



# CloverLines

Ventura County 4-H – September 2018

## Animal Science Field Day Sat. Sept. 22

On September 22, 2018, Southern Area will host **Animal Science Field Day**, a **FREE event**, at the Agricultural Science Dept at Mt. SAC (San Antonio College) in Walnut, about a two hour drive south of Ventura County near Cal Poly Pomona. Check in begins at 8:30 A.M., and the event begins at 9:30 A.M. and ends at 3:00 P.M.

The day will feature **lectures** on: Marine Animals, Veterinary Entomology, Pests Afflicting Livestock, Biosecurity, Newcastle Disease, Dairy Council Lecture, Poultry and Eggs, Hamsters, Chinchillas, Bunny Hopping, Rabbit and Rabbit Showmanship and more! **Speakers** include: Amy Murillo, Caleb Hubbard, Alexa Caplan, Tony Dean, Larry Poncetta, Devon Bean, Barbara Crane, Maggie O’Niell, Laurie McCormick, Shawn Pepper and Bruce Welch.

**Judging Clinics** on Hogs, Lambs, and Cattle in the Livestock Barn will teach participants “How to select your best market animal and why.”

**A Poster and Photography Contest** will take place at the event. Please limit your entries to 2 photos per person and bring your animal-related posters. The contest will be judged by John Trammell, Chair of the Southern Area Management Board.

Bring your checkbook and bid on items in the **Silent Auction** to fund future Animal Science Events!

An **Opportunity Drawing** will give every child a parting gift.

### Event Locations:

**Mt. SAC Agricultural Science Department**—Building 80 off Bonita Dr., Walnut, CA

**Mt. SAC Large Livestock Barn Farm Pavilion F9**—Farm Dr. off of Parking Lot F.

Parking: Use Lot F located at W. Temple and Bonita Dr. in Walnut.

## Mindfulness Retreat: Register by 10/1

Feeling overwhelmed? Take a “time-in” at the **UC 4-H Mindfulness Retreat** in Cambria on November 2-4. (Please register by Oct. 1).



Teens 13-19 and adults are invited to spend the weekend at beautiful Camp Ocean Pines developing their health and well-being. Participants will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities. The retreat will focus on stress management, relationship building, nutrition, and a general understanding of mindfulness. Cost is \$225 plus chaperone fees (\$20-25 per adult). Meals and lodging are included.

[Click here to check out what participants loved about last year’s Mindfulness Retreat.](#)

# Check out the new VC 4-H Blog!



Articles submitted by 4-H'ers will be posted quickly on our new blog, so you don't have to wait for Clover Lines to read about a local event or what's going on in our county's clubs. You are invited to submit articles at any time about your 4-H experiences. They will be searchable and easy to access because they will be living online 24/7. Send a link to your proud grandparents when you are "published" so they can read all about it, too!

## **This month features:**

["Santa Rosa Club Happenings!"](#) by Claire Boone and Nadja Klem

["Building Bridges, Making Connections, and Being Mindful at State Leadership Conference"](#) by Livia Vertucci of Loma Vista 4-H

["Ventura County 4-H'ers Volunteer at 2018 Summerfest Dog Show"](#) by Andrew & Ashley Pyler of Loma Vista 4-H

*By John Briggs*

## **FUN STEM ACTIVITY: Signs of Fall!**

Here is a fun environmental education activity which teaches youth to look for signs of autumn. With the upcoming season change, youth will investigate why leaves of deciduous trees change color in the fall [Download instructions](#) from Project Learning Tree.



## **Join Us in Collecting Food in October!**

*By John Briggs, Loma Vista 4-H*

This fall, join 4-Hers and youth throughout Ventura County as we celebrate **21 years of Trick-Or-Treat So Others Can Eat (TOTOSCE)**.

TOTOSCE is a community service project that benefits FOOD Share, Ventura County's food bank, and occurs during the Halloween season. Ventura County youth collect thousands of pounds of non-perishable food donations by going door to door during this fun seasonal campaign. Any youth or youth group in the county can participate in TOTOSCE.

This year [TOTOSCE](#) will run from Oct. 1 to Nov. 10, 2017. There will be a kickoff party and tour of [FOOD Share](#) at **5:30 PM on September 18th at 4156 Southbank Rd. in Oxnard.**

Over the past few years, TOTOSCE has collected thousands of pounds of non-perishable food for Food Share. Every 5 pounds of food collected can provide a family of four with a meal. This year we are challenging each 4-H member to collect 50 pounds of food for the food bank. This food can provide 10 families with much-needed food. One full grocery bag is approximately 10 pounds, so 5 bags would be about 50 pounds. Let's get collecting for our community!

All 4-H members who complete this 50-pound challenge will be awarded an official certificate from the county office. This is something you can add to your record book, or use for the community service requirement at your school.

Each 4-H club in Ventura County is encouraged to participate in TOTOSCE, and should assign a junior or teen leader to run the project. Teen leaders should email [totosce@gmail.com](mailto:totosce@gmail.com) and include the club name, teen leader's name, phone number and email address, the number of participating members, and a goal for the pounds of food the club intends to collect. A "Starter kit" including door hangers, flyers, thank you notes, and instructions will then be emailed to you.

Good luck and thanks for participating!



