Allow me to introduce myself...

My name is Michael Marzolla. I have served as the 4-H Youth Development Advisor with University of California Cooperative Extension in Santa Barbara County since 1983. I also served as Santa Barbara County’s Master Gardener Advisor from 2004 to August 2010. Starting in October, I am looking forward to taking on a new assignment as the 4-H Advisor for Ventura County while continuing to serve as 4-H Advisor for southern Santa Barbara County.

I have a variety of 4-H projects underway here in Santa Barbara, many focusing on science; they include the 4-H Agua Pura (Pure Water) watershed, salmon and steelhead education project (http://sns.ucdavis.edu). I am eager to help the Ventura 4-H Program expand their 4-H SET (Science Engineering and Technology) projects and to help provide the club program with the resources it needs to expand on its success, and to help the Ventura program thrive.

I have over thirty years of experience in the field of non-formal education in national and international settings, with a focus on environmental and science education. My education includes a Masters in Education, from the Center for International Education at the University of Massachusetts. My undergraduate degree is in fine arts, from Humboldt State University, with course work and special projects in environmental planning and design. I have also served various international consultancies in Bolivia and in Serbia. I have a long history of public service, having served in the Peace Corps in Guatemala from 1973-1977. I served six years in the US Coast Guard Reserve during the Viet Nam era. I am fluent in Spanish, and I have a working knowledge of Italian.

I am looking forward to working with the youth and volunteers of Ventura County 4-H.
Santa Rosa Valley 4-H


We are a big club with about 100 members and we have about 30 different projects. We had lots of members participate in the horse fair and the big fair. We also had kids taking backpacking trips, sewing, making jam, making rope, woodworking and many other non-animal projects.

In December we always have a fun potluck meeting with a gift card exchange. In April we have an Easter Egg Hunt. In May we had a mounted Sheriff come and present to our club on his horse. This was a fun meeting to hear what you can do as an adult and still work with animals.

We also did several community service projects - California Coastal Cleanup, TOTSOCE, Operation Gratitude and Ride On Therapeutic Riding. We plan to have even more fun next year. See you in Santa Rosa Valley!

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Ventura County 4-H Equine Play Day

The Ventura County 4-H Equine Play Day will be held on, Sunday, October 17th, 2010 in the Morgan Arena at the Ventura County Fairgrounds. Registration will begin at 9:00 a.m. Games will start at 9:30 a.m. The purpose of this event is to desensitize the horses and help kids to become more comfortable around groups of horses.

Cost: $10.00 for all games per Rider with Pre-Registration (e-mail Erica@Ponycreek.com or fax to (805) 646-4102) $15 to register the Day of the Event. Boots & Helmets Required. Club shirt please. Games on Horseback will include “Creepy Crawl Race - Bobbing for Bones - Goblin Ribbon Race - Ghost Rider Express Relay - Don’t Spill the Blood! - Turkey Gobble”.

The next Featured Club Happenings will include articles from Port Hueneme Naval Base and Somis 4-H.
DON’T MISS OUT!!

New Adult Volunteer Leader Certification Date has been scheduled!

Volunteering is not as scary when you know what the job entails. Ask your club leader or project leader exactly what you can do to help. Attend trainings, and learn more from the job descriptions below. They can also be found on the State 4-H website at http://www.ca4h.org/Administration/Policies/Chapter6/.

- Club Leader Position Description http://www.ca4h.org/files/4771.doc
- Activity or Event Adult Volunteer Position Description http://www.ca4h.org/files/4770.doc
- Project Adult Volunteer http://www.ca4h.org/files/4772.doc
- Resource/Key Adult Volunteer http://www.ca4h.org/files/4772.doc

One volunteer position that currently does not have a position description posted is the Enrollment Specialist (Coordinator). You can view the responsibilities of this position on our website in Word format at http://ceventura.ucdavis.edu/files/79835.doc or in PDF format at http://ceventura.ucdavis.edu/files/79837.pdf

The next New Adult Volunteer Leader Certification training has been scheduled for October 13, 2010, 6:30 p.m. to 9:00 p.m.; this MIGHT be the last training for this year. Don't miss out, R.S.V.P. today.

