

## Clover Lines

### The 4-H YDP makes significant differences in the lives of California youth.

There are several encouraging outcomes that have been documented in a recent national study of the 4-H program. Here is a synopsis of the results. I think you will find them encouraging. I would also encourage you to share the results of this study with your community.

Michael Marzolla, 4-H Youth Development Advisor.

Data collected in a longitudinal study of 4-H and non 4-H youth provides strong evidence that when the strengths of youth are aligned with healthy positive youth development practices youth thrive (Learner, 2007, 2008, and 2009).

From this study we know that:

- Youth who were in 4-H for at least one year by eighth grade were 3.5 times more likely to contribute to their families, themselves and their communities.
- 4-H youth ranked 41% lower in risk/problem behaviors measures than youth who participated in other out-of-school time activities.
- 4-H youth were more behaviorally and emotionally engaged in school.
- Youth who participated in 4-H at least twice per month:
  - Showed greater confidence
  - Reported higher grades
  - Were 1.6 times more likely to plan to go to college
  - Scored higher on civic identity and engagement measures
  - Had a greater ability to express opinions on community issues
  - More likely to help neighbors and bond with adults and teachers
- Youth who participate in 4-H are more likely to participate in science, engineering, and technology activities, projects and programs, and:
  - Report they plan to take science, engineering and technology courses after high school
  - Pursue careers in science, engineering and technology
  - Perform higher than their peers in science and engineering subjects

*\*The 4-H Study of Positive Youth Development <http://ase.tufts.edu/iaryd/>; waves four, five and six data.*

University of California  
Agriculture and Natural Resources

Cooperative Extension  
Ventura County



University of California Cooperative Extension – Ventura County

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# Featured Club Happenings!

## Somis 4-H

by Jorden Harber

Sespe 4-H meets every third Thursday of the month at 6:30 p.m. in the Somis School Auditorium.

Club Leaders: Isabel Avalos, Diana Enos, and Jan Stephenson

Club President: George Enos, age 14

Somis 4-H is one of the smaller 4-H clubs in Ventura County, but it has many different projects and community service opportunities. Recently, at the Ventura County Fair, Somis 4-H did very well. We had 4 lambs, 7 swine, 1 cow/calf project and 8 poultry members participating at the fair. We also had many members enter photography and table setting for the youth expo. This was the first year I actually got to camp at the fair and it was an amazing experience that I hope every 4-H member gets to experience.

Besides the fair, our club recently gave 4 presentations at the Townhouse senior home in Ventura. Our members did a really great job presenting topics on flower arranging, photography, the boiled egg, and table setting.

Our club offers many community service opportunities. We have volunteered at the Rescue Mission every month for the past few years, volunteered at Uncle Leo's Barn at the Ventura County Fair and did a beach clean-up to close the fair experience. We plan to participate in the upcoming TOTSOCE food drive, and have many community clean-up projects planned for the upcoming year.

Lastly, some of the many new projects we have planned for this year are woodworking/arts and crafts, horse knowledge, and overnight camping. This new year we are excited to have quite a few new members. We are looking forward to a great new year!



Somis 4H Poultry group members eagerly wait to get called for Showmanship at the Ventura Country Fair.



Somis 4H members work hard to clean-up Ventura Beach at the close of the fair.

The Somis 4-H Lamb group poses with their animals after market judging at the Ventura County Fair.



The next Featured Club Happenings! will include articles from Tapo Simi 4-H and Tierra Rejada 4-H.

# New Clover Safe Notes

2 New Clover Safe Notes have been added to the UCANR website at

<http://safety.ucanr.org/4-H Resources/Clover Safe Notes by Number/>

The 2 new Clover Safe Notes include;

**Soldering Safety**  
**Using Pliers Safely**

Both of these Clover Safe Notes have an associated activity sheet.

Bookmark the page to easily return back as frequently as you want and view all of the current notes as well as all of the new notes as they are added.

You can choose to view the notes by Number or by Project Area.

