



# Clover Lines

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## Power Up Your Victory Garden!

By Rose Hayden-Smith

My work as an historian of wartime gardening efforts is a small piece of my larger work as an historian of the American homefront during wartime. When talking about the power Victory Gardens had on the American homefront in particular, it's easy to focus on the positive, and I do. There's the fact that Americans increased food production and improved their diets during a period of challenge. That they used gardening as a way to create common purpose among a diverse people. That gardens provided a means to re-introduce a producer ethic that had been increasingly lost in a nation that was becoming more consumer-oriented, and to educate a younger generation about their food system. And so much more of value during wars that were horrific.

One of the reasons that Americans were so receptive to the notion of planting Victory Gardens in World War II was that as a nation, we had been so profoundly affected by our experiences during the Great Depression. For citizens coming out of an extended period of economic hardship, the value of home, school and community gardens had already been proven.

Times are clearly harder now, and every day, it seems that new challenges face us. Many of these challenges are evident in what's going on with our food system. Food prices are increasing at a rapid rate. With a tightening economy, there are other impacts on our local food system: food banks have less food at a time when unemployment is growing. There is more hunger in our communities. We also struggle with a high childhood obesity rate in Ventura County, which has serious implications for the future.

One personal action we can take to help overcome some of the challenges facing us is to garden. As residents of Ventura County, we are extremely fortunate to live in a place where many fruits and vegetables can be grown year round. This provides us with an opportunity to supplement our diets in a healthy, economical and environmentally-friendly way. It also provides us with an opportunity to engage in a fun, educational and rewarding family activity. And the surplus of our efforts can be shared with friends, neighbors, and with our local food bank.

Our 4-H history is steeped in a connection to agriculture; learning about agriculture provided the rationale and reason for the 4-H program's founding. Gardening provides a way to accomplish this goal. It's also a meaningful, hands-on way to acquire important life skills, and to demonstrate leadership and citizenship, which are fundamental values and goals of our program.

*(editor's note: for more information and articles on the history of Victory Gardens, please visit*

<http://groups.ucanr.org/victorygrower/index.cfm> )

# Events and Opportunities

## 4-H Million Trees

Since its inception in March, 2008, over 6,600 4-Hers in 26 states have become participants in the **4-H Million Trees Project** (4HMT), registering over 20,000 trees to date. The 4-H Million Trees Project wants to renew the invitation to all 6.5 million 4-H youth so they can benefit from the leadership, citizenship, community service, and life skills opportunities associated with this project. Time is of the essence because we hope that 4-H clubs and units will adopt this project as one of their monthly community service projects this Fall, 2008. Please help us to spark greater interest in this large-scale service-learning project by sharing this information with 4-H members in your area. Please click here for an invitation to participate in the project. Click here for newsletter and newspaper article samples, and here for sample photos to use of the project. For more information, visit: <http://www.4milliontrees.org>

## 4-H State Fashion Revue – Apron Challenge

Announcing the **2009 Challenge category for State Fashion Revue** - Simplicity Apron pattern #9565. This pattern is unisex and is suitable for beginners to advanced. Start with this pattern and change it to suit your needs. Do you plan to wear it to barbecue, while painting or for animal grooming? Personalize your apron to fit, add trims or appliques and experiment with fabrics and details. Make or purchase an outfit to coordinate with your apron. **State Fashion Revue will be May 30**, as part of State Field Day on the UC Davis campus. Contact your county office for entry information for county and state fashion revues. The committee has openings for teens and adults to promote and organize State 4-H Fashion Revue. No sewing experience is required to be on the committee! If you are interested, please contact Sue Moore at [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu) or Kylie Deal at [dmtigers06@yahoo.com](mailto:dmtigers06@yahoo.com).

## Share Your 4-H Story

The State 4-H Office is looking for **innovative and impactful 4-H stories**. Stories feature 4-H groups, projects or activities on the State 4-H Homepage ([www.ca4h.org](http://www.ca4h.org)). The State 4-H Office will even write the story for you! If you have a story, please contact Emily Lane, State 4-H Office student assistant, at [erlane@ucdavis.edu](mailto:erlane@ucdavis.edu). Current stories may be found at <http://www.ca4h.org/4HDeivers.asp>

## 2009 Citizenship Focus Program

Dates have been set for the 2009 **Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community. Registration is now open and county offices can submit delegate information. Washington Focus registration and deposits are due by November 5, 2008. California Focus registration and deposit is due January 16, 2009.

