meeting. The slate of officers was presented at the May Meeting. For more information, visit http://ceventura.ucanr.edu/Families_-_Communities/4-H/Ventura_County_4-H_Council/

We need your help!

We are looking for volunteers who are willing to serve as Program Development Committee, PDC 's, officers. Program Development Committees serve as standing committees reporting to the Ventura County 4-H Council, specializing in a specific program area. Program offerings, events, project curriculum development and more can be accomplished in these efficient and focused committees. The PDCs needing new leadership are the Following:

- Equine
- Small Animal Science
- Leadership
- Kaleidoscope (working title for a new PDC)

If you are interested in being an Officer on a PDC or have questions, please contact Heather Wray at cwrayh@verizon.net.



ENROLLMENT CHANGES

PLAN NOW FOR YOUR CLUB'S ENROLLMENTS FOR THE 2017-18 YEAR!

There are new procedures for the 2017-18 4-H year enrollments. We are moving towards PAPERLESS! And there are new requirements for new and returning adult leader volunteers.

To help implement these changes smoothly, we are asking club to send the Enrollment Specialist AND Primary Club Leader, Co-Leader, or Assistant Club Leader to a meeting to launch the new processes. At this meeting, we will cover:

- Changes in Paperwork
- Changes in Club approval process
- Changes in new and returning adult volunteer requirements
- Deadlines for re-enrollments, new enrollments, club-transfers, cross-clubbing, aging-out, club projects, and payment of fees
- Club administration how-tos for Year-End Reporting, Fundraising plans, and project leader lists.
- Changes in online enrollment procedures
- Changes regarding Club Invoicing

Last meeting...

Monday, June 5, 5:30 – 7:00 p.m. UC Cooperative Extension Office (669 County Square Drive, Suite 100, Ventura, 93033) <http://ucanr.edu/survey/survey.cfm?surveynumber=20225>

4HOnlineSM

State Leadership Conference

July 20-23, 2017

University of California, Davis

The annual 4-H State Leadership Conference brings together youth from across California for leadership training, networking, and a memorable learning experience.

Registration is only open until June 18th! Use the link below to sign up.

Who can attend: Youth ages 13 - 19 and [Adult chaperones](#)

What you will learn and do:

Advanced leadership training.

Network and share ideas with other 4-H'ers from across the state.

Experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Experience a slice of college life: live in the residence halls, eat in the dining commons, and participate in educational sessions, many of which are taught by University of California faculty and staff.



For more information and to register, please visit http://4-H.ucanr.edu/4-H_Events/SLC/

The 4-H Youth Development Programs at the UC Hansen Agricultural Research & Extension Center in collaboration with the City of Ventura Environmental Sustainability Division & Ventura Water Department **present**

4-H SUSTAINABLE You!



SUMMER CAMP 2017 FOR AGES 9-12

Learn what it means to be sustainable through fun activities based around five major themes: Land, Water, Food, Air, and Energy



Contact: awfaris@ucanr.edu or 805-525-9293 ext 206

June 19-23 • 9 am- 12 pm

Where: UC Hansen Agricultural Research & Extension Center located at 14292 W. Telegraph Rd. (corner of Briggs Rd. and Telegraph Rd.) in Santa Paula.

Cost: \$45 Includes five days of camp and a t-shirt. Deadline June 2. Register Online at: <http://harec.ucanr.edu>

Provisions are available to reduce/cover program fees.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750- 1397



Two Perspectives on Earl Warren Fair

By Allen Lane, Loma Vista 4-H

My family went to the Earl Warren Fairgrounds on Thursday, April 27th after school. It was 50's themed and we had a blast. We were excited to see if we won any ribbons for our photographs, perler bead creations and food items. I won a blue ribbon for a beach photograph. I also got a blue ribbon for dried kiwis, with honorable mention for best of show. My perler beads also won blue. My sister won a blue ribbon with honorable mention for best of show for a picture of me holding my trombone. I was dressed to look like an old-time jazz player so it fit the theme. She also got a blue ribbon for pickled carrots.