## DON'T MISS OUT!! TIME IS RUNNING OUT!!

### New Adult Volunteer Leader Certification Date has been scheduled!

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at

<http://www.ca4h.org/Administration/Policies/Chapter6/>.

Club Leader Position Description <http://www.ca4h.org/files/4771.doc>

Activity or Event Adult Volunteer Position Description <http://www.ca4h.org/files/4770.doc>

Project Adult Volunteer <http://www.ca4h.org/files/4772.doc>

Resource/Key Adult Volunteer <http://www.ca4h.org/files/4772.doc>

One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at <http://ceventura.ucdavis.edu/files/79835.doc> or in PDF format at <http://ceventura.ucdavis.edu/files/79837.pdf>

The next New Adult Volunteer Leader Certification training has been scheduled for **October 13, 2010, 6:30 p.m. to 9:00 p.m.**; this ***MIGHT*** be the last training for this year. Don't miss out, R.S.V.P. today. The training will be held at the 4-H Office:

669 County Square Dr., Ste 100  
Ventura, CA 93003-5401

The training will begin PROMPTLY. Due to the large amount of material, participants ***MUST*** be on time & ***MUST*** attend the entire training or they will not have completed this important part of the certification process.

***R.S.V.P. required***, please include in an e-mail to [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu) ,

1. your First & Last Name.
2. your phone number.
3. mailing address so we can mail you the fingerprinting forms.
  - As soon as you receive the forms in the mail; contact a fingerprinting facility & schedule your fingerprinting appointment.
4. the name of the club you are volunteering for.





Ventura County



# 4-H Equine Playday

The purpose of this event is to desensitize the horses and help kids become more comfortable around groups of horses.

Sunday, October 24th, 2010

Morgan Arena at the Ventura County Fairgrounds

Registration begins at 9:00 a.m.

Games start at 9:30 a.m.

Cost: \$10.00 for all games per Rider with Pre-Registration  
(E-mail [Erica@Ponycreek.com](mailto:Erica@Ponycreek.com) or fax to (805) 646-4102)

\$15 to register the Day of Event

Boots & Helmets Required. Club Shirt are encouraged.



Ride a Buck

Bobbing for Road Apples

Ribbon Race

Pony Express Relay

Don't Spill the Drink!

Freeze Frame



Prizes: Each Rider will receive a participation prize and for each game a small prize will be given to 1st place winners.

For Information: Please call Jackie Larson at 805 646-0870 or e-mail [Jackie@ponycreek.com](mailto:Jackie@ponycreek.com)

\_\_\_\_\_  
Name of Rider

\_\_\_\_\_  
4-H Club

\_\_\_\_\_  
Age of Rider

Total Paid

\_\_\_\_\_  
Make checks payable to  
Ventura County 4-H

# *It's That Time Again!*

## *Ghosts...Goblins...and Collecting Food!*

*(By: Kimberly Coverly, Teen Leader, Ventura County 4-H TOTSOCE)*

Believe it or not, *Trick or Treat So Others Can Eat* has been in our County for well over 10 years! In fact, I've been participating since I was just 3 years old. Back then, I remember dressing up in my Lion costume (yes, a fuzzy lion!) going to my neighbor's on Halloween Night and asking not just for candy but also canned food. I'm sure I did not understand then why I was doing this but I did like pulling my little red wagon down the street full of food.

Now, I'm 16 years old and am so excited that *Trick or Treat So Others Can Eat* has grown into such a successful program. For the past several years this countywide project has grown beyond our 4-H clubs in Ventura County to 4-H clubs in Northern California and even other youth organizations both in our community and as far away as Ohio! And we collect food not just on Halloween anymore but for three full weeks!

