

# *Clover Lines*

*"While we try to teach our children all about life, Our children teach us what life is all about." ~Angela Schwindt*

**Updates from the 4-H Advisor** by A. Michael Marzolla, 4-H Youth Development Advisor

**Ventura 4-H Participates in National 4-H Science Engineering and Technology (4-H SET) Experiment:** Thanks to the efforts of 4-H Leader Diana Enos and a team of dedicated 4-H leaders and with the invaluable help of faculty and staff of Cal State Channel Islands, a very successful 4-H SET Science Night was held at Somis Elementary School in Somis. 4-H members, leaders, and parents filled the Somis school auditorium for an evening of hands-on science experiments, showing that science can be fun and accessible to children and adults!



**4-H Volunteer Orientation:** County Director Rose Hayden-Smith and I recently conducted a 4-H volunteer orientation for 28 adult volunteers here at the UCCE office. The volunteers represented a cross-section of folks from Ventura County, some were returning volunteers, some had been 4-H members, and several were new to the program. They came from various clubs from throughout the county. They were a very enthusiastic and energized group. We welcome these new folks, and we look forward to working with them.

**New Volunteer Leader Orientation supplemental on-line resources:** Two new volunteer orientation resources to supplement the video are now available. All of these resources are currently available on the State 4-H website. The video can be viewed publicly on the website under Resources/Volunteers at the following URL:

[http://www.ca4h.org/Resources/Volunteers/4-H\\_Volunteer\\_Orientation/](http://www.ca4h.org/Resources/Volunteers/4-H_Volunteer_Orientation/)

If the URL does not appear as a link in this message, copy and paste the URL into another browser window. Please take a moment to review these materials.

**State 4-H Launches 4-H Thrive Initiative:** You'll want to check out the new 4-H Thrive Initiative recently launched by our state office. At its core, thriving is about communities where young people feel and know that they are persons of value and worth; that they have something unique to offer the world; and that they have the courage to act on their gifts. (Benson 2008). 4-H offers opportunities for youth to realize their true and full potential through the Step-It-Up-2-Thrive curriculum. By incorporating the Step-It-Up-To-Thrive process, 4-H will

- Develop youth self-reflection skills.
- Teach a common language for thriving.
- Provide a holistic view of personal development.
- Inspire youth to create visions for their futures.
- Motivate youth to work toward meaningful goals.

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# Featured Club Happenings!

## Tapo Simi 4-H

by Danielle Pistone, Historian

Tapo Simi 4-H meets the first Tuesday of each month at the Simi Country Estates Recreation Room at 7:15 p.m.  
Club Leader: Jennifer D'Atri and Wendy Aikman      Club President: Sarah D'Atri, age 16

The Tapo Simi 4-H group is one of a kind. Unlike most clubs, they don't work with livestock and are more interested in cooking, crafts and consumer education. The club recently started a photography project.

The small group has very few members, but they have a lot of heart. For the past three years, Tapo Simi worked together to put on the 4-H Fashion Revue and the Food Faire. They gave 4-H'ers in the county an opportunity to strut their stuff on the runway and to show off their culinary skills, all for a friendly medal winning competition. Tapo Simi members also participate in Trick or Treat So Others Can Eat, and make Valentines for veterans at the local veteran's hospital. They also have a fun Christmas Party each December complete with a cookie and gift exchange. All in all, the Tapo Simi 4-H Club has a fun-filled year even without livestock!

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## Tierra Rejada 4-H

by Jennifer Schwabauer

Club Leaders: Jennifer Schwabauer & Sandy Welcker

Club President: Roxanne Welcker, age 17

### **Small Club with Big Ideas**

*Tierra Rejada 4-H works outside the box with flair and fun*

The fair is over, school is back in session and life seems to be winding down – sort of. With a small club such as ours (less than 12 members) we've had to be rather creative in the way we handle our club meetings. And, it's turned out great. Each month we meet at the home of a member and they are responsible for planning the post-meeting activity, project, or guest speaker. From making Valentine's for the Troops to picking blueberries for jam to making goat's milk cheese; you name it and we're open to it!

