

CloverLines

University of California Cooperative Extension Ventura County 4-H June 2018

Photography Project Inspires!

By Reyna Lane, Loma Vista 4-H

The Santa Barbara Fair & Expo in April was fun and interesting as always. One of the coolest things about it was that the members of the Loma Vista 4-H Photography Project earned lots of awards! I love being inspired by others in the project and to help them mount their photos and meet entry deadlines. It's amazing to see all the blue and red ribbons.

Photo by Reyna Lane

I'm proud to be co-leader of such a successful project.

At the second meeting of our Photography Project, we studied composition and took photos at the Ventura Harbor. A lot of the pictures from this shoot were winners at the fair. Sienna Larrivee won blue ribbons for her photos of boats, ropes, and a bird sitting on a bougainvillea. The harbor is a great place to take photos on the weekend.

At our third meeting, we learned about taking pictures of food. Andrew Pyler was able to make his picture of broccoli look so delectable that he won a blue ribbon. Two other members won blue for their food photos. The photos looked so great that it looked like you could reach inside and pull out the food.

One Sunday we met in downtown Ventura to view an exhibit of a famous fashion photographer and to practice fashion photography. I won three blue ribbons with an honorable mention for best of show for photos I took that day. Amelia Archer won two blue ribbons for photos she took of her friend Natalie Breehl.

I'm really looking forward to seeing how everyone does at the Ventura County fair. The entry guides are online now at https://www.venturacountyfair.org/fair/entryguides/. The online entry period is June 1-July 16. Entries for the 4-H Youth Exhibit are due on July 20-22. Most people I meet think 4-H is all about animals, but I'm excited for our Photography Project to prove them wrong and blow them away with the beautiful photos taken this year.



Photo by Sienna Larrivee



Photo of Natalie Breehl by Amelia Archer

Club Happenings! Loma Vista 4-H

By Adler Striegel – Club Secretary

Loma Vista 4-H club is based in Ventura and has just under 60 members ranging from 5 – 18 years old. This year we had 27 projects members participated in. Projects included traditional 4-H projects such as Cooking, Sewing and Rabbits as well as newer ones like Roots & Shoots, Hiking and Archery. With hard work and creativity, club webmaster Allen Lane completely redid our club website: lomavista4h.com and our club communication officer Reyna Lane published wonderful newsletters each month recapping past events and sharing info on upcoming ones.

Loma Vista 4-H has a strong history of community service and offers a different community service project every month to our members. This year, because of the Thomas fire and its impact on Ventura, Loma Vista changed its annual Holiday Banquet to a fundraiser for 2 families in our club who lost their homes, raising over \$2000. The following month, a meal train was created for a member's family that was severely impacted by the Thomas Fire.

Our Roots & Shoots Project Leader Melissa Lalum has established a strong relationship with the Ventura Botanical Gardens which resulted in many volunteer events for project members and a private (since it is still closed) hike in May to see the wildflowers in bloom.

Loma Vista 4-Hers were very active in many of the county and state events such as County Presentation Day & County Fashion Revue, winning gold medals and advancing to Southern Area Field Day at Mt. SAC College and State Field Day at UC Davis. We had many members participate in the county events including Small Animal Field Day, Fall Kick-Off, Food Faire and Rock, Paper, Scissors! We will have over 10 members attending 4-H camp in June and State Leadership Conference at UC Davis this summer. It is wonderful that so many of our members work hard in their projects and club so they are able to represent Loma Vista 4-H at the county and state levels.

At each monthly meeting, our club leadership organizes a program. We strive for them to be fun, educational and interactive. Some of our favorites from this year were: a Directed Drawing workshop presented by Larry Scott, when Josh Haggmark, the Water Resources Manager for the City of Santa Barbara, discussed water management, our club copresidents Emma Zeko and Grace Morrison facilitating "How To Make Paper Airplanes" and when Tim Snowber and Ventura Fire Department educated members on Disaster Preparedness.

