

Clover Lines

Hello Ventura 4-H and Greetings from the 4-H Office as we enter a new year... 2011!

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us." ~Hal Borland

"Cheers to a new year and another chance for us to get it right." ~Oprah Winfrey

The following is a report from our State 4-H Director Sharon Junge on the status of the 4-H Program. As you can see it was a busy 2010 and it is shaping up to be an even busier 2011 with even more opportunities for growth and learning.

Michael Marzolla, 4-H Youth Development Advisor

Reflecting on 2010 and Readiness for 2011

2010 has been a year of many developments and enhancements for the Statewide 4-H Youth Development Program - each helping us achieve our University of California 4-H YDP Mission of ... *engaging youth in reaching their fullest potential while advancing the field of youth development*. Here are just a few of the highlights!

Rollout of 4-H Thrives - One of the largest enhancements to the 4-H YDP is 4-H Thrives! Funded in part by a generous gift from the Thrive Foundation for Youth, we are embarking a statewide volunteer training project that will include every county in the state in more intentionally and effectively providing positive youth development to our 4-H youth members. Every county is putting together local teams of volunteers, youth and adults who will receive extensive training this spring and begin to implement in their counties this summer.

4-H Healthy Living Initiative - We also saw the launch of the second 4-H mission mandate - healthy living - this past year. An energetic advisory team is providing leadership to the initiative which is re-emphasizing the fourth H - Health! Local RFPs were released this month for teen-led healthy living projects, and counties will be surveyed on existing programming and needs.

4-H SET Initiative - This was another banner year for the 4-H SET initiative - dozens of new projects were funded at the local level, new curriculum was completed (check out the *There's No New Water* curriculum if you haven't already), trainings were conducted across the state, and California had phenomenal participation in the Youth Science Day Experiment during National 4-H Week.

4-H Citizenship - Though we have not launched the new 4-H Citizenship initiative, the third of the mission mandates, California programming continues at stellar levels providing numerous opportunities for youth to engage in citizenship and service learning projects at the local level, and personal development opportunities through CAL Focus and National Citizenship Focus.

4-H Military Partnerships - New and additional staff were added to the 4-H Military Partnership this year, expanding our efforts to reach the over 170,000 military youth residing in California, especially those who are experiencing the deployment of one or more family members. More opportunities for collaborations with local 4-H efforts have been established.

Older Member Programs - The State 4-H Field Day broke records for participation in almost all levels and new categories were added for greater learning. The State 4-H Leadership Conference had almost 500 youth honing their skills and demonstrating their leadership competence on the UCD campus this summer.

4-H Specialist Joined Our Team - Kali Trzesniewski, PhD, joined the faculty of the UCD Human and Community Development Department, and serves as the Associate Director of Research for the 4-H Youth Development Program providing leadership to our 4-H research agenda. Much of her earlier work complements the California 4-H YDP emphasis on positive youth development, self-esteem and growth mindset.

All of these wonderful enhancements provide the enthusiasm and readiness to have another successful year in 2011!

Regards,
Sharon Junge
Acting Director, Statewide 4-H Youth Development Program

University of California
Agriculture and Natural Resources

Cooperative Extension
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Featured Club Happenings!

Bardsdale 4-H

by Candace Stines

Bardsdale 4-H meets the 4th Monday of the month at the Fillmore Veteran's Memorial Building at 7:00 P.M.

Club Leaders: Cindy Stines and Cindy Klittich

Club President: Candace Stines, age 16

Vice President Katherine Stewart, Secretary Brooke Aguirre, Treasure Jessica Mayhew, Sargent at Arms Ashley

Coert, Song Leaders Remy Richardson and Chloe Stines.

Greetings from Bardsdale 4-H,

We have had an exciting and fun year so far. Every year we participate in the Fillmore Christmas Parade. The members and leaders really enjoy coming together for this fun event!

