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# CLOVER LINES

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Cooperative Extension

University of California

Ventura County

December 2007

## Reflections

While considering the theme for this month's *Clover Lines* front page, lots of things came to mind. Of course, as we near the end of the year, it is the perfect time to look back and reflect on the happenings of the year, and evaluate what we have learned, what we have accomplished, and what goals we may not have met and why not. And while thinking about this, it came to me that this is one of the cornerstones of our 4-H Program . . . Reflection! Whether it is reviewing our club Plan & Goals at the end of the club year or evaluating project work at the end of each project meeting, that reflection and evaluation is so important! That is where we learn why things worked or why they didn't. That is how we can make plans to continue good work or to do better. It is the perfect opportunity to appreciate the importance of planning and the value of learning from both successes and mistakes.

Now, what I want you all to consider is this . . . Take the four H's . . . Head, Heart, Hands, and Health. Think about each of these as they pertain to your 4-H work, your school work or your job, your outside activities, and your family time. Have you used the 4 H's to "Make the Best Better"? Have you used your . . .

**Head** – to learn new skills or increase your knowledge?

**Heart** – to communicate, share, and cooperate with others; and, to build friendships?

**Hands** – to participate in community service and leadership activities, both as an individual and as part of a team?

**Health** – Taken care of yourself (both mentally and physically), and practiced safety in all areas of your life?

Reflect on how these principles of our 4-H Program have helped you throughout 2007, and how you can use them to meet your plans and goals for 2008!

**Happy Holidays to everyone! And, best wishes for a Happy and Healthy New Year!**

Susan Gloeckler



## SOUTHERN CALIFORNIA WILDFIRES - How You CAN HELP

Since the devastating fires that recently ravaged Southern California, many of our 4-H members and their families have asked how they can best help 4-H families in the areas that were affected.

As many of you know, the systems and policies for accepting and transferring gifts within UC were designed to help further advance the educational and outreach activities of our organization. However, the financial support people are wishing to give is focused on helping 4-H families in these counties get back on their feet. Knowing this, the state 4-H Office and the CA 4-H Foundation asked staff how we can best direct people to provide support to families impacted in their county. Here are their responses:

### Orange County -

Some 4-H families in Orange County sustained property damage in last week's wild fires; however, staff and volunteers are requesting funds be sent to surrounding counties where greater losses were sustained and the need is much greater.

### San Diego County -

San Diego County 4-H has set up a special fund with their Volunteer Leaders Council to receive funds to benefit 4-H families affected by the fires. Please make checks payable to: San Diego County 4-H Leaders' Council. Indicate on your check or letter the funds are for the "Fire Recovery Fund" and send them to:

San Diego County 4-H Leaders' Council  
c/o Hogan Tong  
5555 Overland Ave, Suite 4101  
San Diego, CA 92123

### Los Angeles County -

Los Angeles County 4-H has set up a special fund with their Volunteer Leaders Council to receive funds to benefit 4-H families affected by the fires. Please make checks payable to: Los Angeles County 4-H Leaders' Council. Indicate on your check or letter the funds are for the "Fire Recovery Fund" and send them to:

Los Angeles County 4-H Leaders' Council  
c/o Mary Lash  
9497 E. Foster Road  
Downey, CA 90242

### San Bernardino County –

Staff requested people send their donations to the local chapter of Red Cross in their county. Be sure to indicate you wish the funds to be used in San Bernardino County to help the people affected by the recent wild fires. Once that is done, the Inland Empire Red Cross will put those resources into the allocated fund. The web link for

## 4-H OFFICE

The 4-H Office is open (except for county designated holidays) Monday through Thursday between 9am and 5pm. Please call the 4-H Office at 645-1470 for more information.

### Staff Hours & Program Responsibilities

#### **Susan Gloeckler** (805) 662-6943

Hours vary; please call for an appointment or to leave a voicemail message.

4-H Program Supervisor - Community Club Program, Policy & Procedure, New Unit Organization, Club Leader Advice, Training (Youth/ Volunteer).