The training will be held at the 4-H Office:

669 County Square Dr., Ste 100
Ventura, CA 93003-5401

The training will begin PROMPTLY. Due to the large amount of material, participants MUST be on time & MUST attend the entire training or they will not have completed this important part of the certification process.

R.S.V.P. required, please include in an e-mail to tifisher@ucdavis.edu,

1. your First & Last Name.
2. your phone number.
3. mailing address so we can mail you the fingerprinting forms.
   o As soon as you receive the forms in the mail; contact a fingerprinting facility & schedule your fingerprinting appointment.
4. the name of the club you are volunteering for.

Record Book Reminders!

Record Books due to the clubs: this date is determined by each club, check with your club leader.

Record Books due to the 4-H Office by 4:30 p.m. Thursday, August 26th. NO LATE ENTRIES ACCEPTED

Record Book Judging: Saturday, September 18th; at Elaine Fowell’s home.

4-H members interviewed for Special Record Book Awards, Monday, September 27th; LOCATION TO BE DETERMINED
Cavy Show at the Ventura County Fair
Compiled by Karen Payne

Wednesday, August 11, 2010 was the day of the cavy show at the Ventura County Fair. Over 100 cavies were entered in the fair this year.

Best in Show was won by an American Cavy belonging to Sarah Alamillo of Mupu 4-H.

Reserve in Show was won by a Teddy Cavy belonging to Rebecca Paxson of Santa Rosa Valley 4-H.

CAVY SHOWMANSHIP

Primary Participants:  Keegan Reeder of Mupu 4-H
                       Genevieve Valenzuela of Mupu 4-H

Junior Showmanship
First Place:  Joshua Finch of Mupu 4-H
Second Place: Elizabeth Paxson of Santa Rosa Valley 4-H
Third Place:  Sarah Alamillo of Mupu 4-H
Fourth Place: Bethaney Valenzuela of Mupu 4-H
Fifth Place:  Lauren Alamillo of Mupu 4-H

 Intermediate Showmanship
First Place:  Hayden Hargleroad of Santa Rosa Valley 4-H

CAVY COSTUME CONTEST

Category 1:  Cavy in Costume
First Place:  Rebecca Paxson of Santa Rosa Valley 4-H

Category 2:  Cavy and Owner in Costumes
Second Place: Keegan Reeder of Mupu 4-H
Third Place:  Bethaney Valenzuela of Mupu 4-H
Fourth Place: Genevieve Valenzuela of Mupu 4-H

NATIONAL YOUTH SCIENCE DAY is October 6th
Don’t miss the upcoming Science, Engineering & Technology event in honor of National Youth Science Day!

Ventura County 4-H is one of sixteen counties that were awarded funds to conduct a public 4-H National Youth Science Experiment in October. Thank you to the sponsors: Toyota, the California 4-H Foundation, and Time Warner Cable. The events will be listed on the California 4-H website at http://www.ca4h.org/Projects/SET/NYSD/.

Ventura’s exciting S.E.T. event is being planned for October at Somis School. Each Military Base and all 4-H clubs are invited to come enjoy the fun!

Watch your e-mails for the exact date of the event and for more information!
On July 28 - August 1, 2010, two Ventura County 4-H members went to the State Leadership Conference at UC Davis to learn leadership skills and to meet other high school aged leaders from around the state.

Hi, my name is Savanna Stanley and I am 15 years old. I am President of Citrus Valley 4+H in Ojai. I have been in 4-H for 5 years doing pigs, pygmy goats and leadership projects. This year I decided to go to the 4-H State Leadership Conference to learn new activities and projects to bring back to my club. I had an amazing time and I met many new friends and really bonded with my roommate Dayle, who was the other Ventura County member.

My favorite part of the program was a session that I learned about judging other people and first impressions. I learned that although everyone does judge others within 2.3 seconds, you have to make eye contact and force yourself to learn about the person in order to find out what is behind their face.

Hi, my name is Dayle Morris and I am 15 years old. I am the Vice President of Las Posas 4-H in Camarillo. This is my third year in 4-H. I do cake decorating, sewing, lambs, arts and crafts projects. I thought that it would be a good idea to attend the 4-H State Leadership Conference at UC Davis to learn more about 4-H and what you can do at your club to make it better.