Our Club has taken on supporting "Meals on Wheels" in the Fillmore area by making crafts to put in lunch bags provided by our Arts & Crafts Class. The seniors really look forward to opening their lunch and finding a nice card and craft inside. We are very happy to know that we are putting smiles on their faces when they open up their lunch to find a treat from us!

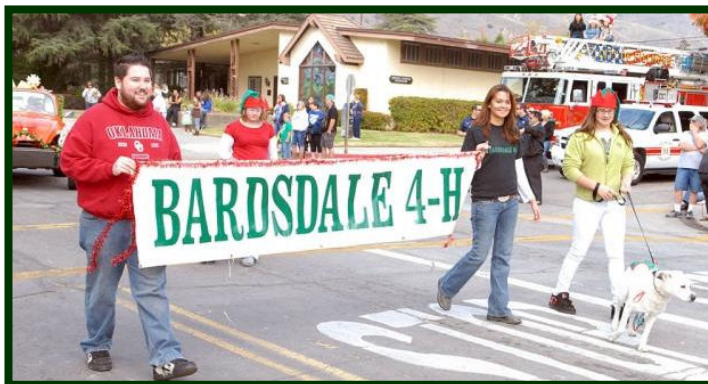
Community Service- We participate in Beach Cleanup twice a year and Bike Path Cleanup about 4 times a year and we also participate in a few other events in the county.

Our Cultural Awareness is off to a great start. We adopted 4 families during the holidays and we were able to provide gifts, clothing, books, school supplies and DVDs. What a great feeling it is to know we are providing for families going through such hard times. This group has a lot going on this year. They work once a month at the local homeless shelter. During Christmas, they fed over 250 people in one evening. They will be participating in the St. Patrick's Day Parade, Renaissance Festival, The Grove, and several other events.

The Leadership Development Project Class has been very fun! The members are learning about public speaking, parliamentary procedure, writing formal letters and sharing a lot of information about themselves that others did not know. Such as, some members are very involved with other things outside of 4-H like their Church, Sports, Swimming, Tennis, FFA etc.

The Large and Small Livestock groups are gearing up for another busy year. We have Beef, Goats, Lambs, Pigs, Rabbits, Chickens, and Turkeys just to name a few! There are quite a few members taking animals to fair which will be some first timers. This is very fun and exciting for them! Good luck to them all and look for them at the Ventura County Fair in August.

We want to thank all of our volunteer leaders, parents and 4-H'ers for all the time devoted to their projects. Helping to make 4-H members be all they can be. As they donate their time to help these young leaders participate in fun and educational classes, clinics, shows, outreach events and other educational opportunities, they are helping these young leaders better understand how 4-H continually "Makes the Best Better!"



March Featured Club Happenings! will include an article from Briggs 4-H & Chief Peak 4-H.

DON'T MISS OUT!!

New Adult Volunteer Leader Certification Dates have been scheduled!

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at

<http://www.ca4h.org/Administration/Policies/Chapter6/>.

Club Leader Position Description <http://www.ca4h.org/files/4771.doc>

Activity or Event Adult Volunteer Position Description <http://www.ca4h.org/files/4770.doc>

Project Adult Volunteer <http://www.ca4h.org/files/4772.doc>

Resource/Key Adult Volunteer <http://www.ca4h.org/files/4772.doc>

One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at <http://ceventura.ucdavis.edu/files/79835.doc> or in PDF format at

<http://ceventura.ucdavis.edu/files/79837.pdf>

The dates for the New Adult Volunteer Leader Certification Training have been scheduled for;

1. **Wednesday, April 27, 2011, 6:30 p.m. to 8:30 p.m.**
2. **Wednesday, May 18, 2011, 6:30 p.m. to 8:30 p.m.**
3. **Monday, June 20, 2011, 6:30 p.m. to 8:30 p.m.**

Don't miss out, R.S.V.P. today.