We walked around the showgrounds and saw lots of 4-H'ers with their goats, cows, chickens and rabbits. Fellow Loma Vista 4-H member Aurora McLean's rabbit Dopey won Best of Show. Sadly, another rabbit from Loma Vista was lost at the fair. I also watched the baby Alaskan pig races. The final event we went to was a bird and exotic animal showcase, where we saw African grey parrots, chameleons, and other birds. The birds were very friendly and a small blue parrotlet perched on my shoulder. Although it wasn't as big as the Ventura County

Fair, it was still fun. Best of all, they told us our ticket stubs would get us into the Ventura County Fair for free! Now all I have to do is read four books to get six free ride tickets. You can find information about the Read & Ride Program online. It's open to kids from K-8th grades.



By Aurora McLean,
Loma Vista 4-H
Dear fellow 4-H'ers,

I was hoping to write a happy review of our time entering our rabbits and covies into the Earl Warren Fair and Expo that took place April 26-30. We had three Loma Vista 4-H families enter small livestock. It was my first time entering Champion of Champions competition. I worked hard to make sure I got all three pre-talks done to both my school and my 4-H clubs. We dropped our rabbits and covies off on Tuesday night. Unfortunately, when we arrived on Saturday to participate in barn duty and showmanship etc. Mathew Ziegler's Holland Lop sable point buck was missing. And my Holland Lop buck was in an unmarked cage not his assigned cage. I'm grateful my rabbit was just weirdly moved to a different cage but I feel saddened for Mathew because he has lost his rabbit. I hope the staff works to improve security for our animals at this fair. But we also feel strongly that it's important for us to educate others on what happened. We learned how to contact all the Santa Barbara County's Humane Society and Rabbit Rescues. If Mathew's rabbit is found they can identify him by his ear tag and get him home safe. We also learned to utilize social media to make posts with the bunny's photo. The staff at the barn were unsure if he could have been stolen or somehow let free. Mathew asks everyone to keep a look out for his sable-point Holland Lop buck ear tag EC2.



HEALTHY LIVING:

WORD PLAY

Ready to get your group thinking about Healthy Living? Get the Healthy Living Word Play activity free from California State 4-H at <http://4h.ucanr.edu/files/88305.pdf>.

The game is a lot like Taboo, but with words describing all the areas of healthy living, emotional, physical and social wellness. It's fun, easy and sets the tone for more Healthy Living activities during the year.

Clover Safe Notes

Clover Safe Notes Spotlight for June: HEAT ILLNESS & AWARENESS (Note #19). As the weather warms up, it's important to remain aware of the symptoms and types of heat illness as well as treatments. This one page note makes it easy to review with a group.

Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/





4-H Office Information

Office Hours by Appointment Only
Closed on UC Holidays

Hansen Ag Research and Extension Center
14292 West Telegraph Road
Santa Paula CA 93060

General Email: uccev4-H@ucanr.edu
Office Fax: 805-525-5475

Annabel Faris
Program Coordinator
805-525-9293 ext. 206
awfaris@ucanr.edu

Susana Bruzzone-Miller
YFC Program Manager
805-525-9293 ext. 212
sbmiller@ucanr.edu

Article Submission

Deadline: first Monday of month for following issue consideration

Email articles to gwwanoni@ucanr.edu.

Include your name, club, name of activity, and if submitting images, please identify those pictured. Remember to hyphenate 4-H and use copyrights where appropriate. All submitted articles and images become the property of 4-H to be used in print and/or online per editorial discretion.

It is the **policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources** not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

Quick Science Activities

Looking for an easy Science activity to add to a club or project meeting? Try these quick, easy and inexpensive activities from Wisconsin 4-H program.

Magnets—Chances are you already have some of the materials needed stuck to your fridge. <http://fyi.uwex.edu/wi4hpublications/files/2015/10/ACTpa122.pdf>

Volcanos—Here's a deeper look at chemical reactions through the classic volcano experiment. <http://fyi.uwex.edu/wi4hpublications/files/2015/10/ACTpa123.pdf>

Water & Density—Let's look at water and liquid densities by creating a hand-held tornado. <http://fyi.uwex.edu/wi4hpublications/files/2015/10/ACTpa124.pdf>

Family Flyers—Use paper airplanes to jump into mechanical science. <http://fyi.uwex.edu/wi4hpublications/files/2015/10/Family.pdf>

Bright Lights—Build a super simple flashlight to light up the night and spark some interest in circuits. <http://fyi.uwex.edu/wi4hpublications/files/2015/10/BrightLights.pdf>

Balancing Act—Enter the world of plant science as you have your member weeds and vegetables scramble to get the nutrients. <http://fyi.uwex.edu/wi4hpublications/files/2015/10/BalancingAct.pdf>

4-H LIBRARY: Got Curriculum?