Email: [sygloeckler@ucdavis.edu](mailto:sygloeckler@ucdavis.edu)

#### **Georgetta Brickey** (805) 645-1470

Monday through Thursday (9 am – 5 pm)

4-H Technical Specialist -Facilities reservations and paperwork, Enrollment, Insurance, Mailings, Pins, Equipment Check Out, 4-H Calendar & Program Guide, Event Support (packets, etc.), 4 H Library, General Information.

Email: [glbrickey@ucdavis.edu](mailto:glbrickey@ucdavis.edu)

#### **Matthew Downer** (805) 645-1464

Monday through Thursday (days and hours may vary)

4-H Student Assistant – Clover Lines Editor, Mailings, Pins, Equipment Check out, 4-H Calendar, Event Support, 4 H Library, General Information.

Email: [mjdowner@ucdavis.edu](mailto:mjdowner@ucdavis.edu)

#### **Rose Hayden-Smith** (805) 645-1466

4-H Youth Development Advisor and Master Gardener Advisor.

Email: [rmhaydensmith@ucdavis.edu](mailto:rmhaydensmith@ucdavis.edu)

#### **Lawrence K. Yee**, County Director

4-H Event "Hotline" 662-6885

4-H Information 662-6869

Clover Lines Editor – Matthew J. R. Downer

Please feel free to mail, fax, or email articles about your group's activities and events to the 4-H Office.

**DEADLINE FOR SUBMISSIONS IS THE 2ND MONDAY OF EACH MONTH FOR THE NEXT MONTH'S ISSUE.**

Rose Hayden-Smith

4-H Youth Development Advisor

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donations in San Bernardino requires the donor to set up a free account. The web link for the Inland Empire Red Cross is <http://arc-inlandempire.axxiomportal.com/> Otherwise, you can mail donations to:

Inland Empire Chapter  
202 West Rialto Avenue  
P.O. Box 183  
San Bernardino, California 92408

Thank you for your outpouring of kindness and generosity to help the 4-H families from these areas put their lives back together again.

Sincerely,  
The State 4-H Office and California 4-H Foundation

### ROOTS & SHOOTS PROJECT

By, Nancy Merrick Lairmore - Loma Vista 4-H Club

Members of Loma Vista 4-H Club's Roots & Shoots Project are working to "Rebirth the Earth" as part of a nationwide campaign to plant trees while raising money to create tree nurseries in Africa.

The 19 local participants planted more than 100 sycamore, black oak and walnut trees at Hedrick Ranch Nature Area on Saturday, November 10 in Santa Paula. The group worked with Friends of the Santa Clara River, a local nonprofit group whose goal is to restore native habitat at the preserve. The acreage has been afflicted by major ingrowth of the invasive giant cane (arundo). The preserve was formerly a valencia orange farm, but is now being restored to native habitat.



The project marked the end of a year-long set of activities supported by an award from the Dean Memorial 4-H Legacy Fund. Our group received \$1,000 for a year-long project titled "Trees, Turtles, and Tanzania." Our other funded activities have included teaching others about energy conservation, a compact fluorescent bulb fundraiser to support the education of a Tanzanian boy,

creation of new habitats for local pond turtles displaced from local mountains by heavy rains, and other turtle/tortoise rehabilitation activities.

The last part of our Rebirth the Earth work will now involve raising money to contribute to creation of 5 tree nurseries in deforested areas of Tanzania – working in concert with other U.S. and Tanzanian Roots & Shoots (R&S) groups. Our project invites clubs throughout Ventura County to join us in planting trees and in participating in the Rebirth the Earth Campaign. Local 4-H member Bryan Lairmore is the national R&S campaign chairperson and can be contacted at 658-0545 for more information.

Project members thank the Dean Memorial 4-H Legacy Fund for a year of valuable service-learning in which we have learned a great deal about environmental challenges, both locally and internationally. We especially thank the Fund for empowering us to not just learn about the problems – but to truly make a difference!



### TRICK OR TREAT SO OTHERS CAN EAT

By, Jenna Kelton

Trick-or-Treat-So-Others-Can-Eat was a huge success and a lot of fun. T.O.T.S.O.C.E was a great service project and we helped a lot. We gathered a total of 301 pounds of canned goods for FOOD Share. Santa Rosa Valley 4-H was there, and we made a difference! In our walking shoes, we headed down the street with a wagon in hand. The first day we met in Thousand Oaks and the second day we met in Simi Valley in the Wood Ranch area. After we collected the canned goods some of us went to FOOD Share to deliver them. We had a great time and it was a great way to learn how our donations make an impact on someone's life.