The trainings will be held at the 4-H Office:

669 County Square Dr., Ste 100
Ventura, CA 93003-5401

The trainings will begin PROMPTLY. Due to the large amount of material, participants **MUST** be on time & **MUST** attend the entire training or they will not have completed this important part of the certification process.

R.S.V.P. required, please include in an e-mail to tifisher@ucdavis.edu ,

1. Your First & Last Name.
2. Your phone number.
3. The date of the training you will be attending.
4. Your mailing address so we can mail you the fingerprinting forms.
 - o As soon as you receive the forms in the mail; contact a fingerprinting facility & schedule your fingerprinting appointment.
5. The name of the club you are volunteering for.

VENTURA COUNTY PRESENTATION DAYS!

Presentation Days will soon be here. Giving a Presentation is a great way to showcase your project skills and share what you have learned with others.

Preliminary Presentation Day will be Tuesday, March 8th at the 4-H Office from 2:00 to 5:00 p.m. This is an opportunity to give your Demonstration, Illustrated Talk, Prepared Reading or Speech to judges who will give you valuable suggestions to improve your Presentation. Attending the Preliminary Presentation day is not required, but highly recommended to give you practice and a critique before County Presentation Day.

County Presentation Day will be March 26th: LOCATION TO BE DETERMINED.



2010 Quilt Show a Great Success!

By Christiana Mellein



The Loma Vista 4-H quilt show held on May 14th was a great success. The judges of the show were all master quilters who knew quite a lot about the fine art of quilting. After they finished judging our quilts, we had a fashion show where all of us in the project held up their finished quilts for family and friends to see. Hanging on the walls all around were quilts of all kinds that had been made in previous years by past and present 4-H quilters. We all learned a lot about quilting during this project. An amazing array of lovely quilts was produced through lots of time and hard work. Our teachers were Mary Mellein, Elaine Fowell, and Heidi Marshall, and without them, this project would not have been such a success.

The awards given to the quilters are as follows:

Juniors:

Natalie Alvarez, Blue
Gabriella Stefany, Blue

Jenna Hynes, Blue
Emma Kirkegaard, Gold

Intermediates:

Christiana Mellein, Gold

New Clover Safe Notes

4 New Clover Safe Notes have been added to the UCANR website at

<http://safety.ucanr.org/4-H Resources/Clover Safe Notes by Number/>

The 4 new Clover Safe Notes include;

Safe Use of Power Sanders

Band Saw Safety

Scroll Saw Safety

Safe Use of Rakes and Shovels

Each of these Clover Safe Notes have an associated activity sheet.

Bookmark the page to easily return back as frequently as you want and view all of the current notes as well as all of the new notes as they are added.

You can choose to view the notes by Number or by Project Area.

KIDS LOVE ROCKS

The 49th Annual Show of the Ventura Gem and Mineral Society will be showing displays of colorful minerals and fossils from private collections throughout Southern California and an array of kids' activities. Stop by the Kids Booth. See demonstrations of lapidary arts: cutting and polishing stones, beading, hand-crafted jewelry making and more. In addition, the show will have a silent auction for rocks and fossils and a Country Store flea market and plant sale. Approximately 15 dealers will be on hand, selling mineral specimens, gems, jewelry, fossils, lapidary tools, and rockhounding books. Back by popular demand: the *Fabulous Fluorescents* booth, filled with rocks that glow in the dark under ultraviolet lights!

Come and enjoy this Annual Show at the Ventura County Fairgrounds on Saturday, March 5, 2011 from 10:00 a.m. to 5:00 p.m. and Sunday, March 6, 2011 from 10:00 a.m. to 4:00 p.m. **Admission is FREE!**

Visit the Society Web Site at: www.vgms.org for more information.

Las Posas 4-H Focus on Community Service

By: Dayle Morris, V.P. Las Posas 4-H

At the beginning of this project year, the Las Posas 4-H board decided that our club should do more community service projects in addition to our regular club projects.