To kick off the 2010-2011 club year we recently met at the home of Club Leader Sandy Welcker. And, since fall was in the air the post meeting activity revolved around making homemade pumpkin waffles from scratch. The members measured and mixed; stirred and poured. And in the end everyone had crispy fresh baked Belgian waffles, perfect for breakfast or a seasonal dessert.

Handmade, homemade and self-made has been the guiding theme of our club for the last several years now. In a world where made by someone else is commonplace our members have chosen to be more independent, more self-sufficient and learning to do yourself is part of that process. Many club families raise their own freezer meat along with animals for the fair, preserve a variety of jam's, salsas and fruits from their garden or local pick-your-own farms. Some members have embraced repurposing items to fit a current need. Even former project leaders, with children long out of the club have returned to become pseudo resource leaders for some of our more unusual endeavors.

Even though our theme is taking care of one's self we have never forgotten those around us. For years Tierra Rejada has supported local food pantry's, sent care packages to the troops, and helped with local events; and I don't see that changing in the new club year.

In the coming year, our members will be learning about processing wool from just sheared to finished product, emergency preparedness, quilt making, and construction, along with a variety of new food growing and processing techniques. These projects are in addition to the variety of livestock and fair projects our members already participate in.

No matter how large or, in our case, how small your club is there are many opportunities to have a great impact on each member's life. In the end it is our desire as co-club leaders to send our members out into the world with a greater sense of how things work and how much they can do for themselves, making them more independent and self-sufficient adults.

Our encouragement to other clubs – step outside the box, be different, be creative and ask your members what gets them excited. I think you'll be surprised and have a lot of fun along the way.

*February's Featured Club Happenings! will include an article from Bardsdale 4-H.*



Save the Date!  
Saturday  
1/8/2011



4th Annual  
4-H All Breed Shows &  
Jr. Showmanship Events  
Cavy ★ Poultry ★ Rabbit

Saturday, January 8, 2011

# FUR & FEATHERS

*At Ventura's Beach*



\*Educational Posters,  
\*Jr. Showmanship,  
\*Primary Divisions,  
\*Silent Auction!



Hosted by Ventura County 4-H SAS PDC  
4-H Youth Welcome

Medaling Events: Showmanship, BIS & RBIS!  
(Youth must be enrolled in project to medal.)

Ventura Fairgrounds Seaside Park  
10 West Harbor Boulevard

Entry book available by the end of November  
Entries will be due by December 18th.



# Welcome 4-H Ventura County All-Stars



**Hello! We are the brand new Ventura County All-Stars** - Dayle Morris (Las Posas 4-H) and Savanna Stanley (Citrus Valley 4-H)

We are so pleased to begin our training. We can't wait to get to know all the presidents and members from all the clubs. We have a passion for 4-H and we are so glad that we get to expand that through this All-Star position.

**What is an All-Star?** Well, we are the bridge between the 4-H groups in the county. By this we mean we help clubs expand projects, share ideas and communicate their needs. We want to share our experience and enthusiasm with others.

**What did we have to do to become All-Stars?** First of all, we had to make sure our record book was up to date. Then we had to write a 6 page story titled "My 4-H Story". In addition we had to complete an application which consisted of 6 difficult questions about our plans. Then, at the end, we had to give an interview with a 3-person board. The whole process took us 4 months and was very challenging.

**How are we going to be trained?** Well, first we went to the State Leadership 4-H Conference this past summer at UC Davis. There we learned about this position, about ambassadors and about new projects that we can bring back to our county. Now we will be having an All-Star to help us plan our training and guide us along the way. We will be going to every club in the county to introduce ourselves and to tell the members about the All-Star program.

**Where do we go from here?** We really don't know all that we are going to do in the future. We are looking for ideas and appreciate help from everywhere and everyone. We know that together we can put our head, heart, hands and health together to do great things.

## CONTINUED FROM PAGE 1.

The [Thrive Foundation for Youth](http://www.ca4h.org/About/Thrive/) describes thriving as closely related and yet unique to other youth development concepts. The distinctions of thriving include:

- Purposeful motion toward full potential
- Life view marked by balance, meaning and learning from experience
- Mutually beneficial use of resources from environment and contribution to environment
- Expands on earlier youth development research
- Moves individuals toward optimum development rather than avoidance of negative outcomes
- Anchored to recent brain research
- Developmental
- Incorporates "purpose", hopeful future and contribution to others
- Person is an active participant in his/her own development.