**So what is *Trick or Treat So Others Can Eat* and how do you get involved?** Known by many 4-H'ers as TOTSOCE (*sounds like: "tot-sauce"*) it is a community service project organized by Ventura County 4-H to benefit FOOD Share, Ventura County's food bank. TOTSOCE is simply a canned food drive to benefit the over 38,000 monthly clients of FOOD Share, the only regional food bank that distributes collected food through a network of 240 certified charitable agencies. These agencies serve children, families in crisis, low-income seniors, the homeless, handicapped, disabled and many others living within the cities and communities of Ventura County, from Thousand Oaks to Simi Valley to Ojai, Oxnard, Ventura and more.

**IT'S EASY TO GET YOUR CLUB INVOLVED – *Let's get 100% club involvement this year!***

**Each 4-H club in Ventura County is encouraged to participate in TOTSOCE and is asked to assign a junior leader to run the project. All TOTSOCE junior leaders are to register their club ASAP by sending an email to [totsoce@gmail.com](mailto:totsoce@gmail.com).** Please provide:

- Club name
- Junior Leader name, telephone number, and email address
- Approx. number of club participants
- Establish a goal for pounds of food collected

**TOTSOCE has an official collection period of October 16th through November 7th.** Please ensure you conduct your TOTSOCE collection within this date range.

To begin, volunteers use a "Starter Kit" available at the Ventura County 4-H website ([http://ceventura.ucdavis.edu/4-H\\_Youth\\_Development/](http://ceventura.ucdavis.edu/4-H_Youth_Development/)). The Kit includes door hangers and thank you notes that members copy onto bright orange paper. Volunteers are asked to hang the door hangers stating which day they will return to actually collect the cans, typically 2-3 days later.

Upon collecting the food the volunteers then leave a thank you note behind so the donator knows they've been there. All collected food should be taken directly to Food Share. (*If there is more than 200 pounds of food in one place a food share truck can be called to pick up the food*). It is best if groups/clubs have a centralized location to drop their collection, such as the junior leader's home, and then Food Share can make one pick-up.

**REMEMBER:** TOTSOCE is a great community service project for other youth groups and organizations as well such as, churches, boy/girl scouts, schools, individuals, sports teams, and clubs of any kind. So help us get the word out with your friends. Post a link from the TOTSOCE site on your Facebook, MySpace, etc. Send emails and help get involvement beyond Ventura County. Any organizations that participate in other communities or states can simply contact their local food bank as the beneficiary.

Last year we collected 822 pounds of food! **Help us to exceed this number and meet our goal of collecting over 1,000 pounds of non-perishable food items this year!**

**Remember, all clubs and participating youth groups/organizations are to register for TOTSOCE by emailing us at [totsoce@gmail.com](mailto:totsoce@gmail.com) and then downloading the Starter Kit at [http://ceventura.ucdavis.edu/4-H\\_Youth\\_Development/](http://ceventura.ucdavis.edu/4-H_Youth_Development/).**

For further questions please don't hesitate to email us. Happy collecting! And don't forget, HAVE FUN!

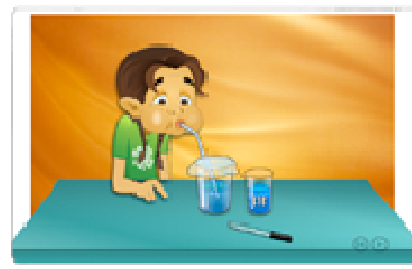


## 4-H National Youth Science Day: Clean Water. Bright Future.

On October 6, 2010, millions of young people across the nation will become scientists during the third annual *4-H National Youth Science Day*. In this year's experiment, 4-H<sub>2</sub>O, youth will learn about carbon dioxide and discover how we as a nation can reduce our environmental impact. Ventura 4-Hers will celebrate the event locally held at the:

**Somis School Auditorium**  
**5268 North St, Somis, 93066**  
**Thursday, October 7, 2010, 6:30 to 7:30 p.m.**  
Come join in the fun of science!