The year ended on May 19 with an Ice Block riding party at Arroyo Verde Park with cake and lemonade and lots of fun ice blocking, playing cornhole, croquet and more.

Loma Vista 4-H has a strong leadership board of youth 12 and older. Our newly elected 2018-19 board will consist of 17 amazing youth leaders each bringing their special talents to the leadership of the club.

Please contact Club Community Leader Julie Salomonson at 818-437-1847 or lomavista4h@gmail.com if you have any questions or would like more information on Loma Vista 4-H! Have a great summer and see you at the Fair!



Gracie Morrison and Emma Zeko



End of Year Party at Arroyo Verde Park

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Small Animal Cats & Rabbits & ... Insects?! Field Day

Submitted by Andrew & Ashley Pyler, Loma Vista 4-H:

This year's 2018 Ventura County 4-H Small Animal Field Day took place at the Santa Rosa Clubhouse in Santa Rosa Valley on Saturday, May 12. 4-Hers from clubs all across the county came to participate in fun events in a number of small animal-related activities, including showmanship, agility, knowledge bowls, and poster and art exhibitions.



In addition to the usual cats, dogs, cavies, pygmy goats, rabbits, and chickens, other more exotic animals present at the event included reptiles (including some boa constrictors and a chameleon), insects (a tarantula, a hissing cockroach, and some monarch caterpillars), and an extremely talkative cockatoo. Some of these animals also participated in the county's very first 4-H Pet Expo held at the event. Another activity was the

arts and crafts table, which allowed participants to make Mother's Day Cards to bring home for the following day (Mother's Day).

We had a great time at the event, participating in several knowledge bowls as well as other activities and games, we and even got the opportunity to emcee at the event's closing awards ceremony. We would highly recommend anyone interested to attend next year's Small Animal Field Day and appreciate everyone who contributed and participated at this year's event to make it such a fun success!

Submitted by Samantha Robinson, Conejo Simi Valley 4-H:

Small Animal Field Day was quite an event this year. Participants from many clubs attended and enjoyed the activities and animals interactions at 8 different tables. At the rabbit table, participants could take a knowledge quiz on bunnies as well as interact with them while their owners shared their knowledge. A highlight of the rabbit station was watching the bunnies hop through the obstacle course. Participants who visited the Entomology table got to see teeny

-tiny baby Praying Mantises, a Praying Mantis egg case, and monarch caterpillars. Several colorful books about insects were laid out for viewing and there was a bug themed maze and word search. Finally, participants could choose to take the entomology knowledge quiz to win ribbons and pins.



My station was the Cat Table where participants met my feral cat Baloo (who is now a lazy house cat). They were also able to see an ideal feral cat cage setup for re-homing feral cats. I enjoyed educating participants about feral cats and their benefit to the agricultural field. I also had an oral quiz for participants to answer questions about feral cats for candy



prizes. As a community service project, participants could make a toy for the cats in the Simi Valley Animal Shelter. We made over 20 toys.

In addition to all the animal stations, many participants brought posters or animal themed art to enter in the poster and art contests.

I loved Small Animal Field Day this year. It was so much fun! I learned some new things as well; however, it felt like it was really under-attended. I really recommend coming to Small Animal Field Day next year.



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The 4-H Youth Development Programs at the UC Hansen Agricultural Research & Extension Center in collaboration with the City of Ventura Environmental Sustainability Division & Ventura Water Department present

G-II SUSTAINABLE You!



SUMMER CAMP 2013 FOR AGES 9-12

Learn what it means to be sustainable through fun activities based around five major themes: Land, Water, Food, Air, and Energy



Contact: awfaris@ucanr.edu or 805-525-9293 ext 206

June 25-29 • 9 am-12 pm

Where: UC Hansen Agricultural Research & Extension Center located at 14292 W. Telegraph Rd. (corner of Briggs Rd. and Telegraph Rd.) in Santa Paula.

