FASHION REVUE:

FASHION MAVENS

By Livia and Adeline Vertucci, Loma Vista 4-H

On Friday evening, March 9th, the Ventura County Fashion review, an event held for club members in a sewing project to show and be judged on their creations, was held at the Ventura 4-H office. Members who are not in a sewing project can show and be judged for their photographs, jewelry, and accessories.

This year it was an evening potluck family event and there were 12 participants from three different clubs, Briggs, Conejo-Simi, and Loma Vista who attended.

At fashion review, participants are judged on self-confidence, good grooming, and communication skills. Members have to talk about what they made, why they made it, explain how they made it, and show that they know how to wear it well.

4-H club members entered items in two sewing categories (traditional and retro), the consumer science $40 challenge at four age levels, the photography contest, and jewelry and accessories. Participants made reusable shopping bags from t-shirts as their community service project, under the direction of Conejo-Simi member Samantha Robinson, they also made flower arrangements, ate dinner together, and at the end of the evening put on a fashion show and ate delicious cake for dessert.

It was really great to see what everyone made. It is so much fun to celebrate the hard work of our club members!

STATE FASHION REVUE

More to See

As part of State 4-H Field Day on June 2, State Fashion Revue offers even more opportunities.

The 5 categories for 2018 SFR are Traditional, Upcycled, Consumer Science Purchased $40 limit, and the 2 challenges: See It, Sew It Challenge and Retro/Vintage Inspired Challenge. A county may qualify one member in each age division (Junior, Intermediate and Senior) and each of the five categories to advance to State Fashion Revue.

State Fashion Revue is coordinating two service projects for 2018: pillowcases for Ryan’s Case for Smiles and handmade blankets for Project Linus.

All SFR participants and family members are invited to attend the SFR workshops, Make it-Take it sessions and Silent Auction. For more information, http://4h.ucanr.edu/4-H_Events/SFD/SFR/
The Thomas Fire started up on December 4, and caused havoc throughout all of Ventura County. No one was suspecting such a tragedy, and caused a lot of evacuation process’ to be a mess. While a lot of people were leaving town, uncounted residents still stuck around to rescue animals.

With many places going up in flames, the big question was where to take the animals so that they would no longer be at risk? A lot of ranches near the one being evacuated were either full of other rescues or in danger as well. With very short notice after the call, easily over 15 trucks responded to a ranch that needed evacuated. Rhonda West who lives off Nye Road, was willing to give up every inch of her property for the animals. The Gregg family, De Los Reyes family, West family, and the Maxwell family are all a part of Citrus Valley 4h and all were a part of the rescue effort.

Around 50 horses and a handful of goats were at the property, and with the help of a neighbor we fit them all with a little room to spare. West was not worried about how long the animals would stay, just as long as they were okay.

Within days however, many owners had taken their animals back off of West’s property and returned them to their home. Without West and the help of many others, no one knows how much harder the situation could have been to save these horses. So Rhonda West and all the other people who helped through this tragedy, we thank you.

Seeking Emerald Star Committee

The County 4-H Council is looking for volunteers for the Emerald Star committee for the July 2018-June 2019 4-H year.

The Emerald Star is a rank awarded to a 4-H member for planning and implementing a leadership activity. Emerald Star is separate from any other star rank. It has been designed to encourage members to plan and execute a goal outside the member’s Community Club. The Emerald Star is for teenagers who have completed at least one year in 4-H. Committee members are responsible for reviewing applications, setting up application review meetings with the 4 H member and providing feedback, approving the Emerald Star project or asking for revisions or possibly rejecting the application.

At the completion of the approved project the committee is responsible for scheduling an exit interview with the applicant.

Please contact the County 4-H Council Board at venturaco4hcouncil@gmail.com if you would like to volunteer for this committee or need additional information.
**LOOKING AHEAD:**

**Herdsmen Heads up!**

Hi everyone. Just a reminder about what and how 4-H Herdsmen competition works at the Ventura County Fair.

- Judging is on Tuesday, Wednesday, Thursday and Saturday of the second week of the fair. No judging on move-in day, auction day, or Sunday.
- 4-H members are the judges with an adult mentor present. Judging takes approximately 2 hours each day.
- The herdsman award is broken down into **small barn** (2 species or less per club), and **large barn** (3 or more species per club). Awards are also given for top barn in lamb, beef, goat and swine.
- Scores will be posted daily in the Fair Livestock office window facing beef row. Saturday score is not posted.
- Scores will be averaged for the final score and club placing.
- See the judging checklist example here:

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<th>Decorations</th>
<th>Educational</th>
<th>Food &amp; Sales</th>
<th>Clutter &amp; If</th>
<th>Tack &amp; Room</th>
<th>Animals Clean?</th>
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**We want to say**

*Muchas Gracias* to all the leaders who make our Ventura County program such a success.