For more information go to: <https://site.4-h.org/nysd/>



## ATTENTION ALL LEADERS!

**"Upgrade, S.E.T. Your System, GO!"**

**2010 California State 4-H Leaders' Forum**  
**November 5-7, 2010**  
**Asilomar Conference Grounds**  
**Pacific Grove, California**



The 2010 California State 4-H Leaders' Forum that will have something for all adult volunteers: new leaders, experienced leaders, and 4-H parents. Leaders and staff from 4-H programs around California will be sharing their successful community service, outreach, fundraising, new projects, and any other ideas/activities. There will be opportunities to listen to speakers, to attend a wide selection of workshops, and to learn more about a wide range of 4-H programming. The Saturday evening science fair will be a great opportunity for 4-H adult volunteers to learn about the wide array of 4-H SET activities and curricula available for their 4-H projects.

While enjoying the beautiful and relaxing conference setting, you will learn so much about the many opportunities that 4-H has to offer! You will leave the conference full of new ideas, up-to-date information, and enthusiasm! Plus, you will get to meet and get to know many of your fellow 4-H leaders from different parts of the state! And, don't forget about the silent auction and other fun activities! It is a great weekend that all 4-H leaders are invited to attend! So, start making plans!

For more information, visit the website at:

<http://ucanr.org/sites/UC4-H/Programs/Conferences/SLF/>



**Understanding Science** is a fun, accessible, and free resource that accurately communicates what science is and how it really works. The website features a resource library of articles as well as free science activities for teachers and informal educators to use with grades from kindergarten through high school. Access the website at <http://undsci.berkeley.edu/>.



### Update on the 2010 4-H National Youth Science Day: October 3-9, 2010!

The 4-H National Youth Science Day, started in 2008, is an opportunity to promote 4-H to the community while sparking the interest of youth in learning more about 4-H science, engineering, and technology activities. The **2010 National Science Experiment, 4-H<sub>2</sub>O**, will focus on water quality and climate change.

Using a three-tiered experiment model, the experiment engages youth of all ages to learn at the simplest level how carbon dioxide can affect aquatic animals, plants and other living organisms in lakes, streams, rivers and oceans.



- **California 4-H NYSD Events:** Find events taking place in your county at [http://www.ca4h.org/Projects/SET/NYSD/2010\\_4-H\\_NYSD/](http://www.ca4h.org/Projects/SET/NYSD/2010_4-H_NYSD/)
- **Spanish Language:** Download translated versions of the 4-H<sub>2</sub>O experiment facilitator and youth experiment guides online at <https://www.4-h.org/NYSD/>.
- **Event Map:** To view the locations of different 4-H NYSD activities in an interactive map, go to <http://www.4-h.org/NYSD/event-map.php>



The **Wildlife Habitat Evaluation Program (WHEP)** training is being held on **October 16, 2010** at the Cache Creek Nature Center in Woodland, California from 9:00 am to

3:00 pm. The program teaches fish and wildlife management, habitat requirements, and various scientific inquiry tools to better understand and investigate the environment. The California 4-H WHEP includes experiential activities for participants of all ages, from primary to senior. Registration is online at <http://www.ca4h.org/Projects/SET/EE/WHEP/> and due by **October 6**. The workshop costs \$20. Contact Mary Engebret with questions at [maryengebret@comcast.net](mailto:maryengebret@comcast.net) or (707) 996-2981.

## 4-H Library

The **Fueled for Flight** video kit teaches English-language arts, science, and mathematics content standards through integrating the exciting subjects of space travel and space science with nutrition. This curriculum contains five lessons, supplementary video, and a complete teacher's guide. To order your free copy, contact the California Beef Council at (916) 925-BEEF (2333) or e-mail [askus@calbeef.org](mailto:askus@calbeef.org).

## 4-H Office

The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8a.m. to 5p.m. Please call the 4-H Office at (805) 645-1464 for more information. Our fax number is (805) 645-1474.