Did you know:

- Over 100,000 people receive food from FOOD Share
- Over 50,000 of those receiving food are children
- Ventura County's food bank feeds people of all ages through a countywide hunger network of 240 partner agencies that are certified to receive their food supplies
- Over 2,000 impoverished seniors would not make it without the supplemental groceries

FOOD Share furnishes through its Brown Bag for Seniors Program 52 weeks a year at no charge

Santa Rosa Valley 4-H "Makes a Dent in FOOD Share"



Top Row: CJ Kelton, Chase Bowen, Raquel Brusher, Dylan Ellis, Randy Brusher  
Bottom row: Britteny Sharpe, Danica Schreiber, Jenna Kelton, JT Henry, Megan Sharpe, Sara Echave, Emily Sharpe. Not Pictured: Delanie Schreiber, Caitlan Mongiello, and Amanda Ullman.

## CHIEF PEAK HOSTS COUNTY EQUINE PLAYDAY

By, Erica Larson - Chief Peak 4-H

On Sunday November 4th, 2007 the Chief Peak horse group put on the Ventura County Equine Playday. The people that participated were Erica Larson, K'lynn Jackson, Tricia Kougaz, Montana Titus, Julia Diaz, Hailey West and Phoebe Huffman from Chief Peak, Harrison and Hayden Hargleroad from Santa Rosa, Jessica Frost from Las Posas and Lauren Rishoff from Agoura 4-H. It was held at 12:00 at the Ventura fairgrounds.

The playday consisted of 5 games. They were "Bobbing For Road Apples" which is supposed to be horse poop. (But don't worry they weren't really horse poop.) It was rice crispy treats smothered in whip cream! So you had run your horse against another person and race them down to the end, jump off your horse and find all three pieces of three rice crispy with no hands and find them before the other person.

The next game was "Don't Spill It" which was you had a full cup of water and you had to walk, jog, and lope. The person with the most water left won.

The next game was called "Ride A Buck" which is where

you have a dollar bill under your leg in a very difficult spot. You had to walk, jog, and lope and the last person still hanging onto the dollar under their leg wins. Trust me, it is a lot harder than you think.

This game is my favorite, it is called the "Turkey Gobble Race" This game commands you to have speed. It's where there are two barrels at the end of the arena with one Styrofoam ball (turkey) on each barrel. The rider is at the other end with a feather in their hand and you race down with the feather, stick it in the Styrofoam ball, and ride back as fast as you can.



The last race was called "The Ribbon Race" it's where you have a partner with a piece of ribbon between you both. You and your partner have to do all these tricky moves like turning circles and walking, jogging, and loping. You can not break it or let go of the ribbon or you lose. Everyone that participated thought it was so much fun. I had an awesome time.

## SALINA BUTTERFIELD IN OUR HEARTS

By, K'lynn Jackson - Chief Peak 4-H

On the morning of Tuesday the 16th of October, tragedy struck a family we all know very closely with Chief Peak 4-H Club. A member of our Horse Project, Salina Butterfield was in a terrible car accident on Creek Road, only two blocks from her house. She ended up with serious head trauma and underwent a 5 hour surgery the next day.

Since then, it has been a roller coaster for Salina and her family, not knowing just how bad the damage was. Part of her frontal lobe has been removed, but according to the doctor, that is the part of the brain to lose if you have to lose some. Things were not looking so good until the major improvements she has made the past week or so.

The swelling and pressure kept fluctuating, and she came down with a double pneumonia. Now she is more stable, the worst of the bruising and swelling has gone

away, and she is starting to respond to commands. She can squeeze objects, stick out her tongue, and smile when asked.

When I went to see her in the hospital on Tuesday November 6, I had expected to see the worst, but really, she looked great! She is just as beautiful as the Salina before the accident, now just a bald version. Everyone is very hopeful that she will be a candidate for acute neuro rehab at Cottage Rehab in Santa Barbara. I ask that please, everyone, keep Salina and her family in your hearts, minds, and prayers, and help support them in any way you can.