Project leaders, club leaders and all other 4-H adult volunteers, please join us for a

**Leader Appreciation Event**

on Saturday, May 5th  2-4pm
(aka Cinco de Mayo)

at UC HAREC in Santa Paula

There is no cost to attend, but we’d like to get an accurate count for the light appetizers and awards. Please register at [http://ucanr.edu/survey/survey.cfm?surveynumber=24410](http://ucanr.edu/survey/survey.cfm?surveynumber=24410)

**Clover Safe**

**Clover Safe Notes Spotlight for April: Thunderstorm Safety (Note #35).**

Spring is bringing some much needed precipitation, but along with that could be thunderstorms and it’s best to practice precautions. This one-page tip sheet can help raise awareness and help keep members safe.

Clover Safe Notes can be reviewed and printed from the UCANR website at [http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/](http://safety.ucanr.org/4-H_Resources/Clover_Safe_Notes_by_Number/)

The website has safety training and safety coordinator resources on this page. Clover Safe Notes are useful when incorporated into appropriate projects or shared with the club during monthly meetings.
South Section Field Day
April 21, 2018 @ Mt. SAC
Mt. San Antonio College, Building 26A, 1100 N. Grand Avenue, Walnut, CA

Big changes are coming to Southern Area Field Day:

- New Events
- Online Registration is due April 9th for participants and volunteers
  [http://4h.ucanr.edu/4-H_Events/AreaPresentation/]
- All FREE—No charge to participate
- Primary Clinic—lots for 5-8 year olds
- Judges & Volunteers Needed

South Section includes several counties, and each is assigned a portion of the responsibilities to make the event go smoothly. Ventura County 4-H is responsible for the Judges hospitality, which includes bringing snacks and breakfast items to say thank you to judges giving their time.

If you are able to help with Judging or Judges Hospitality, please contact the 4-H Office and we will put you in touch with our County’s coordinators.

California State Field Day Updates
2018 State Field Day ■ June 2, 2018 ■ UC Davis campus

The annual California 4-H State Field Day is the largest and most comprehensive educational event for 4-H youth members and 4-H volunteer educators. Since 2002, 4-H’ers from throughout the state have come together to compete at the state level for various competitions. This family-friendly event is for all ages to participate.

Each contest and activity is coordinated by 4-H volunteers and youth. Event coordination and facility support is provided by the State 4-H Office.

The goal of the event is to provide a culminating experience for 4-H members in their year-long 4-H education in public speaking, textiles, plant sciences, photography, interview skills, and entomology.

Contest Updates
State Presentation Day
2018 Impromptu topics
2018 Special Recognition Focus Areas

Interview Contest - 2018 Job Descriptions

For more information on all contests and schedules, visit [http://4h.ucanr.edu/4-H_Events/SFD/]

Presentations—If you receive a Gold award at the county level, you are encouraged to present in an Area 4-H Presentation Day. You may present at ANY Area 4-H Presentation Day (not just the one organized for your Area). You can also present at multiple Area 4-H Presentation Days if you would like to try to improve your score or get more practice. If you receive a Gold award at any Area Presentation Day, you may present at the State 4-H Presentation Day. Primary members (ages 5-8) are encouraged to participate in Area Presentation Day as well, but can only receive participation seals and cannot be evaluated according to the Presentation Manual.
The Ventura County 4-H Council is comprised of all adult volunteers, and senior 4-H members (14 years old and up) 9th - 12th grade.

The next meeting will be held May 30, 2018 at 7:00pm at the UCCE Office. The meeting will include PDC and Event updates as well other reports pertaining to County, Area and Statewide programs.

Please submit agenda items to venturaco4hcouncil@gmail.com and suggestions for review to two weeks in advance.

PDC Update
Program Development Committees (PDCs) are standing committees of the Ventura County 4-H Council that plan and manage events for specific project and program areas.

For project leaders looking to extend their learning opportunities for members or interested in getting more involved, PDC meetings are a great place to start.

If you have any questions, please visit the Council page and click on PDCs, there is an extensive list of PDC chairs, past agendas/minutes, etc. For more information, visit http://ceventura.ucanr.edu/Families_-_Communities/4-H/Ventura_County_4-H_Council/

Healthy Living and Other Club Officers Healthy Jobs

As 4-H Club elections are just around the corner, it’s a good time to think about how our club officers help us meet our Healthy Living goals.