In October, most of our club participated in Trick Or Treat So Others Can Eat, and we collected a lot of food. In December we were very busy. About 25 members from Las Posas 4-H and Somis 4-H went Christmas Caroling at senior citizen homes in the Camarillo area. Some of our club members also marched in the Camarillo Christmas Parade behind the equestrian units to pick up after the horses, and still other members of our Cake Decorating Project made and decorated cakes for the Ventura County Rescue Mission's Christmas lunch.

This winter we have already prepared hand made Valentines for the troops, which we are going to send to Afghanistan. This month we are also going to be collecting socks for Project Understanding, because there is a very big need for socks for homeless people right now. If you have any new socks you would like to donate, please drop them off at the County 4-H office. Our club is also going to be participating in the California 4-H Statewide community service project, Operation Cover-Up to make hospital gowns for sick kids in California. Details about Operation Cover-Up can be found on the California State 4-H website.

MORE from the 4-H Library

Project Butterfly Wings

Grades 4th – 8th

\$7.95

<http://www.4-hmall.org/Category/4-hcurriculum-butterfly.aspx>

Youth explore butterfly habitats, learn how to identify common butterflies, become a citizen scientist and contribute data as they enter their findings on the web site. Youth create investigations to answer questions or solve problems and share their findings with others.

Rabbits: From the Animal's Point of View

Middle school

FREE

<http://www.ca4h.org/Projects/Curriculum/SETCurriculum/>

Wild rabbits are found on every continent except Antarctica. Domesticated rabbits come in many breeds that vary in shape, size, and color. But what does it mean to be a rabbit? This curriculum introduces youth to rabbits, their behavior, nutritional and housing needs, and appropriate care through hands-on, inquiry-based activities that follow the experiential learning cycle.

There's No New Water!

Middle and High School Age

\$16.00

<http://4-hmall.org/Product/newitems/theres-no-new-water/08420.aspx>

There's No New Water! is grounded in a simple yet powerful concept that water is a finite natural resource whose quantity and quality must be responsibly preserved, protected, used, and reused. The There's No New Water! is designed for high school age youth, beginning with an exploration of the natural water cycle; exploring human interventions that affect water quality and quantity; examining the effects of the urban/rural interface on water quality and quantity; and includes the implementation of service-learning projects that address local water conservation issues.

Youth Development through Veterinary Science

Middle school

FREE

<http://www.ca4h.org/Projects/Curriculum/SETCurriculum/>

The Youth Development through Veterinary Science Series is a 4-H Youth Development curriculum that introduces youth, grades 3-6, to many aspects of veterinary science through experiential and inquiry-based learning. Modules include: 1. Behaving like Animals, 2. Fur, Feathers, Skin and Scales, 3. The Eyes Have it, 4. You've Got to Have Heart, 5. Dem Bones, Dem Bones, 6. Food in, Waste Out, 7. Is your Bird Feeling Blue?, 8. Is your Dog Feeling Down?, 9. Is Your Goat Feeling Green?, 10. Is Your Horse Healthy?, 11. Is Your Snake Sick?



Southern Section 4-H Teen Involvement (TIC) Conference 2011

By Savanna Stanley & Dayle Morris, Ventura County 4-H All-Stars

Here we are again to tell you about the All-Star happenings. The weekend of January 14-16, we went to Pathfinder Ranch in the San Jacinto Mountains for 4-H Section 9, Teen Involvement Conference to focus on citizenship responsibilities.

We began with icebreakers which are games to help the participants learn about each other. Our favorite game was when we held up a sheet in between each group, then dropped the sheet, and selected one person to walk onto the sheet. The first person to yell out their name won and took that person to their side. The team with the most people at the end of the game was the overall winner. This really helped us learn names and connect with each other.

Later that night we slept in large cabins which were old, wooden and full of bunk beds. We brought our own sleeping bags. We chatted into the night even though lights were supposed to be off at 10:00 pm.