### **SOUTH SECTION 4-H LEADERS' RETREAT!**

The South Section Leaders' Council announces its Sectional Leaders' Retreat!! This will be a fun weekend to get together with fellow leaders from around our Section, meet old and new friends, and learn new ideas for your clubs and projects!

**Events will be held at the Nutrilite facility in Lakeview, CA (between Riverside & Hemet) on the weekend of April 11-13, 2008. Early Bird registration fee (\$55 by 02/15/08) includes sessions, meals, and entertainment. Participants are responsible for their lodging.** Registration forms, hotel listing, and more information will be available soon!

### **4-H SHOOTING SPORTS WORKSHOP ARCHERY DISCIPLINE**

Tulare, CA  
Saturday, January 12, 2008 – 8:00 a.m. – 4:00 p.m.  
Sunday, January 13, 2008 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the archery discipline will be held at Unverferth Manufacturing Company, 1903 South Blackstone Street in Tulare, CA. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as an archery volunteer and can lead an archery project at the club level or at summer camp.

The cost for the course is \$25 and includes morning refreshments, lunch, and course materials. For more information contact Dan Burner at: dan\_burner@yahoo.com or the Tulare County Extension Office at (559) 685-3309 ext. 203. Please send the "Training Request Registration Form" and fees payable to: Tulare County 4-H Leader Council, UCCE 4437-B

South Laspina Street, Tulare, CA 93274. The "Training Request Registration Form" can be downloaded at: <http://ca4h.org/projresource/shootingsports/index.asp>

### **RECORD BOOK CORNER**

By, Fern Vacca

It is never too early to work on Record Books. Here are some helpful hints:

#### Calendar

Keep a record on your Calendar of all 4-H meetings, events, activities and money spent on projects.

#### Project Meetings

Spend ten minutes at the end of each project meeting to record meeting date, what you did and what you learned.

#### Club Meetings

Record the (8) PDR Categories on large sheets of paper and have members write 4-H events and activities on each sheet. These sheets can be saved and posted at each meeting. This will be a cumulative record for the year.

Good Luck with Record Keeping!

### **CLOVER QUEST WORD SEARCH**

k	o	o	b	d	r	o	c	e	r	h	v	s
p	f	a	c	s	e	r	v	i	c	e	e	p
h	i	s	p	h	t	v	u	s	l	n	e	p
f	e	h	h	w	q	r	e	e	i	n	g	r
g	z	a	s	c	t	q	a	l	z	s	r	o
n	t	t	d	n	a	d	r	e	a	t	e	j
i	e	e	e	n	e	e	r	a	h	a	e	e
g	a	j	e	r	v	z	r	s	p	r	n	c
d	m	e	s	o	x	i	i	t	d	s	y	t
u	t	h	l	h	a	t	s	t	u	n	u	s
j	i	c	h	e	a	l	t	h	i	o	a	w
p	d	q	z	e	r	e	v	o	l	c	y	h
b	l	i	f	e	s	k	i	l	l	s	p	p

citizenship

health

recordbook

clover

heart

service

cloverlines

judging

stars

green

leadership

team

hands

lifeskills

teen

hats

outreach

head

projects

Ventura County 4-H Proudly Presents

# 4-H FOOD FAIRE CHALLENGE !

Saturday, January 12, 2008

Ventura County Fairgrounds, Gem and Mineral Building



Who will be  
Ventura County 4-H's  
Next Top Chef?

Events include: COOK-OFF - Salsa Making, Salads, Cold Soups, Edible Centerpieces, BAKE-OFF, CAKE DECORATING - Baked cake, cookies, cupcakes, FOOD PRESERVATION - Jams and jellies, Dried items, EDUCATIONAL POSTER CONTEST, and our *new* event **Iron Chef Ventura!**

*Please visit our website:*

<http://calendar.ucanr.org/eventdisplay.cfm?caleventnum=28317>

*for more details, entry rules and forms and instructions!*

***Entry Deadline is 1-2-08!!!***

Design the Food Faire Cookbook cover! Submit your designs to Matthew at [mjdowner@ucdavis.edu](mailto:mjdowner@ucdavis.edu) for your chance to win!

\*\*\* We are in need of adult volunteers to help with event set-up and clean-up at the end of the event. If you can help, please let us know! \*\*\*

Attention 4-H Leaders and Members!