My favorite session was a session about learning how to put myself in the shoes of someone with a disability. We learned about four different disabilities: cerebral palsy, blindness, deafness and visual impairments. For example, they blind folded us and asked us to read a piece of cardboard with raised dots of clay that spelled a word on it, and then we had to create that word in play dough. It was a lot harder to have these disabilities then you think.

We both enjoyed the leadership conference and are very appreciative that we were able to go to it. We want to encourage more high school 4-H students from Ventura County to go next year.

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This time of year, gardeners are benefiting from the fruits of their labor; however, some might be overwhelmed by the sheer volume of vegetables being produced by their gardens. What to do with it all? Below is a “Fresh from the Garden” recipe for a simple summer veggie pasta sauce. Any vegetable can be substituted, and the pasta sauce can conveniently be frozen for later use.

**Summer veggie pasta sauce**

- 3 – 4 large tomatoes, chopped
- 3 cloves garlic, crushed
- 2 medium zucchini, chopped
- 1 small eggplant, chopped
- 1 medium green pepper, chopped
- 1 medium small onion, chopped
- 1/4—1/2 cup chopped fresh basil
- 2 Tablespoons oil
- Salt and black pepper to taste

Heat oil in a large pan over medium heat. Add onion, green pepper and garlic. Cook for 3 to 4 minutes, stirring often. Add the zucchini and eggplant. Cook for 5 minutes.

Add the tomatoes and basil. Simmer for about 20 minutes over low heat, uncovered, until slightly thick. Add salt and pepper to taste.

*This recipe can be doubled or tripled and frozen in individual or family size servings. If it is not moist enough, just add water.*

Interested in accessing “Fresh from the Garden” Resources? The lessons, handouts and recipes are now available on [LA County's Cooperative Extension website](http://www.lacounty.gov/extension/). For more information about “Fresh from the Garden,” please contact Los Angeles County nutrition, family & consumer sciences advisor Brenda Roche at bkroche@ucdavis.edu, (323) 260-3299.
The EPDC extends a big thank you to all the people that contributed to making our show such a great success this year. We would also like to thank all the donations that came in for next year’s Horse Fair awards. The support was overwhelming with over $900 being donated for our equine kids. Huge thanks to Bruce and Jodi Slotar for all their hard work in raising this money. We’d also like to thank the sponsors that donated through the programs ads. Our EPDC Senior 4-Hers, Courtney Slotar, Erica Larson and Rosie Givner did a wonderful job organizing and presenting at the Closing Awards Ceremony. Bonnie Frost was again our awesome show manager making things run smooth and safe. Courtney Slotar of Santa Rosa’s beautiful design graced the front cover of this year’s Program Book with Joshua Cariste of Agoura’s wonderful design highlighted the back cover. Thank you to both for your beautiful hard work.

### Ventura County Youth 4-H Horse Fair Results (sorry for any missing results)

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Win</th>
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<th>Discipline</th>
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<td>Agoura</td>
<td>Overall</td>
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<td>Overall</td>
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1) Photography Contest, "We Depend on Energy" - Entrants should submit images that capture the way energy is used in their communities.
2) Visual Arts Contest, "Energy on Earth" - Students in grades K-5 should submit two-dimensional original pieces of art illustrating, in creative and engaging ways, where energy comes from and how it is used.
3) Essay Contest, "How Energy Powers the Planet," - Students in grades 6-9 should submit one page essays focusing on how Earth system processes develop energy resources, how human use of energy affects the Earth system, and how people can be responsible stewards of Earth’s energy resources.


The Growing Classroom - Garden and Nutrition Activity Guide includes topics on soil, plants, cycles, ecology, weather, nutrition, and food systems. Also includes team-building and sensory exploration activities, organic gardening skills, and information on how to create and sustain a successful school garden program. http://www.lifelab.org/store-curricula.html#tgc

GrowLab Activities for Growing Minds help spark youth curiosity about plants and invite them to think and act like scientists. Developed by the National Gardening Association and written and field-tested by educators, this complete curriculum uses fun, illustrated activities to explore plant life cycles, examine plant diversity, and investigate the interdependence of plants, humans, and other living and nonliving things. http://www.gardeningwithkids.org/10-4008.html

Teams with Intergenerational Support (TWIGS) is an intergenerational hands-on community based educational program and curriculum that focuses on the positive development of children through integration between schools, agencies, and the community. TWIGS is an intergenerational hands-on community-based educational program and curriculum that focuses on the positive development of children through integration between schools, agencies, and the community. http://cesanmateo.ucdavis.edu/Custom_Program850/

Junior Master Gardener program engages children in novel, "hands-on" group and individual learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. JMG encourages youths to be of service to others through service learning and leadership development projects and rewards them with certification. http://67.59.137.247/index.cfm?did=6019&sectionID=6019

4-H Office
The 4-H Office is open (except for County designated Holidays) Monday through Friday, 8a.m. to 5p.m. Please call the 4-H Office at (805) 645-1464 for more information. Our fax number is (805) 645-1474.