First thing in the morning, we ate breakfast with our new friends. All of the participants were from the Southern Section 9 of 4-H, which includes San Bernardino, Riverside, San Diego, San Luis Obispo and Orange Counties. There were over 70 participants in all, ages 13-19. We listened to author, Ramon Resa, M.D., tell about his experiences being a migrant farm worker and his path through school to become a successful doctor. It was very motivating.

Then from here we went to our 4 sessions. Our favorite session was on public speaking. We heard from a "Toast Master" sharing tips on how to present ourselves in front of others. That evening we had the Summit Ball. It was a time to dance to a DJ, play games, and mingle. It was a blast!

Sunday came so fast. We elected Southern Section 4-H board members for 2012. The new Southern Section 4-H President is Michael Jones from Imperial Valley 4-H. We also had to debate other county 4-H groups on ballot measures that the group then voted on. Our topic was the right to download free music from the internet. It was so hard to say goodbye to all of our new friends.

We wish more 4-H members would have come with us. The time was valuable and an opportunity to share who we are with other teen 4-H members. We are proud of Ventura County, our 4-H clubs and all of you. Think about joining us on our next conference!





In the United States, there are concerns about a lack of youth science literacy. Reports, such as the book, *Rising Above the Gathering Storm*, paint a worrisome picture, and while government studies including, PISA 2009: Performance of U.S. 15-Year-Old Students in Science and Mathematics, show a slight improvement over the past three years, U.S. youth tend to perform less well in science compared with youth in other nations.

But why do our youth (and adults) need to know science concepts and processes? In his book, *Why Science?*, James Trefil outlines three cases for everyone to have a fundamental level of science literacy:

Civics: In politics and civic debates, a significant proportion of the conversation centers on advances in science and technology. A person needs a basic level of science literacy in order to fully make sense of these advances and contribute to the dialogue.

Culture: Science has a social component and ideas are shaped by the social context. Fruitful debate on the role of innovation relies on a bridge between the public and scientists. The stability of this bridge depends on mutual understanding and definitions of science concepts and processes.

Aesthetics: Understanding of science can improve a person's appreciation for the aesthetic beauty in the universe. Being able to grasp the fundamentals of complex biological systems or the primeval creation of geological formations may draw our eyes to details that an untrained eye would pass over.

In 2011, as you continue in your role as a facilitator of 4-H learning experiences, think about ways to engage youth 4-H members in science! Every 4-H project has a connection to science, engineering, and/or technology. Help youth explore the world, discover new concepts, and practice science processes. In our role as a youth development organization, we can have a positive impact on youth science literacy!

When facilitating activities with a group of youth, step back and evaluate yourself.

Who's doing most of the talking? Hopefully the youth are discussing, questioning, and exploring while you are acting as a facilitator (not a teacher).

Are you asking open-ended questions? Do your questions use the terms discuss, interpret, explain, compare, evaluate, instead of what, when, who, where?

Are there opportunities for youth to apply their learning in real world situations? Perhaps through community service / service learning activities?

4-H Library

Agua Pura: Exploring Salmon and Steelhead in California Communities

Upper elementary and middle school

FREE <http://www.ca4h.org/Projects/Curriculum/SETCurriculum/>

This 4-H utilized curriculum, AguaPura, is designed to enhance participants' understanding of salmon and steelhead and the critical relationship these fish have to healthy watersheds. Through a variety of "hands-on" and "heads-on" learning activities, participants are encouraged to explore their surroundings and the connections between salmon and steelhead and the people in their community.

Exploring Your Environment

Middle school

\$5.95 <http://online.4-hcurriculum.org/curriculum/environment/>

The National 4-H Exploring Your Environment series provides opportunities for youth to engage in learning about environmental science through hands-on, experiential learning experiences in the natural sciences and technology. In addition, facilitators are instructed in planning, managing and teaching environmental concepts to youth through indoor and outdoor activities on their own and with others.