Healthy Living Officers—These officers in many clubs bear the responsibility of integrating healthy living practices into their 4-H club. California 4-H has added the Healthy Living officer position to the 4-H Officer Manual. The Healthy Living officer will be the leadership for all health activities including: providing ideas on how to incorporate physical activities and healthy eating into each club meeting, write Healthy Living articles for the club newsletter, and adopting and promoting a club Wellness Plan. Please help ensure that the health “H” of 4-H is at the forefront of all our meetings.

Vice Presidents—Typically, this officer plans club programs. Choosing to incorporate programs that have a healthy focus is a great idea. Working with the Healthy Living Officer might be a great way to generate ideas.

Refreshments/Recreation—This might be a club officer or a committee chair. Either way, it’s a great way to incorporate some healthy ideas and habits.

Remember, each club officer slate is individual, but make sure your club has the overall healthy living goals of your club supported by youth officers.
2018 Ventura County 4-H

**Rock, Paper, Scissors!**

Date
April 7, 2018
10 am—3 pm

Location
Santa Rosa Club House
11701 E. Las Posas Rd.
Santa Rosa Valley, CA 93012

Cost
$5 per member

Bring your own sack lunch. Water available.

**Questions?**
Kaleidoscope PDC Chair,
Kitty Beckman at
avianaddict@hotmail.com

**Workshops Include**
- LED Origami Lightning Bugs
- Simplified Sugar Skulls
- Pollinator Gardening Mono Print
- Painted paper Insects and Rubbings
- Mini Buttons and Key Rings
- Metal Embossed Cards
- Alcohol Inked Ceramic tiles
- OP Art
- Zentangle
- Aboriginal Dot Art
- Cell Phone photography *
- Multi-Media Collage *

Registration Extended to April 3rd at
http://ucanr.edu/survey/survey.cfm?surveynumber=24198

* Must be age 9+, and limited space available

ceventura.ucanr.edu/Families_-_Communities/4-H/  805.525.9293 x.206

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Weather Science

DIY Thermometer.

With the changing outside temperatures, here is a great way for youth to become data collectors! In this STEM project, youth will create a DIY thermometer using household items! Youth will be able to see the liquid change when the temperature changes. For step by step instructions, please see the Lemon Lime Adventures website.

Click2Science features 4-H

Employment in STEM is growing. And 4-H is preparing today’s generation for these opportunities. Watch Jennifer Sirangelo, President & CEO of National 4-H Council, and other youth development professionals discuss the importance of 4-H in preparing our students for a future STEM career. Watch the video!

Sign Up to Get 4-H STEM News

You can get all the 4-H Stem Updates in your email box first from the State 4-H Office. Sign up here http://4h.ucanr.edu/Projects/STEM/

4-H Library: BioSecurity for Animal Science

UC Cooperative Extension personnel in collaboration with scientists in the UC School of Veterinary Medicine and Veterinary Medicine Extension developed the Bio-Security in 4-H Animal Science curriculum.

It’s That Time of Year!

- National 4-H True Leaders in Service—Research shows that 4-H’ers make positive contributions to their communities. This April, as part of True Leaders in Service and National Volunteer Appreciation Month, 4-H’ers across the nation will pledge their hands to larger service – leading positive change that empowers their peers and their communities. True Leaders in Service will officially kick-off the first day of April, and culminate with the National 4-H Day of Service on Saturday, April 28. Join the thousands of 4-H’ers who will venture out into their communities to do what 4-H’ers do best: lead in service to tackle community challenges and help meet the needs of others. For more information, visit https://4-h.org/get-involved/true-leaders-in-service/

- April’s Ventura County 4-H Horse English Show will be April 14th. For more information and registration, please visit https://ucanr.edu/survey/survey.cfm?surveynumber=24367

- Plan now to attend State Field Day on June 2 in Davis Ca. There are so many opportunities for 4-Hers of all ages to enjoy. For more details http://4h.ucanr.edu/4-H_Events/SFD/

- Policy Reminder—Driving: When driving on 4-H/UC business, possess a valid California driver’s license and carry proof of the minimum automobile liability insurance required by UC; and ensure that all passengers use seat belts. This is point 7 on the Adult Volunteer Code of Conduct http://4h.ucanr.edu/files/16404.pdf Please remember that if you have indicated on your Volunteer Application or no longer possess a license or the minimum auto liability insurance, you can not drive 4-H youth or for other 4-H business. Please contact the 4-H Office with questions or concerns.