- **California Focus**, June 26-30, 2009, <http://www.ca4h.org/citizenship/focus/>
- **Washington Focus I**
  - Road to Democracy June 21-29, 2009
  - Heritage Trail I June 21-27, 2009
- **Washington Focus II**
  - Global Journey July 12-22, 2009 Heritage Trail II July 12-18, 2009

**Are you interested in Rocketry, Science, Engineering or Technology?** If so, consider entering in the **Team America Rocketry Challenge** - set for **May 16, 2009** at the Great Meadow in The Plains, VA. Participants must design and build a rocket that will climb to 750 feet and stay aloft for 45 seconds. This year's new task is transporting the one-egg payload lying on its side rather than positioned vertically, mimicking the position of an astronaut. Teams have until **Dec. 1** to register. April 6 is the deadline to conduct a qualifying launch and earn a trip to the finals, scheduled for May 16. The registration fee is \$105. Students in grades 7-12 are eligible to compete. \$60,000 in prizes and scholarships will be offered. For contest rules and registration visit <http://www.rocketcontest.org/>.

**Western Regional Leader's Forum** (WRLF) will be hosted by Colorado State **February 25-March 1, 2009**. Online registration available beginning October 1, 2008. See website: <http://www.colorado4h.org/wrlf09>. This event is a volunteer leader forum full of hands-on workshops to enhance project development.

**4-H National Youth Science Day** is part of comprehensive campaign to support 4-H's goal of attracting 1 million new youth to 4-H science, engineering, and technology programs by the year 2013. 4-H's existing science curriculum, when combined with this new initiative, will arm youth with the technical skills needed to help America maintain its competitive edge in the global marketplace. - One Million New Scientists. One Million New Ideas The following is a link with information on supplies you'll need and steps you'll take so you can participate in the first ever National Science Experiment:

<http://email.stevespanglerscience.com/cp/148286Cdc9d8d6c3f2d7822b5da95806c620ec1>

# MORE Events and Opportunities

**4-H National Youth Science Day was October 8, 2008.** National 4-H Council is asking leaders from across the country to visit <http://www.4-H.org/4-HNYSD.html> to find a survey you will be able to use to record the results of your experiments. All participants are encouraged to document their experiences on the survey. Please check back on the website above at the end of October to complete additional SET surveys that will inform National 4-H of all your successful SET experiences.

Survey notes – Adults may answer the survey too. Please see the Data Sheet at <http://ca4h.org/projresource/set/documents/2008NationalScienceExperient-DataSheet.pdf>, created by Richard Mahacek for youth to document their notes during the experiment. Students will use this form to enter results in the on-line form after the experiment.

**16TH ANNUAL Teen Involvement Conference** JANUARY 16TH – 18TH, 2009, [WWW.SS4H.ORG/TEEN/](http://WWW.SS4H.ORG/TEEN/) AT PATHFINDER RANCH, MOUNTAIN CENTER, CALIFORNIA FOR QUESTIONS, CONTACT: Alyssa Taylor (951) 537-0213 [1tallcowgirl@gmail.com](mailto:1tallcowgirl@gmail.com) or Tony Burkhardt (951) 685-0569 [TONYB@PACBELL.NET](mailto:TONYB@PACBELL.NET) <http://www.ca4h.org/conference/secconf/tic/Teen%20Involvement%20Conference%20registration%202009.doc>

The **National 4-H Directory of Materials** is a national database of 4-H materials designed to share national and state 4-H resources with educators, 4-H club leaders, youth and volunteers. This first of its kind online, the National 4-H Directory will allow you to share information about your 4-H projects, programs and more. Visit this directory often as 4-H continues to add new and useful resources to help you. <http://www.4-hdirectory.org/>

**Coalition for Science After School** envisions the day when young people from all backgrounds have access to high quality science, technology, engineering, and math (STEM) learning experiences during out of school hours. For more information, visit: <http://www.scienceafterschool.org/>.