For more information on this effort go to:

<http://www.ca4h.org/About/Thrive/>



## 4-H Office Schedule



The Ventura County 4-H Office will be closed on the following days;

**Friday, November 19, 2010**

**Thursday, November 25 AND Friday, November 26, 2010 Happy Thanksgiving to All! :o)**

**Thursday, December 2 AND Friday, December 3, 2010**

**Friday, December 24, 2010 Happy Holidays to All!**

**Friday, December 31, 2010 Happy New Year to All!**





# Calling all Teen 4-H members!

**Mark your calendars!**

The Teen Involvement Conference 2011 dates have been announced! Titled "S9 Summit of Citizenship, the conference will be held Friday, January 14, 2011 5:00 p.m. – Sunday, January 16, 2011 1:00 p.m., at Pathfinder Ranch, Mountain Center, CA. Early registration is due December 11, 2010.



During this fun weekend, 4-Hers will engage in learning opportunities and workshops, increasing their leadership, citizenship, and public speaking abilities. The conference also includes recreational and social activities that allow 4-H members to network with those outside their club and county. For more information, [http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South/Teen\\_Involvement\\_Conference/](http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/South/Teen_Involvement_Conference/)

## Ventura County Gold Seal Clubs Recognized

Many "thanks" to these Gold Seal Club leaders who were recognized at the recent Community Club Leader meeting in Somis.

These clubs were recognized for completing their required work on time and correctly. The 4-H Office greatly appreciates their efforts, as they contribute to the smooth running of our county 4-H program.



(From left to right): Wendy Aikman & Jennifer D'Atri of Tapo Simi 4-H, Susan Trockey of Conejo Valley 4-H, Heidi Marshall & Lynnette Coverly of Loma Vista 4-H & Terri Hargleroad of Santa Rosa Valley 4-H.

# California Coastal Commission Announcements

SEE BELOW for details on our K-12 Coastal Art & Poetry Contest, a new incentive for our Coastal Steward Pledge for Classrooms and Youth Groups, and results of our Amateur Coastal Photography Contest:

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The California Coastal Commission invites California students in kindergarten through 12th grade to submit artwork or poetry with a California coastal or marine theme to the annual Coastal Art & Poetry Contest. Up to ten winners will be selected to win \$100 gift certificates to an art supply or bookstore, and each winner's sponsoring teacher will receive a \$50 gift certificate for educational supplies, courtesy of Acorn Naturalists, [www.acornnaturalists.com](http://www.acornnaturalists.com). All winners and honorable mentions will receive tickets for their families to visit the Aquarium of the Pacific, courtesy of the Aquarium. Students may have their work featured on Commission web pages and materials, and winning entries will be exhibited throughout the state, including at the San Francisco Bay Model in Sausalito, the Ford House Museum in Mendocino, and the Cabrillo Marine Aquarium in San Pedro. Entries must be postmarked by January 31, 2011 to be eligible for the upcoming contest. For rules and entry form (and helpful links for teachers and students), visit [www.coastal.ca.gov/publiced/poster/poster.html](http://www.coastal.ca.gov/publiced/poster/poster.html) (or follow the links from [www.coastforyou.org](http://www.coastforyou.org)), email [coast4u@coastal.ca.gov](mailto:coast4u@coastal.ca.gov), or call (800) Coast-4U. Contest flyers (PDF or hard copy) are available upon request.

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Are you looking for service-learning activities for your students? Do you want to foster community responsibility at your school? Do you sponsor an environmental club or scout troop that wants to make a difference?