Michael Marzolla  (805) 662-6943
4-H Program Advisor – Community Club Program, Policy and Procedure, New Unit Organization, Club Leader Advice, Training (Youth/Volunteer).
E-mail: ammarzolla@ucdavis.edu

Tisha Fisher  (805) 645-1464
Monday – Thursday
4-H Assistant – Enrollment, Mailings, Pins, Equipment Check Out, 4-H Calendar, Event Support, 4-H Library, General Information, Clover Lines Editor.
E-mail: tifisher@ucdavis.edu

Rose Hayden-Smith  (805) 645-1466
County Director, 4-H Youth, Family & Community Development Advisor
E-mail: rmhaydensmith@ucdavis.edu

It is best to e-mail articles about your Group’s activities and events to the 4-H Office. Please e-mail your articles to tifisher@ucdavis.edu

DEADLINE FOR SUBMISSIONS IS THE 1st MONDAY OF EACH MONTH FOR THE FOLLOWING MONTH’S ISSUE.

Rose Hayden-Smith
4-H Youth, Family & Community Development Advisor

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September

4-H Calendar

http://calendar.ucanr.org/ (change “Location” to Ventura County & “Category” to 4-H/Youth Programs, Click “Go!”)

To help ensure you receive e-mails from us, be sure to add to your Safe/Green/Accept e-mails lists: ammarzolla@ucdavis.edu, tifisher@ucdavis.edu, 4hOnline [mailto:no-reply@4hOnline.com], and sagriffin@ucdavis.edu

9/6 The 4-H Office will be closed.

9/7 Port Hueneme Naval Base & Somis 4-H Featured Club Happenings! articles due to the 4-H Office

9/15 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
9/18 Record Book Judging 8:30 a.m. – 2:00 p.m.
9/25 Saturday @ the Farm; UC Hansen Agricultural Center. REGISTER @ 805-525-9293 ext. 214 or sbmiller@ucdavis.edu
9/27 4-H members interviewed for Special Record Book Awards; LOCATION TO BE DETERMINED.

10/4 Tapo Simi 4-H & Tierra Rejada 4-H Featured Club Happenings! articles due to the 4-H Office
10/6 National Youth Science Day
10/10-16 Earth Science Week 2011
10/15 Earth Science Week Contests; entries DUE
10/13 New Adult Volunteer Certification Orientation, 6:30 p.m. – 9:00 p.m. @ the 4-H Office.
10/20 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
11/5-7 2010 California State 4-H Leaders’ Forum @ Asilomar
11/6 Saturday @ the Farm; UC Hansen Agricultural Center. REGISTER @ 805-525-9293 ext. 214 or sbmiller@ucdavis.edu
11/17 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo

1/3/2011 Point Mugu Naval Base & Sespe 4-H Featured Club Happenings! articles due to the 4-H Office
1/19/2011 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
2/7/2011 Briggs 4-H & Chief Peak 4-H Featured Club Happenings! articles due to the 4-H Office
2/16/2011 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
3/7/2011 Citrus Valley 4-H & Conejo Valley 4-H Featured Club Happenings! articles due to the 4-H Office
3/16/2011 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
4/4/2011 Del Norte 4-H & Las Posas 4-H Featured Club Happenings! articles due to the 4-H Office
4/20/2011 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
5/2/2011 Loma Vista 4-H & Mira Monte 4-H Featured Club Happenings! articles due to the 4-H Office
5/18/2011 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo
6/6/2011 Mupu 4-H & Piru 4-H Featured Club Happenings! articles due to the 4-H Office
6/15/2011 EPDC Meeting, 6:45 p.m. @ Marie Callender’s in Camarillo