# 4-H Events Calendar

9/17 Record Book Interviews @ UCCE  
 9/18 TOTSOCE Kick-off Party & Tour @ Food Share  
 5:30pm  
 9/22 Animal Science Field Day @ Mt SAC 9:30am-3pm  
 10/1 Deadline to Register for 4-H Mindfulness Retreat  
 10/3 STEAM PDC meeting @ Coffee Bean Ventura 7pm  
 10/9 **4-H Spirit Day! Wear 4-H green**, clover, or t-shirt  
 today. Take photo and post. #TrueLeaders  
 #InspireKidsToDo  
 10/10 4-H Science Night "Code Your World"  
 @ UCCE 6-8pm  
 10/10 Lg Livestock PDC Meeting @ UCCE Library 6pm  
 10/11 Achievement Night @ HAREC  
 10/20 PDC Orientation @ HAREC 8am

10/20 Project Leader Field Day @ HAREC 9am  
 10/20 Deadline to apply to 2019 4-H Youth in Action  
 10/24 Small Animal PDC Meeting @ UCCE 6pm  
 10/24 4-H Council Meeting @ UCCE 7pm  
 10/28 Equine PDC Meeting @ Soule Park Ojai 8am  
 11/2-4 4-H Mindfulness Retreat in Cambria Pines  
 11/17 Rock Paper Scissors Holiday @ HAREC

## Event Locations:

**UCCE** – University of California Cooperative Extension  
 County, 669 County Square Dr, Suite 100, Ventura CA 93003

**HAREC** – Hansen Ag Research and Extension Center, 287 S.  
 Briggs Rd, Santa Paula, CA 93060 (new address!)



## 4-H Spirit Day October 9, 2018

Show your 4-H Pride during National 4-H Week!

On **Tuesday, October 9<sup>th</sup>**, nationwide everyone is  
 encouraged to wear their 4-H shirt, a clover, or green  
 to show support for 4-H for **4-H Spirit Day**.

## 4-H Science Night Oct. 10, 2018

**You are invited to "Code your World"** at the CE office  
 at 6pm on Wednesday, **October 10**. *Code Your World*  
 is a computer science-themed challenge co-developed  
 by Google and West Virginia University Extension  
 Service.

*Code Your World* is perfect for first-time and beginner  
 coders ranging in age from 8 to 14. It uses games,  
 hands-on fun, and even dancing to teach kids  
 important CS concepts and problem-solving skills.

## Achievement Night Oct. 11, 2018

You are invited to a celebratory night at the farm!  
 More info to come.

## Share Your Story and Win!



Sharing your 4-H story could earn you a \$5,000  
 scholarship and a trip to Washington D.C. for National  
 4-H Council's Legacy Awards, where you'll have the  
 chance to tell your story while meeting 4-H celebrities  
 and other notable alums!

The program recognizes four confident young leaders in  
 our core pillar areas of Agriculture, Citizenship, Healthy  
 Living and STEM (Science, Technology, Engineering &  
 Mathematics), giving pillar winners the chance to share  
 how 4-H changed their lives and how they have used the  
 skills they gained in 4-H to change the lives of others.

One Pillar Winner will be selected as the 4-H Youth in  
 Action National Award Winner and will receive an  
 additional scholarship for higher education!

Applications are open from **August 1 to October 22,**  
**2018.**

Visit the 4-H Youth in Action website to learn more.

Help spread the word! Download the flyer.



# CloverLines is going Green!

We at the 4-H office have decided to go **green** and make CloverLines paperless, so you will now only receive it in your email in-box. It will also be shorter with longer articles posted on [our new 4-H blog](#) rather than in the newsletter. In going green, our county will save more than \$350 a month in printing and postage!

We hope you open and read this monthly newsletter as it contains important 4-H information. Have your calendar nearby, so you can make note of all the upcoming 4-H events and activities! Please send your suggestions and comments to Valerie Zeko: [vjzeko@ucanr.edu](mailto:vjzeko@ucanr.edu)

## 4-H Office Information

*Office Hours by Appointment Only*  
Closed on UC Holidays

**UC Hansen Ag Research and Extension Center**  
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## 2018-19 New Member Enrollments are Underway

Please turn in all fees and forms that your club requires, so your club leader can approve you online. Then, we at the County 4-H office can make your status “active.” Once you are an active 4-H member, you will be able to receive all email communications from our office, including the monthly e-newsletter Clover Lines. Please contact Annabel Faris, Program Coordinator, 805.525.9293 or [awfaris@ucanr.edu](mailto:awfaris@ucanr.edu) if you need assistance.

## 2018-19 New & Returning Adult Volunteer Training Should be Completed by December 31

Congrats to all the volunteers who already did their online training! You deserve a pat on the back! Many of you won Starbucks gift cards in our weekly drawing! Those of you who don’t meet the deadline risk having to repeat the entire volunteer process over again as if you were a brand new volunteer (how embarrassing!) Don’t let this happen to you! Need help? Please contact Annabel Faris, Program Coordinator, 805.525.9293 or [awfaris@ucanr.edu](mailto:awfaris@ucanr.edu) who will be happy to assist you.

We **LOVE** our 4-H Volunteers! Please consider leading a project in your club! We can give you curriculum or you can create a project based on your own hobby like riding bikes or bullet journaling. One Loma Vista parent volunteer created a project called “Money 101” based on what she wanted her teenager to learn about money.



**Remember to “Like”  
Ventura County 4-H  
on Facebook!**

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