Cost: \$75 Includes five days of camp and a t-shirt. Deadline June 8. Register Online at: http://harec.ucanr.edu

Provisions are available to reduce/cover program fees.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstoff/files/215244.pdf) Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397







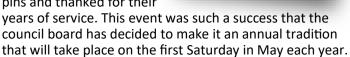


Volunteer Appreciation Tea — a Smashing Success!

On May 5, twenty 4-H volunteers came to the farm as tea

party guests to be pampered and spoiled by the 4-H staff. They sat under umbrellas at beautifully decorated tables on the lawn of the historic Faulkner House and enjoyed delicious sandwiches, lemon bars, scones, macarons, and tea. Most of all, they enjoyed one another's company.

Near the end of the event, volunteers were given pins and thanked for their



If you would like the recipe for the lemon bars served at the tea party, please email Valerie Zeko:

<u>vjzeko@ucanr.edu</u> and she will happily give it to you. We hope to see all of you at next year's event!

Clover Safe Notes

Clover Safe Notes Spotlight for June: TIDAL POOL EXPLORATION SAFETY (Note #27).

While exploring tidal pools or "tidepools" at our local beaches or while traveling this summer, you may be caught unawares by incoming waves or slip and fall on rocks. A good tip is to select an adult in your group to be the official "wave watcher" to give warning and prevent an accident. This tip and many others on this one page tip sheet will raise awareness and help keep you and your group safe this summer!

Clover Safe Notes can be reviewed and printed from the UCANR website at http://safety.ucanr.edu/4-H Resources/
Clover Safe Notes by Project Area/

The website has safety training and safety coordinator resources. Clover Safe Notes are useful when incorporated into projects or shared with the club during monthly meetings.



State Leadership Conference 2018

26-29 | JULY | 2018

The annual California 4-H State Leadership Conference (SLC) brings together youth ages 13-19 from across California to UC Davis for advanced leadership training, networking, and a memorable learning experience!

- **Network and share ideas** with other 4-H members from across the state.
- Experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.
- Experience a slice of college life: live in the residence halls, eat in the dining commons, and participate in educational sessions, many of which are taught by University of California faculty and staff.

Cost is \$750 for 2 nights or \$825 for 3 nights if you register by June 14.

County funding is available for participants: Register, pay and attend for the conference and commit to assist with at least one County Awards event to receive reimbursement.



2018-19 ONLINE RE-ENROLLMENT

Please wait for the green light!

Your Club Leader will give youth members and adult volunteers the "green light" for online re-enrollment on or about July 5. Please be prepared to pay your fees to your Club Leader and do the online enrollment ASAP when you hear from them. Please do not do the online enrollment until you get the green light! Re-enrolling adult volunteers will receive an email regarding the annual online volunteer training once the 4-H online enrollment is completed and club fees are paid. 4H**≋**nline®

PLEASE NOTE:

- Aging out (or dropping after Fair) youth do not re-enroll online; however, there is a form and fee to submit.
- Your Club Leaders have July deadlines for reporting re-enrolling members to the County Office (including aging out or dropping after Fair). Please pay attention to your Club's deadlines and help them meet their reenrollment requirements.

Enrollment Questions? Please contact Annabel Faris, 805.525.9293 x206 awfaris@ucanr.edu

Two Teens Make Ventura County Shine!



Anna Sorensen and Alexandra Thompson of Conejo Simi 4-H

Southern Area Field Day was on April 21, 2018 at Mt. SAC in Walnut. Many participants from Ventura County won Gold Medals, and the results will be posted as soon as the confirmed winners get released by the Chair of the event.

This event was well attended, but as it turned out the morning of the event, we did not have enough judges. Due to the lack of judges, many rooms were not able to start, leaving children waiting in the hallways for long periods of time.

Two of our teens, **Anna Sorensen** (Youth Chair Entomology) and **Alexandra Thompson** (Youth Chair Primary Clinic), recognized that help was needed and stepped up to help judge most of the day.