4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8a.m. to 5p.m. Please call the 4-H Office at (805) 645-1464 for more information. Our fax number is (805) 645-1474.

Staff Hours & Program Responsibilities

Michael Marzolla (805) 662-6943

4-H Program Advisor – Community Club Program, Policy and Procedure, New Unit Organization, Club Leader Advice, Training (Youth/Volunteer).

E-mail: ammarzolla@ucdavis.edu

Tisha Fisher (805) 645-1464

Monday – Thursday

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Clover Lines* Editor.

E-mail: tfisher@ucdavis.edu

Rose Hayden-Smith (805) 645-1466

County Director,

4-H Youth, Family & Community Development Advisor

E-mail: rmhaydensmith@ucdavis.edu

It is best to e-mail articles about your Group's activities and events to the 4-H Office.

Please e-mail your articles to

tfisher@ucdavis.edu

DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.

Rose Hayden-Smith

Rose Hayden-Smith

4-H Youth, Family & Community Development Advisor

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February

4-H Calendar

<http://calendar.ucanr.org/> (change "Location" to Ventura County & "Category" to 4-H/Youth Programs, Click "Go!")

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: ammarzolla@ucdavis.edu, tifisher@ucdavis.edu, 4hOnline [\[mailto:no-reply@4hOnline.com\]](mailto:no-reply@4hOnline.com), and sagriffin@ucdavis.edu

2/5	3rd Annual 4-H Science, Engineering, and Technology 2011 Winter Workshops	5/7-14	2011 Western Regional Leaders Forum; "Cruising to 4-H Excellence!"
2/7	Briggs 4-H & Chief Peak 4-H Featured Club Happenings! articles due to the 4-H Office.	5/15	Ventura County 4-H Gymkhana Clinic 8-1 @ the Ventura County Fairgrounds Morgan Arena.
2/16	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo.	5/18	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo.
3/7	Citrus Valley 4-H & Conejo Valley 4-H Featured Club Happenings! articles due to the 4-H Office.	5/18	New Adult Volunteer Certification Orientation, 6:30 p.m. – 8:30 p.m. @ the 4-H Office.
3/8	Preliminary Presentation Day @ 4-H Office 2-5 p.m.	6/6	Mupu 4-H & Piru 4-H Featured Club Happenings! articles due to the 4-H Office.
3/13	Ventura County 4-H Mini Rodeo 8-1 @ the Ventura County Fairgrounds Morgan Arena.	6/12	Ventura County 4-H Equine Field Day 8-2 @ the Ventura County Fairgrounds Morgan Arena.
3/16	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo.	6/15	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo.
3/26	County Presentation Day – Location to be announced.	6/20	New Adult Volunteer Certification Orientation, 6:30 p.m. – 8:30 p.m. @ the 4-H Office.
4/4	Del Norte 4-H & Las Posas 4-H Featured Club Happenings! articles due to the 4-H Office.	8/1	Santa Rosa Valley 4-H & Sespe 4-H Featured Club Happenings! articles due to the 4-H Office.
4/17	Ventura County 4-H Trail Clinic 8-1 @ the Ventura County Fairgrounds Morgan Arena.	8/3-14	Ventura County Fair @ the Ventura County Fairgrounds.
4/20	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo.	9/5	Somis 4-H Featured Club Happenings! articles due to the 4-H Office.
4/27	New Adult Volunteer Certification Orientation, 6:30 p.m. – 8:30 p.m. @ the 4-H Office.	10/3	Tapo Simi 4-H & Tierra Rejada 4-H Featured Club Happenings! articles due to the 4-H Office.
4/30	Small Animal Science Field Day @ the Ventura County Fairgrounds.		
5/2	Loma Vista 4-H & Mira Monte 4-H Featured Club Happenings! articles due to the 4-H Office.		