**Presentation Day Workshop!**

Tuesday, January 22, 2008  
4-H Office  
6 p.m. – 7:30 p.m.

Learn from members and leaders who are experienced in this fun and educational program!

- ♦ Presentations (Demonstrations, Prepared Talks, PowerPoint, etc.)
- ♦ Slide/Video Presentations
- ♦ Public Speaking
- ♦ Prepared Readings
- ♦ Impromptu Speaking
- ♦ Extemporaneous Speaking

We will also discuss other opportunities for participation during Presentation Day, such as:

- ♦ Song Leading
- ♦ Cultural Arts
- ♦ Share the Fun Skits, and more!

Members, leaders, and parents are encouraged to attend this workshop. See actual presentations! See how much fun it can be to share your 4-H project skills with others by doing presentations and give talks! Participants at County Presentation Days are eligible for certificates, medals, and the opportunity to participate at Sectional 4-H Field Day!

Dates to remember:

- ♦ Tuesday, Jan. 22, 2008 – Workshop (r.s.v.p. to 805-645-1464 by 1/15/08)
- ♦ Saturday, March 15, 2008 – Ventura County Presentation Day
- ♦ Saturday, May 17, 2008 – Sectional 4-H Field Day – Mt. San Antonio College
- ♦ Saturday, May 31, 2008 – State 4-H Field Day – UC Davis

**\*\*\*\*\* Attention Club Leaders: We will hold a short meeting (7:30 – 8:00) following the workshop to make plans for Presentation Day. Please plan on attending or send a representative from your club. \*\*\*\*\***

# DECEMBER



## 4-H CALENDAR

- |                 |   |           |  |
|-----------------|---|-----------|--|
| 12/1-2          | STATE JUDGING EVENT   | 7/2       | SAS PDC MEETING 6PM LOCATION TBD                         |
| <del>12/5</del> | <del>SAS PDC MEETING 6PM LOCATION TBA</del> CANCELED  | 7/30-8/10 | 2008 VENTURA COUNTY FAIR                                 |
| 12/25           | CHRISTMAS DAY!  | 8/20      | SAS PDC MEETING/FAIR WRAP UP MEETING 6PM<br>LOCATION TBD |
| 1/1             | HAPPY 2008!!!   | 11/7-9    | 2008 STATE 4-H LEADERS' FORUM                            |
| 1/3             | FAMILY+CONSUMER SCIENCE PDC MEETING, 3PM,<br>BARNES & NOBLE ON TELEPHONE ROAD IN VENTURA  |           |  |
| 1/9             | LARGE LIVESTOCK PDC MEETING, SOMIS SCHOOL   |           |  |
| 1/12            | FOOD FAIR   |           |  |
| 1/12            | 4-H SHOOTING SPORTS WORKSHOP, 8AM-4PM   |           |  |
| 1/13            | 4-H SHOOTING SPORTS WORKSHOP, 8AM-4PM,<br>FOR MORE INFO GO TO:<br><a href="http://ca4h.org/projresource/shootingsports/index.asp">HTTP://CA4H.ORG/PROJRESOURCE/SHOOTINGSPTS/I<br/>NDEX.ASP</a> OR EMAIL: <a href="mailto:DAN_BURNER@YAHOO.COM">DAN_BURNER@YAHOO.COM</a> |           |  |
| 1/16            | SAS PDC MEETING 6PM LOCATION TBD  |           |  |
| 2/6             | SAS PDC MEETING 6PM LOCATION TBD  |           |  |
| 2/9             | SAS PDC FIELD DAY MORNING AND GET READY<br>FOR FAIR DAY AFTERNOON   |           |  |
| 3/5             | SAS PDC MEETING 6PM LOCATION TBD  |           |  |
| 4/11-13         | SOUTH SECTION LEADERS' RETREAT  |           |  |
| 4/16            | SAS PDC MEETING 6PM LOCATION TBD  |           |  |
| 5/7             | SAS PDC MEETING 6PM LOCATION TBD  |           |  |
| 6/8             | SAS PDC DOG FIELD DAY   |           |  |
| 6/18            | SAS PDC MEETING 6PM LOCATION TBD  |           |  |