These two young ladies set up the Judges Breakfast, provided homemade baked items, helped set up registration tables and rooms in the morning, ran clinics, judged Educational Displays, Interview Contest, Cultural Arts, and helped clean up after the event. They worked as room hosts and runners and related messages for adult leaders. They worked tirelessly for 8 hours and truly, in the spirit of 4-H, made our county shine.

Thank you to these two outstanding Teen Leaders from the Conejo Simi 4-H Club!

2018 Scholarship Applications Due Aug. 8, 2018

The UC 4-H Youth Development Program is committed to promoting higher education. With help from donors, statewide scholarships are available for graduating high school seniors and college-attending students.

The candidate for any 4-H scholarship must be:

- A high school senior, graduate, or equivalent who is already enrolled in or accepted to an institution of higher education. Institutions of higher education include accredited vocational schools, colleges or universities.
- Enrolled in the UC 4-H Youth Development Program at the time of high school graduation or equivalent, such as receiving a General Education Diploma (GED)
- Enrolled or planning to enroll in at least half of the full -time course load as defined by the applicant's institution.
- Not older than 25 as of December 31st of the application year.

For more information, please visit http://4h.ucanr.edu/Resources/Member Resources/Scholarships - Awards/Scholarships/

Calling all High School Seniors!

We would like to profile all our 4-H graduating seniors in our July Clover Lines. Please fill out this survey before June 25 so we can include all seniors in this issue; parents of seniors, please have your seniors fill out: http://ucanr.edu/survey/survey.cfm? surveynumber=24966

Congratulations to the Class of 2018!



Council Corner

The Ventura County 4-H Council is comprised of all adult volunteers and senior 4-H members (14 years old and up) in 9th to 12th grade.

The next meeting will be held June 27, 2018 at 7:00pm at the UC Cooperative Extension Office located at 669 County Square Drive. The meeting will include PDC and Event updates as well other reports pertaining to County, Area and Statewide programs.

Please submit agenda items to venturaco4hcouncil@gmail.com and suggestions for review to two weeks in advance.

PDC Update

Program Development Committees (PDCs) are standing committees of the Ventura County 4-H Council that plan and manage events for specific project and program areas.

For project leaders looking to extend their learning opportunities for members or interested in getting more involved, PDC meetings are a great place to start!

If you have any questions, please visit the Council page and click on PDCs, there is an extensive list of PDC chairs, past agendas/minutes, etc. For more information, visit http://ceventura.ucanr.edu/Families - Communities/4-H/Ventura_County_4-H_Council/

Healthy Living

SHOP FRESH, BUY LOCAL

Buying local is easier than ever!

 Ventura County has 13 Farmers' Markets! Visit one this summer and make it a family outing. Arrive early for best selection, bring your own bag (BYOB), don't forget to bring cash, and wear sunscreen.
 Shop around, taste samples and focus on veggies if you're on a tight budget.



- Stop by one of Ventura County's many roadside stands to buy local farm produce.
- Receive weekly boxes of locally-grown fruits and vegetables by signing up for a CSA (Community-Supported Agriculture) program. Some CSAs deliver to neighborhood drop-off points; others require that each week's box be picked up at the farm.



• Get a complete list of Farmers' Markets and CSA programs by visiting http://healthyventuracounty.org/healthy-eating/farmers-markets/



Science, Technology, Engineering & Math

2018 National Science Day: Oct 3, 2018

This October, 4-H and Google will launch an exciting National Youth Science Day challenge, **Code Your World**, which invites kids to get involved in computer science through hands-on doing.

Code Your World is a four-part computer science (CS) challenge that teaches kids to apply CS to the world around them through hands-on activities. Developed by West Virginia University Extension Service and Google, it includes a computer-based activity on Google's CS First platform and three unplugged activities that bring coding to life through games and interaction.

Code Your World uses games and hands-on fun to teach kids important CS and computational thinking concepts, and is perfect for first-time and beginner coders ages 8-14.