**Guide to Professional Development of Out-of-School Science Activity Leaders**, from the National Partnership for AfterSchool Science is available at <http://cse.edc.org/products/mpassprofdevguide/>. The tools and articles provided describe a model for how to engage out-of-school activity leaders in professional development around science and engineering activities for youth.

The **Steve Spangler Science** website: <http://www.stevespanglerscience.com> contains many ideas and activity kits for conducting science experiments. It also lists the top ten science fair projects/experiments with how-to links.

**Celebrate Urban Birds!** is a citizen-science project led by the Cornell Lab of Ornithology and is free project offered for 4-H members. The project helps youth learn more about a connection to the natural world and a new appreciation for city birds through observation, recording of data, and submission to the Cornell Labs to analyze city birds. Visit <http://www.birds.cornell.edu/celebration/GettingStarted/4h> for resources for 4-H clubs in developing their own projects. To learn more and sign up, visit: <http://www.CelebrateUrbanBirds.org>.

The **National Council for Science and the Environment (NCSE)** is hosting a **video contest**, Voices and Visions from the Next Generation of Conservationists. Individuals or groups of up to 5 with an interest in the environment and conservation, and who are between the ages of 12-25 are encouraged to submit a short video focusing on how today's youth are and will be addressing the challenges that threaten biodiversity. The deadline to enter is October 31, 2008. Contestants will be notified by November 14, 2008. To enter and for more information, please visit: <http://ncseonline.org/Conference/Biodiversity/cms.cfm?id=2549>.

The **Kid's Science Challenge**, in partnership with 4-H, is a nationwide competition for students in 3rd-6th grade to engage in practicing science. Free science kits will be given to the first 1,000 entries in the competition, and each winning entry gets to visit and work with a scientist. The deadline to enter is January 31, 2009. Visit: <http://www.kidsciencechallenge.com> for more information and to enter the competition.

**The Year of Science 2009** is a year-long celebration of science and its role in society. 2009 is also the 200th anniversary of the birth of Charles Darwin and Abraham Lincoln. Lincoln founded the National Academy of Sciences and signed the Morrill Hill Act, creating the land grant system of agricultural colleges. The Coalition for Public Understanding of Science (COPUS) is managing the Year of Science. For more information and how to get involved, visit: <http://www.copusproject.org>.



**Save the Date!**  
**Saturday**  
**11/15/2008**

**2nd Annual**  
**4-H All Breed Shows &**  
**Jr. Showmanship Events**  
 Cavy \* Poultry \* Rabbit

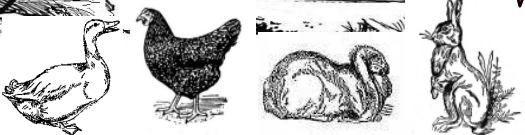
**Saturday, November 15th, 2008**

**FUR & FEATHERS**

*At Ventura's Beach*

**NEW!**  
**Champion Exhibitor**  
**Buckle!**  
 Sale tables from any  
 County 4-H  
 Club or Project.

\*Educational Posters,  
 \*Jr. Showmanship,  
 \*Primary Divisions,  
 \*Silent Auction, &  
 \*Breakfast Burritos!



**Hosted by Ventura County 4-H SAS PDC**  
**4-H Youth Welcome**  
 Medaling Events: Showmanship, BIS & RBIS!  
 (Youth must be enrolled in project to medal.)

**Ventura Fairgrounds Seaside Park**  
 10 West Harbor Boulevard

**4-H LIBRARY**

**The Holiday Season is just around the corner.**

The 4-H Office has a couple of books you might be interested in borrowing in the next few weeks. They are both on Christmas crafts available for loan to leaders (first come, first served) who wish to do a quick crafts project for their members before yearend.

**Christmas Stitchery** has quilted Christmas stockings and sewing and stitchery ornaments and decoration projects.

**Christmas Crafts** has many projects including crochet snowflake and ball ornaments, embroidered balls, beaded snowflakes, bread dough or gingerbread ornaments and decorations. It also has some cross-stitched and candlewick embroidery items and toys and gifts to make for your friends and family.