Your students can become Coastal Stewards by pledging to improve our coastal environment. A Pledge Sheet of activities is available that are particularly suited to students and the classroom. In addition to the Pledge Sheet, there is further information and background on each of the pledge activities, explaining why taking these steps helps to protect and preserve our coastal and marine resources, and providing ways to learn more. Download the materials at [www.coastal.ca.gov/publiced/steward/class.html](http://www.coastal.ca.gov/publiced/steward/class.html), or contact us for a hard copy at [coast4u@coastal.ca.gov](mailto:coast4u@coastal.ca.gov) or (800) Coast-4U. One **participating group will be randomly selected to receive a \$100 gift certificate** for educational supplies from Acorn Naturalists!!

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The winners of the California Coastal Commission's 12<sup>th</sup> Annual Amateur Photography Contest have been selected! To view the amazing winners and honorable mentions, and be inspired by the beauty and wonder of our coast and ocean, visit our website at [www.coastal.ca.gov/publiced/photos/2010/gallery1-2010.html](http://www.coastal.ca.gov/publiced/photos/2010/gallery1-2010.html).

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The California Coastal Commission will be at the California Science Teachers' Association Conference in Sacramento this week. Look for us there at booth "C."

## ***Did you know? The 4-H Healthy Living Initiative***

4-H healthy living encompasses a holistic approach, including healthy eating habits, physical fitness, the capacity to recognize and direct emotions, and the ability to develop and maintain positive social interactions and relationships.

Youth and their families engaged in 4-H healthy living will develop an awareness and positive attitude about healthy living while increasing their knowledge, skills, and competencies in physical, social, and emotional well-being. Would you like to know more? Go to:

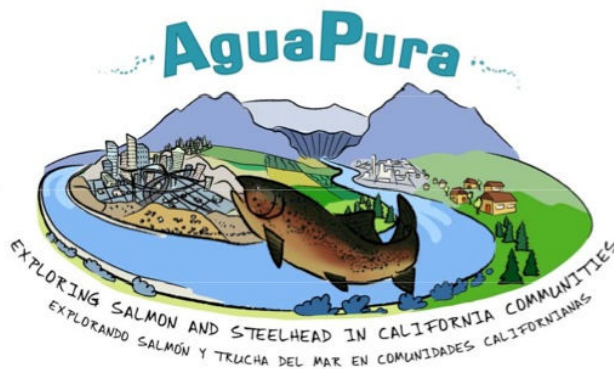
<http://www.ca4h.org/Projects/HealthyLiving/>



**4-H SET UPDATES:** You can find October 2010 updates for the California Science Engineering and Technology Initiative at: <http://www.ca4h.org/files/52752.pdf> Check it out. There are loads of really interesting opportunities that reach across 4-H project areas.

**Looking for new SET Ready 4-H curriculum?** Are you leading a 4-H project that includes outdoor activities? Do you want to help 4-Hers explore their local environment and learn science through fun, hands-on experiences? Here are two websites where you can download for free SET-ready curricula. Check out the California Aquatic Science Education Consortiums materials at: <http://www.ca4h.org/Projects/SET/EE/CASEC/> CASEC's legacy includes five thematic water resource educational activity manuals available both in English and in Spanish and a compendium of the Spanish language worksheets from each of the manuals.

**Agua Pura: Exploring Salmon and Steelhead in California Communities** is another SET-Ready curriculum that can be downloaded for free from this 4-H website: <http://sns.ucdavis.edu/> This curriculum contains extensive resources and fun activities. Several can be carried out on-line.



## 4-H Library

**New in the Ventura County 4-H Resource Library: Garden Mosaics.** From Cornell University Cooperative Extension

### Garden Mosaics in a Nutshell

**The Who? What? Why? Where? When? How? of Garden Mosaics...**

**Who?** Anyone interested in gardening, cultural traditions, or enhancing communities, including youth, gardeners, educators, volunteers, and the general public.

**What?** Youth Program. A science education program that combines intergenerational mentoring, community action, and understanding different cultures. Youth learn from elder community members, who share their gardening practices, cultural backgrounds, and wisdom about their community.

To find out more about this exciting program, visit their website at: <http://www.gardenmosaics.cornell.edu/>

A sample copy of the Garden Mosaics Manual and their DVD are available in our resource Library.

## 4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8a.m. to 5p.m. Please call the 4-H Office at (805) 645-1464 for more information. Our fax number is (805) 645-1474.