To stay updated with resources and ways to get involved with National Youth Science Day and Code **Your World**, visit https://4-h.org/parents/national-youth-science-day/



4-H Office Information

Office Hours by Appointment Only Closed on UC Holidays

Hansen Ag Research and Extension Center

287 S. Briggs Rd . Santa Paula ,CA 93060

General Email: uccev4-H@ucanr.edu

Office Phone: 805-525-9293 Office Fax: 805-525-5475

Valerie Zeko ext. 204

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Annabel Faris ext. 206

YFC Program Coordinator awfaris@ucanr.edu

Susana Bruzzone-Miller ext. 212

YFC Program Manager sbmiller@ucanr.edu

Article Submission

Deadline: 1st Monday of month for following issue consideration

Email articles to uccev4-h@ucanr.edu

Include your name, club, name of activity, and if submitting images, please identify those pictured. Remember to hyphenate 4-H and use copyrights where appropriate. All submitted articles and images become the property of 4-H to be used in print and/or online per editorial discretion.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/215244.pdf). Inquiries regarding ANR's nondiscrimination policies may be directed to John Fox, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1343.

4-H Library: You're invited to browse

The VC 4-H Lending Library is now located in our new air-conditioned "portables" just down the hallway from our 4-H office now located at 287 S. Briggs Rd. in Santa Paula. You are invited to visit, pull up a chair and browse through the bookcases. When you find useful materials, you can check them out or photocopy a page or two at our offices. Please call first so we know you are coming!



For a list of curriculum titles, visit http://ceventura.ucanr.edu/Families - Communities/4-H/Leader/.



6/8 Deadline to register for Sustainable You!

6/14 Deadline to register for State Leadership Conference (SLC) at regular price of \$750

6/28 Deadline to register for SLC at late price of \$825

6/16 Citizenship Washington Focus

6/23 Gymkhana Equestrian Event in Fillmore

6/25-29 Sustainable You! Summer Day Camp

6/27 County 4-H Council Meeting @ UCCE 7pm

7/13-15 4-H Horse Fair @ Fairgrounds

7/26-29 4-H State Leadership Conference @ UC Davis

7/27 4-H Re-enrollment deadline

8/1-12 Ventura County Fair

8/5 4-H Scholarships for Higher Education
Applications Due

UCCE – University of California Cooperative Extension County, 669 County Square Drive, Suite 100, Ventura CA 93003

HAREC – Hansen Ag Research and Extension Center, 287 S. Briggs Road, Santa Paula, CA 93060 (new address!)

For more information on these and other upcoming events, please visit http://ceventura.ucanr.edu/Families - Communities/4-H/NewsMain/

It's That Time of Year!

 Project Leaders: Plan now to coordinate entries for the Ventura County Fair. Online entries have begun. For Fair entry guides, dates and details, visit http://www.venturacountyfair.org/fair/entryguides/

• Tell your friends and family about our wonderful 4-H Sustainable You! Summer Camp 2018. June 25-29 from 9 a.m. to noon for ages 9-12 years. Cost is only \$75 and includes camp activities and T-shirt. Spend a week on the farm learning how to be good stewards of our Earth. Engage in fun and interactive activities that focus on the five themes of sustainability — Water, Food, Land, Air, Energy. Accepting registration through June 8: http://ucanr.edu/survey/survey.cfm?surveynumber=24611 For more information contact awfaris@ucanr.edu

Club Leaders: Have you reserved your club meeting space for next year? Is there a facility
agreement and an insurance certificate in place? Any questions? Contact Annabel Faris
<u>awfaris@ucanr.edu</u> or 805-525-9293 x206

• Remember, the **4-H program year ends on June 30**. For a project to be complete, the expectations outlined by the project leader as well as at least 6 hours of instruction must be finished. Concerns? Work them out before the 4-H year ends.

Featured Clubs for July/August are Mira Monte & Mupu.

Featured Club Calendar is at

http://ceventura.ucanr.edu/Families - Communities/4-H/Newsletter/