### Staff Hours & Program Responsibilities

**Michael Marzolla** (805) 662-6943  
4-H Program Advisor – Community Club Program, Policy and Procedure, New Unit Organization, Club Leader Advice, Training (Youth/Volunteer).  
E-mail: [ammarzolla@ucdavis.edu](mailto:ammarzolla@ucdavis.edu)

**Tisha Fisher** (805) 645-1464  
Monday – Thursday  
4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, *Clover Lines* Editor.  
E-mail: [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu)

**Rose Hayden-Smith** (805) 645-1466  
County Director,  
4-H Youth, Family & Community Development Advisor  
E-mail: [rmhaydensmith@ucdavis.edu](mailto:rmhaydensmith@ucdavis.edu)

It is best to e-mail articles about your Group's activities and events to the 4-H Office. Please e-mail your articles to [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu)

**DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH'S ISSUE.**

*Rose Hayden-Smith*

Rose Hayden-Smith  
4-H Youth, Family & Community Development Advisor

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## RETURN SERVICES REQUESTED

Official Business  
Penalty for Private Use \$300

# October

## 4-H Calendar

<http://calendar.ucanr.org/> (change "Location" to Ventura County & "Category" to 4-H/Youth Programs, Click "Go!")

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: [ammarzolla@ucdavis.edu](mailto:ammarzolla@ucdavis.edu), [tifisher@ucdavis.edu](mailto:tifisher@ucdavis.edu), 4hOnline [\[mailto:no-reply@4hOnline.com\]](mailto:no-reply@4hOnline.com), and [sagriffin@ucdavis.edu](mailto:sagriffin@ucdavis.edu)

- |            |  |           |  |
|------------|--|-----------|--|
| 10/4       | Tapo Simi 4-H & Tierra Rejada 4-H Featured Club Happenings! articles due to the 4-H Office   | 11/6      | Saturday @ the Farm; UC Hansen Agricultural Center. REGISTER @ 805-525-9293 ext. 214 or <a href="mailto:sbmiller@ucdavis.edu">sbmiller@ucdavis.edu</a> |
| 10/6       | National Youth Science Day   | 11/17     | EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo   |
| 10/6       | WHEP registration DEADLINE<br><a href="http://www.ca4h.org/Projects/SET/EE/WHEP/">http://www.ca4h.org/Projects/SET/EE/WHEP/</a> .<br>Contact Mary Engebret @ <a href="mailto:maryengebret@comcast.net">maryengebret@comcast.net</a> for questions. | 1/3/2011  | Point Mugu Naval Base & Sespe 4-H Featured Club Happenings! articles due to the 4-H Office   |
| 10/7       | National youth Science Day LOCAL Event @ Somis School Auditorium, 5268 North St., Somis 93066, 6:30 p.m. - 7:30 p.m.   | 1/19/2011 | EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo   |
| 10/10-16   | Earth Science Week 2010  | 2/7/2011  | Briggs 4-H & Chief Peak 4-H Featured Club Happenings! articles due to the 4-H Office   |
| 10/13      | New Adult Volunteer Certification Orientation, 6:30 p.m. - 9:00 p.m. @ the 4-H Office.   | 2/16/2011 | EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo   |
| 10/15      | Earth Science Week Contests; entries DUE   | 3/7/2011  | Citrus Valley 4-H & Conejo Valley 4-H Featured Club Happenings! articles due to the 4-H Office   |
| 10/16      | WHEP Training @ Cache Creek Nature Center in Woodland, CA 9 - 3 p.m.   | 3/16/2011 | EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo   |
| 10/16-11/7 | Trick Or Treat So Others Can Eat (TOTSOCe) official collection period.   | 4/4/2011  | Del Norte 4-H & Las Posas 4-H Featured Club Happenings! articles due to the 4-H Office   |
| 10/20      | EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo   | 4/20/2011 | EPDC Meeting, 6:45 p.m. @ Marie Callender's in Camarillo   |
| 10/24      | Ventura County 4-H Equine Play Day @ the Ventura County Fairgrounds Morgan Arena, registration begins @ 9:00 a.m.  | 5/2/2011  | Loma Vista 4-H & Mira Monte 4-H Featured Club Happenings! articles due to the 4-H Office   |
| 11/5-7     | 2010 California State 4-H Leaders' Forum @ Asilomar  |           |  |