**Special request:**  
**Will the borrower of our set of 4-H Library Photography Manuals please return them ASAP? Someone else needs them!**

**Serving Food and Refreshments – Important Information**

Many 4-H clubs and project groups either serve food at meetings and/or conduct events and activities where food is served. Please be aware of the policy below:

*If food is to be served as part of an official 4-H activity, the food preparation and service must be in compliance with all local (city and county) health department rules and state law. In addition, it is imperative that all county based rules and regulations governing food service activities be observed, including securing appropriate permits.*

*If a 4-H unit is not in compliance with health regulations, the University will not endorse or assume liability for such functions, and adults become personally liable for their actions, should legal claims of negligence arise from the food service activity.*

Please contact the 4-H Office 805-662-6943 if you have any questions.



## CA 4-H Golden Clover Awarded to Ventura 4-H members!

Congratulations to the Ventura County 4-H members Brenda Bass, Kathy Bass, Sarah Bobardt, Ray Mini, and Chris Zack for being awarded the CA 4-H Golden Clover Award in the Fundraising category! Their entry was the educational DVD, titled "Rabbit Showmanship 101" and the 12-month calendar with small animal photographs that they created. Both were sold at the Ventura County Super Field Day. The proceeds went to the Ventura County 4-H Small Animal Science Fair. This project demonstrates innovative ways to both fulfill a need in 4-H while raising funds for 4-H activities.

Another Golden Clover Award went to a 4-H Junior and Teen Leader team in San Benito County. They challenged members in livestock projects to donate 2% of their junior livestock auction proceeds for hunger relief in their community and world. Over 93% of their members in market livestock members accepted the challenge and donated over \$2,300 to hunger relief organizations.

"Have Team Building Games ... Will Travel", won a Golden Clover Award for members of Humboldt, Mendocino, Nevada, Placer, and Siskiyou Counties. These five counties collaborated to create a workbook of teambuilding activities which has been distributed to 4-H programs throughout the state.

Regular 4-H members, 4-H volunteers, 4-H groups, and 4-H program staff may apply or be nominated in any applicable category. If you are interested in applying for this award in 2009, information and applications are available at

<http://www.ca4h.org/4hresource/ir/goldenclover/>

## 4-H FELINE FOCUS WITH GALEN BOWMAN & SEBASTIAN

### Settling In With Your New Cat

By Galen Bowman, Loma Vista 4-H  
SASPDC, Cat co-chair

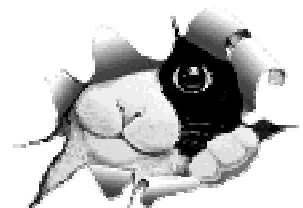
Have you considered adding a rescue kitty to your family? I did and our family is very happy with the how it has worked out. Picking out my new friend was easy. Here are some other things you might need to know.

Before you get your cat make sure that you have the basic necessities on hand. The bed and bedding litter and litter box, 2 food bowls, water bowl, carrier, collar and identity tag. Optional items might include a harness and lead, and cat door if you want your cat to have access to the outside.

When you get your new cat you need to have the right environment to make your cat feel at home. First, when you get your cat, let it sleep in the crate or kennel you bring it home in and stick a piece of your laundry in with it because that will help your cat get used to your scent.

Cats like to scratch at something, so trimming your cat's claws with toenail clippers is an easy way to lessen scratch marks. Claw sheathes are also available to glue onto the claws and can be very colorful!

I hope you look forward to getting your new cat or just snuggling with the cat(s) you already have. More later on all things feline.



## 4-H Office

The 4-H Office is open (except for County designated Holidays) Monday – Thursday, 9am to 5pm. Please call the 4-H Office at (805) 645-1470 for more information.

### Staff Hours & Program Responsibilities

**Susan Gloeckler** (805) 662-6943

Hours vary; Please call for an appointment or to leave a voicemail message.

4-H Program Supervisor – Community Club Program, Policy and Procedure, New Unit Organization, Club Leader Advice, Training (Youth/Volunteer).