Learn more about the new 4-H curriculum materials, such as *Teen Corps: Developing Youth & Adult Leaders to Strengthen Communities*, *The Big Book of Cloverbud Activities*, *ChickQuest: A Classroom Journey Through the Life Cycle of Chickens*, *4-H Family Handbook*. By attending one of the upcoming webinars. The sessions will include a 30 minute overview by the authors and 15 minute Q&A. Delve into activities included in the curriculum and ask questions about implementation in various settings. All webinars will be recorded.





CALENDAR

- 6/3 Swine, Lamb & Goat Tagging Day @ Fairgrounds
- 6/5 Enrollment Training, 5:30-7 @ UCCE
- 6/16-20 California Focus
- 6/18 State Leadership Conference Registration Deadline
- 6/21 Small Animal Sciences PDC Meeting, 6pm @ UCCE
- 6/22 County 4-H Council Meeting, 7pm @ UCCE
- 6/24-7/1 Citizenship Washington Focus
- 7/5 Large Livestock PDC Meeting, 7pm @ HAREC
- 7/14-16 Horse Fair @ Fairgrounds
- 7/20-23 State Leadership Conference @ Davis
- 8/2-13 Ventura County Fair
- 8/23 Club Officer Training @ 5:30 pm
- 8/29 Club Officer Training @ 5:30 pm
- 9/1 Year-End Reporting Due to 4-H Office

UCCE – University of California Cooperative Extension County, 669 County Square Drive, Suite 100, Ventura CA 93003

HAREC –Hansen Ag Research and Extension Center, 14292 West Telegraph Road, Santa Paula, CA 93060

For more information on these and other upcoming events, please visit

<http://ceventura.ucanr.edu/Families - Communities/4-H/NewsMain/>

Raise Your Hand and Help California 4-H win \$20,000

The California 4-H Foundation is proud to partner with National 4-H on the “Raise Your Hand” campaign. 4-H is calling on alumni & friends around the world to “raise their hands” and help empower the next generation of true leaders. The goal is to continue to build a California network of connected and engaged 4-H Alumni & Friends. March 1st –June 30th we are asking 4-H Alumni & Friends to support 4-H youth by “Raising their Hands” and “Paying it forward.”

Simply go to [Raise your Hand](#) and sign up for the Alumni & Friends Network. Be sure to choose **California** to receive updates and event notifications from California 4-H. Pay it Forward and help raise awareness for California 4-H by using social media to tweet or post your 4-H experience and photos using “#4-HGrown.” Tag other 4-H Alumni & Friends, and ask them to “Raise Hand!”

The state with the most hands raised will receive \$20,000 to support their state 4-H programs! Second and third place receive \$10,000 and \$5,000 respectively. California 4-H is excited to build and grow our network!

We hope you'll

Raise Your Hand
and join us!

It's That Time of Year!

- The 4-H Youth Development Program is open to participants, regardless of their ability to pay. Program fees will be waived or reduced for eligible youth. Please contact the Ventura County 4-H office at (805) 525-9293 ext 206 or uccev4h@ucanr.edu
- It's not too early to plan your 4-H Week activities. **National 4-H Week** will be Oct. 1-7, 2017.
- Incoming club officers, check out the calendar above so that you can attend on of the **Club Officer Trainings** in late August. Start thinking about programs, fundraisers and club activities.
- Remember, the 4-H **program year ends June 30th**. For a project to be complete, the expectations outlined by the project leader as well as at least 6 hours of instruction must be finished. Concerns? Work them out before the 4-H year ends.
- **Get ready for Fair!** More than just livestock, the Fair offers tons of opportunities for 4-Hers to show off their hard work. Online entries will begin in June. Visit <http://www.venturacountyfair.org/fair/entryguides/> for Fair entry guides, dates, contests and details.