### Staff Hours & Program Responsibilities

**Michael Marzolla** (805) 662-6943  
4-H Program Advisor – Community Club Program, Policy and Procedure, New Unit Organization, Club Leader Advice, Training (Youth/Volunteer).  
E-mail: [ammarzolla@ucdavis.edu](mailto:ammarzolla@ucdavis.edu)

**Tisha Fisher** (805) 645-1464  
Monday – Thursday  
4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Clover Lines* Editor.  
E-mail: [tfisher@ucdavis.edu](mailto:tfisher@ucdavis.edu)

**Rose Hayden-Smith** (805) 645-1466  
County Director,  
4-H Youth, Family & Community Development Advisor  
E-mail: [rmhaydensmith@ucdavis.edu](mailto:rmhaydensmith@ucdavis.edu)

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to [tfisher@ucdavis.edu](mailto:tfisher@ucdavis.edu)

**DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.**

*Rose Hayden-Smith*

Rose Hayden-Smith  
4-H Youth, Family & Community Development Advisor

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U.S. Department of Agriculture  
University of California  
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Ventura, CA 93009

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Penalty for Private Use \$300

# November / December

## 4-H Calendar

<http://calendar.ucanr.org/> (change "Location" to Ventura County & "Category" to 4-H/Youth Programs, Click "Go!")

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: [ammarzolla@ucdavis.edu](mailto:ammarzolla@ucdavis.edu), [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu), 4hOnline [\[mailto:no-reply@4hOnline.com\]](mailto:no-reply@4hOnline.com), and [sagriffin@ucdavis.edu](mailto:sagriffin@ucdavis.edu)

11/5-7	2010 California State 4-H Leaders' Forum @ Asilomar	Camarillo
11/6	Saturday @ the Farm; UC Hansen Agricultural Center. REGISTER @ 805-525-9293 ext. 214 or <a href="mailto:sbmiller@ucdavis.edu">sbmiller@ucdavis.edu</a>	3/7/ <b>2011</b> Citrus Valley 4-H & Conejo Valley 4-H Featured Club Happenings! articles due to the 4-H Office
11/17	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo	3/8/ <b>2011</b> Preliminary Presentation Day @ 4-H Office 2-5 p.m.
11/19	4-H Office Closed	3/16/ <b>2011</b> EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo
11/25 - 26	4-H Office Closed	3/26/ <b>2011</b> County Presentation Day - Location to be announced.
12/2 - 3	4-H Office Closed	4/4/ <b>2011</b> Del Norte 4-H & Las Posas 4-H Featured Club Happenings! articles due to the 4-H Office
12/11	Early registration for Teen Involvement Conference DUE	4/20/ <b>2011</b> EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo
12/18	Fur & Feathers Entries DUE.	4/30/ <b>2011</b> Small Animal Science Field Day @ the Ventura County Fairgrounds
12/24	4-H Office Closed	5/2/ <b>2011</b> Loma Vista 4-H & Mira Monte 4-H Featured Club Happenings! articles due to the 4-H Office
12/31	4-H Office Closed	5/18/ <b>2011</b> EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo
1/3/ <b>2011</b>	Point Mugu Naval Base & Sespe 4-H Featured Club Happenings! articles due to the 4-H Office	6/6/ <b>2011</b> Mupu 4-H & Piru 4-H Featured Club Happenings! articles due to the 4-H Office
1/8/ <b>2011</b>	Fur & Feathers Show; Cavy, Poultry & Rabbit @ the Ventura County Fairgrounds	6/15/ <b>2011</b> EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo
1/14 - 16/ <b>2011</b>	Teen Involvement Conference	8/1/ <b>2011</b> Santa Rosa Valley 4-H & Sespe 4-H Featured Club Happenings! articles due to the 4-H Office
1/19/ <b>2011</b>	EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo	
1/31/ <b>2011</b>	Coastal Art & Poetry Contest entries DUE	
2/7/ <b>2011</b>	Briggs 4-H & Chief Peak 4-H Featured Club Happenings! articles due to the 4-H Office	
2/16/ <b>2011</b>	EPDC Meeting, 6:45 p.m. @ Marie Callender's in	