E-mail: [sygbeckler@ucdavis.edu](mailto:sygbeckler@ucdavis.edu)

**Georgetta Brickey** (805) 645-1470

Monday – Thursday, 9am – 5pm

4-H Technical Specialist – Facilities Reservations & Paperwork, Enrollment, Insurance, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support (packets, etc.), 4-H Library, General Information.

E-mail: [glbrickey@ucdavis.edu](mailto:glbrickey@ucdavis.edu)

**Tisha Fisher** (805) 645-1464

Monday – Thursday

4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Cover Lines* Editor.

E-mail: [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu)

**Rose Hayden-Smith** (805) 645-1466

4-H Youth Development Advisor

E-mail: [rmhaydensmith@ucdavis.edu](mailto:rmhaydensmith@ucdavis.edu)

**Rose Hayden-Smith**, Acting County Director

4-H Event "Hotline" (805) 662-6885

4-H Information (805) 662-6869

Please feel free to mail, fax or e-mail articles about your Group's activities and events to the 4-H Office. **DEADLINE FOR SUBMISSIONS IS THE 2ND MONDAY OF EACH MONTH FOR THE NEXT MONTH'S ISSUE.**

*Rose Hayden-Smith*  
Rose Hayden-Smith

4-H Youth Development Advisor & Acting County Director

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## Ventura County Junior Fair Board

The Ventura County Fair is accepting applications for its Junior Fair Board! Do you like to attend the Fair, organize activities, have fun, and work with other youth from throughout the county? If so, this is a wonderful opportunity for you!

The Junior Fair Board is a youth organization that represents the youth of Ventura County. This group helps organize daily Fair contests for the young and the young at heart. Contests such as Apple Bobbing, Karaoke, Pie Eating, Jr. Joke Telling and many more are put on by these young adults.

Members of the Junior Fair Board do not have to have animals or other entries in the Fair, just the desire to help make the Fair even more fun than it already is!

To apply, you must be a resident of Ventura County between the ages of 15 - 19. An application and additional information about the program is available online at <http://calendar.ucanr.org/eventdisplay.cfm?caleventnum=43878>. If you would like more information, please call 805-648-3376 ext. 101 or email [cgarmon@venturacountyfair.org](mailto:cgarmon@venturacountyfair.org)

This is a great community service opportunity, too! Apply before the deadline of November 28, 2008!

## HOW TO TELL A WINNER FROM A LOSER

1. A winner says, "Let's find out," a loser says, "Nobody knows."
2. When a winner makes a mistake, he says, "I was wrong," when a loser makes a mistake, he says, "It wasn't my fault."
3. A winner goes through a problem; a loser goes around it and never gets past it.
4. A winner makes commitments, a loser makes promises.
5. A winner says, "I'm good, but not as good as I ought to be," a loser says, "I'm not as bad as a lot of other people."
6. A winner tries to learn from those who are superior to him; a loser tries to tear down those who are superior to him.
7. A winner says, "There ought to be a better way to do it," a loser says, "That's the way it's always been done here."

Source: *Amarillo Globe Times* - Editorials and comments. June 10, 1971



## KABC'S Cool Kids

by Grace Van Splinter

A few 4-Hers from the Santa Rosa Valley and Somis 4-H poultry projects participated in a news segment called Cool Kids. Katelyn Beckmann, who was selected as the Cool Kid, demonstrated showmanship and poultry knowledge. ABC Channel 7 came and videotaped Katelyn and the group for about two hours. Cynthia Peterson, Rebecca and Elizabeth Paxson, Grace Van Splinter, Landon Lujan, Micayla Cozette and Bronson Smith were all part of the excitement. On Thursday, October 2<sup>nd</sup>, 2008, ABC aired the filming. Being on Cool Kids was a great experience for everybody participating. Congratulations to Katelyn for being selected as ABC's Cool Kid!

## 4-H All Star & Jr. All Star



The Ventura Co. All Stars and Jr. All Stars have discovered a wonderful **community service** to be completed during November and December. Please identify a teen or adult leader from your club who would share this community service project with your club members. We hope this will make your December Holiday 4-H club meetings especially meaningful as you share with others in need.

A 4-H All Star will call club leaders to see who you selected for community service representative. You are also welcome to call a 4-H All Star, Kathy Bass @ 805-493-5714 or Ray Mini or Chris Zack, both can be reached @ 805 -649-8566 and provide this information, too.

Thanks to all who attended **4-H Achievement Night**. The All-Stars demonstrated the skill and humor they enjoy as 4-H All Stars and Jr. All Stars from an wildly imaginative episode of the "Survivor". They also found some 4-H awards that had to be returned to the 4-H office, since the 4-Hers were not "near the island" to receive their record book, Project Proficiency, and other awards. Community club leaders from Sespe and Somis are requested to please stop by the 4-H Office to pick up your awards soon.

## 16<sup>th</sup> Annual Teen Involvement Conference (TIC)

January 16<sup>th</sup> – 18<sup>th</sup>, 2009

[WWW.SS4H.ORG/TEEN/](http://www.ss4h.org/teen/)

Pathfinder Ranch, Mountain Center, California

Each of the four sections of California has an annual teen conference for 4-H members aged 13-19 (as of January 16-18th 2009). These conferences have fun recreation and social activities to allow 4-H members to network with those outside their region, while also engaging in many learning opportunities and workshops on topics such as leadership, public speaking, citizenship, and more. This South Section TIC Conference draws 4-H members from San Luis Obispo, Santa Barbara, Ventura, Los Angeles, San Bernardino, Orange, Riverside, San Diego, and Imperial counties.

For more information, contact:

Alyssa Taylor (951) 537-0213

[1tallcowgirl@gmail.com](mailto:1tallcowgirl@gmail.com)

Tony Burkhardt (951) 685-0569

[TONYB@PACBELL.NET](mailto:TONYB@PACBELL.NET)

<http://www.ca4h.org/conference/secconfinde.asp> (registration forms - pdf and Word)

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# November/December



## 4-H Calendar

<http://calendar.ucanr.org/> (change "Location" to Ventura County & "Category" to 4-H/Youth Programs, Click "Go!")

11/7-9 State 4-H Leaders' Forum @ Asilomar Conference Center. <http://www.ca4h.org/conference/slf/>  
 11/8 Errors/omissions contained in Fair Market Animal or Horse Project applications submitted by 11/3 deadline must be resolved by this date.  
 11/8 Lancaster Rabbit Show  
 11/8 Bakersfield Poultry Show  
 11/15 SAS PDC 2<sup>nd</sup> Annual Fur & Feathers Shows, Ventura Fairgrounds 9am-3pm  
 1/17/09 UCD Goat Day  
 11/19 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 11/27-28 4-H Office is closed! Happy Thanksgiving!  
 12/3 SAS PDC Meeting @ Camarillo Sizzler 6 p.m.  
 12/6 PDBC Poultry Show in Victorville  
 12/20 Rabbit Show in Santa Barbara  
 12/22-26 4-H Office Closed! Happy Holidays!  
 1/1/09 Happy New Year! (4-H Office closed)  
 1/7 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 1/10 GCPF Poultry Show in Hollister  
 1/14 SAS PDC Meeting @ Camarillo Sizzler 6p.m.



1/16-18 Teen Involvement Conference, Pathfinder Ranch  
 1/17 UC Davis Dairy Goat Day  
<http://animalscience.ucdavis.edu/events/dairygoatday/2008/>  
 1/24 PPBA Poultry Show in Stockton  
 2/4 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 2/14 Humbolt Poultry Show  
 2/21 Fresno Poultry Show  
 2/25-3/1 Western Regional 4-H Leaders Forum in Denver, Colorado <http://www.colorado4h.org/>  
 3/4 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 3/7 Rabbit Show @ Ventura Fairgrounds  
 3/21 4-H SAS PDC Super Fidd Day!!!- Ventura Fairgrounds  
 3/31 2009-2010 4-H State Ambassador Applications Due  
<http://www.ca4h.org/leadership/ambassador/index.asp>  
 4/8 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 4/11 SSFF Poultry Show /4-H Showmanship-Vta. Fairgrounds  
 5/6 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 6/3 SAS PDC Meeting @ Camarillo Sizzler 6p.m.  
 6/21-30 Washington Focus I - Road to Democracy \*  
 6/21-27 Washington Focus I - Heritage Trail I\*